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TEA BAGS

ANNE HIRST
Your Family Counselor

"Dear Anne Hirst: I am thinking of leaving my husband. I realize this is a big decision to make, and I don't know if it would be best for the children. We have three, and have been married 11 years.

"My husband is good in some ways; he doesn't drink or run around, and he does buy plenty of food for us. But that is where it ends. He thinks because he makes a living for me, I should be his servant. I'm a good housekeeper, and he goes around to find a little dust to nag about! He never gives me any money unless I beg for it, and then I must tell where every penny goes.

"He never has a kind word for the children. He just screams at them, even when they haven't done anything wrong. They are beginning to fear and hate him

"I have never worked, and I haven't a particularly good education. Do you think I should try to get out on my own? Or live in this prison the rest of my life? I am only 29, and said to be nice - looking. Surely someone would hire me?

WORRIED WIFE"

BE PRACTICAL

Isn't there some older friend whose advice you trust? Is your father or another male relative nearby? If not, then I urge you to be practical.

To get and hold a position, a woman must be more than nice-looking. She must be able to do the job, and earn her salary. It is hard for an untrained person to be self-supporting even in these days of high employment; when she has three young children to care for, further complications exist. Surely your children need you now more than they will later on? They need you to protect them from their father's injustices, and to otherwise counteract his bad influence.

From what you say of your husband, he does not appear to be a man who would keep on providing for his family if you are no longer living in his house. I am afraid he would be outraged at the idea. Though he is unpleasant to live with, he does supply shelter and food, and these your children must have; to deprive them of such security is a grave step to take.

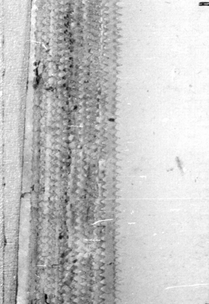
If you have no one to turn to, why not consult a family counselor who knows the local opportunities, and who can persuade your husband to be a better man and father. Or perhaps the Domestic Relations Court might be interested, if you prefer to talk with them. Your minister, also, might help your husband, or know of a part-time job that you might take on, later increasing the hours as you find you can. None of these ideas may appeal to you, but your presence in your husband's house seems to me essential for the children's sake.

What cannot be changed must be endured; make the best of things until a welcome way occurs. I am so sorry!

If things seem unbearable, hold on—until a better way opens up for you . . . Meantime, Anne Hirst's sympathy and experience are yours. Write her at Box 1, 123 Eighteenth St., New Toronto, Ont. Sometimes just telling one's story brings comfort

START AT HOME

In Texas, they tell a story of the days when the redoubtable Ma Ferguson first tossed her sombrero into the political arena. She came back from a succession of stump-speeches all over the state, and reported happily: "Looks like I'm going to sweep Texas." Pa Ferguson took the pipe out of his mouth, and suggested gloomily, "How about starting with this living room?"



4880
SIZES 12–20
by Anne Adams

MOTHER-TO-BE! Look pretty! Be well-dressed! Here's the maternity ensemble you need for day- to -evening. Jacket is so smart with fashion's best touches, slimming lines. SKIRT cut out to insure even-hemline, a good fit, comfort, too!

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This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

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Grenadier Review—Queen Elizabeth II, looking very tiny, inspects her Grenadier Guards at Windsor Castle in England. After the review, the Queen presented the Royal Standard—or company colour—to the Sovereign's Company, First Grenadiers.

CHRONICLES OF GINGER FARM

The last few days our farm has looked like a real farm—or rather the way we used to think a real farm should look twenty or thirty years ago. It was six red hens that made the difference . . . six quite ordinary New Hampshire hens. These biddies were all that remained of a pen of fat hens we were selling for boiling fowl. We kept a few back for ourselves but somehow we didn't get them killed. Early last week, when the sun was warm and bright, I took pity on our six hens and let them out of the pen. To be perfectly honest I don't know whether I let the hens loose for their sakes or my own. But I do know I felt a thrill of satisfaction as I watched the hens scuttling around outside—flying, running, singing—so delighted were they to be free with all outdoors to scratch around in. Mitchie-White thought it was lots of fun too and started chasing the hens. Honey wasn't quite sure whether that was allowed or not and stood anxiously by, waiting instructions from me. Of course, having once tasted the joys of freedom, the hens were crowding around the door next morning waiting to come out. So—out they came. Later that morning I heard a bit of commotion and saw the hens running around with outspread wings, but, since Mitchie-White was quietly sleeping I came to the conclusion the hens were just enjoying themselves. We had reason to think differently that night as one hen was missing. Tonight, two more were gone. Partner is quite sure we have a fox to thank for our loss. There is a bush just two fields away so a fox could quite easily follow the thicket fence and slink over to the pen without our seeing him.

Now my country idyll has lost much of its charm. Apparently the old picturesque way, with hens contentedly picking here and there, as nature intended they should, is not to be. To survive the hens must be confined, since life with freedom so often brings sudden death. But I wonder what constitutes a hen's philosophy of life. Would it be for a short life and a merry one, or for a carefully guarded well-fed existence? Whatever choice our hens might make we certainly don't intend to provide food for foxes—or probably a vixen with pups to feed. If three full-grown hens could be carried off so easily I hate to think what would happen to a pen of half-grown chickens.

The weather, thank goodness, has quietened down considerably. Three days of high wind is not exactly pleasant, especially when it leaves the fields and fences littered with paper and other junk blown across from the highway. You would wonder where it all comes from. But the litter that blows across our fields is as nothing compared with what towns and cities have to contend with. In Toronto last Friday I came from the Medical Arts on to Bloor and the street was alive with wind-blown papers. It was garbage day. Some containers had been bowled over by the wind so that besides air-borne rubbish, cartons and such like were being swirled around on the pavement, with a few hats added for good measure. It was a pretty rough day for ordinary people and yet, getting off one street-car that I was on, there was an elderly lady, unattended, carrying a white cane. She was attempting to change cars at a busy intersection. The conductor left his seat to help her off the car and was going to take her across the road when someone on the street came forward and offered to take charge of her. Truly, blind or otherwise handicapped persons, often put to shame those of us who are in full possession of our faculties. But it is heart-warming to see how quickly strangers come to the aid of those who need assistance.

This morning we have one daffodil in bloom—a forerunner of many more to come. There are literally hundreds of buds in the garden so it looks like a good year for spring flowers. It is a wonderful time for country living. Sometimes I wonder why anyone lives anywhere other than the country. It isn't always circumstances that keeps people in towns and cities. Sometimes it is lack of courage, fear of the unknown. Friends of ours in Toronto's Mount Dennis district must move. The man of the house, a retired business man, would prefer the country his wife and daughter cannot visualize an existence away from the city, especially as Ann will be going to University next fall. So they have bought a house away out on Wilson Avenue. It will take them just as long to reach the city from there as it would from our place—had they done as we wanted them to do—build a nice little house on the corner of Ginger Farm. But there it is—no two people can see alike—so we cannot truly say what is best for anyone else to do.

TALL TALES

Herb Shriner, a television comic in the Will Rogers tradition, observes, "A man will soon be able to get clear around the world in two hours: one hour for flying, and the other to get out to the airport." We didn't need a plane in Kansas one day last summer, he adds. "Wind blew so hard it got a hen turned clear around the wrong way. Before it could get straightened out and headed into the wind again, it laid the same egg six times!"

Peeping Paul Bunyan—Unafraid of the giant face peering in her window is pretty Eleanor Hall. She knows it's all in fun. The face belongs to a statue of Paul Bunyan, legendary woodsman, which stands in the fun house of the Chicago Museum of Science and Industry.

Woman's Part In Chemical Advances . . . .

Women have always played a decisive part in the chemical industry although they may not realize it, according to leaders in the industry. Women's demand for white cotton and linen fabrics brought about the birth of the modern chemical industry early in the last century. That dates from the first manufacture of bleaching powder in Glasgow and the first production of soda in Liverpool in 1823.

Before these chemicals were produced, fabrics had to be bleached by scouring with ashes and exposure to sunlight for weeks at a time. Increased output of textiles made it impossible to spread them all out in the fields for such time-consuming treatment but the sanitary prestige of white garments and linens remained strong.

Chemists believe that if the upkeep of cottons and linens had been left to men, dark-colored sheets and shirts would have been the fashion. Therefore, they point out, feminine preference brought about the manufacture of bleaching chemicals which compensated the nucleus of the heavy chemical economy of England for many years.

Of course, white did not predominate the textile field in those days. A limited number of vegetable and mineral compounds were used for dyeing but many were too expensive for general use. Chemists say the discovery of coal-tar dyestuffs in 1869 provided relief for the pent-up desire for more colorful textiles, especially among the women.

The organic chemicals industry of today has been built around the dyestuffs industry. Profits from dyestuffs manufacture were used for expansion into medicinal and plastic chemicals. Here again, the chemists point out, the growth and expansion was not due solely to the ingenuity of chemists in making new compounds but to the desire and the demand on the part of women for new variety in color.

In the same way, they declare, the pressure of consumer demand for new fabrics brought chemistry to the age of synthetics. A silk-weaving company, finding its market limited because of the cost of its product, began the chemical research which resulted in the development of rayon.

Following consumer acceptance of rayon, the chemical industry was stimulated to produce other things. "Cellophane" cellulose film is chemically an off-shoot of rayon. It was invented during an attempt to make waterproof tablecloths.

Another example of the influence of latent consumer demand on research and development is provided by the textile industry. Nylon was discovered by accident. Researchers were not looking for a new textile fibre, but merely studying the properties of resin. The plastic they found with the fibre-forming qualities and exceptional strength justified the expenditure of millions of dollars on further research. The reason they were so excited about the strength of their discovery was the need for a strong fibre in the women's hosiery field.

Just as the proceeds from dyestuffs helped found the pharmaceutical and organic chemical industries, the advent of the automobile in this century provided far-reaching stimulus to the industry. The manufacture of the average car involves, directly or indirectly, 256 chemical materials. Chemicals made possible the sterile field in modern surgery, products of crude oil which resulted in plastics, synthetic detergents, rubbing alcohol and paint solvents. Development of quick-drying "duco" enamels in cars led to better paints for all purposes.

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Swimmer—Fluffing out her hair after a quick swim at Daytona Beach, pretty Barbara Dennison dries off under the bright sun. She smiled for the camera, even though the comb pulled a bit too hard.

"Really sets you up for the day—
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on your breakfast cereal!"

Prowed Calf — Gene Haslett is declared the winner in a calf scramble. The youth subdued the animal at the Junior Grand National Livestock Exposition.

THE Calvert SPORTS COLUMN
by Elmer Ferguson

● It came into being only three years ago, as winter's answer to Little League baseball, but today, Biddy Basketball has grown with giant strides as another development calculated to interest the kids of our nation in clean competitive sport, and thereby combat the inroads of juvenile delinquency.

Canada hasn't quite kept step with the United States, even comparatively, in the growth of Biddy Basketball. Nor, in fact, has the game grown in Canada to the same extent as Little League Baseball. But it is making rapid headway. For there are about twenty-seven Canadian cities with Biddy Basketball fairly well organized. There are probably twelve to fifteen hundred participants whose ages according to regulations range from thirteen years down to nine. Most of these cities are in Quebec, Ontario and the Western Provinces.

Most of the Canadian Biddy Basketball Clubs are organized and sponsored by Social Centres, Boys Associations and the odd Community project. The schools have not as yet taken it up in any official way. The physical welfare of the boy is taken into consideration and a careful check is made so that they do not strain themselves, either physically or emotionally.

In the United States, the growth of the game has been almost fantastic. From the original 16 teams in one state it has spread, until now it has more than 10,000 small fry playing on 1200 teams in 44 states. And it is being played in 11 foreign countries.

The program is regulation basketball in miniature, designed specifically for the younger set. The rules are tailored to their measurements and immature strength, such as lowering the hoops a foot and a half, shortening the foul line three feet, and using a smaller ball.

The appeal of this youth movement is almost irresistable. And it has received great impetus from Jay Archer, former State Teachers College star, who tours the country spreading the gospel of sport. Canada has gone along without such inspirational help, carried on the wave of Little League baseball success, but as in baseball, Canadian teams will soon be ready to compete in the national tournaments held annually across the line, just as Biddy Basketball champs compete with distinction in the Little League baseball play-offs last autumn.

These juvenile leagues are great things for the youngsters. They cut across race, creed, and other beliefs and social distinctions in a fashion that is more truly democratic than prevails in anything outside sport. They start our kids off on truly democratic lines, something that only sport, the great leveller, can accomplish.

Your comments and suggestions for this column will be welcomed by Elmer Ferguson, c/o Calvert House, 431 Yonge St., Toronto.

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How To Protect Your Woolens

Joint research by the U.S. Department of Agriculture and the Army Quartermaster Corps has developed a process of using DDT that protects the Army's stored woolens from insect damage for as long as five years. DDT-treated uniform cloth showed no evidence of damage from moths, carpet beetles or other pests have been placed on the cloth each year during the past five years. Actually 50,000 carpet beetles and 25,000 clothes moths were used in the tests, which compared several wool-protecting methods.

Spraying with a 5-per-cent DDT oil solution offers the homemaker an easy, safe, and lowest way of protecting stored woolens. Although not so thorough as the Army's DDT-impregnation method, sprays, nevertheless, guarantee many years of protection from fabric pests for home-stored woolens. Wool clothes that are in use, and rugs and draperies that are subject to wear, require seasonal treatment and retreatment after they have been dry-cleaned or washed.

A simple procedure for the home-maker is to hang the woolens on a clothesline and spray them lightly but thoroughly. After the treated woolens are dry, they can be stored in closets, boxes, or chests. Spraying DDT on the interior wall, floor, and shelf surfaces of closets, and on both inside and outside surfaces of storage containers, gives additional protection from the larvae of clothes moths and carpet beetles. Wool carpets, rugs, and draperies can also be protected from these fabric pests the year round by being sprayed with DDT. A simple hand spray can be used for all these jobs.

Applying the 5-per-cent DDT spray until the wool has become thoroughly moistened assures adequate protection. However, do not soak fabrics with spray, because too much DDT may leave a white deposit on the cloth after the spray has dried. This is especially true on dark-colored woolens.

Persons applying the spray should stand as far from it as possible, and should not breathe the DDT-oil solution. They should wash their hands and faces with soap and warm water after spraying is completed. Care should be taken also to avoid getting the spray on foods and utensils when the spraying is done indoors.

Experiments indicate that complete protection from carpet-beetle and clothes-moth larvae is gained only by treating all the cloth with DDT. Rolls of fabric only partially treated were damaged to varying degrees.

— From "Woman's Day."

EXPLANATION

Arthur Rubinstein, the great pianist, was such a social lion in Paris that he scarcely found time to practise. In desperation he instructed his butler to tell all callers, regardless of their importance, that he was not at home. The recognized leader of the interior wall, floor, and shelf surfaces of closets, and on both inside and outside surfaces of storage containers, gives additional protection from the larvae of clothes moths and carpet beetles. Wool carpets, rugs, and draperies can also be protected from these fabric pests the year round by being sprayed with DDT. A simple hand spray

Japanese "Fence-Mending"—Loaded down with Japanese politicians, a campaign truck passes along a road near Tokyo and an orator appeals for votes. Parliament was dissolved recently, forcing new nation-wide elections.

How "Silent Night" Came To Be Written

Just east of St. Anton the Arlberg-Orient express stops at a tiny, biscuit-yellow verandahed station with swinging flower baskets, standing all by itself in an immense Alpine landscape and serving no visible hinterland. The station is marked 'Oetztal,' and it is in fact that point of departure for Tyrol's longest lateral valley. Though barely accessible, the Oetz is one of those parts of the world history frequently visits. From the north no one can enter it without the knowledge of its inhabitants; from the south nothing without the natural endowments of a chamois can enter it at all. . . .

The southern end of the valley is sealed off by the ice and snow of the Oetztaler Alps, whose peaks range from eight to twelve thousand feet. . . .

It was an organ-mender of the Oetz who picked up a simple little tune in Oberndorf, in distant Salzburg, one winter day in the eighteenth century when he was repairing the organ in St. Nikolaat church. He learned it while the parish priest and the choirmaster were trying it out on a guitar, and it haunted him as he walked home to the Oetz. Sitting down to rest on a rock at the head of the valley, he met a small girl, one of a family of four half-grown children whose voices were the pride of the famous Oetztal Singing Society. Listening to the tune he was humming, she promptly asked what it was, and learned it, melody and words, on the spot. The organ-mender went his way and forgot the song, but the girl and her brothers and sisters, when they went out the following Christmastime to sell gloves at the South German Christmas fairs, began to sing it when trade was slack in order to draw a crowd. The crowds they drew were enormous. To one such the choirmaster of the court of Saxony was attracted. The song so struck him that he presented it, with the four singers, at a court concert before the King and Queen of Saxony. It was first arranged for orchestration, then for great choirs; and eventually the King of Prussia offered a prize for the discovery of the author of what had become the most popular Christmas carol of the Western world. The author was Franz Gruber; the song, *Silent Night.*—From "All About Austria," by Virginia Creed.

Leather chemists, who spend their days developing new types of leather that wear longer and look better, have established that leather has a definite "shape memory." This means that your all-leather shoes will keep their shape despite the toughest of mistreatment.

..Plain Horse Sense..
by BOB ELLIS

Not a Dance

The Encyclopedia Britannica describes "Dancing" as "the rhythmical movement of any or all parts of the body in accordance with some scheme of individual or concerted action which is expressive of emotions or ideas."

According to this description the farm movement is certainly not a dance. It is not a rhythmical movement, it is not in accordance with some scheme, there is no concerted action and it is pretty bare of ideas.

Ruffled Feelings

It is distressing to see the confusion in the minds of the farmers concerning matters of importance to the business of agriculture, indeed, of the nation.

A typical example of unrealistic thinking is the recent discussion in a certain County Council, which first passed a resolution urging a ban on the importation and sale of vegetable oils harmful to the dairy industry, and then started a debate on whether the inmates of the Home for the Aged should be given butter or margarine.

The old people are still getting butter, but emotions ran high and feelings were ruffled before the decision was made.

"Old Oat Burners"

One council member said he could not see any difference in taste between butter and margarine and that the Board of Management could save $700 per year by buying margarine instead of butter.

Another felt that if a product couldn't stand on its own feet in the face of competition, it was its own hard luck. Farmers should return to horse farming. If they went back to the "old oat burners" they could buy the oats from amongst themselves and would not have to give the money to the oil companies for gas.

You Said, Brutus?

For most farmers margarine is only a target for shadow boxing and a subject for rhetorical exercise. After they are through condemning it at their meetings, they go and pack in a pound or two with the groceries they buy on the way home.

Why else would country stores, and even farmers cooperatives stock up on the stuff? The fact that they do, is proof enough that farmers have accepted it and apparently want it themselves.

Nothing for Something

What then, in the name of the cow, is the use of talking about and against margarine instead of trying to find new markets to make up for the lost ones.

In the same council meeting it was said that butter is too dear. Maybe it is. But if it is, why is it?

Milk consists of water, butter-fat and solids-non-fat. For all milk the farmer ships for processing he gets — after deducting the trucking charges — only the price of butterfat. The solids-non-fat do not bring him Out of the 39 cents the consumer has to pay at the store for one pound of dried skim milk powder, the producer does not receive anything for the raw material; he gives it away. As a matter of fact, he would be better off, if he would seperate his milk, ship the cream and feed the skim to his pigs or calves or chickens.

If producers were to receive their fair share for solids-non-fat, the price of butter could come down.

The Richest — The Cheapest

Dr. G. A. Richardson of the dairy department of the Oregon State College claims that the vitamins contained in one quart of milk, cost 20 cents when bought in capsule form at the corner drug store.

Milk powder is one of the richest sources of animal proteins, at present prices also the cheapest. One cup of dry milk is equivalent in protein to approximately: ½ lb. beefsteak or ⅔ lb. pork loin or 7 eggs or ½ lb. Cheddar cheese.

At today's retail prices the consumer pays per pound protein an estimated $4 - $5 in meat, $3 in eggs, $2.60 in whole milk, but only one dollar per pound of protein, if he buys it in the form of dried milk powder.

Who Will Do It?

These are facts and figures that should be brought to the attention of the buying public. It is up to the farmers and their organizations to do the job.

In a world that is half starved of food and which is trying to get by on a diet of carbohydrates, consisting mostly of farinaceous starches like those of wheat and rice, in a world which is in bitter need of every gram of animal protein it can save for human consumption, hundreds of thousands of tons of the precious stuff are wasted annually.

Instead of asking governments to protect them by implementing laws prohibiting the manufacture of competing food products, farm organizations should use their own resources, and also the government's if necessary, to do some research work.

They should investigate the price and merchandising systems used in the manufacture and distribution of food products, and explore the possibilities for new uses and new markets for their milk-solids-non-fat.

To the organization that first tackles this problem will go the fame of being the true representative of the farmers.

This column welcomes suggestions, wise or foolish, and all criticism, whether constructive or destructive and will try to answer any question. Address your letters to Bob Ellis, Box 1, 123 - 18th Street, New Toronto, Ont.

Good Advice if You Suffer with Piles

When your piles itch and burn so you can't sit, walk or stand without constant discomfort you should use Lem-Mist, the relief that thousands have found so good and so quick. See how fast Lem-Mist takes out the fire, relieves itching and soothes pain. Why to lose no time at all you forget about your piles, time justification gives hours of comfort. Don't suffer needlessly—you get Lem-Mist right now. Only 59c at all drug stores.

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