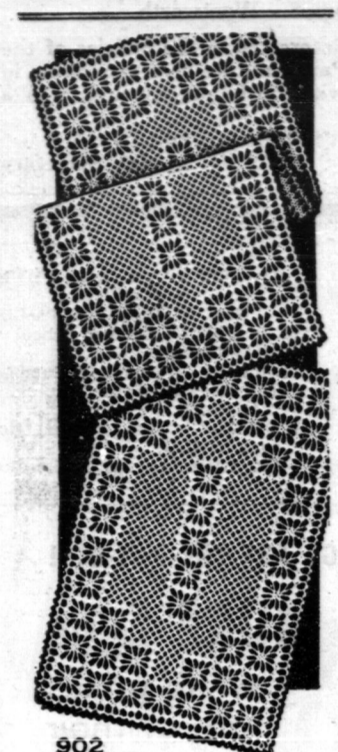


## ANNE HIRST Your Family Counselor

"Dear Anne Hirst: If only there were some way that girls could know beforehand what marriage would be like, they would give more thought to the kind of men they say their vows to."

"I am 33, and I have made two complete failures. At 16 I married a man five years older. I loved him with all my heart and it took 12 years of heartaches before I gave up trying to live with him. I got custody of our three children. (I had supported them most of the time). His parents



902  
Laura Wheeler

You'll want to use these crocheted pieces often! All the spider-web crocheted accessories you need, any size, mats to scarfs. Use No. 30 cotton or string in white or color. Pattern 902; crocheted directions.

Laura Wheeler's improved pattern makes crocheting so simple with its charts, photos and concise directions.

Send TWENTY-FIVE CENTS (stamp cannot be accepted) for this pattern to Box 1, 123 Eighteenth St., New Toronto, Ont. Print plainly PATTERN NUMBER, your NAME and ADDRESS.

New! Household accessories to knit. Motifs to point on textiles! Send Twenty-five Cents today for our new Laura Wheeler Needlecraft Book. Illustrations of embroidery patterns plus many fascinating hobby ideas. And a free pattern is printed in the book.

## HOT ROLLS double-quick! with wonderful new fast-acting DRY YEAST!

**PARKER HOUSE ROLLS**  
Measure into large bowl, 1/2 cup lukewarm water, 1 tsp. granulated sugar; stir until sugar is dissolved. Sprinkle with 1 envelope Fleischmann's Royal Fast Rising Dry Yeast. Let stand 10 min., THEN stir well. Scald 1 c. milk and stir in 5 tsb. granulated sugar, 2/3 tsp. salt; cool to lukewarm. Add to yeast mixture and stir in 1/2 c. lukewarm water. Beat in 3 c. unsifted bread flour; beat well. Beat in 4 tsb. melted shortening. Work in 1 c. more one-sifted bread flour. Knead until smooth and elastic; place in greased bowl and brush top with melted butter or shortening. Cover and set in warm place free from drafts. Let rise until doubled in bulk. Punch down dough in bowl; grease top and let rise again until nearly doubled. Punch down dough and roll out to 1/2" thick. Cut into rounds with 3" roller; brush with melted butter or shortening. Grease rounds deeply with dull side of knife, a little to one side of center; fold larger half over smaller half and press along fold. Place, touching each other, on greased pans. Grease tops. Cover and let rise until doubled in bulk. Bake in hot oven, 400°, about 15 minutes.

● No more spoiled cakes of old-style yeast! This new Fleischmann's DRY YEAST keeps fresh in your pantry! And it's fast-acting. One envelope equals one cake of fresh yeast in any recipe.

Get a month's supply!

are educating the two boys and my little girl is with me. They are wonderful people and we love each other dearly.

**Second Mistake:**  
"Then I met a man who showered me with attention, gifts, and what I thought to be love. After four years of marriage, I am about to give up."

"He had three children and I took them to raise. I love them all. But now I don't think I can go on. My husband admits being untrue and does as he jolly well pleases. He makes good money, but gives me only enough for groceries. He hardly ever takes me anywhere; says he can't afford a baby-sitter. I have had to take repeated beatings from him when he came home drunk. And he is so jealous that I have no friends left — even my girl friends have stopped coming, as I never can visit them. I spend my time at home, busy with the house and the children."

"Would it be smart to take my little girl and leave? Then he would find out how much he has to pay a full-time housekeeper. I have grown to despise him. Why should I stay here and slave?"

MARY.

Some women continue to live in misery because they haven't the courage to break up their homes — or because they are too soft-hearted to leave the men they once loved. So they endure living in false hope and growing no younger with each year.

All my readers know that I do not recommend divorce if I can find any way to save a marriage. Sometimes I even suggest one more chance, even where the obvious that the man does not deserve it; that is so his wife will have no regrets afterward.

To me, marriage is a sacred obligation. But when a husband has illicit affairs, drinks to the point of brutality, is stingy with money and is unappreciative of all his wife does — then there seems to be little sanctity in living with him.

In addition to making a home for your husband and doing what you can to keep him contented, you have taken on the raising of his three children. That is one more reason why he should be sure you are happy and do everything he can to give you pleasure and appreciation. Instead of which, he seems to take that responsibility for granted too.

Since he is close with his money, your idea of letting him find out how much a housekeeper or maid might touch him where it really hurts, a few months' trial should be convincing.

Before you decide to leave your husband, tell Anne Hirst why. She has helped salvage many a marriage that seemed hopeless. Write her at Box 1, 123 Eighteenth St., New Toronto, Ont.



**MECCA OINTMENT**  
THE FAMILY FRIEND

ISSUE 45 — 1950



Snapshot "Rings" The Bell-Grand prize winner and best of all pictures in the \$10,000 National Snapshot Awards is this appealing photo, taken by remote control, of a man blowing smoke rings for his infant daughter. Entered in the nation-wide contest, the picture won prizes totaling \$1500.

## CHRONICLES OF GINGER FARM

by Genevieve P. Clarke

We have had another week of nice warm weather; another reprieve from winter; another chance to get those pre-winter jobs which we had not done and we really made good use of this very welcome time-extension. Partner was busy re-papering part of the kitchen roof—the last big rain convinced us we had to do something or move out. One time it rained and there wasn't a leak—next time we hardly knew whether there were indoors or out. And if there is any more more depressing than a leaky roof I don't want to hear about it. Ping-pong... drip-drip... splash! Variations in tone depending upon the type of pan set to catch the drips; while a dull "splash" indicated more drips dropping straight to the floor, a quick-get another pan! But now we have our roof troubles over—for a year or two of any rate.

While Partner was doing the roof I got busy taking off screens and cleaning the outside of the windows. I never like that job because "balancing myself" on a step ladder is not one of my outstanding accomplishments. I prefer to have both feet on the ground when I am working. It even bothers me to see other people ladders so I wasn't very happy when Partner was doing the roof, even though it is quite low. And some people have no fear of heights at all. The other day I heard of a little old lady over 80 who drives her family almost crazy because if she gets a chance she will clean the bedroom windows outside by throwing up—just toss and sitting on the window-sill to do the job. That little lady evidently doesn't suffer from acrophobia. My way of dealing with upstairs windows is to remove part of the frame—from the inside—lift out the sash and clean my windows in safety and comfort. There is usually more than one way of doing a job if you look for it.

Which reminds me... we are aeroplanes are used in making road surveys. Several times we have noticed planes flying low, back and forth, following the course of the surveyors' stakes for the proposed new highway from Montreal to Windsor, which, unless plans are changed, may run through our farm. Another day our mailman told us that he, also, had watched a plane, with what looked like a long cable hanging from it, following this same aerial route. It would be nice to know what it all means. But I suppose only the Department of Highways knows—and it won't tell!

Well, here is one person glad to pass on information—for what it is worth. The other day, rather than fetch soap and water to wash the outside of the front door, I used what I had in my hand—a rag soaked with furniture cream and polish. The result was unbelievable—the door looked as if it had been freshly painted. "It won't last!" it will soon go dull again," I said to myself. But it didn't! It is still bright and clean—and I see no reason now why it shouldn't stay that way. Funny, the things one discovers by accident.

And now to change the subject. I must confess to having wasted a lot of time—wasted it in reading a "best seller." The book was "Star Money" by Kathleen Winsor—the same author who wrote "Forever Amber." The plot of it because so

much of the writing is clever one feels that the author is capable of writing a good novel if she set her mind to it. As to that, I quite enjoyed the historical background in her previous novel. But "Star Money" has little to commend it as it is mainly a recital of divorces and illicit love affairs. One has the feeling it is a novel based on the findings of the Kinsey report.

When there is still so much in the world that is not good and fine why should any novelist—and there are a lot of them—degrade herself by writing such a book? One is thankful there are still novelists like Elizabeth Goudge who can write for our pleasure such a delightful book as "Gentian Hill."

But, some of you may argue, this is an age of realism. Granted, but surely that which is beautiful and beneficial is just as realistic as the sordid and sensual side of human nature. Remember those lines: "Two men looked out from prison bars. One saw mud, the other stars."

Miss Winsor apparently prefers the mud and likes to have her readers wallow in it with her. Again you may argue—"If you didn't like the book why did you read it?" For the simple reason one can hardly give an opinion about any book without knowing its content. The book had one saving grace. Psychologically it was interesting and well portrayed.

**Easier Way Of Knitting Sleeves**

If you find knitting smoother and faster than purling, here's how you can zip up or down that 18-inch on sleeves when using the stockinette or another similar stitch.

If your directions begin with the cuff, simply use four double-pointed needles instead of two single-pointed ones for the K2, P2 routine. Then continue up the sleeve with four needles, knitting every row, rather than knitting one row and purling back.

Adding for fullness at the elbow is just as easy as if you were using two needles. Just increase on the first or second stitch of number 1 needle and on last or next-to-last stitch of number 3.

Of course, when you reach the required number of inches and begin to shape the armhole, you use single-pointed ones.

Some directions for sleeves start by picking up stitches along the armhole on the body of the garment. Using this method you can knit the entire sleeve right down to the cuff.

No one will have to "needle" you into using this method. Try it and see!

**Itching, Burning Perspiring Feet**

Go to any drugstore today and get an ointment bottle of Mecca's Ointment. Don't worry—this powerful penetrating oil brings with ease and comfort that you soon be able to go about your work again, happy and without that almost unbearable itching and burning.

Put on Mecca's Ointment—freely! It does not stain—leaves no residue. Money back if not satisfied. Good drugstore everywhere.

**MECCA OINTMENT**  
THE FAMILY FRIEND

ISSUE 45 — 1950

## New and Useful Too

**Whistles Danger**  
"Tee-lam" is adjusted to desired tire pressure; placed on valve stem of car tire. When the pressure is in tire drops to dangerous level, device whistles loud warning; saves constant tire checking.

**Elastic Slip Covers**  
Elastic upholstery material has been developed for use in buses, cars, trucks, furniture and boats. Resistant to wear, it will not wrinkle or tear and is washable. Made of vinyl plastic, it stretches in any direction; has special elastic supporting fabric and elastic plastic coating.

**For the Lazy Driver**  
Saving the effort of getting out of your car to open and shut a gate, new "Push-Over" automatic gate falls in either direction when hit by car bumper. Hinged at the base to steel-pipe posts, with grease fittings, car wheels pressure gate flat against a slab of concrete. Hydraulic device keeps gate down while car passes over. Springs pull the gate upward when car is over.

**Keeps Out Fleas**  
Chemically treated mat placed on bed of house pet keeps away fleas, ticks, etc., company claims. A contracting odor in the mat also kills animal small cats. Comes in sizes for big dogs or small cats.

**For Road Safety**  
Removing a cigarette from a package and lighting it can be a dangerous action for automobile drivers. New car gadget serves you a lighted cigarette. Automatic dispenser can be installed under the dashboard, holds over 20 cigarettes.

**Pancakes at a Pour**  
With a single pour, prepared batter packed in a pressurized can, is released onto your griddle, sufficient for one pancake.

**Does Away With Polishing**  
Transparent coating prevents tarnishing of silver, brass, copper, etc. Liquid is easily applied with a brush. Fine film forms on metal and can be peeled off at any time.

**Modern Hand Warmer**  
Pocket size heaterette is ideal for winter sports, hunting, fishing, skating, etc., company claims. Warms hands, staying a comfortable 125 degrees for 24 hours. Warmth comes from new heater element operating with special fluid or any reliable lighter fluid. Gadget comes in nickel-plated brass with plaid flannel bag.

**Saves Stockings**  
Said to make nylons three to nine times more snag resistant.



**Can't think of anything but CROWN BRAND n' Pancakes**



Jane Ashley's Crown Brand Recipes FREE  
Write Jane Ashley, The Canada Starch Company Limited, P.O. Box 129, Montreal, P.Q.

## TABLE TALKS

by Jane Andrews

Probably I've told you before that the small boy I know whose father was coaxed him to eat one food he disliked. "Mom," said solemnly, "when you eat something I'm good for me, it's me want to dump it on the floor."

It leaves it to the child psychologists to figure out whether such remark betokened something seriously wrong with the lad's nature. That's what he said, and there are lots of youngsters like him. But few of them, thank goodness, need to be coaxed to eat honey; and honey is definitely good for most of us. The Hindus, ancient times, believed that eating honey made people strong, happy, rich, even that it made men good-looking. That's correct, it's a fine food, and one that more families should eat far more of.

**Honey Frosting**  
1 cup honey  
1/2 teaspoon salt  
2 egg whites  
Method: Beat honey until it spins a thread when it drops from a spoon. Add salt to egg whites. Pour honey slowly over egg whites which have been beaten stiff. Beat until frosting holds its shape. Easiest to do on an electric mixer.

**Honey Spiced Broiled Ham**  
1 side ham, 1-inch thick  
1/2 cup honey  
1/2 teaspoon salt  
1/2 teaspoon cloves  
1/2 tsp. onion allspice  
1/2 teaspoon cinnamon  
Method: Wipe meat with damp cloth. Place meat on broiler rack, allowing 3 inches between top of meat and source of heat. If possible, sprinkle with spices, and cook until browned, basting with the honey occasionally. When brown, turn. Sprinkle other side with remaining spices and continue cooking, basting occasionally with remaining honey.

**These Atom Secrets Are 50 Years Old**

New light is likely to be thrown on the structure of the atom by British Museum experts who are now trying to decipher a manuscript half rotted by mildew, mud and soot.

Much of the abstruse formulae contained in the manuscript is illegible. It was the work of a mathematical genius, eccentric and curly-haired Oliver Heaviside, who lived a hermit-like existence and of whom scientists now say: "He was born a century too soon."

After publishing three volumes on electromagnetism, he set to work towards the end of the 19th century on a vital fourth volume dealing with atomic phenomena which would have started the modern science—had it ever been published.

It is the half-legible manuscript of this work that is now under close scrutiny in the British Museum. In 1927, two years after Heaviside's death, a collection of his papers was bought by the Institute of Electrical Engineers, and when the war came in 1939 the papers were sent for safety to North Wales.

Shortly before the centenary celebrations of his birth were to be held (he was born 1850) someone chanced to rummage the documents and they were retrieved. A cursory study revealed that they included notes for Heaviside's fourth volume.

These dealt in detail with his important research on what is scientifically described as "a unified field theorem covering electromagnetic and gravitational phenomena." And this research, so far as it relates to atomic phenomena, is said to be even more complete than the latest and much publicized discoveries of Einstein, the famous exponent of relativity.

**Honey Hard Sauce**  
1/2 cup butter or margarine  
1/2 cup honey  
Beat shortening until soft. Beat honey in gradually. Mix thoroughly. Especially good on gingerbread.

**Honey Date Bars**  
1/2 cup shortening

**CROSSWORD PUZZLE**

ACROSS  
1. Away  
2. Exhibition  
3. Percolate  
4. By way of  
5. Child power  
6. Story  
7. Difficult to a building  
8. Doctrines  
9. Lake  
10. Gaining cubes  
11. Precipitation  
12. Made small  
13. Metaphorical  
14. Half quart  
15. Zephaniah  
16. Perform  
17. Person  
18. Years  
19. Put  
20. He (Pr)  
21. Varieties  
22. Tactless  
23. Canadian  
24. Japanese  
25. Stripped linen  
26. Expected satisfaction  
27. Adjective

DOWN  
1. Hawks of a certain sort  
2. Tavern  
3. Look at  
4. Hint  
5. Eggs, well beaten  
6. Brown sugar  
7. Seedless raisins  
8. Cup dried currants  
9. Cup chopped dates  
10. Cup chopped nuts  
11. Method: Shift flour, soda, salt, and spices together 3 times. Cream shortening with honey and brown sugar. Add eggs, dry ingredients, fruits and nuts, and mix thoroughly. Drop from teaspoon on greased baking sheet and bake at 400° F. 10 to 12 minutes. Makes about 4 dozen. Keep very well.

12. Hard  
13. Salsamander  
14. Tavern  
15. Look at  
16. Hint  
17. Eggs, well beaten  
18. Brown sugar  
19. Seedless raisins  
20. Cup dried currants  
21. Cup chopped dates  
22. Cup chopped nuts  
23. Method: Shift flour, soda, salt, and spices together 3 times. Cream shortening with honey and brown sugar. Add eggs, dry ingredients, fruits and nuts, and mix thoroughly. Drop from teaspoon on greased baking sheet and bake at 400° F. 10 to 12 minutes. Makes about 4 dozen. Keep very well.

24. Oriental word for false  
25. Ace  
26. Athletic assemblies  
27. Book of maps  
28. Blender  
29. Walking stick  
30. Language of the Scottish Highlanders  
31. Answer  
32. Japan  
33. Japanese  
34. Stripped linen  
35. Expected satisfaction  
36. Adjective

Answer Elsewhere On This Page



What's All That Stuff?—Jumbo, a five-year-old Mexican hairless, investigates the unfamiliar foliage of Elettaria, a Maltese lap dog, two years younger. Both canines were selected as champions in their class at the 23rd International Dog Show held recently in Paris.

## Slept In Coffin Wore Black Pyjamas,

Ever since the mid-thirties, when the popular and somewhat syrupy song, "The Isle of Capri," was first launched, most people have dreamed of visiting that romantic haunt off the Bay of Naples.

An Italian prince, who saw there always were a black skull-cap, black pyjamas, black sun-glasses, and slept every night in a black coffin. Daily, the prince came a man in red, camberbund with red cap tassels, blue canvas trousers, smoking a pipe, and carrying a cane.

An artist, Luc Flanagan, who won a travelling art scholarship at

shoulder, a young man on leave from the U.S. sector of Austria walked the Piazza for two days dressed-up as a Tyrolean peasant, feather and all. When no one took any notice of that, he changed into full cowboy costume.

A man who came from the mainland six months ago, shaven and apparently normal, first grew his hair long, then his beard, and now parades the Piazza in straggling black beard and locks, hoping he will be photographed. That's what Capri did to him. One old girl will play her tambourine and dance the tarantella—though she's eighty if she's a day!

The island has a suicides' cemetery, well patronized by people who jump off the precipitous cliffs that yawn over the sea, especially on Mount Tiberias.

An artist, Luc Flanagan, who won a travelling art scholarship at



The Canadian Family owes much to... Poland



Calvert, head of the famous Calvert family, founded Canada's first colony at Newfoundland in 1622. Calvert's ideals of democracy, ideals which were perpetuated by his descendants, helped set the pattern for the freedom we now enjoy.

Boston, U.S.A., liked Capri so much that she related to go back home and lived for thirty years in the Hotel Webber, whose dining-room is still hung with her pictures. Only Mrs. Graves, in a first-class illustrated book, "Italy Re-visited" which tells the traveller all he wants to know of the country from the Lakes in the north to Capri.

"Say," he heard a Yank visitor ask, "are there any snakes on this island?"

"Sure," replied a New York girl, "and they've all got lovely villas."

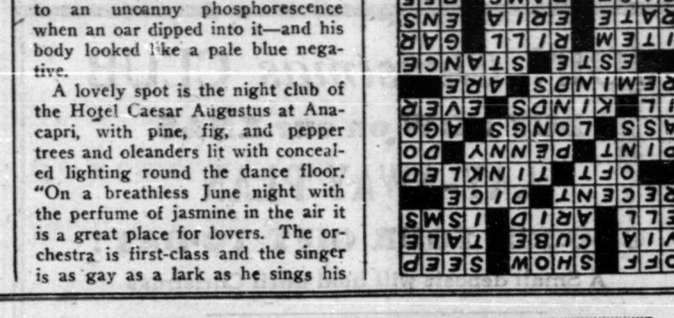
Everyone, however, had forgotten that the Roman Catholic church disapproved of cremation. The local priest therefore refused to bury her ashes, the local C. of E. representative also refused to perform the last rites because of the R.C. priest had been asked first. So for months the ashes stood on a shelf until the priest relented to the extent of giving her an unconsecrated burial, as if she had been a suicide.

Visiting the many grottoes for which Capri is famous, Mr. Graves found that the most entertaining spectacle was a series of floating junk shops selling postcards, coral necklaces, pocket knives, scarves, and so on. Entrance to the celebrated blue Grotto—sixty yards long, thirty wide sixty deep—was through a narrow opening to pull his boat in by a hawser, with himself and passengers lying almost flat on their backs. One visitor had dived into the fantastically blue water—which turned to an unattractive phosphorescence when an oar dipped into it—and his body looked like a pale blue negative.

A lovely spot is the night club of the Hotel Caesar Augustus at Anacapri, with pine, fig, and pepper trees and oleanders lit with concealed lighting round the dance floor. "On a breathless June night with the perfume of jasmine in the air it is a great place for lovers. The orchestra is first-class and the singer is as gay as a lark as he sings his

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Updowntown to Prevent Peeking



Calvert, head of the famous Calvert family, founded Canada's first colony at Newfoundland in 1622. Calvert's ideals of democracy, ideals which were perpetuated by his descendants, helped set the pattern for the freedom we now enjoy.

## A Tribute from Calvert to Canadians of Polish Descent

The great Canadian Family is comprised of peoples of various racial origins. From the blending of the cultural heritages brought from these many lands, Canada derives much of her strength and vitality.

The tragic history of Poland, once the largest and most powerful state in Europe, has resulted in the migration of tens of thousands of Poles to Canada, seeking freedom and security. Unquenched by centuries of oppression, they have retained an individuality,

all the more notable, now that they have attained that freedom here.

The Poles, with their innate love of music, have produced such famous musicians as Chopin and Paderewski. Their engineering skill was personified in Casimir Stanislaus Gzowski, who engineered the original International Bridge at Niagara. In addition they have given Canada some of her best lawyers, doctors, farmers and teachers, contributing much to Canada's progress.

## Calvert

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