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ANNE HIRST Your Family Counselor-

on being treated like a worm.

You intend to use your own

judgment in choosing your

your home. And you will not put

up any longer with his family's

Promise to talk things over

with him, consulting his tastes

and opinions. Put you will expect

* him to listen to yours too, and

Remind him that marriage is

not an outlet for the man's au-

tween two people who love, and

* out their problems with good

humor and justice, and who

neither seek nor accept out-

Marriage can be the most

in the world. Yours ceased to be

that long ago. Now you are ask-

ing him to help you remake it

have to decide your own future.

dreds of couples safely through.

Write her at Box 1, 123 Eighteenth

HOW CAN 1?

By Anne Ashley

Street, New Toronto, Ontario.

Be tactful and gentle. But be

admire each other-who work

thority. It is a partnership b

your little girl.

siders' opinions.



married 12 years, My husme through thing he asks me

never been allowed to choose my own clothes he always makes me buy what he likes. When it is anything for the house, he has to ask like it, he'll get it. He likes company and we have a lot. I'm considered a good cook and everybody enjoys coming here-but his constant nagging spoils everything for

"He is careless with his clothes. throwing them on the floor, or he gripes because I don't keep the house straight! I do keep straight-until he gets home. INTERFERING FAMILY

"We have a daughter three years old. We never see eye to eye in correcting her. He thinks I should spank her for every little mistake. I've tried both ways and find I can do more with her by talking nicely. Then he tells me how his sisters think she should be brought up! "My nerves are giving way under all this contention. He has to have his way in everything. I have been told he has always been this way, from a little boy.

"I never tell my folks how he You should work things out together. Can you advise me? NERVE-WRACKED"

It is a big job to change a * man's nature after being married * to him for 12 years. But you * can try.

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Canadians.

all. It is time to assert yours. * Your husband must be made to

from pimples to disappear? an application of zinc ointment.

Q. How can I shrink dress A. Place the goods folded in a tub of cold water, to which a few

with a soft clean cloth.

of the salt prevents wrinkles from persons suffering from nervous di-seases and rheumatism? A. Celery is excellent. It can

Q. How can I improve the

ice. This is especially effective if the apples have a flat taste. jelly stains from clothing? A. Moisten the spots with mixture of 1 part aniline oil. 1 part powdered soap, 10 parts water. Al-

Interest on these Bonds is greater than interest ellent potato cakes. received on savings de-You can invest \$50,

\$100, \$500 or \$1,000 by writing or telephoning

Wood, Gundy & Company Limited 36 King Street West Toronto 1

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ound the king-sized plant in a forest near her home in Rimbo, Sweden. Authorities believe it to be the largest mushroom in the world.

CHRONICLES

beautiful and thrilling adventure It's so quiet in the country! So quiet that every noise sounds as crophone. Just dropping off toand you depend on him to do his sleep last night when three things ppened at one and the same time. Deisel - engine train blared its way along the track - might have been heading straight for our bedroom from the sound of it — a four-engine plane flew low right over the house, and Beb drove Has your marriage reached a crisis? Anne Hirst has helped hundown the lane with his noisy truck other fellow, also with a truck, who had slipped into the ditch near our gate. Later there were sounds of trucks in low gear - presumably low on to the road. So there was so, but in the city where there is noise all the time, what I heard

would probably never have been Q. How can I clean a light fur?

A. Mix 1 pint of flour, 1 tablenoticed at all. But maybe we had better get spoon of fuller's earth, and 1 pint of bran. Rub into the fur thoroughthen shake well, and rub again pretty soon there will be lots of it. You see we are right on a partly with bran alone. Shake the fur constructed highway and the equipment has already been asonce more and follow by brushing sembled for a paving job. Apparently the surface is to be what is Q. How can I stiffen the brush-A. Take the brushes out of the cold mix, or anything else they like to call it is all right with us into hot water, to which a little just so long as we get a highway that is free of dust, dips and holadded. Then let the brushes dry lows - which is what we have had for about twenty years, even though this stretch of road has

a pity to have these lovely days go

hurrying by - frosty mornings, bright sunny days - so different

from the weather that was handed

out during the time the ploughing

match was in progress at Alliston.

You would think when so much

depended on him the weatherman

would be a little more co-operative.

Bob was there on the Thursday

and he said it rained nearly all the

ime - and that was one day it was

fine down here and we were think-

ing happily that he had struck a

When Bob spoke of going to the

Ploughing Match I happened to

say that that was one event I had

never yet been to see. Bob told

me I wouldn't find anything there

hat would interest me. I wonder Seems to me whenever a large

number of people get together in

one place there is bound to be

something interesting all the time.

Maybe some of you ladies who do

go to the big ploughing matches

missing out on something worth-while. It would be nice to get a

few highlights from a woman's

point of view. Sometimes our menfolk don't get quite the right slant on just what is likely to in-

terest us. Although I am quite

Q. How can I cause the scars been officially known for that length of time as Highway No. 25. Believe me, however great the noise, it is noise that will be away into the limbo of forgotten yesterdays. Wonder why time pashandfuls of salt have been added. ses so much quicker as we get After a few hours, hang on the older? Seems just as if we were minus the brakes. And it is such

Q. What is a good food for be cooked with a cream sauce, or ust stewed with a butter sauce. Use it with salads, stewed toma-

A. Add a few drops of lea Q. How can I remove Vaseline

ow to remain for ten minutes, and then wash with water.

Q. How can I add nutritive val-A. Try boiling them in their jackets, then remove the skins, and mash the potatoes until fluffy. What is left over will make ex-

Q. How can I revive the faded colors in a garment?

A. A little vinegar in the rinse water after laundering will help revive the colors. Q. How can I clean marble?

of washing soda, three ounces of of powdered chalk; pass this through a sieve. Take a little of paste with cold water, ruh it over

sure that in our younger days if Partner and I could have gone to a ploughing match together we ing and diverting. But in those days we were so busy making a living we didn't have either the time or opportunity to take in such "He says it's called middle age

fort and we wonder would the game be worth the candle? How much easier it is these days Vith our fast moving cars distance no obstacle. Most places are sible with a few hours driving. And with hydro and milking machines on so many farms it doesn't take two or three hours to get the chores done before and after the trip. Cer. ainly there is less help history — on the other hand less help is needed. But I generalize too much. Because we live in a well-populated district, where probably 90% of the farmers have hvero power and can thus make use of labour - saving conveniences. I am afraid I sometimes forget that other more isolated districts still depend on hand power for most of their work, and coaloil lamps and lanterns as the only means of illumination to lighten lation let me remind you that the more electrical equipment you have around the more there is likely to be machanical trouble. If something goes wrong with the milker

"Plum Pudding" Theory Of How World Began

and you suddenly have to milk by

hand it disorganizes your whole

day. Or if your electric washer

washing by hand. And now the

hydro rate has gone up-so what?

That's another thing you don't have

refuses to function you feel it is-

A year ago Nobel laureate Dr. Harold G. Urey advanced the hypoof Sciences that the newborn earthwas a plum-pudding mixture of iron-nickel alloys and stony stuff. Iron-nickel alloys sank to form the academy he developed this thesis: Evidence that the earth was originally a sort of plum pudding comes from studies of the structure of Mars, which is still thought to be a mixture of metal and rocks, without an iron core. Stony meteorites are

tends to speed up the rotation of the earth, an effect which, says Dr. Urey, is more than overcome by the braking action of tidal friction. Without assuming the acceleration caused by the sinking core and the slowing down caused by tidal friction, certain accelerations of the sun and moon in their orbits cannot be satisfactorily explained. If. Dr. Urey is right, the study of earthquake waves indicates that the earth has not yet completely separated into an iron core and a stony

CLASS DISMISSED

The teacher was explaining the Teacher: "And, fellows, a single dolphin will have as many as tw thousand babics."
Pupil: "Goodness! And how many do the married ones have?"

Tired Aching Tender Feet

New and Useful Too

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RELIEF IS LASTING

Guides Brush

No more scraping paint
window panes and mouldings You can now break monotony of a solid-color paint job and avoid using a primer coat at the same time. New paint produces a speckled pany claims, when new p guide is used. Made of li aluminum, gadget faster side of brush and prote from paint run-off. or broken surface and comes in 16 color combinations—red-grey-white, light blue-dark blue, etc. Can be

applied with either brush or spray

gun and is available in flat, gloss

and semi-gloss. Glass Yacht fibre and resin, new 16-ft, boat weighing only 40 lb. and molded entirely from one piece opens pos-sibility of mass-producing larger sea-going eraft. Simple construcinvolves layers of glass fibre placed over concrete mold resemb-ling an upturned hull. Another mold is laid over top and resin is drawn through the matrix of glass under vacuum. An accelerator added to resin causes it to set after impregation. Unlike wood, hull will not split, crack or warp. Pest- and fungi-proof, material is claim to have great strength.

Home Safety A handy fire extinguisher that s inexpensive and easily operated by merely pulling a metal ring and aiming at base of flames. Fire is smothered by 12 to 18 ft. stream of pressurized fluid. Hermetically seald container holds 16 ounces of fluid, claimed to stop gasoline, oil, grease, wood and paper fires in two to 10 seconds without damage to woodwork, draperies, motors, paint,

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nstalled. Machine has flexible rub-

er washing sphere with a "human

hand" agitator in a steel containe

with only one control lever to set.

other automatic washers; uses seven

and out instead of down and

For fast relief from headache get INSTANTINE. For real relief get INSTANTINE. For prolonged relief get INSTANTINE! You can get whipped cream in Yes, more people every day are finding that INSTANTINE is one thing to ease pain fast. For headache, for can without whipping it; now you can get shaving cream in a to ease pain last. For headache, for rheumatic pain, aches and pains a' colds, for neuritic or neuralgic pain you can depend on INSTANTINE to bring you quick comfort. ENSTANTINE is made like a precan already lathered. Packaged under pressure in a five-ounce can, roduct, "Rise," gives a quick shave and is equipped with a lock valve, andy or travelling; container said cription of three proven medical ingredients. A single tablet usually brings to hold 50 or 60 shaves. Press a utton and lather issues from Bakelite plastic spout.

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TABLE TALKS

Although the "boughten" kind tasty, anybody who has eaten ughnuts made in the good old-hioned "Down East" manner Il agree that there's nothing to mpare with them. Doughnuts at are crisp - coated on the out-

Untortunately, but they're all worth the bother. So here some hints on their making, gether with a really fine recipe. For tender doughnuts, remember e dough must be soft, not nearly stiff as for bread. Plenty of our on pastry cloth or board iminates the handling that is unesirable. A fat thermomete F. Higher than that means hnuts cook on the outside and within, and lower than that is they become fat - soaked. rying too many causes the tem-erature of the fat to drop sharply. The sour milk used in this recipe akes for extra delicacy in texture

nd extra richness in flavor. SOUR MILK DOUGHNUTS Sift together four and a half cups sifted enriched flour, a fourth tea-poon each nutmeg and allspice and one and a half teaspoons each of oda, cream of tartar and salt.

ONE YARD 35-inch for small

size! And the other sizes take pre-

cious little more! Just ONE main

attern part; this apron is really time and fabric saver!

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plete illustrated instructions.

ginger % cups sifted hard - wheat flour 11/2 tsps. Magic Baking Powder 4 tsp. salt 1½ tsp. ground cinnamon
½ tsp. grated nutmeg
½ tsp. ground ginger 4 tsp. ground mace 4 tsp. ground cloves 1 cup butter

> 6 eggs 1/4 cup molasses 3 cup cold strong coffee

METHOD and ornamental icing.

4 cup chopped nuts
Method: Cook sugar

CROSSWORD PUZZLE vision
4. Head covering
7. Renowned
12. The jack of the sult turned up in cribbage
13. Southern constellation
5. Kind of horse DOWN 19 20 23 24 25 26 TOUGH BREAK.

Beat three medium eggs till thick and lemon-colored, and gradually add one cup sugar, beating it in.
Add three tablespoons melted
shortening and one cup sour milk
or butter - milk; add the flour mixture. Mix well and turn out on a well-floured board or pastry cloth. Roll a fourth-inch thick, cut with standably

floured cutter. Fry in deep hot fat (375 degrees F.) for three minutes or till brown, first on one side and then on the other. Yield: about The way the weeks keep slipping y makes a person wonder if some body hasn't equipped old Father Time with a jet-propelled engine: and although I hate to think about it, it's getting time to think about that Christmas Cake. As you know, it's far better if stored for a few weeks to sort of ripen. The following is a recipe that I believe you'll find to be the real thing. CHRISTMAS CAKE

cup currants 1/2 cups separated seeded raisins 11/2 cups drained red maraschino or candied cherries (or a mixture of red cherries and green

candied charries) cup almonds cup cut-up pitted dates 1/2 cups slivered or chopped mixed candied peels and citron 2 cup cut-up candied pineapple of

thsp. finely - chopped candied

11/4 cups lightly - packed brown

Wash and dry the seedless raisthe seeded raisins, if necessary, and halves. Blanch the almonds and cut into halves. Prepare the dates peels and citron, candied pine-apple or other fruits and ginger. Sift together 3 times, the flour, baking powder, salt, cinnamon, nutmeg, ginger, mace and cloves; add prepared fruits and nuts, a few at a time, mixing until fruits are separated and coated with flour Cream the butter; gradually blend in the sugar. Add unbeaten eggs, one at a time, beating well after each addition; stir in molasses. Add flour mixture to creamed mixture alternately with coffee, combining thoroughly after each addition Turn batter into a deep 8-inch square cake pan that has been lined with three layers of heavy paper and the top layer greased with butter; spread evenly. Bake in a slow oven, 300°, 234 to 3 hours. Let cake stand in its pan on a cake cooler until cold. Store in a crock, Pattern 4743, sizes small (14, 6), medium (18, 20), large (40, 1). Small size, ONE yd. 35-inch. or wrap in waxed paper and store in a tin. A few days before cake is to be cut, top with almond past

CHOCOLATE DEVIL'S



Of all the things to happen to a gal famous for her legs! Pat Hellburg, of New York and Stockholm, formerly "Miss Legs of Sweden,"

and add alternately with milk. Drop by spoonfuls over marshmal-

lows. - Top with nuts. Bake at 350 degrees for 45 minutes. Serve other candied fruits SHORT-CUT ROLLS cup milk

2 tablespoons sugar 1 teaspoon salt 2 eggs 1 cake or package yeast 1/4 cup lukewarm water 2 to 21/2 cups enriched all-purpos

Method: Add shortening. and salt to milk and scald. Allow mixture to cool to about 80 degrees.

11/2 cups hot water 1 teaspoon vanilla 1 cup sifted all-purpose flour ½ teaspoon salt
1 teaspoon baking powder

glum as she arrives in New York from England. She in Paris and limps along on a cane or 10 minutes. Pour into casserole.

Soften yeast in lukewarm water Add eggs, one at a time, and soft-Top with marshmallows. Cream the shortening and the sugar. Add ened yeast to other ingredients. Add sufficient flour to make a thick batter (similar to muffins).

Let batter rise about 30 utes, or until quite light and bubbly. Fill greased mussin tins two-thirds full. Let rise 20 to 30 minutes longer, and then bake in a 425-degree oven 15 to 20 minutes. Yield, one and one-half dozen large rolls or two dozen

BAKED VEGETABLES AND MEAT BALLS l pound ground beef

1 cup dry bread crumbs 1 egg, beaten 1 tablespoon chopped onion 1 teaspoon salt

The shocking toll of death an destruction caused by 'teen-age drivers in the United States and Canada is costing the policy holders of their concern \$125,000,000 a year in increased insurance rates, reports the Lumbermen's Mutual-Casualty

> Burning up the highways in the family car or in their own soupedup "hot rods," careless drivers be-tween the ages of 15 and 24 are of 7,100 a year, accounting for 27% Appalled by this needless loss of

spoon salt and pepper.

Form into 12 small meat balls.

Roll meat balls in one-fourth cup
flour, then brown in fat. Arrange
six meat balls in bottom of a well-

six meat balls in bottom of a well-greased, two-quart, heat-resistant glass casserole.

Add three tablespoons flour to remaining fat in skillet in which meat balls were browned. Add

raw vegetables and one teaspoon salt. Pour vegetables over meat balls in baking dish. Arrange six

remaining meat balls on top

oven for about one hour, or unt

Teen-Age Drivers

Take Terrible Toll

vegetables are tender.

life and destruction of property, the company has sponsored a 16-mm. motion picture on "teenacide" en-titled "Last Date," which they hope will make the younger set pause and think when at the wheel This film tells the story of

pretty High School girl and her



SHOULD BE SEEN -NOT HURT

crashingly meets them on the road. Nick and an innocent family are wiped out in the screech of tortured metal. Knife-like shards of glass make a horror of Jeanne's beauty, ensuring that this was truly her

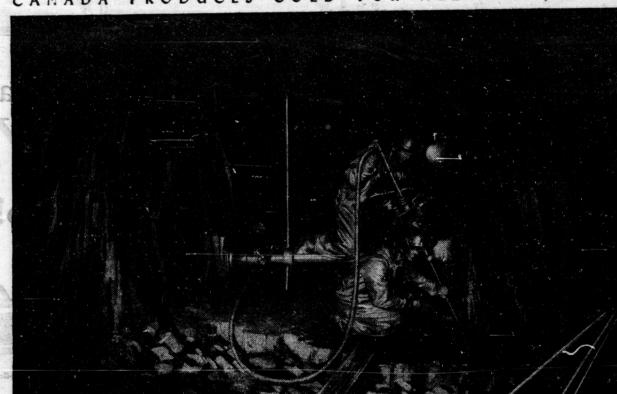
The Benograph Division of Associated Screen News recently made arrangements with the spon-sors of the film to handle it through their film libraries in Vancouver,

Any Canadian educational or religious groups, clubs, association in the vital problem of the 'teen

age driver can obtain a print of Last Date free for showing through



CANADA PRODUCES GOLD FOR ALL THE WORLD



Why Seagram's sells Canada first

This is an adaptation of one of a series of advertisements which, for the past two years, The House of Seagram has published in magazines and newspapers printed in many languages and countries throughout the world. These advertisements feature various Canadian products-lumber, salmon, furs, nickel, apples, plywood and many others.

One out of every three dollars we Canadians earn comes to us as a result of foreign trade. This campaign is designed to help all Canadian industries and, consequently, to help put money in the pockets of every Canadian citizen.

Nature has endowed our country with an almost limitless supply of valuable resources. Properly used and converted to manufactured goods, these resources can carry our nation to unprecedented greatness. But first, the peoples of other lands must learn of the prestige and quality of Canadian products.

The House of Seagram believes that it is in the interest of every Canadian manufacturer to help the sale of all Canadian products in foreign markets. It is in this spirit that these advertisements are being produced and published throughout the world.

The House of Seagram