## .. Plain Horse Sense.. by BOB ELLIS

Let's Do It Ourselves Far too long have the farmers of Ontario been looking to one government or another to take care of the business end of their business for them. They could do a better job themselves.

The federal government has lost the British markets for Canerican government is slapping embargoes on dairy imports; the Ontario government is letting edible oils take the place of dairy products.

Prices are slipping, markets are shrinking, surpluses are accumulating. It is obvious that to prevent a further slump. And yet, instead of urging their leaders to go all out for marketing schemes for their milk and eggs and beef, farmers keep sniping at the one or-ganization that is trying to do

A little over two months ago the Hog Producers Marketing Agency started operations. Is i reasonable to expect a bunch of farmers to go into Big Business with the same knowledge and experience that maybe the president of a large meat packng company took years to pick up? Will they not be permitted find their way without some body yapping at their heels?

Instead of debating whether high a handling fee, farmers have stuck out their necks and are devoting their time and en ergy to the benefit of all. The experience collacted in getting the first large-scale prov-

ed should be helpful for future schemes which are bound to With the new legislation permitting the manufacture and sale of edible oil imitations of dairy products on the books, i

almost imperative for dairy farmers to find new outlets for To begin with, it might be put the plan of Everett Biggs, Dairy Commissioner of ma... points of Mr. Biggs' plan ment by grade instead of des-

All trucking, of course, would be producer controlled. The scheme would be built up very much along the lines of the in Denmark 80 - 90 per cent of all dairy and meat products are processed and marketed by producer owned factories and whole sale co-ops.

At the start these co-operative difficulties, mainly caused by the farmers. The turning point came only after the farmers decided to give up a little bit of in security and accepted the prin ciple of binding contracts. Initiative Needed

They are organized by com modity groups under one strong presents them when dealing or the export trade.

Due to the size of the coun try the situation in Canada is somewhat diffierent. The structure would have to be set up by provinces under one national organization.

The necessary legislation will have to be worked out through co-operation of the federal and provincial governments. The next step would be the establishment of provincial and eventually national marketing agencies with their own sales repreentatives in overseas countries. The Canadian farmer is as good, or better, a producer as

in other countries. There is no eason why he should not equal them also when it comes to the distribution of his products. What is needed is the initiative of the farm leaders to bring together the producer associations, the co-operatives and the credit-unions to design a blue-print for co-operative

This column welcomes gestions, wise or foolish, and all criticism, whether constructive answer any question. Address your letters to Bob Eilis, Box 1, 123 - 18th Street, New Toronto. 2) pooling of all milk, 3) pay- Ont.

### CAREFUL WITH THAT TRACTOR!

Statistics indicate that 60 per cent of the fatal accidents on farms are caused from improper use of the tractor. J. L. Thompson of the Swift Current Experimental Station advises accidents can be reduced to a minimum by carefully observing the following safety

1. Do not allow young children to operate a tractor. 2. In hitching, do not stand on the ground between the moving tractor and the implement. Always block up the hitch

and use a hook to align tractor drawbar. 3. Let the clutch in slowly when going up a hill, or starting off in high gear. 4. Stop the power take-off when getting off the tractor.

5. Keep the safety shield over the power take-off assembly. 6. Stay on the seat when the tractor is in motion. Stop to adjust levers or employ hydraulic controls.

8. In high gear, apply both brakes evenly when a quick stop has to be made. Uneven braking causes tipping at high

9. Never change the hitch point above the axle centre line. Always use the drawbar. 10. On heavy loads engage the clutch slowly or the front end

11. Wait until the tractor stops before dismounting. 12. Stop the motor before filling the fuel tank; also avoid spilling fuel on the hot motor 13. Throttle down the motor when turning a corner, applying

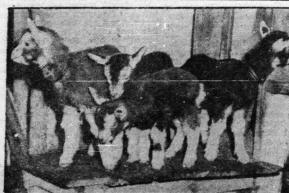
the brakes, or going over rough ground. 14. Allow a boiling radiator to cool down before removal of the cap for inspection.

15. In changing tires always use the proper blocking to pre-16. Keep the steering mechanism and tires in good shape,

and front wheels aligned on highway travelling. 17. In hilly countries use a red flag on a high pole to warn

18. When travelling on highways at night use the proper lighting in both front and rear. Safety pays in time and lives. By observing these simple rules

a life may be saved.



Kid Quartet-Kids in quads are as rare as quadruplet children, according to veterinarians commenting on this unusual group. Born on the farm of Lloyd M. Collins their mother, a twin, prev iously gave birth to quads in 1952.



Lady At Her Loom-Sliding her shuttle across the raceway of her handloom is Mrs. Robert Auxier. She weaves clothes for herself and her husband on the machine. In this picture she is weaving a banner to be used in a Chautauqua ceremony.

in a few days. One day the veg

etables are crisp tender and sweet. A few days later they be-

gin to get tough. If one plants all the seed at the same time and of

ne same variety, then that peak

over in a very short time for

ill. Even with slower maturing

o spread out the harvest we

irst thing in the spring until late

of Canada. We can spread the

eason still further by using

early and late maturing varieties

SOME TYPES VOU SEE

THROUGH A WINDSHIELD

aply spread out the sowings at



Make Your Own Manure, well rotted or other-wise, makes the best fertilizer

but it is scarce and getting very good substitute in humus This is simply the refined and garden name given to well rotted vegetable matter such as leaves, grass clippings, weeds and even clean garbage, like orange rinds potato peelings, carrot tops, corn husks, etc. The experienced gai dener never throws these in the piles them in a heap at the back of the garden behind some shrub-bery. Qver each new layer he spreads some fine soil. Once in a to mix and he will wet it thoroughly. The vegetable matter soon ferments and rots and the whole mixture becomes fine rich loam dig into any type of soil and esover the pile, will further enrich If there is no place for a

all this refuse directly in the garden. The old gardener will not throw anything away that

For A Big Show Lack of time or money are not good reasons for not having amazing what one can grow with minimum of effort and expendi re. And where grounds are very large, as around a summer ice or farm for instance, a

numus pile one can simply bury

ig show is also easily possible. cases, is to stick to things like petunias, nasturtiums, cosmos, marigolds, zinnias and similar plants which are not only easily grown but which also will bloom teadily for weeks. With only little care at first these will pr is best to have solid beds of one flower, though not necessarily the same color, for the showiest results. A long bed of petunias off any driveway, and roughly golds or some of the smaller things, will make a wonderful show. Then for the smaller garden there are all sorts of tiny flowers, like alyssum, portulaca, poppies and similar flowers which thrive even in poor soil and once well started will crowd out the

weeds and go on blooming unti

Top Quality To have tender, crisp vegetables, they must be grown quickly, with no check. To get this quick growth they should have a little stimulating chemical fer er, regular cultivation, thinning if necessary and watering. And there is something else, which is most important. Every vegetable come to a stage when it is at the peak of its quality, and then passes beyond. With some things like green beans, peas and corn, this peak is over

LOGY, LISTLESS, OUT OF LOVE WITH LIFE?

Then wake up your liver bile . jump out of bed rario' to g jump out of bed rarii to ga Life not worth living? It may be the liver! It's a fact! If your liver bile is not flowing freely your food may not digest . . . gas bloats up your stomach . . you feel con-stipated and all the fun and sparkle go out of life. That's when you seed mild, gentle Carters Little Liver Pills. You see Carters belp stimulate your liver bile till once again it is pouring out at a rate of up to two pintes a day into, your digastive tract. This should far you right up, make you feel that happy days are here again. So don't stry sunk, get Cartere Little Liver Pills. Always have them

## TABLE TALKS Jane Andrews

chops—and most families are— here's a method of handling them that's bound to meet with enjastic approval. Just try it and see if I'm not right.

PORK-CHOP PLATTER Spread thin coating of prepared

Put in paper bag . . . 1/4 c. flour 1 tsp. salt 1/4 tsp. pepper Shake chops in bag to coat with

cut 3/4-inch thick

2 tblsp. melted fat Place chops in baking dish and 1 can (10½ oz.)

chicken rice soup Store in refrigerator until oven Cover and bake in 350° oven 40 minutes. Serve 6.

Serve with Scalloped Tomatoes and Corn: Combine in casserole canned tomatoes, whole ernel corn, onion, green pepper and seasonings; top with crumbs

CHICKEN CASSEROLE

things like carrots, beets and cab-bage, the same rule holds true 1/2 lb. pork sausage Add and brown lightly . . ough these things will be high ½ c. chopped green pepper nove from heat: east two weeks apart from the

1 c. light cream

½ tsp. salt 2 c. chicken stock

2 c. chopped, pitted black olives 1/4 c. parsley sprigs book until thickened, stirring. 3 c. cubed, cooked chicken ir in casserole and top with . . . ½ c. buttered bread crumbs nish with more olives.

. . . FRANKFURTER CASSEROLE 2 tblsp. fat



aute . . . ½ c. cl.opped onions



6 frankfurters, sliced diagonally

2 thisp. flour 14 tsp. pepper 14 tsp. chili powder 14 tsp. thyme

> 3 tblsp. water Blend well; stir into tom mixture. Simmer until thickened se refrigerator until oven time Then heat mixture to boil turn into 2-qt. casserole, and t with 1 package cormbread mir

Serves 6. HAM BALLS

Bake in 400° oven 35 minute

1 egg 1/2 c. soft bread crumbs ½ c. milk 1 tblsp. brown sugar 1/8 tsp. ground cloves 1 lb. ground cooked ham ape mixture in 8 balls.

Oil a shallow baking dish.

Place in it, hollow sides up ,

8 canned peach halves Nest a ham ball in each peach Store in refrigerator until over

Bake in 350° oven 25 minutes Garnish with green sprigs. Serves 8.

COMFORT!

ccompany a cold.

Instantine

Economical 48-Tablet Bottle 75e

And the RELIEF is LASTING



TESUNDAY SCHOOL LESSON

PAUL'S CONFLICTS IN

Acts 18:1, 4-16

Memory Selection: We . . . suffer all things, lest we should hin-

der the gospel of Christ. 1 Cor-inthians 9:12.

On Paul's second missionary courney he visited the churches he had established on his first

Then in a vision he receiv

a call to Macedonia. In Europe had many thrilling and ex-

ing experiences. In the goal

Philippi the gaoler was con-ted after an earthquake had ned the doors and loosed the

soners' bonds. At Athens he ske to a distinguished group

most prolonged ministry was

nds and enemies. Crispus, the

early convert. Many believed

ing Paul before the court

hief ruler of the synagogue was

en the Jews succeeded

his teaching, Galio, the dep

dismissed the case The eks then turned and beat

nes, the chief ruler of the

ings happened where Paul

ted from their pagan ways.

ent preaching. People were

Also some Jews came to believe

Jesus Christ. This always

ed up opposition. The Jewish

t the truth that Jesus was

Messiah were frequently the

ers in the opposition.

us leaders who did not ac-

n Corinth, a great commercial eaport town. For a year and a

half he laboured in this city of intense wickedness. There were

True, many have adopted sed better seed, applied more ertilizer and adopted improved nery, but are their minds en to the evolution in farming

Nobody knows the cause of rheumatism but we do know there's one ne farms have been entire hing to ease the pain . . . urned into grasslands, spoker y one writer as "Grasslands the way," by another as "giv g up our old corn philosophy, the relief is prolonged because INSTANTINE contains not one, but three proven medical ingredients. These three ingredients work together to bring you not only fast relief but more prolonged relief.

Take INSTANTINE for fast headache relief to the contained of the project of t p our old corn philos and by some others, the real exrelief too . . . or for the pains of neuritis or neuralgia and the aches and pains that often

There is no such thing as be "oversold" on real grasslan ing any more than on an balanced, profitable farr ogram involving soil building, osion control, efficient crop duction and a well-plan and livestock program beone of them can be attained as esorting to the large-scale

sland farming does that every acre on the be turned into grassland crops. It does not mean grasslands alone will supply e mineral elements to mair soils at the highest degree ertility It does not mean to maintain profitable livestock production, all feed nutricome from grasslands.

grass silage.

yields

3: Grasslands will supply large

are almost negligible.

quantities of nitrogen and al

our land. Three reasons are sug-

(1) We have a great degree of

us by law. We thank God for it.

(2) Indifference to religion is

ides just don't care.

(3) Some ministers are afraid

speak out against popular sins

They don't wish to take the risk

of offending some of their mem-

diplomacy and tact. But we won-

bers. Of course it is termed

pressed by the movie "Peter Pan," seven-year-old John Mc-True, it has been shown tha Cormick decided to take off from profitable livestock maintenance and large production of meat and dairy products can be attained by going "all the way" with grasslands. This does not mean that it was a second the second the second this production of the second this second th a garage roof for Never-Never Land. Although John had his Peter Pan suit on, he crash-landed and a broken instep will that in a majority of cases this confine him to a cast and crutchis the most profitable procedure for six weeks. Grasslands have advantages

in a farm program that cannot original fertility and producbe obtained in any other way tiveness through a well-planand each one of these should be ned grassland program involving high fertilization and given full consideration. High quality pasturage and harvested forage provide the lowest cost feed available for use of improved grasses and legumes.

livestock production. grasses and legumes tilled 2. As much as 80 to 90 per cent crops can be produced on the of feed for dairy cattle can be derived profitably from contour and ground cover maintained over a large part high quality pasture, hay and possible loss of soil or fertil-

the organic matter for good soil tilth and high crop farming program and learn how to produce and utilize high-quality nutritious forage, the foundation will be laid for a more 4. Grasses and legumes main tained in permanent well-fertilized pastures reduce erprosperous agriculture. osion to the minimum. Soil oses under such treatme

### **Easily Raised Herbs**

Peter Pan Plummets-Greatly im

dill, sage, and thyme, are easily raised and will do well or many kinds of soil, but do best on sandy loam. They require plenty of sun to develop the best quali-ty. Sow the seed in the early oring and thin the plants to six inches apart.

As "The Gardener's Handbook" advises, cut summer sav-ory when the plant produces its flower buds and before the buds open. Gather sage and thyme in the fall before heavy rains break down the plants, and sand them. Tie herbs in bunches of several plants each, and hang them with heads down in a dark warm, well-ventilated place so they may dry out gradually
This is important in order to retain full flavour and colour
After they are dry rub the leaves off the stalks and place in glass jars for future use.

# Lemon Barbecue Chicken Is a Spring Treat

PLENTY of young, tender chickens are on the market now at very attractive prices. So let's give the femily its fill of crispy fried chicken It's good eating any way you look at it, whether hot or cold, sauced or simple, picnic or party style. The important thing is to "know your chicken" and to use the best method of prepara-

tion.

Today's modern fryers do not require long, tedious cooking or steaming. They're at their tender best when placed in hot fat about 4-inch deep, browned over moderately low heat, then finished off over a low heat or in the oven.

Frying chicken need not be a last-minute affair. You can pre-brown the pieces a day in advance, then cool and wrap them in waxed paper. About an hour before serving time, bring pieces up to room temperature and arrange them, one layer deep, in a

shallow baking pan.

Pour melted butter or margarine over the pieces and pop the pan into a moderate oven (350 degrees F.) for 30 to 40 minutes, or until chicken is fork tender. If dinner is delayed, reduce over heat and brush chicken with melted butter so that it stays mois

When you give a fried chicken party, you may prefer to buy chicken by the piece, or else purchase extra birds and save the bonier wings and backs for later family service. That's what we've done for this luscious Lemon Barbecue Chicken for a party. The meaty thighs, drumsticks, and breasts are browned in hot butter, then cooked in a tange lemon barbecue sauce until fock tender. then cooked in a tangy lemon barbecue sauce until fork tender. over pieces.

Serve extra lemon sauce on the side.

LEMON BARBECUE CHICKEN



LEMON BARBECUE CHICKEN

One chicken, salt, pepper, 6 tablespoons butter or margarine, 3/4 cup lemon sauce.

Have chicken drawn and cut into serving pieces, or, if quickfrozen, thaw according to directions on the box. Rinse in cold water and dry. Season with salt and pepper. Melt butter in skillet and brown chicken, skin side down. Turn and brown. Pour lemon sauce over chicken pieces. Cover and cook slowly until tender.

(Yield: 3/4 cup)

One small clove garlic, ½ teaspoon salt, ¼ cup salad on, ½ cup lemon juice, 2 tablespoons grated onion, ½ teaspoon celery salt, ½ teaspoon black pepper, ½ teaspoon dried thyme.

Mash garlic clove with salt in a bowl. Add remaining ingredients and mix together. If possible, allow sauce to stand overnight to blend flavors before using.

NOTE: Use a heavy aluminum or stainless steel skillet.

GOING STEADY: Dear Sally, | a little too far with their make love with a boy seventeen. We were going steady for three months before he went away to boarding school My parents think I am 'oo young to go steady and that I should go out with other boys. I feel I should be true to Bob and that I wouldn't enjoy myself with anyone else. What do you think?

I think that you are rather young to go steady with a boy who isn't here. You must get aw fully lonely staying at home; no even going places with other girls. I believe that having other dates would be good for you as have to mean that you stop lov ing one another. But it would help you to decide if you are

Why not write to Bob and ask him what he thinks about friendly dates. There must be parties that he would like to attend but doesn't feel free to under your agreement. You are both young and should really be meeting new friends. There will be plenty of time to go steady with Bob

with the gang, he is still No. man in your life.

think.

exposure to the elements. As we study the problems in

in high school.

Mint is often grown in the garden in ordinary soil, though it will probably do better in a damp spot. It is propagated by branches with roots on. Plant mint in the early spring about four inches deep, and pick the leaves from the plant as they are

## By SALLY McCRAE

really for each other.

summer holidays. Write Bob long, newsy letters doing and how much you miss orite cookies and a box of homehim, even 'hough vou do go

SCHOOL-NIGHT DATES: Dear Sally, Do you think it's wrong to have dates on school nights? All my girl friends do but my parents won't let me.

Of course, each family has its own rules. I don't think it wrong to have dates on school night but I do think it's unwise because they interfere with your can cause poor health and is not good for a teenager I am definitely against school-night dates, for these reasons, unless for some special occassion

Why not stop feeling sorry for yourself and appreciate the fact that you have parents who want you to be healthy and are not weak enough to give in to your pleas, even though, you r able for them.

LUCKY STREAK: Dear Sally, that I mean, all the girls in my lucky streak in their hair and my Mom won't let me wear one. Don't you think she is mean? I can't see what harm a streak of blonde hair can do to me What do you think?
Fashion experts tell me that

this two-tone hair color will sweep the country and that we'll be seeing polka dots, blonde bangs, blonde chignons, as well as the blonde stripes This vogue is fine for the older. sophisticated person, but it is not good taste for a young girl Of course, I don't thing your

nother is mean. She is trying to keep you natural and unspoil ed. Actually there isn't narm in wearing a lucky stripe and it all your gang is wearing one, you could ask your mother to let you wear a less noticeable one, so that you'll still be one of your gang. I realize that being teased by your friends can make you very unhappy. Could it be that your crowd has been going

Good Taste For Teens

up and your mother has de-cided to draw the line when they started bleaching their hair.

Changing the color of your hair can be fun but it can also be dangerous unless you know which products to use. There are permanent colors and others that wash it out with the next

Teenagers are invited to send their problems to Sally Mc-Crae at Box 1, 123 Eighteenth St., New Toronto. Please send a stamped, addressed envelope for

White Men and Women Take To "Black Magic"

White men and women South Africa are turning t "black magic" to solve their love much so that the Governmen alleged to contain fat or any part of the body or entrails of a human

or mythical being." fine of £50, or six months' im doctors still claim to have thous

ands of European patrons. They are charging up to five guineas for "iquondo," a strange spell placed on husbands and wives to guarantee fidelity. It is claimed in tribal villages that is under this chastity spell be anxious to attract attention from the right quarter, can acquire from the witch-doctor a love charm in the form of paste ground

Weird Concotions

only to cure disease. The ambitious or impoverished may call on the medicine man for assistance in improving their business affairs, by the fumigation of their homes or working premises with Indian joss sticks and a shellac

Is It Hypnotism

Witch - doctors, adorned with animal skulls, leopard skins, and ostrich feathers, have been called in by white housewives in South African cities as fortune tellers— or to "smell out" thieves among native servants. For even urban-ized natives still fear the strange and terrible power of the witch-doctor with his secret potions and barbaric practices. Among the drugs kept in their gourds is one known as maime, which can wear has the same effect as hypnotism. udakwa, which acts like an

Jungle explorers and big-game nunters tell of cures for arthritis by native medicine men since the early part of the century. The patients were given extracts from the gall of cattle from which

cortisone is now obtained. The gall-bladder is the emblem of the witch-doctor's art. Pioneer big-game hunter, Major Brian nes, wants the United Nations o set up a scientific commission to investigate the methods and medicines of African witch-doc-

tors for the benefit of mankind. Uncanny Knowledge

"Amid the mumbo-jumbo of the witch-doctor's calling there is an uncanny knowledge of medical affairs-secret remedies that the to discover," he says, "Witch-doc dozen times. They have cured me on four occasion. "I have seen natives so badly

"Visits by Europeans to witch-

doctors to see the bones thrown

(a form of diagnosis and fortune-

telling) are more prevalent than

superstitious minds, especially

prefer the native 'doctor' with his

A farmer in Northern Natal

has told how for years he paid a

neighbours taunted him. They

a hail-storm because of the hills

The next time the witch-doctor

turned up he was told curtly that

Within a week, hail fell on the

farm for the first time in living

memory. The witch-doctor was

spells again-for the higher fee

"There has been no more hail

said his farm was never hit

mauled by lions, or wounded in battle, that it looked as though nothing could save them. Yet a year later I have returned to their tribal villages to find them fit again, though hideously scarred. Evidence of the strong lure of witchcraft has been given by a South African M.P., Mr. B. A.

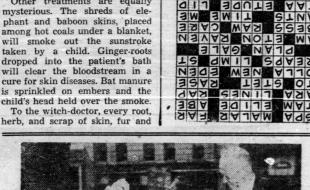
his farm and ward off the hail

from a potent root and applied as

Other treatments are equally mysterious. The shreds of elephant and baboon skins, placed among hot coals under a blanket, will smoke out the sunstrok taken by a child. Ginger-root dropped into the patient's bath will clear the bloodstream in a cure for skin diseases. Bat manure child's head held over the smoke.

on my lands since then," says the Upsidedown to Prevent Peeking







II, 4, and Barbara Anne, 3, (left) wander off after being promised that a photographer would take their picture. The Eisenhowers had just come out of church after Easter Sunday service. The children's mother, Mrs. John Eisenhower, reaches out for them. Her father-in-law, the President, watches.



