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Imagination Helps A Whole Lot In Packing School Lunch-Boxes

Packing school lunches five days a week can become a monotonous chore; and, by the same token, eating cold lunches five days a week can become pretty monotonous, too.

However, if a little extra thought and a dash of imagination go into the packing, the noon lunch hour may well be something to anticipate. There will be no sight on opening the lunch box—"The same old thing!"

Sandwiches, of course, are the backbone of the school lunch; and, with the seemingly endless array of fillings available, it is easily possible to have more than one different kind every day of the five. They can be made further intriguing by using fancy cutters writes Ethel M. Eaton in the Christian Science Monitor.

Children delight in surprises, and a mid-bread cut or a brown-bread pig will elicit squeals of pleasure. A stuffed crusted roll, too, is a welcome change from the usual sliced-bread sandwich.

The filling may be a tuna or salmon salad mixture or egg salad; finely chopped cooked ham and

green pepper moistened with salad dressing is good, too.

For sweet sandwiches—a school lunch should always include one—these fillings are tops with children: (1) Peanut butter, sprinkled with brown sugar; (2) Peanut butter and graham crackers; (3) ground Apple butter with graham crackers; (4) Cream cheese and chopped raisins or dates.

Don't overlook a variety of breads: nut bread, banana bread, pruned bread, and buttered muffins are included. Many children like to find food favor, even if ordinary fillings are used. Remember too, that deviled eggs—are far more interesting than the plain hard-cooked kind.

Little cakes and pies always intrigue the young fry. When baking cake or pie, save out enough batter to make a tiny one for the lunch box. A small pie or round cake can go to school right in its tin and is easiest to pack than a wedge-shaped piece which often gets messy.

Custard baked in a glass cup with a dab of bright-colored jam in the center, is a tempting treat, especially if a gay plastic spoon is included rather than a silver one. A bit of candy, of course, never goes begging. It's a good idea to include two pieces of a different kind each day—mint chocolates—wrapping each piece separately in waxed paper. A handful of seedless raisins, tied in a paper napkin with a bit of bright ribbon, are used to rustling for living like western cattle.

While we haven't any major worries we have plenty of minor ones. Dealing with twenty head of cattle in the stable after they have been used to roaming the pastures, day and night, makes plenty of extra work. And the stern doesn't let you forget the little things either side of the outside window that has to be replaced in the hen-house; water containers that must be emptied overnight to prevent freezing; the solution jug for the milking machine must be drained, and get any of these little things forgotten, you make trouble for yourself. And of course, with the snow blowing and drifting all the time you blowing under the line fills in the right now—but of that we won't be sure until the milk truck comes along.

And what could have caused this storm so early in November? Could it have been practicing with the atom bomb explosions, or is Canada demonstrating on a practical winter? We certainly hope the cold will not cause undue worry and distress for those who have to fight against it—although we haven't too much sympathy for those left stranded on the road when out on pleasure bend. Why anyone with a warm comfortable home should drive away and leave it in rough weather I'll never know. And it isn't just the young folk either... any kind of a social evening brings people out in the worst possible weather—young and old alike. But then maybe they are right and we are wrong—I wouldn't know. Certainly our preferences for staying at home doesn't mean we are anti-social—just fair-weather pleasure seekers. I guess. Making hard work out of pleasure isn't our idea of enjoyment.

Which reminds me... pleasure (1) for some folk makes hard work for others. Last Wednesday was Halloween Night and some young rascals got the bright idea of traveling the roads and doing damage to rural mail-boxes. Some were ripped from their posts; others up-ended or damaged in some other way. The mail-man couldn't possibly deliver the mail without getting out of his car each time. So he was given a lot of unnecessary work as well as the farmers who had to fix the boxes.

Many people in this district are quite excited about the new Ford assembly plant to be set up in Oakville, the site of which is about 20 miles from here. Already real estate agents are advertising farms as being "commuting" distance from the plant. Although what connection the roads and the new assembly plant is open to conjecture, will live in the thousands of employees will live in anybody's guess.



Santa Came Early—Little Tommy Haring, age 4, enjoys all the glow and spirit of Christmas without knowing that Santa had to visit Dec. 25. Held by his mother, Mrs. Walter Haring, Tommy left the hospital as a hopeless victim of leukemia.



Old Man Winter surely kept up on us like a thief in the night. No doubt many people were caught unprepared. After all, when balm trees blow you don't think of blizzards as being an immediate possibility. We haven't got too much to worry about ourselves so we have time to wonder how many farmers have cattle away from home on rented pasture. It would be pretty hard on the poor beasts they might have neither seed nor shelter, and stamper cattle are not used to rustling for a living like western cattle.

CHRONICLES OF GINGER FARM
Gwendolyn P. Clarke

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a fresh February snow, and whether the others have been frolicking on their other side.

(Query: It's really true, then, that otters make about-the-chutes, and spend hours in delighted sliding on them, like so many children having a crossing frolic? Oh, yes, it's quite true. Nearly all animals play. It's one of the most tonic things we do about this green garden of our earth, when we get to looking intimately into the lives around us—so rare love to go sliding and tumbling downhill. Ever play what amount to games of tag. Birds exultate in a hand-fed kind of group fun, and a solitary fox or coon will entertain itself by the hour pawing and tossing just a twig or a clump of moss...)

I go to the brook, more times than not, actually for the same reason that impels all of us to go to such places. I go there because the small boy or girl who lives inside of all creatures—the primitive Original the inveterate Admitte idler and wonderer—loves nothing better than to sit beside a brook and stare into it and content plate fish.—From "The Fascinating Animal World" by Alan Devoe.

THE SUNDAY SCHOOL LESSON

The People at Worship Exodus 29:46, 35:21-29
Memory Selection: "The young man whom you are offering unto the Lord whatsoever is of a willing heart, let him bring it an offering of the Lord. Exodus 35, 29."

The erection of a tabernacle in the wilderness was a task of no mean proportion. First we would note that God gave the plan. He said to Moses, "Look that thou make them after their pattern which was shown thee in the mount." Exodus 25:40. Of course man alone could not have designed such a system of worship that would have an enduring and religious character. The plan was given by the various aspects of His ministry. To have a building complete and ready to use, it must be planned in the beginning. The architect is to be consulted in the beginning of the work, not at the end. It is not too late to change the plan at this stage of the work. It is not too late to change the plan at this stage of the work. It is not too late to change the plan at this stage of the work.

Slow Burn Type—This girl employing a blood plasma machine against all odds to save her life from cancer.

The young woman who is the subject of this story has been fighting cancer for some time. She has tried every treatment available, but nothing has worked. She is now using a plasma machine, which she says has helped her. She is a true story of a woman who has fought against all odds to save her life.

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Considerable interest has been aroused in the recent agitation in certain quarters for equalization of Canadian and United States wages. To those who jump to conclusions, there is some plausibility in the theory that a man doing a certain job in one country should receive the same pay as a man doing a similar job in another country. However, it requires very little thought and very little argument to demonstrate that this is a complete fallacy. As one of our correspondents points out, "the per capita output of Canadians is only about 3 1/2% of that of the U.S. Obviously, therefore, there is less per capita production here to share and that is what wealth is—goods and services, not money." The simple truth is that in the United States the people manage to produce more of the good things of life per head of population than we produce.

Mr. Gilbert E. Jackson, recently made the point that basically the "wealth" of the market in the U.S. is compared with the small size of our own market is mainly responsible for the difference in their production per man—power compared with our own.

Beside A Brook

From the southeastern to the southwestern boundary of those hundreds-and-some acres of fields, swamp, and woods that make up the world in which I do my day-to-day animaling, there meanders lengthen it is a swamp-stream, runnals called and alder. That's where the first spring peepers start their calling, and the first male red-wings are seen in March, swaying on the reeds and singing their croaky-croaky songs. For another part of the length, the brook is a trout brook, running fast and clear over a stony bottom. Elsewhere it's a heron brook, a water snake brook, and a muskrat brook.

I go there in the early mornings, in spring, then in June, to see what the red-wings are up to. I go often at midnight, for a look at selves, diurnal dispersal them, dipping and cowering in their deep pool, under the glimmering light of the moon. I go to see what the herons are catching, and what story the deer tracks may tell in

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So get Instantine and get quick relief. Instantine is compounded of the muscular acids and pain that often accompany a cold. Instantine, Instantine brings relief from fast relief from pain and the relief is prolonged!

How the Cotton 'Gin' Came To Be Invented

IT WAS AN alien green world, busy with dark mystery, into which Eli Whitney came bringing his Yankee knack with tools. He had but his home in Westport, Massachusetts, in the melancholy autumn he had been and loved. But he was not the mouth of the Savannah. Nature sported herself still in the bright garments of May... it was one of these happy, or unhappy accidents—as you choose to regard it—that brought Eli Whitney to linger at Mulberry Grove, and another that led him to sit down and devise the cotton gin. He was visiting her people there, while Whitney was going south to fill a teaching post at the then almost new University of Georgia.

From the casual meeting aboard ship, the developed cotton gin was born in the long days at sea between twenty-seven-year-old Whitney and the older woman. She invited him to visit Mulberry Grove while he awaited further word from President Baldwin... There was a great deal of talk about cotton. For the first time, the Yankee learned about this plant, that often accompanies a cold. Instantine, Instantine brings relief from fast relief from pain and the relief is prolonged!

THE FARM FRONT
by John Russell

Some weeks ago I passed on to you some information about the success of a large-scale experiment in rat control out in the Middle West. The article caused so much interest that I think you'll possibly welcome something further along the same line. And the following is borrowed—or perhaps I should say "stolen"—from Waldemar Kaemffert, famous science commentator for The New York Times.

At last week's Boston meeting of the National Pest Control Association, Walter W. Dystra, United States Department of the Interior, described a new phase in the constant war waged against an estimated rat population of 300,000,000 and a mouse population that is probably larger. Anticoagulants are now used, said Dystra—chemicals that retard or prevent blood clotting. They are mixed with food.

When a rat or mouse eats bait to which an anticoagulant has been added, chemical changes associated with clotting of blood can no longer occur. Animals, especially rats and mice, which have a very small volume of blood, are weakened. Lack of oxygen and shock bring about death.

Warfare is the most dramatically effective of the anticoagulants. It will not kill overnight no matter how strong the dose is. Between five days and two weeks must be allowed. In an unusual case as many as 550 rats were killed in Texas with fifteen pounds of warfarin—each rodent consuming only the minimum amount. Usually larger doses of warfarin are necessary.

Rats feed upon warfarin right up to their death—except those who are unable to reach poisoned food. Few dead rats are seen. Other evidence has confirmed their deaths in control locations. Some rats are smart. In the laboratory they refuse to eat such anticoagulant bait if there is untreated food around.

Brains At Work—A common sight during noon recess at Swedish schools is groups of students like these Stockholm youngsters each playing chess, others kibitzing.

Credit for the introduction of anticoagulants for the control of rats and mice goes to an Englishman, J. A. O'Connor. He used dicumarol on the island of Malta in 1947. Warfarin was subsequently developed and released for sale on July 1, 1950. Approximately a million pounds have already been sold in the form of powder and finished bait under about 300 different trade names.

Launching into the spelling lesson, substitute teacher Esther Smith asked the third-grade class, "Wouldn't your teacher be pleased if you all got 100 on the test Friday?"

To her surprise, one small boy spoke up. "I don't know whether 'She'd be so pleased.'"

"Why, what do you mean?" asked the puzzled Mrs. Smith.

Explained the little boy. "Well, you see, she promised the whole class a treat if we got 100."



Brains At Work—A common sight during noon recess at Swedish schools is groups of students like these Stockholm youngsters each playing chess, others kibitzing. Mystery is how, with only an hour and a half for lunch and recreation, they manage to finish a game.

Good Government gets things done



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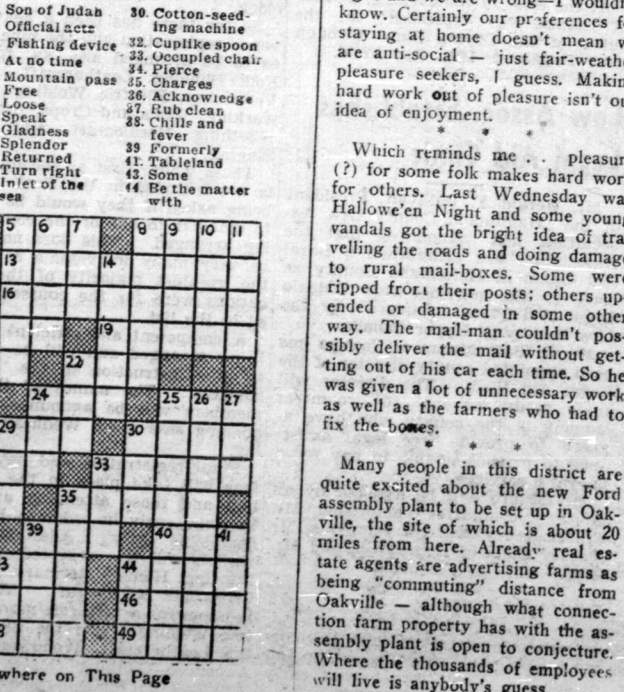
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- ACROSS**
1. Porlion
 4. Harrier
 8. Wild swam
 10. Group of the olive
 14. High ground
 16. Olive
 17. From Massachusetts
 19. Contempt
 20. Darts
 21. Snow moving
 22. Glass container
 23. Bow
 24. Mite
 25. Twelve (faint)
 26. Deppert
 27. Divided
 28. Kitchener
 29. Cereal grain
 30. Lin
 31. Washful
 32. Before (faint)
 33. Bichness
 34. Women (faint)
 35. Wall (faint)
 36. Affirmative
 37. Mother of C...
 38. Down
 39. Band
- DOWN**
1. Official
 2. Plumbing device
 3. Quinine
 4. No time
 5. Glycerin
 6. Mountain pass
 7. Free
 8. Love
 9. Spare
 10. Old-time
 11. Splendor
 12. Retained
 13. Fire rick
 14. Part of the
 15. He the matter with
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30 MAIN ST. S. WESTON

Hair-Apparent—Every inch the diplomat is Anthony Eden, foreign secretary in the new Churchill government, seen reporting to the Foreign Office in London shortly after taking office. Eden, Churchill's foreign secretary in World War II, is regarded as the man who would head the Conservative Party if Churchill should step down for reasons of health or age.

Sometimes it's the balcony usher, not the dancer, who keeps the theatre love scenes out of the movies.

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