# ANNE HIRST

"Dear Anne Hirst: For over 10 years I've been married to a man 11 years older, and we have four sweet children. My nerves are so bad I don't know what to do! I am desperately lonely. My husband goes out all the time, and on most weekends we don't see him from Friday to Sunday night. He has no love for us. I might as well be married to a stone. \* cape from your deadly routine for an occasional hour or two.

It is no wonder that you feel you are treated worse than he would treat his dog.

A man owes more than food and shelter to his family. He owes them his companionship, his kindness, his warm inter est in all they are and do.

Your husband is a supreme failure in all of these and if

"I wash clothes on a board, and carry water from the creek. We have very little money for the store bill, because he buys highpriced guns and spends the rest on his car. As for clothes, he buys me a dress about every SEE NO FRIENDS

out I asked him to take us for a were going out - so we staved the children and I could get out once in a while; but he says the car is his, and he refuses to let at a time and I don't have any one to talk to!

"I married very young, and not once in these 11 years has taken me out anywhere.". Don't you think I have the right o learn to drive? Please print this. Maybe he will read it, and understand how lonesome and heartsick his wife and children are . . . All I get to live for is another day's work!

BLONDIE" \* Your husband has you under his thumb as surely as though \* he locked you in the proverbial tower. He takes advantage \* of your dependence in a cow-\* ardly fashion.

You are deprived of the hu-\* man companionship which \* every woman requires for her spirits' sake; you are forced \* to live under primitive conditions that no housekeeper \* would accept; he does not provide proper food and clothing polishes off his super-selfishness by depriving you of the car, \* the only means you have to es-



Bowl Role - Barbara McCririck. 18, will reign as queen of the Orange Bowl football classic come New Year's Day. donkey.

failure in all of these and if \* he could sense what other \* women and decent men think \* of him he might be moved to \* play fair. (I doubt that reading this opinion will move him, \* but try it anyhow).

\* I, with readers of this col-\* umn, will wonder how you have stood these cruelties for \* 11 years. If you had anywhere \* to go, you could leave him; obviously you have not-which \* makes his neglect all the more \* shameful. When it is possible \* for you to get there, I urge \* you to tell your story to the \* Domestic Relations Court; they \* may be able to impress open \* him the immediate necessity \* of taking better care of his family - or else. My heart goes out to you.

How much can a wife stand? If you think you have trouble, read this column every day and learn what misery some wives face. You will count your bless ings! . . . In any time of trouble, write to Anne Hirst; you will have her understanding and her sympathy, and often a real so-lution to your problem. Address her at Box 1, 123 Eighteenth St. New Teronto, Ont.

#### Christmas Gifts In Leather

Leather, leather - and more leather is showing up in the stores this Christmas shopping season in a dazzling variety of gifts.

Good-looking leather gifts ranging from the new casual shoes for father and mother to saucy collars and cuffs for sis-ter, or a new football for Junder an awful lot of trees this

You can use leather gifts to satisfy the two chief categories on your list: Those who want something glamorous and gay, and those who want something Leather also has the advantage of being suitable for both men and women. Watch a man rub his hand over a new piece of leather luggage, or a new pair of leather shoes. You can sense the feeling of pride he takes in genuine leather articles. Or observe a woman who has just come home with a pair of shoes and matching bag in smooth, glowing leather. She gets a true feeling of luxury out of what are really basic necessities.

For the ladies, of course, you ing a leather handbag, which lends a note of elegance to any costume, or a leather belt - and belts are HOT this year; or leather gloves; or maybe a leather wallet - perhaps with gay bold designs embossed on it: or an exciting leather coat in smooth or suede leathers. And, just a tip, leather coats are burning up the country this year, from coast to coast.

Thomas Nast, famous American cartoonist, was responsible for the two symbols of the major political parties-the Republican elephant and the Democratic



Rests At Rink - Young Michael Chaplin, son of the internationally famous comedian, Charlie Chaplin, rests during a skating session at the Montchoise rink in Lausanne, Switzerland, home of the Chaplin family.



Hitch-Hike Bike - The two daughters of Nicolai Jensen, a Copen hagen, Denmark, bicycle messenger, are assured safe passage to and from school as they hitch a ride in their father's baskettoting vehicle.

# CHRONICLES GINGER FARM Guendoline D Clarke

Time moves on, and once again

one who reads this column a very Happy Christmas. That I do with all my heart because, as you know, happiness is meant to be shared, especially at Christand expect this will be a happy Christmas in our family circle. With a newly acquired daughterin-law and a brand new grandson how could it be otherwise? And then of course there is that spirit of giving. Few of us can be really happy unless we are conscious of having contributed | him to write something in some small way to the hap- | special for Christmas. So Chrispiness of others. That, surely, is and gifts at Christmastide. If we lose the desire to give happiness,

if we give presents only because it is "the thing to do" then there is a shallowness to our giving that makes itself felt. It even finds expression in the gifts we offer; in the ill-chosen but sometimes expensive gift that gives little pleasure to the recipient So different from the handmade, or carefully selected gift, chosen because we are perfectly sure it is the very thing to bring pleasure or comfort. Even a box of chocolates should be chosen with care. Grandpa may have a sweet tooth so a generous assort-ment of chocolates with soft filled centres delight him. But

oh, the disappointment when half the chocolates are nut-filled or with hard-candy centres! Grandchurches were despoiled, organs pa feels cheated, annoyed that John or Mary had so little removed or smashed and carol singing forbidden. An attempt thought for him that they forgot about his poor old store-teeth. was never even made to sup-Wills have been changed for just such little acts of though

lessness.

Very often it isn't the big things but the 'ittle things-done or said-that make or mar the Christmas season. Childre over-stimulated with excitemen are often hard to handle. Mothers become "nervy" wondering how they can possibly get everything done that has to be done before the big day arrives. If only mothers would learn to relax . . . take time out for a little quiet session with their chil dren, talking over the real meaning of Christmas: or of Christ mases long past when they were very young - children love to hear such stories over and over again. Or perhaps a carol singsong, giving the origin of the old Christmas carols. The children would unconsciously welcome

# Fathers - Elwood Sears. As BACKACHE May be Warning Backache is often caused by lazy kidney action. When kidneys get out of order, excess acids and wastes remain in the system. Then backache, disturbed rest or that tired-out and heavy-headed feeling may soon follow That's the time to take Dodd's Kidney Pills. Dodd's stimulate the kidneys to normal action. Then you feel better—sleep better—work better. Get Dodd's Kidney Pills now.

the quiet session: Sension would

would find herself strangely rest

ed, ready again to tackle the end-

less jobs that still confront her. Everyone loves Christmas car-

ols but not everyone knows their

origin, so here is the story behind the better known carols.

"It Came Upon the Midnight

escendant of the Pilgrim

Clear." This was written by

relaxed all round. Mother

Elwood worked in the fields near Sandisfield, Mass., he composed the well-known verses. He had no paper or pencil with him and, fearing he might forget the words, he picked up a piece of

the words on his hat. "Hark the Herald Angers Sing." Charles Wesley was on his way to church one bleak it is my privilege to wish every-Christmas morning. Children church bells were ringing and Charles was so impressed he exclaimed with delight - "Hark! All the welkin rings, Glory to the mas time-and we certainly hope King of Kings." This was later them and was written after the Georgia.

chalk from the field and wrote

"Christians Awake" was written by John Byrom, a minor poet, of Manchester, England. His little daughter, Dolly, asked piness of others. That, surely, is why we exchange greeting cards the little girl. "Glory to God on High." This is said to be the first Christmas

Carol, and to have been sung

over the fields of Bethlehem. We next hear of it 1200 years later when St. Francis of Assissi and the brethren of his Order made the first Christmas Creche and knelt before it singing hymns to honour the Saviour's birth. "Jesous Ahatonhia" (Jesus Is Born) This was probably the first Christian Carol ever sung in Canada. It was written in the Huron language by Father Jean de Breboeuf in 1642 for the Indian Missions. It is quaint, charming and very beautiful in the simplicity of its wording. Carol singing has always be popular except during the Re-formation. During that time

ITCH RELIEVED IN A JIFFY or money back

#### SMART SHEIK!

Yuletide hymns, and we know that Christmas bells are ringing out across the land, how thank ful we should be to know that the Christmas season is our to cele brate as we see fit and that we are at liberty to openly recognize the Saviour's birth. Remem-bering all this isn't it worthwhile to reserve a little quiet time now and then, so that a least our

old and quite unsuitable for the Sheik's service. Christmas to you all - from all of us at Ginger Farm.

press Christmas celebrations

"THUMBED LIFT" ON CHUTE DROP

Making a practice parachute descent in Japan recently, Captain G. Page heard the crack of his 'chute as it billowed open, and then felt "a bump overhead." Looking up, he spotted a couple of legs dangling over the side of the open dome above his head. Another paratrooper had some-how managed to entangle his own 'chute lines and had plummeted on to Captain Page's. The Captain managed to secure his passenger's legs with a suspension cord, and both men landed safely.

The finest exercise you can give your heart is when you reach down and lift somebody

During a long cross-desert longing to a powerful Arab Sheik's entourage died. He at once ordered that a horse be requisitioned from the next village they came to.

Two horses were brought before him for inspection, while the owners, reluctant to lose them, complained bitterly Each declared that his horse was too

"Let the horses race. I will take "But, Highness," whispered one of his staff, "that won't settle it, for neither owner will put his beast to the supreme test." "They will," said the Sheik "Order each man to ride the horse belonging to the

"Very well," said the Sheik,

#### IT MAY BE YOUR LIVER

other."

If life's not worth living
it may be your liver it's a fact! It takes up to two pints of liver bile a day to keep your digestive tract in top shape! If your liver bile is not flowing freely your food may not digest . . . gas bloats up your stomach . . . you feel constipated and all the fun and sparkle go out of life. That's when you need mild gentle Carter's Little Liver Pills. These famous vegetable pills help stimulate the flow of liver bile. Soon your digestion starts functioning properly and you feel that happy days are here again! Don't ear stay unit. Allanya keop Carter's Little Liver Pills on hand. 37¢ at your druggist.

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spoiled yeast - no more slow yeast! Get a month's supply of the new Fleischmann's Fast Rising Dry Yeast!

• Combine % c. water, 3 tbs. gran- twice 2 c. once-sifted bread flot o Combine 7a c. water, 3 tbs. granulated sugar, 1 tsp. salt and ½ c.
shortening; heat, stirring constantly, until sugar and salt are dissolved
and shortening melted; cool to lukewarm. Meanwhile, measure into a
large bowl ½ c. lukewarm water,
1 tsp. granulated sugar; stir until
sugar is dissolved. Sprinkle with
sugar is dissolved. Sprinkle with ough and cut out rounded spoonfuls of dough with a tablespoon and drop into greased muffin pans, filling each pan about half-full. Grease topan about half-full. Grease topan about and let rise until doubled in bulk. Bake in a hot oven, 475°, and I tsp. lemon juice. Sift together



# THE Calvert SPORTS COLUMN



by Elmer Ferguson colorful saga of one of Canada's most picturesque sports events, an epic struggle that annually attracts more far-flung attention and wider interest in these pominions than perhaps any other sports in the struggle of the s

And once again, this column raises a plaintive voice to en quire why and on what grounds the entire football populace of Canada's west, and a large proportion of the same hardy preed in the east, are excluded by mandate from viewing any part of this gridiron spectacle?

The answer to this is likely to be that Toronto's huge Var-sity Stadium, with its 28,000 seats, can accommodate more people than any other bowl in Canada. If that's the answer, it isn't a good one because it contains two holes through which you could shoot a 250-pound line plunger.

The first gap in this line of thought, presuming it exists, is that in giving Toronto the monopoly on this game, several thousand Canadians, west and east, who couldn't afford a trip of Toronto, and probably couldn't secure a seat for the game if they got there, are shut out.

And these several thousand are the folks who, by giving their whole-hearted support to the teams of the Western Conference on the prairies, and the Big Four in the east, make the Grey Cup spectacle possible.

The second yawning gulf in the answer is financial. If the Grey Cup is to be made a medium for extracting the ultimate in dollars, then its practical proponents are missing a bet. If it were played on the same practical basis as the baseball served. Those who helped make the series possible would see the games, and the receipts of say, a 3-game series, one cast, two west, and vice versa in alternate years, would more than equal the returns from a single game.

There are those who urge that this is Canada's most gaudy

There are those who urge that this is Canada's most gaudy, glittering and colorful sports drama of the year. We agree But we don't agree to the argument that it should be limited to one game, one city, or to the theory that it would cheapen the Cup finals to broaden the scope. It hasn't cheapened the world's baseball series or the Stanley Cup series in any noticeable way, and these give the fans who paid all season a chance to view not only the prologue, but the final drama. So it should be with the Grey Cup.

Your comments and suggestions for this column will be welcomed by Elmer Ferguson, c/o Calvert House, 43? Yonge St., Toronto.

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# PLAIN HORSE SENSE ..

By BOB ELLIS

Among the books we brought ested in co-operation. is the life story of "Father okins of Nova Scotia," rightcalled the founder of the gonish Movement. The author, George Boyle, had own Father "Jimmy" Tomp-

for more than thirty years renders his story in clear mple words. Adult Education. To help people help them-selves, was Father Jimmy's life work. His great love of God and his Fellow Man, his infinite faith

ental goodness, his compassion their mute suffering, his unbounded spirit, gave this frail little priest the strength to caron the fight for the Brother ood of Man under the Father-It was Father Tompkins' in

mse belief that if people were aly given the knowledge of how about it, they would be to free themselves from the ckles of a "feudalistic econ system" which was holding down in poverty, malnum, ignorance and apathy. "Adult Education" was his formula, "at the pit heads. in the mines, out among ermen's shacks, along the ther to sit and talk in the



ble Speed - Scott Crossfield, 2-year-old test pilot for the ational Advisory Committee he Aeronautics, examines a mo-til of the plane he piloted to 1,27-miles-per hour which is wice the speed of sound. Cross-lid smashed his own existing yed record of 1,272-miles per-

Cream for the Few. His first act in his little parish of Canso, where he was exiled for his "radical" ideas, was to start a credit union.

for instance - an important fish-"They damn the place, their

matter is, and they are too poor and too ignorant to find out for themselves. The reason back of will give money to Montreal men, but Canso has no money to help encourage Canso brains." "And so we become, as I said, a branch people, and a few miles away skim off the cream,

place to keep cream, but you will forgive the figure." First Co op. He encouraged his fishermen to pool their resources and to send a crate of lobsters, for which they would have received from the local dealer the grand sum of \$9.75, to a merchant in Bos

When, after weeks of anxious waiting are speculation, back came a cheque for \$32, the first lobster marketing co-op was un-der way. Today it operates one of the largest, if sot the largest, obster cannery in the world. Father Jimmy's love of people was all-embracing; it was cath olic in the strict sense of the word, which means universa "I do not know of any Catholic or Methodist way of cutting coal or canning Iobster," he used to Father Jimmy Tompkins is dead, but his work is carried on

by the men who came after him and his memory continues in the minds and hearts of the fishermen and miners the lumbermen and farmers of Nova Scotia.

This column welcomes suggestions, wise or foolish, and all criticism, whether constructive or destructive and will try to answer any question. Address your letters to Bob Ellis, Box 1, 123 - 18th St., New Toronto, Ont.

ong the line. I notice in Canso poorer and more dependent today than they were twenty years ago."

yards further than the previous best distance that stood to the credit of Hayward's host. Aemployment and their employ ers. They do not know what the

places hundreds of thousands of track for two hours during the which goes into the pockets of sume went on to complete 120 miles 248 yards. the very few - not the best Hayward, too, went off the

had been trotting rhythmically round and round the circuit, averaging a steady eight

While being assisted to the worth it, wasn't it?" To which a distressed Hayward gulped



Queen Wins A Title - "Grecian Queen," who piled up earnings of \$229,375 this season, has recently been named Champion Feminine Race Horse of 1953. Being led by her trainer, "Grecian Queen" is shown above on her arrival at Hialeah Race Track where she may meet her male rivals in the \$100,000 Widener classic in February.

"Never again." But less than 48

. . .

so little return. Nobody paid

of the track, the refreshments

running. They come from all

Hayward, as we have men-

He travelled to Britain entirely

miles) runs. They were work-

arrived home, after an absence

distance runner in history.

outs for his 24-hour effort. He

of 55 days, as the greater ultra-

The trip would not have been

tioned comes from South Africa.

parts of the world.

SPORTS & ASIXBIT CRITIC

Do you happen to recall a character named Arthur Nourteen hours afterwards as he boarded a plane for home he had changed his mind and stated "I'll try the run once more, if it can be arranged."

character named Arthur Newton who ran for 24 hours, in Hamilton, and covered 152 miles or thorseboute?

There's the rub. Arranging these things is quite an expensive business because there is Well, if you do, you certainly can't play junior any longer, because it was over 22 years ago. Personally, we had forgotten all about it till our memory was

for the competitors and those jogged by a piece in The Chris- for the recorders, markers and tian Science Monitor by Sydney timekeepers all have to be paid Skilton, writing from London, for. The payees are the few and scattered devotees of this pecu-England. Take it away, Sydney! liar pastime of ultra distance

We have had one of those go-Among the books we brought home from our trip to Nova Scotia last September, there is one which we can strongly receight men entered and six started for a 24 hours running race. Three were there at the end, the winner having covered 6374 laps of the four-to-the-mile cinder track.

He was Welten W.

"Capital must be decentralized," he wrote to a friend, "Our Branch Banking is making us a glorified branch nation all along the line. I notion in Constitution of the line of cial world record, was 159 miles 562 yards. It was 7 miles 22 thur Newton. His performance, accomplished as a professional,

possible had it not been for the camaraderie of these indefatig-able long-journeymen. Host to Hayward while in this country was 70-year-old Arthur Newton was on a square 13 laps to the who did not take to running unmile track at Hamilton, Ontario, in 1931. Second to Hayward was Derek only to draw attention to what Reynolds, a 39-year-old Londoner, with a distance of 154 miles 1,226 yards, which also imit all is that they are being exploited by fish firms owned by miles 1,226 yards, which also improved on Newton's best permen in Montreal and anywhere proved on Newton's best permentage and which rates as the best-ever by an Englishman.
Third was Leslie Griffiths, of Reading Athletic Club. Aged 48 come a sports champion. He be-years, and the oldest of the six came a champion marathon runcrime and the other was to bestarters, Griffiths went off the ner, winning races and setting records in the continents of Afnight, but after deciding to re- rica, Europe, and America.

In due course Newton captalized on his athletic prowess and track for half an hour after completing 100 miles. To that time professional he has never lost his love of running for the sheer joy of running. Thus it was a cuit, averaging a steady eight miles an hour. But after resuming he never recovered the rhythm and eventually finished a completely exhausted man. typical Newton action to invite

Another old-timer, rallying round the hailing of Haywards dressing room, Hayward was asked by Newton "Well, it was who handled the feeding arwho handled the feeding arrangements. Gavuzzi will best gulped be remembered as runner-up in that fabulous, trans-Continental race from New York to Los Angeles in 1929. He is regarded as an authority on racing refresh-ment where his golden rule is "No solids." Thus Hayward dur-ing his remarkable feats of stamina had a diet of egg-custard only with tourists. and rice and frequent swigs of warmed lemon juice laced with sugar and salt. The patient officials were those who needed the

> Blades of paring kniv s have an uncanny way of working loose from the handles. Push a little plastic wood well into the crevice of the handle and replace the blade of the knife, Let it dry for a few hours and the knife will be as strong as the knife will be as strong as

proteins!

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UNWANTED HAIR

If the present sales rate continues, one-third of Japan's 86,000,000 persons may possess cameras within a few forms. Wealthier Japanese were noted TURKEY WING FEATHERS

Wanted! Pay up to \$1 pound, Write for description, packing, shipping instructions, Dunsdon Archery. 18 Hamilton, Brantford, Ont, for their interest in photography before the war. But photogra-phy in Japan has now become a hobby for rich and poor alike. Immediately after the wor, there was little money for cameras or other goods which were not essential. But with the subthere was little money for cameras or other goods which were not essential. But with the sub-

sequent rise in the standard of living, people have had more money for hobbies - and photography has proved about the most popular. Postwar Japanese cameras rival Europe's best for quality and durability. Thousands of camera shop through your local Staco have sprung up throughout the goods dealer. The goods are righ country during the past three and so are our prices. We manufac

turers and photographic maga-zines hold nationwide annual competitions which attract worldwide attention. American servicemen station ed in Japan are as enthusiastic as the Japanese about photography. There are few servicemen in Japan or Korea who do not own a camera, usually a "quality" one made in Japan.

An agency which supplies carr eras to military stores in Japan reported that in the first eigh months of this year it bight 46, 663 cameras worth \$2,029,537 from different Japanese companies.

Japan produced 402,769 can

years. Major camera manufac-

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cess story of postwar Japan.

within a few years.

eras last year. Of these, 72,483 valued at \$1,220,000 were sold to United Nations forces. The remainder went to the home market and for export. To increase sales, and to earn foreign currency, the Japanese Government allows tourists to buy cameras free of tax. Sev-eral firms in the large cities deal



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