You will be delighted with this fragrant tea

ORANGE PEKOE

penicillin, also Vitamin B.12-

tely discovered to be of the greatest importance to the health of both animals and people. Mr. Bromfield

hasn't much use for commercial feed

-prefers to feed his poultry whole oats and corn with access to hop-

pers containing meat scraps, oyster

Having digested all this informa

B every time. That is why commer

Now for our own experience. Most of the time our laying hens

are shut up and fed the modern way. But in the spring when the

grass is fresh and green—and rich in vitamins—we take lawn clip-

pings out to the hens. Bees around

a honey pot are not in it with the

way those biddies scramble for the

sweet, green grass. Because we thought it was what they wanted

we kept feeding grass as long as the hens would eat it. And what

happened? The hens were more act-

ive, looked better and laid better-

the reason, did we stop feeding grass? We did not. We knew the

eggs more nutritious-so we just

took the loss. Another thing-in the

and appear half sick. Any time

Partner found hens that way he

put them outside to roam at will.

and spent most of their time pick-

ing away at the manure pile, which,

Mr. Bromfield claims, is the main source of Vitamin B.12—essential

in the treatment of denciency dis-

eases. So it it not surprising that

hens that were turned loose in-variably recovered. What does it

lease the public, concentrated or

light-yolk eggs. So the housewife

reshness and blood-clots but it is

time this nonsense about dark-

I have nothing to say against

ommercial feed but surely it can

be supplemented by natural vitamins

and minerals when available. One

might just as well say that because

cans it is unnecessary to eat raw

fruits and vegetables in season.

CARRYING ON

A doctor had an urgent call from

man whose small son had swal-

owed a fountain pen.

"All right," replied the doctor.

"I'll come as soon as I can. What

are you doing about it in the mean-

"Oh," said the father, "in the

meantime I'm using a pencil."

olked eggs was stopped.

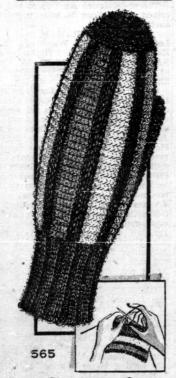
cial feed is used so extensively.

shell and minerals.



tion from "Out of the Earth" ! began to wonder if the eggs from Partner and I have been very busy reading Louis Bromfield's lat-Malabar Farm were sold commerest book, "Out of the Earth." It is cially. If they were it is my guess a book that requires a lot of conmost of the eggs would be graded choose it for light reading. If, on hens fed as Mr. Bromfield suggests the other hand, you require food would probably produce eggs with for thought, here you have it. dark volks-and just try shipping eggs with yolks any deeper in col our than a lemon and you get Grade

But what revolutionary ideas in regard to the care and feeding of we at Ginger Farm, have been thinking for several years—but which Mr. Bromfield has had more opportunity to put into practice. To be successful with livestock, Mr. Bromfield asserts, you must put yourself in the place of your cows, pigs or chickens and figure out what conditions would contribute most to your comfort and welfare. For instance, if you were a cow, would you rather sleep warm deep litter in a loafing barn, ther, bedding on a cement floor on a dirt floor. The same applies Bromfield proves in his "Chicken they discovered the healthiest chickens were "raised on deep litter, fed cafeteria style, and provided with plenty of mineral and organic erial. Big bunches of green alfalfa were hung up so the chick-Access to fresh cow manure was found to be the most effective means to stop cannibalism among amazing Bromfield theory was that scouring and disinfecting poultry houses was detrimental to the health of the chickens because, while the disinfectant killed malignant germs it also destroyed the beneficial bacteria necessary to the development of mould and fungi, which, in turn, create the germ-killing anti-biotics -known to us as streptomycin and



Laura Wheeler

fast. Body is straight strip sportyarn scraps knitted on 2 need-les; thumb, tip and cuff on 4. Each pair different color combina-tion to-identify them. Pattern 565; knitting directions 4 to 17 yrs.

Laura Wheeler's improved pattern makes crochet and knitting so simple with its charts, photos Send TWENTY-FIVE CENTS in coins (stamps cannot be accept Eighteenth Street, New Toronto, Ont. Print plainly PATTERN NUMBER, your NAME and AD-

DRESS. New! Household accessories knit! Motifs to paint on textiles Send Twenty-five Cents today for our new Laura Wheeler Needle-eraft Book. Illustrations of crochet, embroidery patterns plus many fas-cinating hobby ideas. And a free pattern is printed in the book.

ISSUE 46 - 1950

FASHION NOTE FOR WOMEN



Nylon . . . in a dramatic snowbird ski-jacket with a sweeping wind-cape sewn into the sleeves to give extra protection from the wind and snow. Made of featherlight, windproof nylon, the jacket is styled along trim, classic lines, the cape full enough to give maximum freedom when skiing and to act as an added windbreak while coming up the ski tow.

ANNE HIRST your Family Counselor -

ago he was attracted by a married woman. They were never together,



a higher social circle. But my circle. But my girl friends told me about it and they helped me make my husband publicly smear the woman's name. Now when we see

her, she turns her head. "I am soon to have his child. I don't believe my husband is true to me. He and my friends are constantly talking about sex, which offends me. I think he is going with somebody, but I don's know.

"How can I stop seeing my girl



Hole In One - With one punch, Pvt. Roy Thomas put hole in the head of North Korean premier Kim Il Sung. An observer with South Korean troops, Thomas had cut down the portrait of the red premier from an office building in Munchon, North Korea.

7. Sew
8. Every separate individual 34. Small 35. Death 10. Dad 36. 14th cent playing control of the second CROSSWORD PUZZLE Dad 36. 14th central character 37. Fencing sword sword ACROSS
1. Hangs down
7. Oozed
13. Narrow ornamental fabric
14. Mexican dish
15. Hypothetical
16. Principles of
16. Principles of
16. Principles of
17. Christian unity
18. Exist 115 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 9 40 41 42 43 44 45 46 67 8 49 50 R 52 53 54 50. At home 51. Braids 53. Indian 56

Answer Elsewhere In This Issue

claims he loves me. But some time | way they won't know I suspect they are having affairs with my husband? "Lately I found that one of then has been going with a married man for years. If she'll go with one, she might go with another . . .

everybody's sake.
You cannot stop seeing all

your girl friends without arous

ing suspicion. If even one o

them suspected your reason, they

would all laugh it off as a joke -- or be mortally insulted. Then

* you would indeed be alone-

and after these hallucinations

have passed you would feel s

able to win them back again.

* guilty that you might never be

If your husband felt that you

doubted him, he would have a

low idea of your love for him,

and be so shocked that it could alienate his faith in you com-

pletely. Then what sort of life

When a woman is in your con

* dition, the fears that assail her

are varied; the most painful of

* them all is the fear that her hus-

band may be attracted to some

one else. Some men understand

* this and overlook it; but many

* knowing how unfounded are

* these doubts, are so offended that

* attitude and are driven to com-

* mit the very sin of which they

accusations of their wives. What a

mean advantage to take! If you

are doubting your man, tell Anne Hirst why. She will be able to help.

Write her at Box 1, 123 Eighteenth

Street, New Toronto, Ontario.

WAKE UP YOUR

LIVER BILE-

Without Calomel — And You'll Jump Out el Bed in the Morning Rarin' to Ge
The liver should pour cut about 2 pints of bile juice into your digestive tract every day. If this bile is not flowing freely, your food may not digest. It may just decay in the digentive tract. Then gas blocks up your stomach. You get constipated. You feel sour, sunk and the will take the mild, gentle Carter's Little Liver Pills to see these 2 pints of bile flowing freely to make 2 pints of bile flow for the pints of the pints of bile flow freely. Ask for Carter's Little Liver Pills, 356 at any drugstore.

* are accused.

* they take the "what's-the-use

would you two find together?

Featuring a pocket clip for easy carrying, a new pen-size stapler ean clip together a dozen sheets. Please help me! Easy-to-operate chrome head of UNHAPPY" * * * and forefinger. Plastic barrel un-CALM DOWN screws from head for reloading. You are working yourself inte * a dangerous state of panic. Visions Build Zoos Or Trains * of your husband's infidelity tor-

Plastic building blocks snap t * ture you, even though you cangether with rustproof fasteners giv-* not identify any particular wom ing great scope of objects for chil and and in spite of the fact tha dren to build. Blocks come in con trasting chip-proof colors and are * can affect your health and that * of your coming baby and might non-toxic and easily wiped clean * well break up your home alto-* gether. Al Jolson—A Tribute I arge you to calm down for

The songs that Al Jolson made famous mean little by themselves: Mammy, Mammy, the sun shines East, the sun shines West, but I've

just learned where the sun shines best. * * * Mammy, Mammy, I'd walk a million miles for one of your smiles, my Mam- - my.* Friends may forsake me, let them that there's one thing for headache all forsake me. You'll pull me through, Sonny Boy.;

But when Jolson sang, something happened to audiences. He had a pain . . . for for the pains and aches spirit, a quality that brought him close to every person that saw and heard him. Audiences felt what he folt. When the same that accompany a cold. A single tablet usually brings prompt relief. felt. When he was sentimental,

onto a stage bursting with vitality and happiness, audiences grew suddenly happier. It was that quality that made him probably the mo popular and most successful entertainer in American history As his audiences loved him, did he feel close to all people. He wrote a will in which he left nine tenths of a \$4,000,000 estate to charity. The money to be divided

Jolson cried himself. When he shot

* Don't let this happen to you. among Protestant, Catholic and Jewish causes. * Change your thinking. Let your * husband feel that you trust him A few weeks ago Al Jolson, 64, died of a heart attack in a San Francisco hotel. He had just reimplicitly. Relax in his devotion and attentions, so he knows how * much you depend on him. This turned from Korea, where he had given performances for soldiers * is the surest way to bind him to An estimated 20,000 persons jam-* you, just now when you need * him so. med Hollywood Boulevard for his funeral. President Truman sent a * Incidentally, if the conversamessage that began: "We have lost tions you mention offend you so

* much, leave the room for *Copyright Bourne Music Pub-* while. Your friends will catch * on. It is as simple as that. †Copyright Crawford Music Faithful husbands can be swerved from their good path by the unjust



When a hacking bronchial cough due to a cold, bronchitis or excessive smoking to a cold, bronchitis or excessive smoking is getting you down, get wise—get Buckley's. A few sips will ease your cough—clear your head—make breathing easier. And remember, cnly in Buckley's do you get CARRAGEEN, an emulsion that soothes and lubricates dry, irritated, inflamed throat membranes, and stops the tickle that keeps you coughing. Get your bottle today for relief right away.

OVER 25 MILLION BOTTLES SOLD. OVER 25 MILLION BOTTLES SOLD M3 **BUCKLEY'S MIXTURE**

New And Useful

.. Too ...

use claimed eas

rising; keeps five to six mon

tight, moisture-proof metal container to insure freshness.

A leather pad to protect worker's

. . .

Not affected by weather, new

the wind. Sprays from 100 to 300

trees in 30 to 40 minutes from one

300-gallon tank load. Said to cut

cost, labor and time, sprayer handl-

and fungicides and new concentrat-

television is the handy colorful

plastic seat weighing only a pound.

a neat package for storing.

Chrome finished deep fryer to be

superheated cooking oil will seal

in natural food juices and keep oil

out of food tissues at same time

company claims. No transfer of food flavors; food is cooked evenly

Anyone Can Be A Chef

Pocket Stapler

ed materials.

Child's Video Chair

Handy Pad

Mist Sprayer

By Rev. R. B. Warren, B.A. B.D. New dry yeast now available for Christian Worship Isaiah 1:11-17; John 4:19-24: use, faster dissolving and faster Colossians 3:16. and longer if refrigerated. Product is packaged in nitrogen, in air-

Memory Verse: God is a Spirit, and they that worship Him must worship Him in spirit and in truth.

John 4:24.

On this day of writing, a news despatch tells of trouble in India hand features a snap fastened ad- because rumor spread that one hand features a snap fastened adjustable strap for snug fitting and comfort. Pad is said to prevent hand injuries when handing brick, metal sheets, sharp edged castings, but the idea behind it is still with us. At the Lenten Season, some people by the personal sacrifice orchard mist sprayer can be used hope to gain favor with God. Bu in the rain, sprayed with or against the favor of God cannot be bought. Should my tears forever flow,
Should my zeal no langue: know,
These for sin could not atone:

Thou must save, and Thou alone; both old standard insecticides In my hand no price I bring, Simply to Thy cross I cling." God calls to repentance. "Cease to do evil; learn to do well." The place of worship is not so important as the spirit in which we worship. Many approach God in Chair is blown up to 16 in. by 11 in. and has suction grab to hold it to us to call upon Him in such an

floor or rug when occupied. Eight by 10 in. when deflated, seat forms We can worship Him in singing. As we do our own hearts are blessed and others are uplifted. David suggested the right approach for worship. "The sacrifices of God are a broken spirit: a broken and a used right at the dinner table. Can contrite heart, O God, thou wilt cook fish, chops, doughnuts, chick-en, etc. Automatic thermostatic not despise." Psalm 51:17. control of temperature assures the



And the RELIEF IS LASTING

For fast, prolonged relief from headache get INSTANTINE. This prescription-like tablet contains not just one, but three proven medical ingredients that ease the pain fast. And the relief is, in most cases, lasting. Try Instantine just once for pain

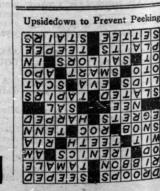
And try INSTANTINE for other aches, too . . . for neuritic or neuralgi Instantine

Instantine 12-Tablet Tin 25¢ Economical 48-Tablet Bottle 69

MOTHERS An evenlasting reminden

baby's first toddling steps Your Baby's Shoes Preserved

GLEAMING BRONZE COLORFUL PEARL-KOTE Ash Tray, Book End and Picture Frame Mounts. An ideal gift or descriptive literature and st THOMAS ENTERPRISES BOX 525, AMHERSTBURG, ONT.



Had To Eat Lipstick Also Face Cream

In May, 1946, a young American, John Caldwell, was in Balboa, Panama, longing for the bride he had married on war service in Australia, 9,000 miles away. He tried to get a ship to Sydney, but ships were scarce. Very well, he would have to sail his own boat across the Pacific. He knew nothing of sailing or navigation, but with a little practice . . . He bought a sailing cutter, Pagan, twenty - nine feet long and ten feet at her widest beam. Low

the water, she was like a canon with a forty-foot mast. A Bexing Fish! He stocked her with fou months' provisions, took two playful kittens for company, and ootled about the Perlas islands in Panama Gulf until he "got confidence." Then he headed ou on the first thousand miles stretch

to the Galapagos Islands.

The antics of those kittens wi.h
a flapping fish which he landed were certainly entertaining. They would jump viciously, growling for a tooth-hold. With a violent flip the fish sent them bowling across the deck. Back they came creeping, cautious and crouching low, to pounce athwart the fish and eling for a few wild jumps before scurrying away again, spitting and tumbling over each other.

things to think about — his pitching bunk, for instance, the rattle and clank of gear gone adrift in a gale, the terrifying whine of the wind, the flash of lightning and crash of thunder. Scared, he put on his life-jacke and squeezed the kittens inside it

But such confined quarters didn't please them; so he took them out cut open an old-type life-preserver. removed its cork floats, attached a string to two of them, and at the end of each string tied a kitter by the hind leg.
Suddenly, close on daylight,

came a sledge-hammer blow on the keel which hurled him to the floor. The cats yowled. There was a rattle of displaced gear and rending timbers, "like Satan's pitchfork pounding the cabin." At first, he thought he had run on to rocks; then he t'aught it was wha les. He finally discovered that he had been hit by a gigantic tree

Big, Fat Stowaway So, baling fiercely, he ran for an uninhabited islet of the Perlas group, and grounded in the dark. The kittens swam out of the flooded hatchway into the cockpit, towing their cork blocks. He tossed them on to the cabin, doused the headsails, made fast the shore, then grabbed the kittens and towed them to the beach. There they squatted back on their haunches, wet and scared by the towering jungle — "poor little sea - weary blokes."

On the island he repaired leaks,

reset the damaged rudder post, pieced together and patched the battered mainsail, and sailed again, undaunted. And what's this, pray, that has smuggled aboard without his noticing? A big fat black rat!

A stowaway. He didn't pitch it overboard, however, but built a little house for it to protect it from Later a huge sea-bird joined them. A school of dolphin accompanied them all the way across the Pacific, diving after the flying fish the Pagan started up. He, the kittens and the rat fed on those that hit the sails and plumped on to the deck. Each time he opened a tin it was a "lucky

dip," for all the labels had been washed off in the flooding before At Caroline Atoll, beyond the arquesas, he decided to part with the kittens. They'd had enough of sea-voyaging. With tears in his eyes, he left them in the care of natives, most of whom had never seen a cat before. It was as well,

Height Of Production-In the Byelorussian Soviet Socialist

harvested. The chief wheat-producing section of the Soviet Union is the Ukraine, with its famous belt of black soil. This

Soviet photo, however, attests to the fact that modern drainage

nethods have greatly increased the arable area of White

Russia's marshy land.

olic, better known as White Russia, these peasants are

upletely hidden by the tall wheat that will soon be

matching jumper set. These patterns have step-by-step directions, but it jou're a beginner and feel the need of some personal guidance on these at least the inner twistings of hun- | City Of Flowers his cabin that he had to strap. ger ceased, and he was at peace.

He managed to spear a sea-bird
which alighted on the sternpost, "There is only one safe way to ride out a hurricane on a small boat: flat on your back, lashed coated it with machine oil, put i on the fire, and gobbled it for breakfast. Cutting the upper out in the bunk with ports and hatches of an old army shoe, he made an dogged, and everything strapped down," he writes in a dramatic, effort to chew the tongue. But it was too tough even to be dented, so he soaked it in salt forthright account of his great adventure, "Desperate Voyage." "But lying there strait - jacketed to a water, beat it to "tenderize" it, greased it with hair-oil, and fried

or other ANNE ADAMS patterns, your local

Child's Outfit, Pattern 4711, comes in Sizes 2,

Child's Outfit, Pattern 4711, comes in Sizes 2, 4, 6, 8, 10. Size 6 jumper takes 1½ yards 54-inch plain wool. ½ yard 35-inch plaid gingham; blouse 1 yard 35 inch. Doll's Outfit, Pattern 4751, is cut for dolls 12, 14, 16, 18, 20 inches. To match child's bloomy argainst property of the p

Send TWENT-FIVE CENTS (25c) in coins

(stamps cannot be accepted) for each pattern. Print plainly SIZE, NAME, ADDRESS, STYLE

Fruits And Perfumes

A more old fashioned city that

Cannes or other more touristic centres along the sea, Grasse lives

by its own industry rather than

its hospitality. Beyond its old walls rises the smoke of modern industry, for Grasse is manufacturer of per-fume. It is soft unobtrusive smoke,

speed of wheels. . . .

with a reek of decaying roses, melt-

Below in the market place lies

the garden harvest of the country-

a May morning is not different.

Sunburned peasant women ar

weighing cherries, selling artichokes

tied in bunches like radishes, and

Around them are buckets of roses,

iris, wallflowers, bridal-wreath

pinks. At one end of the square is the merchant of pottery with

cups and saucers, earthenware pots and cruches spread out on the walk

"Sweet cherries, Madame, three

francs a kilo," says a tall spare

on a box sits her husband, eating

"One kilo, please," says her cus-

"No, taste them first," says the

peasant woman. "If you shouldn't like them it would, be a pity to

A loud blast is blown on a horn;

every one stops to listen. The town

crier announces at length that a

market basket has been lost, con-

taining green peas, leeks, radishes,

and a pair of scales. Whoever finds

the basket should return it to the

In the middle ages Grasse was

an independent republic like the Italian cities of the epoch. She was wealthy and industrious, she had

a bishop and a cathedral. The Sara-

cens came, the Grassois fought

tured and pillaged in 972. One of her alleys, the street without fear,

or La Rue Sans Peur, is so called

in memory of the courageous fash-

ion in which the Grassois once de

The foreigner finds himself little importance in Grasse. The old

town is pre-occupied with her flowers, and the distillation of the

flower essence which she sells to

the great perfumers of Paris.—From "Beyond the Riviera," by Helena

before him. . . .

the big pink cherries.

spend the money.".

town hall. . . .

fended their icty.

measuring out the mountain hor

side.
"The fruits rise in pyramids—

NUMBER. Mail your order to Box 1, 123 Eight-eenth Street, New Toronto, Ont.

outfit, add ½ yard to each of above yardages.

sewing center will help you.

mattress is depressing; you always wonder what's going on in the rest of the boat. You wonder if somewhere a leak is breaking, or a just as inedible; so he boiled the whole shoe in his precious water repair needs attention . . . "

He knew something was seriration, drank the "soup," cut the leather into strips and swallowed them whole to have something un-der his belt to allay the terrible ously amiss when Pagan broached to and refused to come up into the wind. Great seas, ramming against her beam, were coming athwart her decks. She scudded At night he dreamt he was in

CHRISTMAS SURPRISE for a little girl and

her dolly! These identical ANNE ADAMS out-

fits of blouse, skirt and reversible jumper-tops that button on are so adorable. Girl's set is Pattern 4711; Dolly's is Pattern 4751. We made the

jumpers in green wool with their tops lined in red and green plaid gingham.

Dolly's pattern has ruffly slip, panties—pius a real square-dancing costume! Simple sewing—thrifty, too. When you choose fabrics for child's outfit, add just half a yard of each fabric for dolly's

himself to his bunk.

The Hurricane

before each tumbler, creaking loudly, lunged as though hit by a mammoth hand. The boat could not take such punishment for long a monster grocery store, running berserk among corridors of food. Once he dreamt he was wrecked on a beach, and happy. A huge Then he found that she was dismasted. For something like five months he had sailed her began eating it alive - then woke through thick and thin. Now, for up, clawing and growling at his another thirty-six days, he had to bunk boards. All the time he had

sail her under jury rig fitted up in to pump the bilges to keep Pagan a rough - and - ready way, as best afloat; and now he had no compass he could.

Weak from starvation and or navigating instruments to guid lack of water, he even ate a lipstick and face cream which he had aboard. The cream left an oily once really believed I was going to die. However, I will admit I used for the next day he was hit by a hurricane and so flung about in about in the detail of all and any taste in his mouth for hours, and made him slightly squeamish, but

often to stare stolidly over the rest 'Am I going to perish alone out here on the sea?' If I thought of death seriously it is because I toyed with an idea new to me. It neve depressed me. My desire, my strength to go on living, was too strong My new faith in God and prayer - thus my new faith in myself - made life something I wanted badly enough, like want ing to see Mary." After 6,000 Miles

And eventually he did see her! After six thousand miles of it he made a coral reef off Tuvutka, in the Lau group of the Fiji Is-lands, lived native for a time, then reached Suva and Nandi, and flew from there to Sydney by Army

"I remember her coming toward me - and I believe I moved to meet her. For a second I saw her unfathomable blue eyes . . . then she was in my arms and a thousand dreams had come true. My trials on the sea were far away . was back with the one person counts in this world." A great, simple story. It is impossible to read it without catching one's breath and rejoicing at the ultimate deliverance.

SEVENTY - EIGHT - YEAR -OLD Jennie Culbertson Powers of Philadelphia has attended church every Sunday for seventy-five years.



recipe for a Christmas Cake which, while it undoubtedly belongs right up at the top of the list, might possibly be just a trifle too ambitious for a lot of home cooks. · So now here is a simple type of fruit cake which does not need the ageing which the "traditional" sort requires, and yet will prove to be a fine answer to the question of what to serve during the festive season. Quantities given make two 9 x 4 x 3 inch loaves.

RAISIN FRUIT CAKE 4 cups seeded raisins 4 cups seeded raisins
2 tablespoons grated lemon rind
1 tablespoon allspice
*2½ cups iquid
2½ cups chopped nutmeats
4 cups sifted cake flour
5 teaspoons double acting
baking powder
2 teaspoons salt

2 teaspoons salt 1½ cups sugar
½ cup butter or shortening

2 eggs, well beaten 2 teaspoons vanilla METHOD: Combine lemon rind, spices and water in a saucepan. Cover and simmer gently for eight minutes. Drain, pressing out as much liquid as possible. Measure liquid and add water or coffee to make one and one-half cups, and reserve. Grind raisins with nutmeats.

Sift flour once, measure and add baking powder, salt and sugar; sift three times. Cream butter thorough-ly, and add flour mixture, eggs, vanilla and reserved liquid. Stir until all flour is dampened. Beat vigorously for two minutes. Add raisin-nut mixture and mix thoroughly. Turn into two 9x4x3 inch loaf pans which have been greased, lined with brown paper and then greased again. Bake in a moderate (350 deg.) oven for one hour and 15 minutes, or until done. Let stand five minutes on cake rack, then emove from pan, leaving paper at tached until ready to serve. Cool. Wrap in a clean cloth and store in in container to keep moist.

*The liquid may be water or left

* * * These Santa Claus Cookies are a really tasty concoction of nuts and dates, and if stored in a tightly covered container-and safey hid

den away from youthful handswill keep moist for quite a time. I'm sure you'll enjoy them. SANTA CLAUS COOKIES (Makes 30 balls) 1 cup butter cookie crumbs

1/4 teaspoon salt
1/4 teaspoon baking powder
1/2 teaspoon baking powder
1/2 cup sifted all-purpose flour
1 cup finely chopped, pitted

1 cup nut meats, chopped ½ cup sugar 2 eggs, beaten 1 teaspoon vanilla
1/4 cup confectioners' sugar

ing away into a pure atmosphere
The life of the town goes on at
foot pace, in its old human pattern,
unmarked with the geometrical crumbs, salt, baking powder and flour. Add dates and nuts. Add sugar gradually to beaten eggs. Blend in cookie crumb mixture and vanilla. Bake in a greased and floured nine-inch square pan and bake in a slow (325 deg.) oven for 30 minutes. While still warm, cut into 30 squares. Roll each square into a ball, turning the top, crusty coloured like butterflies—full bas-kets of oranges—and branches of cherries," said Aubanel. It was of portion inwards as you roll. Place confectioners' sugar in a bag. Shake another feast, but the market on the balls in the sugar to coat even-

> which I told how to make dough-nuts of the "Down East" variety, a relative asked why I hadn't also included a recipe for another great favorite with countless thou -the glazed potato sort. So here GLAZED POTATO

DOUGHNUTS 1 cup lukewarm water 1 cake yeast

1 cup mashed potatoes
½ cup sugar
1 cup fat
1 cup scalded milk
2 eggs, beaten

METHOD: Dissolve yeast cake in lukewarm water. Mix all ingred ients in the order listed, and add enough flour so dough will not on floured board about 1/2-inch thick. Cut with doughnut cutter and allow to rise until doubled in size, about 1 hour. Fry in deep hot fat. Dip in following sirup and al-Sirup: Boil 2 cups sugar, 1/4 teaspoon cinnamon and 1 cup cold water for 5 minutes, or just before it spins a thread.

Now, to conclude, here is what will be the answer to many a housewife's prayer-a very choice white icing which is easy to make, yet will not turn to sugar. You can make a batch of it and, if you don't use it all on the cake or cup cakes you're making you can put the balance in the refrigerator or other cool place, and use it at a later

BOILED WHITE FROSTING 2 cups sugar
1/3 cup light corn sirup 1/3 cup water

2 egg whites 1 teaspoon vanilla METHOD: Cook sugar, sirus and water together, stirring until sugar is dissolved. Boil without stirring to 244 deg. F. (or until sirup forms a rather firm ball when tested in cold water). Pour this sirup slowly over the stiffly beaten egg whites, beating constantly. Continue beating until mixture holds its shape. Add vanilla.

This frosting will keep in a covered jar in a cool place. If it becomes hard on standing, add a very small amount of hot water and beat well. Makes enough to frost 2 layers generously.

Gloomy Talk Won't **Build A Community**

healthier and safer country for fu-ture generations if we had fewer great cities and far more prosper-ous towns. But we are not going to get very far, at least in building up the towns, unless many business leaders in these smaller places sharply change their tunes and get a little more faith in their own

In its "Canadian Sample" the Midland (Ontario) Free Press Herald makes this charge: "Very often he (the visitor) finds

that the majority of merchants would rather grouse than do any-thing else. They suggest that business is as good as it might be, that the industrial outlook is gloomy, that it is not like the good old days. "There are exceptions, and when there are enough of them, you find

an exceptional town or city. "But unfortunately too often the grousers, who watch Toronto or some other neighboring city or town growing at what they think is a faster pace than his municipality, are in the majority."

That attitude on the part of local ing for a likely place to set up a new business, or they know some-one who is or will be looking. financial institution interested i to be told what their opinion will Street's pessimists are through with

From "The Financial Post."



Saved By The "Buck-Board"-David Riggs of the YMCA at the University of Kansas stands before the "Buck-Board" which he runs for the benefit of students who are temporarily short of funds. All a student must do to borrow a buck is sign his name to a piece of paper and put it where the dollar was.