ANNE HIRST Your Family Counselor

by thousands of parents of girls. be thought

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EN

LA.

LO

XM

A s

-old girl goes home. I've al-

first night they're here, on go the dim lights, and she starts her petting. The boys seldom date her long. When they do, they want to take her to open

air theatres.
"I've tried to talk to her. She only save 'Von find fault with everything I do'. And then day even weeks, pass with her hardly son with her. She gives him talk to him eithe

WHAT CAN WE DO?" "We are both heart-broke but we don't know of a thing

"I will show her your answer so she will know what other people think - and you don't have to pull any punches when you give it, either. What opinion have these boys of her? read your articles every week. I just can't talk this over with my friends, I don't want any one to know what we're going

It is normal that young boy * and girls are attracted to each most have plenty of inhib · and wise parents have taugh • them that certain things just are not done by nice people girl is apt to go overboard. * She becomes a little prairie * flower, hourly a little wilder. * her; she is a GOOD SPORT spelled in capital letters. She has to keep a date book so she



by Saura Wheeler VALUE: You get 16 sparkling new designs-8 in sunny yellow and blue-8 in gay red and blue! No embroidery, just iron on in seconds! Washable! Iron on aprons, potholders, tablecloths curtains, towels. Add glamour to

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andiwork ideas; Send twentyfive cents now for our Laura Wheeler Needlecraft Catalogue. Choose your patterns from our coily illustrated toys, dolls, housebold and personal accessories. A pattern for a handbag is printed his solemn word that it was right in the book.



old toys at the Antiques Fair. Seen above are delicately carved pieces of toy furniture, dishes and a stove for a French Provincial kitchen of two centuries ago. Other exhibits at the fair include over \$25,000,000 worth of antiques from all over America, France, Denmark and Italy.

CHRONICLES GINGER FARM

might have bought them cheap

didn't take a chance on letting the cows out to pasture. How-

when they were left to them-

selves. It happened on Sunday. We had been invited to mid-day

duck-dinner at a neighbour's. We left about 12.30. The cows

were in the barnyard, bawling

lustily at being kept in. We were

away less than two hours but that was long enough for the

cows to somehow loosen the chain

field. How they ever got that

gate open we shall never know

-must be regular bovine Boyds.

came home, so their freedom was short-lived. They were soon

yard again. I have said more than

once in this column that cows

apparently have some kind of

uncanny intuition which tells

them when it is Sunday, and

when they are left alone. Last

Sunday was just one more proof of cows, I would like to pass

along a hint that may help some-

Before we leave the subject

one, sometime. Veternarians

often leave you with big medi-

crush nor dissolve. The ones we

were given last week were sup-

posed to crush quite easily

Easily!! I tried a fork, a roller

a knife-and even a hammer

They would break but were too

tried the meat chopper. It was

the very thing - although even

the chopper got plugged before I had my 84 tablet dose ground

up, so I was glad when Partner

came along to help with the job

So there you have it, friends. Perhaps you know a better way,

if not I hope passing the word

along will save someone a lot of

But I wonder if anyone would

be as willing to try this little

LOGY, LISTLESS,

ISSUE 47 - 1952

OUT OF LOVE

soft to crush. In desperation

of that statement.

on the gate and get to the alfalfa

ever, the cows had other ideas

around here last week-we were so fed up. Before the first sick considered fling. cow was better every cow in Of course, what she tooks the stable developed digestive forward to is marriage. trouble. We think it was some When these boys she's petted kind of weed they got hold of with are ready to settle down, in the back pasture, as the young which girl do they choose to cattle, on different pasture, were not affected. The vet came along present proudly to their busiand gave each animal an injecness associates, their college chums? Not the girl with whom tion in the shoulder, to be fol-lowed by tablets as a drench those men have had petting every four hours. For fourteen parties, not the girl who was a cows! Remember what I was good fellow with the whole crowd. They'd rather introduce saving about this drenching busas their wives the girls that all with five for one dose. By that the boys tried to pet with, and time Partner was played out. Thinking that living cows and There is no harm in judipossibly a dead farmer wouldn't cious petting, as this girl today get us very far we decided to give up the fight. So, instead of giving the medicine as a drench we crushed up the tablets and

probably reminds her mother. It is knowing when to stop, that matters. And it is the girl who leads a boy on, whom they resent especially. Better to offer a few coolish goodnight that's all there is-than to indulge in a prolonged petting party in a car, and finding one's self sputteringly angry when stumbling home alone. A man respects a girl for playing fair. But to be deliberately rovocative and suddenly turn the cold shoulder only results a deep-rooted grudge. A light heart is a grand an-

couldn't.

Soon her social life will slow

down. She'll be old to boys

planning their future. News

about her has got around. One

young man mentions his date with her; and with a

frankness and recitative hon-

esty, they discuss their respec-

* tive evenings. Before she

knows it, she has a reputation

for a young girl to be saddled

mature ears. Unfortunately.

older women (particularly

* hovs' mothers) are likely to be

when the subject of their sons

girl's good times can be spoil-

one which is a serious thing

with. It soon reaches more

tidote for the headier passions. A girl can laugh of a number of advances better than she can argue them away, and keep a better spirit all around. Petting is a commodity in which there will never be a shortage. It's the average girl who permits it, the rare one who doesn't. Knowing this, lector's item, rather than a bargain-counter unit? The girl who didn't kiss the

first boy who asked her, who refused to indulge in heavy petting, is the girl who will find on her doorstep, one bright morning, the best matrimonial bet in her little world. TO " A BROKEN-HEARTED MOTHER": What a pity that an 18-year-old girl must learn the hard way! If, instead of resenting your counsel, she

would realize that you are trying to make her more popular with the right young men! Show her this opinion today, and say that if she'd like to write me, I shall be happy to have her letter. I have this to add: It may be accepted in your commun-* ity that unaccompanied girls * attend public dances. It is not accepted everywhere-for one reason, the girls may appear * the sort of boys your daughter

Any girl can offer petting to a new boy friend. Why not be different? It does not pay to cheapen oneself, as many a foolish girl has found out . . If this problem troubles you, ask Anne Hirst about it. Address her at: BOX 1, 123 Eighteenth Street, New Toronto. Ontario

meets there think so, too.

CASUAL LABOR

WITH LIFE? Cape Codders are a hardy lot. Old Jeb Sawyer of Eastport, for instance, was still working eight hours a day at the fishing wharf when he reached his hundredth birthday. The company thought it high time he retired on a pension, but Sawyer didn't like the idea at all. "Ding bust it,"

Antique Toys-Nine-year-old Paula Kassover plays with 200-year-

stunt. Just in case half-expected visitors from Guelph might drop in while we were away I left a ote pinned to the side-door for all to see, stating where we were and telling anyone whom it might concern to walk in, make themselves at home, and phone us at the number I gave them. Maybe that sounds like tempting providence but it is our contention that anyone who wants to break in unlawfully while we were away would do so, locked doors nothwithstanding. And in our case, insofar as strangers are concerned, Tippy works better than a Yale lock anyway. However, I must admit, locality makes a difference. In more

thickly populated areas an open house might not be such a good Speaking of locks-I remember hearing about two families living in the same neighbourhood. One family had all kinds of beautiful heirloom silver yet the door of their home was never locked. They were always afraid friends might call while they were away and perhaps be in need of a rest. Members of the other family were inclined to be nervous and suspicious. Every outside door in the house was locked before they left it. And yet there were ocmixed them in with the chop and casions when they were sure people had been around in their absence, taking gas from the bran, hoping the trick would work. It did. In three days the garage or grain from the barn. It trouble was cleaned up. But we

ould be, that pranksters, knowing their nervousness, deliberate-Suspicious people must themselves awfully hard to live with—especially if their suspicions are unjustified. Country folk have a very definite code of honour among themselves. Distrust among neighbours is rareyet I have known farm folk who would not go to the barn without first locking up the house. It may have been fear of transients. If possessions create so much unthis world's goods and greater However they couldn't have been out very long when we peace of mind. For the present

> "Look here." said the doctor, 'you're only slightly run down. Go and cheer yourself up at one of these snappy revues, with dancing beauties. It will take your mind off business."
> "That's just what it won't do," muttered the patient. "I'm an artificial leg manufacturer."

we don't have too much to worry

about anyway!

School Lunches Need Extra Care

ould go into the lunch youngsters take to school as a mother puts into any meal she serves on the dining room table, contends Miss Margaret E. Smith, director of nutritution for the Health League of Canada. Furthermore, the box lunch must have eye appeal as well as high food value.

"The noonday lunch should provide one-third of the whole day's requirements of the energy-producing, body-building foods," notes Miss Smith. "This means proteins, minerals and vitamins for growth and repair of body tissues; and carbohydrates or starches, fats and proteins to vield energy for work and play." In ordinary grocery store par-lance, the nutritionist's sugges-tions boil down to these, which

Include about eight ounces of pasteurized white milk, varying this occasionally with butter-Use whole grain bread sandwiches, and see that the fillings provide proteins-meat, fish, cheese, eggs or cottage cheese (delicious mixed with crushed

are based on Canada's Food

pineapple) Put in at least one fresh vegetable—raw carrot strips, celery, a whole tomato, or a little salad. made with cabbage parsley, green peppers or cooked green For dessert use fresh fruit in place of sweets.

An Ideal Food

Mild flavor, delicate texture and high nutritional value com-bine to make both our fresh water and salt water fish one of Canada's best menu items, points out Home Economist Edith L. Elliot of the Federal Department of Fisheries, writing for the nutrition committee of the Health League of Canada.

"Too few Canadians fully appreciate the possibilities of fish and shell-fish in the diet or enjoy it as often as they might," declares Miss Elliot. She goes on to divide fish into two broad classes, the non-oily The latter, which include salmon, herring, shad, tuna and

mackerel, supply about three times as much energy as the nonoily fish. The non-oily group includes bass, catfish, trout, pickerel, pike, perch, cod, flounder haddock, halibut, pollick and

Non-oily or "dry" fish, al-though not so full in flavor or so high in calorie value, are very easily digested. Their connective tissue is gelatinous and breaks

down easily in cooking. The water content of fish high, but the water in the tissues contains soluble protein and minerals — phosphorous, iron, minerals — phosphorous, iron, copper, magnesium, fluorine and other minerals are present in small amounts; and in the case of oysters, sardines, sprats and smelts the iron and copper are in good supply.



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is but another name for wisdom' SOCRATES THE HOUSE OF SEAGRAM MEN WHO THINK OF TOMORROW PRACTISE MODERATION TODAY

THE Calvert SPORTS COLUMN

by Elmer Ferguson

. It is only fair and right that those who sparkled in the hockey crusades of other years should get the preference as the roll is called to pace the greats of the game in their niches in the Hall of Fame. Perhaps the moderns will chafe at this. They may wish to see honored those of their own era, pass. There are now 42 names listed for the Hall, of which number to selected heaves, the other 10 selected heaves of the selected heaves.

32 are players, the other 10 selected because of their contributions to the game in legislation, rules, or equipment. This agent has at least one preference, in the names to be included in the next group names by the Committee. That is the late George Hainsworth, who in his playing days with Canadiens compiled a seasonal goaling record quite unlikely to be equalled in these days when the rules are designed to place the accent on

goalers of all time. Like that other great Canadian goaler the late Georges Vezina, who preceded him by many years, Hainsworth was ice-cool in the nets, almost mechanical in his perfection, and in his complete lack of what might be called "showmanship." Expressionless, unexcited, he just stopped pucks, blocked the heaviest drives without the flicker of an eye-lash.

Once, after this agent complimented him on one of his many shut-out games. Hainsworth remarked, as if annoyed with h mself: "I'm sorry I can't put on a show like some of the other
goalers. But I just can't do it. I can't look excited because I'm not.
I can't shout at other players because that's not my style. I can't
dive on easy shots and make them look hard. I guess all I can do
is stop pucks."

He did very well indeed, at that chore. In the season of 1928 He did very well indeed, at that chore. In the season of 192829, facing some of the game's greatest suipers, such as Nels
Stewart, Ace Bailey, Bill Cook, Carson Cooper, Harry Oliver,
Cooney Weiland, Frank Boucher, and others of that unforgettable
quality, little Hainsworth scored 22 shut-outs in a 44 game schedule,
was scored on only 43 times in the regular season, an average of slightly under one goal per game. No record has ever

Undoubtedly this little fellow, who hailed from the great hockey incubator, Ontario's Kitchener district, was one of the alltime greats of the nets. And yet, curiously, he never made the all-star teams of his era, for Charlie Gardiner, "Tiny" Thompson, and Roy "Shrimp" Worters were names to conjure with when, in 1930-31, the celection of all-star teams began.

Calvert distillers limited

When people of my generation far too Amercanizednoved a whole lot of interest a once-grand games—the sual retort from the modernists you're too old to keep with the times" or words to that effect. They also point to the huge crowds attending es in the Big Four and West-Senior League, forgetting these are strictly pay-oncan coaches and players, writers in a manner that sickens anyone who believes that Can-adian kids should have a chance

After all, when we go to see the Hamilton Ticats, the Toronto nauts or the Winnipeg Blue pers we are paying to look at - pretty much - a second or . The proper basis of comparison is not what any of the entioned teams would to Canadian outfits such as Toronto Varsity or Western University-but how they would ere stacked up against, say, Cleveland Browns, Chicago Bears or Los Angeles Rams.

read some of the magaorder, and to listen to the their way north, one



Yacht Races—Russians like ht races, too, as seen in the ove picture. Seen enjoying the ort is a group of Soviet sailcompeting in the Lenigrad petition of the all-Union s. Their fin-keel boat has token the wind, moving them ahead in the contest off be port of Leningrad, in which ever 470 sportsmen took part.

| San, Installate great of them alout neroes runner. In come a lot of guys named Joe. And, of course, to add to the confusion, in come eleven new players for Princeton.

down there, some folks are be-ginning to think that football is degenerating into a pretty dull affair. Few men have written more books, articles, short stories and essays based on American sport than John R. Tunis, and most of them have been highly favorable and enthusiastic. Now-for a changetaken from an article in the New York Times by Mr. Tunis, entitled "The Kick is Out of Football." Hearken—also remember the next time somebody suggests that we give Canadian football back to the Canadians. Take it away, Mr. Tunis.

Hutchins, then boss man at the University of Chicago, predicted that in twenty-five years the Yale to play a Canadian game on Can-Bowl would be an archaeological "The reasons why football is and the rule-makers, who are in

> calamitous in two ways: they have complicated, systematized, broadened and otherwise altered the game so that the fan is utterconfused about what is happening on the field, and they have ruled out or abandoned some of the greatest moments in the

of its drama. "First, consider the elements normal size haze he may have acquired from a flask. Many of these new aids to confusion are system-one squad of eleven husis on the offensive and a different eleven on the defensive. Sup-pose Princeton is playing Old lostalgia. Nostalgia fumbles. What happens?

"Nowadays eleven robots swathed in armour and all look-ing exactly alike trot out onto the field to represent Old Nostalgia, while eleven others shuffle off. Off goes McChesty, our dynamic passer, No. 45. (Or is he No. 542) Off goes Van Flana-gan, Nostalgia's great or v-field

would imagine that Yankee football is some sort of a super-sport, played exclusively by supermen. But nowadays, even arken to a few paragraphs

swathed in armour as to be unthe shadows behind third base. But what he is thinking will any more boring to watch, the Bowl and other stadia in the bit and resemble the Forum it happens. You can see it too. But in football it's probably a hidden ball play and you have bretty much — a second or third-grade American
The proper basis of compiler to the proper basi

"Here is the point where we many cases the same people.

They have taken the kick out the things that are wrong with of the game for the ancient gra-duate. football today—the reduction in its dramatic quality. Bit by bit, "No doubt the motives of the to suit themselves, have whittled coaches and parliamentarians are and pruned the game down to praiseworthy-removing some of size. Many plays have vanished the risk for the players, and so or are largely neglected. Once on—but the effects of their labors there was the drop kick, the from the spectator's view are | quick kick, the onside kick. One rarely sees them nowadays because the coaches have taker "These plays didn't hurt any-

one and they added 'c the color. the excitement and the variety of the game. What happened to game so that it has lost much of its drama. the point after touchdown? In the old days, this was one of football's most exciting plays. When the ball crossed the goal that put the spectator into a state of confusion, in addition to any yards from the spot and kicked at the resultant angle. Today, regardless of where it crossed the line, the ball is centred before the goal posts of the three-yard line. Your 80-year-old grandmother could kick a goal after touchdown nowadays. But remember the time when the player who was on his way to a score at one side of the grid-iron had to think about the point after touchdown, so he struggled toward the goal posts, keeping his feet somehow, lunging, plunging with four mastodons on his back to the centre of the field? That's

out. , ** * * "Anyhow, the fact is that the game has lost some of its dra-matic moments and our heroes

The worst of it is that we came to see McChesty and Van Flanagan score on Princeton. Alas, they may not appear on the field again until the end of the third

"This sort of thing may assist the coaches in building a winning team (although, unfortunately, Old Nostalgia keeps on losing as it always did) and help the television announcers, but for the old grad, by nature a hero wor-shipper, it's no fun. The twoplatoon system has been the death of hero worshipping. When your hero happens to be Mc-Chesty, No. 45 (or is it No. 54?) you'll be able to adore him only on rare occasions. Even then, you know exactly what he will do. Shortly he will toss a forward and Van Flanagan will catch it. Or try to.

"The chances are that when

Nostalgia at last recovers the ball, and Van Flanagar and Mc-Chesty return to play, you won't even recogn ze them. The fact is you don't see enough of any player to know him by sight. To day a minimum of forty-eight men are involved in every game, One-Man "Navy" - Harold When Princeton started against Charles Green, above, is a one-Columbia in New York this seaman "naval" torce for Queen son they fielded a team of fifty, nothing unusual. Elizabeth II. The veteran bargeman handles all problems of "What's become of the Mighty water transportation for the Queen, as he did for her tather, King George VI. Green, who bears the title of "Queen's Wa-

Atom? Or the Galloping Ghost? Or the Four Horsemen? Where are our heroes of vesteryear? They've vanished since the twoplatoon system was invented, and as a result, what used to be football personalities have now become an assortment of numbers. How can the old grad wor-53, come on for dear old Nosta gia, come on 48, soon to be feplaced by 37!

There's no such thing as our hero vinning the game with a long drop-kick ir the last darkening feverish seconds of play. Pro-bably there'd be no place for "Another factor making for the confusion of modern football is that nobody can possibly undermen like Ker Strong or like Charlie Brickley, who kicked five Charlie Brickley, who kicked it a field goals against Yale on a single afternoon. Larry Kelley, the great Eli captain, would the great Eli captain the great stand or keep up with the rules. This even goes for the coaches. Otherwise they wouldn't change them every twelve months. One of the eternal charms of small boat sailing is the knowledge that nothing has been radically changtoday due to play twenty-eight minutes in the Harvard game. ed since some Phoenician invent-ed the keel about the time of . . . "The old grad has the feeling Dido of Carthage. The rules of that something has gone from the game he knew. The coaches

terman," will wear this ornate

costume at the Coronation cere-

monies in London next June.

Merriwell. Today your star is an

tell him that today football is bet-

offensive or defensive specialist.

they were at Cooperstown. Chess has scarcely altered since the ter played and mor · efficiently days of Ghengis Khan. played. No doubt, but efficiency has replaced individuality. Pro-"But football coaches keep picking away at their game every year like a gang of small boys

baseball are almost the same as

bably everyone does whatever he does much better than it used to be done, but there is no health n it. Albie Booth was an indi-"As compared with football, vidual in the way he walked, ran, kicked and threw a pass. baseball is an open book. The rules are not changed every Tuesday and Thursday to suit From a plane 1,000 feet above the Bowl you could tell Booth the manager of the St. Louis Browns. The spectators see the field, the play, the players. Jackie down there on the field carrying the ball. Those players don't seem to exist today nson is not so completely . . . So much for Mr. Tunis. We ecognizable. Three strikes are still out as in the days of Abner Doubleday. You may not, it is true, understand the cerebrations of the Great Mind standing in on the same note. Here is the whole thing in a couple of nutshells. We have eight senior started off by saying that our

> think it will take for us to adopt American rules in their entirety The day is coming-and it isn't far away-when a kicker who can hoof that ball for both distance and direction, the way some of the oldsters used to, will be as rare a a Dodo And just how many Dodos have you met

teams in Canada with apologies, of course, to the O.R.F.U.—and

HEALTH FOOD

A group of fishermen in Main broke camp and began their hike back to the nearest rail-road station. En route they stopped at a lonely form house and asked if they could buy lunch. "O.K." said the old lady fied with pork chops." The hungry men fell to with a will, and when they had finished, complimented the old lady on the fine quality of the meat. "I should hope it was," she agreed heartily. "That wasn't none of your butchered stuff. That hog died a natural death."

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\$1,35 TEMPLETON'S T-R-C's For Quick Cough Relief Mix This Syrup In Your Home

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Your usual drug counter can supply you with a 2½ ounce bottle of PINEX CONCENTRATE. Pour this into a 16 ounce bottle and fill up with granulated sugar syrup, or honey or maple syrup. To make the sugar syrup, simply mix 2 cups of sugar with one cup of water ... no cooking needed, and it takes but a minute. Now you'll have an ample supply of fast acting, effective cough syrup for the whole family, so pleasant tasting the children will like it.

PINEX — a concentrated blend of proven ingredients—must help

of proven ingredients—must help or your money refunded. Get a bottle today! PINEX FOR COUGHS-EASY-ECONGMICAL



