

Tea at its best!

# "SALADA" ORANGE PEKOE

## ANNE HIRST Your Family Counselor

"Dear Anne Hirst: For over a year I have been ill with a dreaded disease. Whenever I speak of feeling bad, my husband says I am lazy."

"He has been like that for the 31 years of our marriage. He nags all the time and finds fault with everything I say or do. He is jealous of me and has accused me of dating my own relatives, and any man that comes to the house! He gives me no spending money. I have to buy all my own clothes."

"I have raised six children, of whom I am very proud. I have worked hard to help pay for our home, and I honestly believe I have done everything possible to have peace. But nothing seems to help."

"I've read your column for years, and have had much help from it. But now I'm ready to give up. A WORRIED WIFE."

**BEYOND ENDURANCE**  
I suppose the responsibility of raising your large family is the only reason you have put up with your husband all these years. There does come a day when even a woman of your courage can take no more.

Gather your children around you, and discuss the situation. Long ago they must have discovered how callous and cruel their father was, so you should have all their sympathy and moral support in putting an end to this unbearable situation. Your physical suffering is enough to bear, without being exposed to your husband's heartless persecutions.

He should be advised, frankly, of the nature and extent of your disease; your physician is the one to tell him, but you should remind him that your health will deteriorate rapidly unless he ceases his inhuman behavior, and shows you the kindness and understanding your condition

demands. Whether, after all these years, your husband will understand and comply, or only to try, then your children should take things into their own hands, and see that you are protected from any further indignities.

This is the time you need tenderness and loyalty. If your husband will not give them, these children you are so proud of cannot, in all decency, refuse to supply the dire need.

It is deplorable that a man can be so inhuman to the one he is supposed to love the most.

Think it over. **LOVE COMES LATE**  
"Dear Anne Hirst: Last summer a man asked me to marry him. I wasn't sure of myself (and I take marriage seriously) so I put him off. Finally he got tired of waiting, and walked out."

"Then I knew I loved him. I have used every opportunity to be friendly with him since, and let him realize that I see differently now. But he is bitter, and wants nothing to do with me. (I think he still cares for me, though). He is going with another girl now (who is not right for him) and I'm afraid he will marry her."

Most people in Ontario will remember the summer of 1932 if for no other reason than for its long spell of excessively hot and humid weather. Unless my memory is playing tricks this weather made its debut on June 22 so we have had exactly a month of unpleasantly sticky weather. I remember that date—June 22—because it followed the first official day of summer, when the house was so cool we were glad to put a few sticks of wood in the furnace! The next day—and ever since—what a different story. And the heat is with us yet. But we have had rain at last, thank goodness—in fact too much for those who have what in the stocks. And in some parts of the country the weatherman sent more than rain—that we realized yesterday on our way home from Guelph.

We had been to visit a friend, lately returned from England, and since Bob was our driver we did not stick to the main highways. For one thing, we went to see what attractions Fushich Lake had to offer—we had heard of it so often but had never seen it. It is a lovely spot, especially for those who enjoy swimming and boating. So many motor-boats skimming their way over the vast expanse of water. There was also a bathing beach; a baseball diamond; a race track for motor cycles; slides, swings and a merry-go-round for the children; a refreshment booth and plenty of shady spots, complete with tables and benches, for those who enjoy picnic lunches. There is also a small admission fee which includes parking, etc.

I mentioned not sticking to the highways so we were hardly prepared for the amount of traffic we met on the narrow township roads. However, after awhile we discovered the reason. We came to an area where a freak storm last week had done a terrific amount of damage in just a little while. Trees were uprooted—such huge trees, that even a bulldozer would have quite a time in felling. Telephone poles toppled over, roofs blown off and a barn reduced to matchwood. Just

side of his car registered 116 one day last week!  
When we got home it was about four o'clock and Partner immediately looked around to make sure the cows were all right. He noticed one cow standing by herself on the bank of the creek—the others were on the far side of the creek. Cows, being naturally gregarious creatures, one cow by itself always arouses suspicion. So what did Partner find? It was Bowsey, a full grown Durham cow, standing with her head wedged between two sturdy willow trees as nearly as if she were tied up in her stall. She was not hurt in any way, and with Partner's help she managed to extricate herself.



Paraplegic, She Helps Others—A paraplegic for 11 of her 28 years, Jamie Coffican is en route to Paris and London where she will demonstrate new methods of training for paraplegics.

## CHRONICLES OF GINGER FARM

such another storm as struck the Hornby district here last year. From the scene of devastation we travelled on towards Galt and then by circuitous means began our homeward drive. When we were only about five miles from home Bob took us up the Mountain—for about a mile we travelled in creper gear, along a road where two cars could not possibly pass. The view from the precipitous rocky slopes was well worth the climb—just so long as I wasn't driving, said I to myself! We also visited a couple of gravel pits where father and son looked over the huge equipment necessary for gouging into the depths of the earth. What pleasure it is to any man working with this kind of power shovels I can't imagine. Bob said the in-

strument was used for digging out the wreckage of a car that had been crushed by a tree. The wreckage was so badly mangled that it was impossible to get it out of the mud. The instrument was used for digging out the wreckage of a car that had been crushed by a tree. The wreckage was so badly mangled that it was impossible to get it out of the mud.

How can I? **Q.** What are some of the values of various vegetables?  
**A.** Lettuce is good for the nerves. Beets and turnips contain iron. Tomatoes are good for the liver and stimulate it. Celery is good for clearing the complexion. Asparagus is good for the kidneys.

**Q.** How can I remove candle tallow stains from table linen?  
**A.** Place a blotter over and a blotter under the stain. Press with a hot iron. Repeat this process, shifting the blotters each time, until the tallow disappears.

**Q.** How can I prevent sewing machine oil from spotting material?  
**A.** After oiling the sewing machine, it is well to sew through a blotter, which will absorb any excess oil and thus prevent spotting any valuable material.

**Q.** How can I remove mud from my shoes?  
**A.** Put a tablespoonful of chloride of lime into a quart of water, strain it twice, then dip the muddied places into this weak solution. Lay them in the sun. If the mud has not disappeared when dry, repeat the process.

**Q.** How can I make use of leftover mashed potatoes?  
**A.** Roll the potatoes into patties immediately upon taking from the dinner table. Place the patties in the refrigerator and use at the next meal by rolling in flour and cooking slowly in the frying pan with either butter or drippings.

**Waring A Starfish**  
It is said to have been practiced by witches, sorcerers, fakirs and saints. And, though it goes against all known scientific laws, there is plenty of evidence that it is hard to dispute.

Most amazing levitation of all was St. Joseph of Cupertino, known as the Flying Monk. He was able to perform the feat of levitation about seven times, and on several occasions his performance took place in front of reliable witnesses, including Pope Urban VIII.

Sometimes St. Joseph's levitation "occurred in circumstances more comical than edifying," according to his biographer. For instance, one day in the refectory he was seen floating a few feet from the ground waving a starfish about.

Another saint who became famous for his levitational feats was Alphonsus Maria Liguori, who levitated in a similar manner in 1745 while he was preaching a sermon and found himself standing on nothing.

His last took place when he was 91, when he is said to have floated up more than a palm's length from his death-bed.

Hundreds of witnesses swore that they had seen Daniel Home, famous medium of the Victorian era, raised completely from the ground.

On December 16th, 1868, at Ashley House, London, in the presence of the Earl of Dunraven, Lord Lindsay, and Captain C. Wynne, Home floated out of one window and into another seven feet away—70 feet from street level.

Writing an account of this amazing incident, Lord Lindsay stated that there was not the slightest foothold between the two windows.

Home floated in the air outside of the room. "The moon was shining full into the room," he continues. "My back was to the light, and I saw the shadow on the wall of the window-sill, and Home's feet about the same distance from the floor as I was in this position for a few seconds, then raised and set down."

In 1936 photographs appeared in the newspapers concerning the levitation of the Indian amazing performance of the Indian fakir, Subhaya Pullavar. He is specially was to pose himself in a mid-air with no support but a cloth-covered stick on which one hand rested!

## "He Floats Through The Air With..."

Britain's Magic Circle Occult Committee recently offered £1,000 to the first person who "detaches a human body by other than normal means."

An Italian spiritist named Donna Biscoci ought to put in a claim, for it is said that one moonlit evening she transported her husband, lying at full length in mid-air, through the window of one house and into the next.

Levitation—raising a body in the air without mechanical aid—is a phenomenon known through all the ages and to all religions.

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## Two New Kitchen Aids Expedite Summer Meal Preparations

IN the heat of summer, any gadget that will make getting a meal more pleasant and efficient is welcome. Among the newest are a portable, hand-operated mixer that's really inexpensive and a wall-type coffee mill.

The mixer handles various jobs around the kitchen in record time, thus cutting down the hours spent over a hot stove. It will beat four egg whites stiff in 45 seconds—fast enough for anyone. Further, all the liquids are drawn into its counter rotating blades so there's no splashing as you work.

There are extra attachments for this mixer, including a fast cream whipper and a beater. All of them are easy to clean.

Lots of men like the taste of freshly-ground coffee but get it all too rarely. They can have it every morning now via a new coffee-mill that, once attached to the wall, grinds beans coarse or fine and shells out enough for 12 cups at one time.

To release the cup, the housewife just presses a button on one side of the mill, then snaps it back on ready for the next round. And at breakfast, the whole family sits down to the kind of coffee grandmother once served.

Home canning is not difficult, but directions should always be followed accurately—and here are several steps that should be taken. Check your canning equipment; use only jars that are manufactured for canning, and check sealing surfaces.

Jars You Should Discard  
If you find nicks, cracks, or rough surfaces discard the jars. Bent or rusty lids or warped bands should also be discarded.

Wash jars in hot, soapy water; rinse and cover with hot water until ready to fill. Wash fruits and vegetables, being careful not to bruise (it's best to work with a small amount at a time) and drain.

Prepare fruits and vegetables according to recipe used and, when applicable, do not have a good flavor (some vegetables and meats require a 1-inch space). Cover jars with clean, damp cloth. Secure lids as directed by manufacturer's instructions; glass-type lids should be put on loosely for processing; self-sealing lids with screw bands should be put on tight.

Place filled jars in canner containing boiling water. Add boiling water if needed, to bring to 1 or 1½ inches over jar tops. Put cover on canner and count canning time from time water returns to a rolling boil. Remove jars from canner and complete seal (glass-type lids are used). Sterilize jars out of draft several inches apart for 12 to 24 hours. Remove



Terrible Handicap Didn't Stop Him

How often do we see people afflicted with some physical deformity and unconsciously register a feeling almost of pity? It happens every day. And, yet, states Dr. Earl R. Carlson, our pity is wasted; even the most handicapped can be of use to society.

Just how useful, he sets out in an interestingly inspiring treatise in his book, "Born That Way". Dr. Carlson is a specialist dealing with "spastic" children—children suffering from a stiffness of movement.

Carried by the Wind  
The affected limb moves as a solid member; the hand in attempting to grasp an object may remain rigid in a fixed position and can only be relaxed with difficulty. If the rigidity affects the legs, walking may be impossible.

The author, himself born with such an affliction, walked with a scissor-like movement, and even in later years often had to leave the ground. Dr. Carlson's book is a masterpiece of understanding and insight. It is a book that should be read by all who are interested in the lives of the physically handicapped.

Star Gazer—Visitors to the first "Progress House" in Paris inspect the exhaust section of "Veronica," a one-ton rocket. Dr. Carlson's book is a masterpiece of understanding and insight. It is a book that should be read by all who are interested in the lives of the physically handicapped.

peaches. Cut in quarters and discard pits. Weigh fruit and use from card pits. Wash and use from card pits. Wash and use from card pits. Wash and use from card pits.

**Peach Butter**  
Seal, peel and stone freestone peaches. Cook to pulp, using very little water. Press pulp through strainer. To each cup of pulp add ½ cup sugar. Cook until thick and clear, stirring frequently. Pour into hot jars and seal at once.

**Peach Marmalade**  
6 large peaches  
1 orange  
1 lemon  
Wash and dry lemon and orange and run through meat grinder. Peel peaches and cut into small pieces. Combine quickly; measure sugar. Cook over medium heat until transparent and thickened to consistency, stirring occasionally. Pour into hot jars and seal at once.

Classical Music—a piece which you think will have a tune in it any minute now—and never does.

ed to the floor. So embarrassing were the stares of the other customers that he hurried from the shop.

Social gatherings were nightmares at first with the inevitable overtures of sympathy. But closer acquaintance proved that the sympathy was out of order. Spastics get along much better if they let the other fellow know about their handicap, and induce him to laugh at it instead of offering profuse sympathy.

An amusing incident occurred during Dr. Carlson's student days, when the laugh was against him and his fellow students. A small child was brought unconscious to the hospital.

The patient was tenderly placed on the examination table and various possible causes for the illness were discussed. The case was puzzling... until one of the students happened to lay a hand on the child's distended abdomen. The patient promptly responded by being violently sick; and that was the end of the trouble. A simple case of dead drunkenness! It transpired that the small child had drunk too liberally of some red wine stored in his father's cellar before begging the ride.

"Born That Way" is an absorbing book, and it supplies the answer to those who want to know what faith can do in a "hopeless" case.

**Take It Easy**  
During a particularly hot day, we noticed a gentleman, of at least fifty years, run more than half a block in order to catch a streetcar. Once aboard the tram he wobbled to a seat and sat down, moaning great gulps of perspiration from his red and strained face.

Small wonder, we thought to ourselves, that every leafy branch with its list of fatalities from heat prostration and exhaustion. Just watching him and imagining the pounding of his overstrained heart caused us to slow our own stride perceptibly.

**DIRTY TRICK**  
Billy Rose remembers one time when W. C. Fields' nose was put slightly out of joint. The man who did it was the inimitable Joe Frisco. The night the Zigfield Follies of 1927 opened in New York, Frisco did his own number and then was supposed to introduce Charles Lindbergh in the wings ready to make his entrance on a burst of applause. Instead of introducing Frisco, however, Frisco pulled a piece of paper out of his pocket and said in an excited voice, "I have just learned that Charles Lindbergh is in the audience." This was just after Lindbergh had taken the Atlantic several minutes of pandemonium, Frisco held up his hand for quiet and said, "I guess I made a mistake. It must be somebody who looked like him. Anyhow, the next act will be W. C. Fields."

Wet Jet—Designed to crack the world water speed record is the jet-propelled speedboat "Cruiser", a model of which is shown in London. John Cobb, British holder of the land speed record, will pilot the boat which measures 31 feet long and 13 feet wide from pontoon to pontoon.

**TEST YOUR INTELLIGENCE**  
Score 10 points for each correct answer in the first six questions:  
1. The capital of Uruguay is: —Buenos Aires —Andorra  
—Montevideo —Sao Paulo  
2. An epicure would be interested in: —books —poetry  
—food —art  
3. Gargantua's adventures were written by: —Moliere —Rabelais  
—Dickens —Balzac  
4. The Edward J. Neil Memorial trophy is awarded to: —swimmers —marksmen —boxers  
—golfers —tennis players  
5. The circumference of the earth is about: —25,000 miles  
—50,000 miles —35,000 miles  
6. Robert Fulton's famous steamboat was the: —Fitzburgh  
—Philadelphia  
—Clermont —Monitor —Congress

7. Listed below, at left are four famous baseball parks and opposite them the cities in which they are located. Match them, scoring 10 points for each correct answer.  
—Boston  
(A) Wrigley Field —Chicago  
(B) Shibe Park —Pittsburgh  
(C) Fenway Park —Philadelphia  
(D) Forbes Field —Cleveland  
Total your points. A score of 6-20 is poor; 30-60, average; 70-80, superior; 90-100, very superior.

## HARNESS HORSE LOVERS DON'T MISS

CANADA'S RICHEST HARNESS RACE



## CANADIAN CUP PACE

PURSE \$7500.

Saturday, August 9th.

MAPLE LEAF CUP FOR TROTTERS Saturday, August 16th.

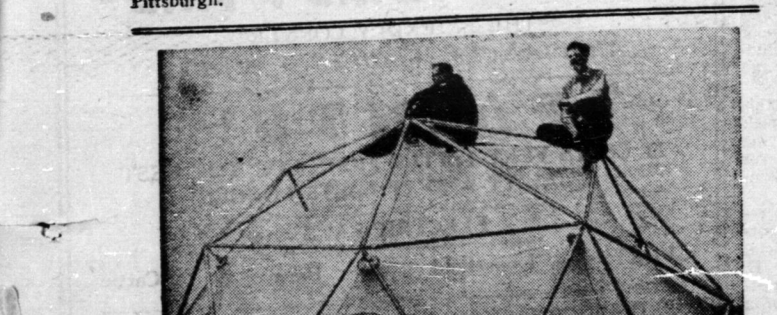
Top Notch Racing Every Week Day Through August, 23rd.

THORNCLIFFE RACEWAYS, TORONTO

## Fashion Idea



**ANSWERS TO TEST YOUR INTELLIGENCE**  
1—Montevideo, 2—food, 3—Rabelais, 4—boxers, 5—25,000 miles, 6—Clermont, 7 (A) Chicago, (B) Philadelphia, (C) Boston, (D) Pittsburgh.



Inside-out Tent Keeps Storms Outside—This new-type tent, built inside-out so blizzards won't blow it away, will get a field test this summer when members of the Arctic Institute of North America visit the Penny Ice-cup on Baffin Island. Designed by Jeffrey Lindsey and Ted Pope of the Fuller Research Foundation, it consists of an aluminum tubing exterior framework from which is hung the tent. There are no interior support poles. The tent, demonstrated at Montreal, Canada, can be erected by two men in 25 minutes.

## TABLE TALKS

by Jane Andrews

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Place filled jars in canner containing boiling water. Add boiling water if needed, to bring to 1 or 1½ inches over jar tops. Put cover on canner and count canning time from time water returns to a rolling boil. Remove jars from canner and complete seal (glass-type lids are used). Sterilize jars out of draft several inches apart for 12 to 24 hours. Remove

## Killing Their Own Jobs

Last week Canadaid withdrew the substantial contract it was about to conclude with Ford of Canada for the production of wings for the new T-33 jet trainer. The sole reason for this action was the inability of Ford to guarantee delivery on schedule. Behind that inability lies the dispute with the local labor union over the question of whether seniority rights would be extended to the aircraft project.

This is not the first time that Ford has lost business. Ford workers have lost employment, and the City of Windsor has lost important real estate when members of the Ford have permitted, the real welfare of their members first. Instead they have permitted, if not actually encouraged, a whole rash of wildcat strikes, plant destruction and other production interruptions, the net result of which was less business for Ford and less work and wages for Ford workers. From The Financial Post.

Wash, drain and peel hard-type peaches. Cook to pulp, using very little water. Press pulp through strainer. To each cup of pulp add ½ cup sugar. Cook until thick and clear, stirring frequently. Pour into hot jars and seal at once.

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