

ANNE HIRST your Family Counselor -

"Dear Anne Hirst: I am being | * up in a small town where everycheated out of a life of my own. I'm 18, and since my mother died last year I've had to take care of my younger brothers and sisters.

are as much her

ther keeps a hired girl. Every time I bring the ject up, he gets mad. But he has had a life of his own. I think I deserve one too.

'What is your opinion TOO CONFUSED" GREENER PASTURES? I know how you feel. Shut



by Laura Wheeler

Budget-Recovery Plan! KEEP

make a new shade on the old frame. Ten smart ideas here! Modern or period shades in Pat-10 shades or shade-covers. Send TWENTY-FIVE CENTS PATTERN NUMBER, your NAME and ADDRESS.

Send order to Box 1, 123 Eighteenth St. New Toronto, Ont. Send Twenty-five Cents more (in coins) for our Laura Wheeler Needlecraft Book. Illustrations of patterns for crochet, embroidery. knitting, household accessories,

CROSSWORD

PUZZLE

of wills

4. Nerve network

13. Form into a metal plate

14. Wicked

15. One who stra

This bear of Asia

Inhabitant of Siberia

English school

* where tomorrow will only be a repetition of yesterday, you * dream of the thrilling experiences that you believe only a larger * city can offer. * Consider the practical side. What business training, what experience have you had, that

* body knows everybody else,

you think you could rush from the railroad station to a job that would support you? Even if you were competent, you don't real-* ize what competition you would * face, nor understand how suspicious people are of strangers. * Perhaps the very uncertainties * lure you? You feel that anything would be better than this humdrum life you have at home?

In such an emergency as that created by your mother's death, it is the oldest daughter who must assume her place. It may not be fair, but there it is. Can't ou recognize it as a challenge? Straighten on your shoulders and take it by the throat. One hope suggests itself. Write your sister frankly-not com-

plaining, but telling ber how you feel. If you are mature about it, perhaps she will consent to come home for a year while you repare yourself for the career you seek. You may be surprised how well she understands. Your life at home need not be entirely drab. Meet more young people, both girls and boys, and widen your social life. I expect your father would take over for an evening frequently, and be times, surely a nice boy would enjoy an evening at home with

There come periods in everybody's existence when one can only mark time. Perhaps this is your part just now. You can begin to plan for the future you yearn for. But meanwhile, remember you are all your father has to depend on now. You won't let him down, I know.

If things look dark, don't give up. Use your ingenuity to change the tempo of your life . . . Anne Write her at Box 1, 123 Eighteenth St., New Ttoronto, Ont.

REVENGE

A fugitive scientist from a Boris Karloff horror picture dreamed up a serum that would bring inanimate objects to life. He surreptitiously tried it out on the statue of a general in one of the parks.

The statue gave a quiver and a moment later the general, creaking a bit in the joints, climbed down from his pedestal. The scientist was overjoyed. "I have given you life," he cried. "Now tell me, general, what is the first thing you are going to do with it?" "That's easy," rasped the gen-

dolls, toys . . . many hobby and gift ideas. A free pattern is printed in the book.

eral, ripping a gun from his holster. "I'm going to shoot about two million confounded pigeons."

facts
42. Lairs
43. White vest-

weight
9. Drive back

24 25 26 27 28

29 30 31 31 32 34

35 36 37 30 40 44 42

| 12. Antlered animal | 19. Fabric | 20. Invite | 21. Canine | 22. Solicit | 23. Finishes of Asia | 24. Languish | 25. Sour | 24. Siberia | 26. Remainder | 26. Remainder | 27. English school | 27. Dandy | 28. Antlered animal | 27. Antlered | 28. Antlered | 29. Antlered | 29. Invited |

happened if the roofers had gotten there first.

Seems Plumb Crazy—An unbelieving worker at site of a municipal housing development stares at what appears to be outdoor indoor plumbing. Passersby at first thought it was something new in lampposts. Simple fact was that plumbers got ahead of carpenters and installed pipes and fixtures before the houses were up. There was some speculation on what would have



never know. There must be some explanation even though we don't know the answer. Last Tuesday we seemed to be getting the worst

alone in the house and went down me that in the event of a bad windstorm to go down to the cellar and stand against the huge old-fashioned chimney that runs from cellar to attic. As you may have noticed, even though the rest of a building is demolished the chimney still stands. So there we were, Tippy, Honey and I, listening to the huge hailstones pounding on the roof and window-panes; wondering how long the barn would stay put and whether Partner and the carpenter would come to any harm. Heavy rain followed the hail so it was a little while before any of us knew

When we had a chance to look around it was with great thankfulness . . . only minor damage . . . a tree blown over; branches off other trees scattered here and there; shattered glass in two bedrooms. But the barn was still intact, no one was hurt and even

> From the stable door Partner had watched the poor cattle twisting and turning, trying to escape standing what it was all about. They couldn't reach the shelter of the barnyard as the lane gate was shut-which was fortunate as they were safer in the open even if they

As soon as the storm was over the men were back to work on the barn again. Now it is finished even to a small door for me to go in and out so that I don't have to open the big doors to get into the

woman-running back and forth to town for whatever the men might happen to require—and they séem-ed to require plenty! Of course, l also had extra men for dinner and in between meals and trips to town

Why we still have a barn we shall ing up nails. We are going to have enough old wood to keep fires explanation even though we don't

we seemed to be getting the worst of one of the many storms that swept across this district during the week. At that time we were in the middle of having a rather big repair job done on the barn. When the storm struck the entire front of the barn was open to the weather—no doors, no siding, no anything—and the barn practically empty. Yet it was still there after the storm had passed—including the roof! The wind and hail came with terific suddenness. The carpenter ran rific suddenness. The carpenter ran to put up the windows in his truck—and then stayed in the cab. Partner headed for the stables. I was to the maybe it is because of our experience out West that we appreciate—and utilize—any odds and ends of wood that come our way. was jealously guarded. On a deserted farm near our half-section we saw a frame house disappear board happening but no one was eve

> Picking up wood last week also reminded me of England. Walking or driving along the country roads it was not unusual to see oldish women walking along the roadside gathering "faggots"—dead branches broken off the trees. The women usually wore big aprons bunched up to form a carrying basket. Sometimes grandchildren accompanied them, each one strug-gling with as big a load of faggots as he could carry. On big estates, whenever any trees were felled, the farm labourers were allowed to take the branches for their own use. Some farm managers however were not so generous and would sell the branches to faggot dealers. Dealers would strip the branches, put them up in bundles or faggots—tie them with bark and travel the country districts selling their wares at so much a faggot. I doubt very much if there are any faggot dealers today-o

road. "The old order changeth. Porch Table

women picking up sticks along th

back porch more livable by adding "drop" furniture. This family enioyed eating on the porch, but there was not room for a table, so a wide shelf was hinged securely to a side wall. Topped with plain waxed linoleum, it is both attractive and easy to keep clean; for the table is used for other purposes, such as peeling fruit and vegetables and even for sewing.

Against another wall, a hinged bench has been placed for increased seating space when the family ga-

TESUNDAY SCHOOL

This, together with folding chairs,

or a number of people with no

Know Thyself. In Liberty, Mo

to listen to a recording of one of his church services, awoke just as

the choir was singing the closin

by Anne Adams

Add TWO dresses to her wards

cess sundress for a hard-playing

little pet becomes a princess Sun-

day dress in a jiffy. Just add color.

and 3/4-yard contrast; bonnet, 1/2

This pattern, easy to use, sim-

yard and ½ yard contrast.

complete illustrated instructions.

Send THIRTY-FIVE CENTS

(35c) in coins (stamps cannot be

accepted) for this pattern. Print

STYLE NUMBER.

plainly SIZE, NAME, ADDRESS,

Send order to Box 1, 123 Eigh-

sense of crowding. When not use it swings back close to the

By Rev R. B. Warren, B.A., B.D. CHRISTIAN SOCIAL LIFE Romans 12:1-2; 1 Cor. 8; 1 John 2:15-17

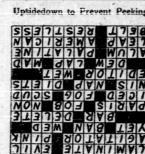
Memory Selection: Know ye not that ye are the temple of God, and that the Spirit. God dwelleth in you?—1 Cor. 3-16.

When we realize the full portent of Paul's urge "that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service," we view the body in a different light. It, too, why adultery, fornication, gluttony and drunkenness are sinful. Our bodies are to be sacred, set apart for God's glory. We should care for them so that we can offer more efficient service to Him. That does not mean that the paramount con-cern of our lives will be, "What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?" The answer of Jesus is, "Your Heavenly Father knoweth that ye have need of all these things But seek ye first the kingdom of God, and his righteousness, and all

In today's lesson Paul points out true Christian charity. We must be careful how we live for the sake of our influence on others. "When ye sin so against the brethren, and wound their weak consciences, ye sin against Christ. Wherefore," ther to offend, I will eat no flesh while the world standeth, lest I make my brother to offend." Of course Paul was speaking of meat which had been dedicated to idols. Some Christians could not eat it with a clear conscience. We cannot please everone but we must not carelessly put a stumbling block robe! Sew enly ONE! A prin- in another's way. We must care for then His Spirit dwells in us. We are the temple of God.

If we walk in the light of the

Pattern 4762 in sizes 2, 4, 6, 8, truths taught here ve will be a 10. Size 6 frock, 1% yards 35-inch force for righteousness in the neighbourhood where we live. Good neighbours make up a good nation. Only as God has us, soul and body, can we do our part. Let us make ple to sew, is tested for fit. Has the complete consecration.





Contest in The Bag Claiming that too many judges of "beautiful legs" contests are "distracted" by beautiful faces or shapely igures, finalists in the sixth annual "Beautiful Legs" contest wore illow cases over all but their legs as they paraded before the judges. Here Judges Jack Bloom, left, and Lawrence Anderson are compelled to keep their minds on their work.

SCHOOL OF NURSING

1. The Basic or General Course in Nursing
5 years (4 2/3 calendar years) in length; leads to the Degree of
B.Sc.N. and gives also a qualification for general practice in public health
nursing; qualifies fully for nurse registration. The candidate remains as a
student in her University School throughout the entire course (with practice
in the wards of the surrounding hospitals). Entrance requirements: Senior
Matriculation (Ontario Grade XIII). Bursary help is available when

needed.

II. Certificate and Degree Courses for Graduate Nurses



dane Andrews.

One of these demon statisticians has it all figured out that there are something like thirty-five million sandwiches eaten in Canada and the United States every day. Just how accurate that figure is, I'm not going to try and even guess, and I don't suppose you'll worry much over it either.

* * * But we'll all agree that the sandwith has come a long way since the Earl of Sandwich—not wanting interrupt his card game for meal-slapped a chunk of meat be tween two slices of bread and so gave the combination a name. Family meals, midnight suppers, picnics, children's parties, teen-age snacks, and afternoon teas all have their own types of sandwiches, each possible to make in an unlimited variety. These range from the sim-



are making.

many others to choose from. Your

extent what filling you wish to use

Whether you have one or 100 sandwiches to make, the produc-

tion-line technique will help you to it more easily and efficiently.

Line up your slices in pairs, using the two that lie next to each other

in the loaf that way your sand-wiches will have even edges, and

will look more appetizing, too.

rill be easier to cut and wrap. They

UNIVERSITY OF TORONTO

For Information and Calendar apply to The Secretary

The Seagram Cold Cup - Beautiful trophy, emblematic of Canadian Golfing Supremacy, recently won for the second year by Jim Ferrier, Great Australian shot-maker.

spatula is used, and time is saved if an sandwiches of one variety are made before taking up a second kind. Put in plenty of filling if you want a reputation for sandwich-making "know-how." Bread is only two-thirds of this favorite food— the other third is filling. The con-

sistency of this minority member triumvirate is important-if it it's too soft it is oozy and if it isn't soft enough, it becomes dry. Ham Salad Sandwich Filling ½ cup chopped cooked ham 3 tablespoons piccalilli ½ teaspoon prepared mustard 2 tablespoons mayonnaise or cooked dressing

Combine all ingredients thoroughly. Fills 4 sandwiches, Cream Cheese-Almond Filling 1 (3-oz.) package cream 2 tablespoons milk 2 tablespoons chopped toasted almonds

Combine cheese and milk until soft. Add almonds and mix well. Makes three sandwiches. Smoked Tongue-Cottage Cheese 3/4 cup ground, cooked tongue ¼ cup cottage cheese 2 tablespoons pickle relish 3 tablespoons mayonnaise or cooked dressing Combine all ingredients thor-

oughly. Makes 5 sandwiches. Liver Sausage Filling 2 tablespoons chili sauce 4 cup chopped green olives ¼ teaspoon onion salt Mash liver sausage; add ot

ingredients and mix well. Makes

Egg Salad Filling between, through intricate and com-plicated checkerboards, ribbons, 3 chopped hard-cooked eggs 1/4 cup finely chopped celery osaics, pinwheels, envelopes, and teaspoon salt 2 teaspoon minced onion cornucopias, to the many-tiered 3 tablespoons mayonnaise or cooked dressing Dagwood that must be eaten in

sandwiches.

Combine all ingredients. Make Sandwich-making is easier A few additional possible com ready-sliced bread is bought, but if you make your own be sure to slice it evenly, and in thickness inations are orange-cheese-peanu butter, frankfurter-egg, date-peanut butter, cream cheese-deviled ham, chicken or shrimp salad, chees shrimp, and egg-olive-bacon. You may choose French, potato,

To make double-decker Italian, Vienna or just plain sand-wich bread among the white breads. triple or quadruple decker) sand wiches, use any of these spreads in some of the layers, alternating Perhaps you like rye, pumpernickel, whole wheat, cracked wheat, Boston brown, date-nut or raisin bread with spreads of different texture and taste - tomatoes, pineapple slices, jelly and sliced meat. When Buns, rolls, and biscuits must not using sliced beef, ham, pork, lamb overlooked for this purpose or corned beef, several very ind, if you are making your own loaves, you have banana, orange, bran, cheese, date, oatmeal and makes for both better and easi

Toastwiches, delicious for satisfying big hungry appetites, may be grilled, toasted under the broiler, or French toasted. Here are

Cheese Barbecue cheese
3 tablespoons chopped green

pepper
32 cup chopped onion
2 chopped hard-cooked eggs
3 tablespoons chopped
stuffed clives

Make fillings before starting on the job of making the sandwiches. Have butter or margarine soft for spreading—and be sure to butter your bread to the edges! Filling spreads more easily if a flexible sauce 1 tablespoon melted butter Combine all ingredients. Cut six hamburger buns in half and place

Ham Toastwich

4 cup butter 2 tablespoons prepared mustard 5 slices cooked ham

2 eggs, beaten spread on 10 slices of bread. Place one slice of ham between each 2 slices of buttered bread. Combin eggs and milk and dip each sandwich in mixture, coating both sides. Brown on both sides in hot fat

Light From The Atom

A well-known scientist has managed to "freeze" light, stopping it at a speed of 186,000 miles a sec-

era with the incredible fast speed of one hundredth-millionth of a second. The shutter speed of an ordinary box camera is one-twentyfifth of a second. The photograph of light produced showed a discontinuous series

of luminous points which are the actual units of radiant energy of which light is made up. int things in our lives, but only recently has the process by which it is generated been discovered. It is what scientists call an elec-romagnetic radiation. In order to produce such a radiation electri

to and fro like the swing of a pendulum or the vibration of a spring.

These oscillations derive from atoms. An atom consists of minute particles called electrons bearing a charge of negative electricity. These circle round a positively charged centre of nucleus like the tory?"
My husband studied both palms.

planets around the sun.
When the atom receives energy, as may happen, for instance, when it collides with another atom, an man anxiously, "what does that "Oh," interpreted Cheiro, "a Na-poleon sent to St. Helena."

"And what shall be my Water-loo?" electron will be pushed out of its orbit and become farther away from the nucleus, only to return to its original place a fraction of an instant later. In other words,

it oscillates, and this movement inside the atom is now known to be the origin of light waves. speed. A light beam can travel a car going 60 m.p.h. can move in round the earth in less time than thanked my husband and slipped a card into his hand. It bore the its own length. name Charles Stewart Parnell!

Toast on a cookie sheet under low HE READ THEIR HANDS AND TOLD THEM AMAZING THINGS

the world as Cheiro—the most fa-mous palmist ever—knew more secrets of the great than any man

Rule for Ireland if, in 1889, Capof his time. This is no vain boast. tain O'Shea hadn't cited him as Kings made long journeys to con-sult him; so did society beauties, Countess Meta Hamon in "Tit-

the time of the same

Had he chosen to reveal a tithe of things people told him he could have thrown half Europe into a flutter. He could have wrecked flutter. He could have wrecked many lives but he chose rather to help people; to give happiness and

avert tragedy.

Early in his career a murder was committed in the East-end and the only clue to the crime was a faint, blood-stained hand-print. It was sufficient for Cheiro. He examined the dead man's hand and found enough evidence to conclude that the print belonged to a close relative. A detective was sent to intergate a relative - till then unsus-

In 1899 Cheiro told him that he would stand for Parliament in 1900 pected-who was so flabbergasted and gave him exact details about that he confessed to the crime!

Astonishing Prediction

So much in my husband's life his victorious campaign. Everything he prophesied came to pass with such accuracy that Marshall Hall wrote to Cheiro in 1924: "It seems impossible that, were it not true, I should hesitate to put it may interest you to know that I have just been reading the deducdown on paper. One evening he was eyed keenly by a stranger in tions you drew from my hand in August, 1899, and I find throughout they have proved to be wonderfully a train, who was obviously intrigued by a book my husband was readtrue."

Cheiro was more than a mere

ing; on palmistry. After a while he asked: "So you believe in hand-reading?"

Cheiro confessed as much. After some conversation the man stretched out his hands. "Your theories interest me profoundly. Tell me—shall I gain ultimate vic-

My husband studied both palms.
He explained that the owner was a man of striking individuality, a horn leader.

He explained that the owner was a man of striking individuality, a leader to the owner was call gesture. Cheiro told him that born leader.
"But this line fades," said the

date of this wonderful event."

Cheiro replied: "I will decide for "A woman-without doubt." The stranger chuckled derisively 'It's strange how accurate you've been-except about the woman." As the train slowed at Euston he

was su moned to the High Courte of Justice and hshered through a side door. Awaiting him in the abbes of the Lord Chief Justice of Engsaid: "I am now ready to keep my promise. You can take an impres sion of my hands." He signed the Kings made long journeys to consult him; so did society beauties, stage and professional people, as well as ministers of state writes Countess Meta Hamon in "Tits". Nonconformic this work were largely not of course, eligible to become man Catholic, Charles Russell was not of course, eligible to become Lord Chancellor.

Cheiro rarely told people that Nonconformist, his own party split they would die, for if death is shown in the hand there is nothing appointed man.

one can do to avoid it. But whe as a witness and was severely cross-examined by Sir Edward Marshall "Hall, then at the height of his powhe revealed to King Edward VII and Lord Kitchener the exact year and manner of death, because they sonality that they became firm friends. Cheiro later had reason and foretold the grisly end of Ras Hall, in turn, became a firm beputin, the hated monk. liever in palmistry.
"Wonderfully True"

When he visited New York a reporter on a famous newspaper greeted him with a proposition prints of six people that my editor

will send you?"

Spotted a Poisoner

Cheiro had little option. Had he refused he would have received a damaging write-up or have be

but his deductions were astonish ingly accurate. One was that of a Dr. Meyer, who insured the lives of rich patients and then poisoned them for the money. Though Cheiro did not know it, Meyer was at that moment in a cell, awaiting the electric chair.

Cheiro stated that he was a medical man, outlined his crime, but declared that he would never suffer the extreme penalty of the law. Shortly afterwards Meyer was reprieved and sentenced to life im-

he would reach the highest pinnacle With a sardonic smile the stranger said: "And now, sir, as you A bridegroom, after the wedding have gone so far, you may as was over and the guests had departed, began to search anxiously among the wedding gifts.

"What are you looking for, darling?" asked the bride.

"That \$500 cheque of your father's," he said. "I don't see it anywhere" well make a guess as to the exact the nineteenth of that month."

Then he asked his client for an

"You shall have it on the day you mention," said the client, "provided anywhere. "Poor Dad is so absent-minded," your prediction comes true."

Three years later, on the ninesaid the bride. "He lit his cigar with it."

Mecca of every North American cowboy, the annual Calgary Stampede, one of the world's greatest rodeos tically captures the adventurous spirit of Canada's western plains. Here, experts with lariat

palmist. He combined an unrivalled knowledge of palmistry and astrol-

ogy, with an amazing gift for clair-voyance, which helped to make his

predictions uncannily accurate. One

afternoon a severe-looking gentle-

man was ushered into his consult-

in a certain month of a certain year

open to him in his profession.

imprint of his hands.

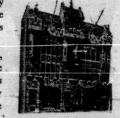


Created and signed by The House of Seagram, this advertisement, with appropriate copy for foreign lands, is appearing in magazines and news-

Seagram Tells the World About Canada

This advertisement was designed by The House of Seagram to ill the people of other lands about Canada and things exclusively Canadian.

Many people in Latin America, Asia, Europe and other parts of the world are not fully aware of the richness of Canada's natural resources, wild life, scenic beauty and cultural traditions. The more



peoples of other lands know about our country, the greater will be their interest in Canada and Canadian products. The House of Seagram feels that the horizon of industry does not terminate at the boundary of its plants; it has a broader horizon, a farther view a view dedicated to

the development of Canada's stature in every land of the globe.

The House of Seagram