ANNE HIRST
Your Family Counsellor

"Dear Anne Hirst: My problem is intimate and age-old, but I am either too dense or too easy-going to find a suitable solution. I met a young man my own age, 25. We are both divorced. I have two children. He is more than kind to us, but insists that I don't date anyone else. I had been seeing another man, too, and both seemed so nice that I couldn't decide between them.

"This young man somehow swept me off my feet; I find no excuse for myself. Now he insists that I BELONG to him! I feel caught. I can't figure out, nor understand how things got like this.

FRIGHTENED

"The man knows I value my reputation; we belong to the same church. If I quit him, he might tell. I get scared to death when I think of it!

"The other man, who has never asked anything of me, hopes I stop seeing this one. I don't want to marry anybody, I am too upset . . . I need your help. Anne Hirst.

BEWILDERED

The only way to break up a situation so fraught with fear is to end it straight and finally. You may find yourself married to this possessive, arrogant young male, and that would be a disastrous finale. You would grow to despise him, and to hate yourself—What would that do to your children?

Tell him you will not see him again, in any circumstances. If he is actually such a cad as to threaten to expose you, remember that your reputation and your word are as good as his. He would find himself despised among those who know you both.

To avoid further complications, don't see the other man, either, for a good long while —until this decadent character is convinced you are through with him, and for good. You can send word to the other that you have broken off, but you need a period of solitude to regain your piece of mind. I believe he will understand, and not intrude until you can think clearly again.

This is the only way to escape from the degrading situation in which you find yourself. Once you do, you can brush the mud off your skirts and feel cleansed again.

* * *

BEREFT MOTHER MOURNS

"Dear Anne Hirst: Why can't I take my son's death bravely, as so many other war-mothers do? He was killed some months ago. I still cannot orient myself into any routine that helps.

"His brother, thank God, is safely back home, and such a comfort!

"I have tried to show interest in my friends and in my church work, but my heart is not in it. Can you help?

GRIEVING"

There is no solace like that which comes from helping others.

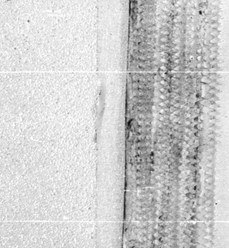
Why don't you consult the nearest Red Cross centre, and see where they can use you? Or visit a veterans' hospital? Sick lads need the motherly touch that you can give, and comforting them will relieve your anguish. Maybe boys from your own church are hospitalized, too; how they would appreciate your coming! Ask your minister about it.

Cheering up other mother's sons will bring you more consolation than you know. And you have one boy left: rejoice in him, as I rejoice with you.

If you are caught in a deplorable situation, act quickly and finally. Free yourself of entanglements and make a fresh start. . . . Anne Hirst sympathizes, and will bring you new courage. Write her at Box 1, 123 Eighteenth St., New Toronto, Ont.

Fashion forecasts a brilliant season ahead for Lawrence Sperber's design in "Peau de soie," a rich all-acetate fabric. The slim torso line is emphasized by gathered fullness of the skirt and trimmed with tiny rhinestone buttons.

Easy-Sew, Iron



554
9252
7—10

by Laura Wheeler

Mom — Pinafore! Sundress! Pop it on your sewing machine— no fitting problems — hoo cinches waist! No ironing problems — opens flat. Sew it now. Use remnants. Pattern 554: Sizes 2, 4, 6, 8, 10. Embroidery transfer; tissue pattern. State size.

Send **TWENTY-FIVE CENTS** in coins (stamps cannot be accepted) for this pattern to Box 1, 123 Eighteenth St., New Toronto, Ont. *Print* plainly **PATTERN NUMBER** and **SIZE**, your **NAME** and **ADDRESS**.

EXCITING VALUE! Ten, yes TEN popular, new designs to crochet, sew, embroider. Knit — printed in the new 1953 Laura Wheeler Needlecraft Book. Plus many more patterns to send for —ideas for gifts, bazaar moneymakers, fashions! Send 25 cents for your copy!

CHRONICLES of GINGER FARM

by Gwendolyn E. Foster

Yesterday four of us took a run around the country, within a ten-mile radius of home. What we saw probably describes most of central Ontario's farm lands. Wheat — excellent. Hay — in abundance but most of it standing than cut or in bales, and only a few fields had been cleared Spring crop — light and patchy, some of it in head. Corn — in many cases only a few inches above the ground. Gardens — fair. Trees, shrubs and hedges — luxuriant growth.

The day was hot and sultry but at the county park, at Lowville — which we passed on our way — "kiddies and grown-ups too" were having a grand time by the shady Twelve Mile creek. We bought ice-cream at the booth and Arthur gave some of his to a little wee terrier that came around. That did it! The little dog promptly followed us wherever we went and we couldn't find out to whom it belonged. The only time it left us was when a big German Shepherd hove in sight. Size meant nothing to Midget — he challenged the big dog with undisguised fury. When we were ready to leave the park we asked a little boy and his mother to look after Midget until we were out of sight, although Arthur would love to have brought the little dog home with him.

We left the park and travelled along gravel roads until we were on top of the escarpment from there we had a magnificent view of the country for miles around. I wonder . . . is there anything more awe-inspiring than beautiful scenery? It sort of does something to you that you can't explain. Yesterday I realized how this bountiful wooded district must have cheered the early settlers, trekking through Ontario in search of suitable sites for their future homes. This southern part of Nelson Township was the first part of Halton county to see white settlers. The Bates family, in 1800 were the first settlers, and Augustus Bates, the first white baby of Halton County, was born in Nelson Township. It must have been a lonely ordeal for the Bates family as the township made little progress towards settlement until 1807 when a few more families moved in. However, by 1850 the population had increased to 3,277. The first Presbyterian Church was built in 1822 on a farm owned by Gilbert Bastedo. The first Methodist church was built soon afterwards. The Reverend Egerton Ryerson was one of the first ministers to preach in this district. The southern part of Nelson township was the scene of many a hard fought battle between the Indians and the first homesteaders. Many of the early settlers also took part in the battle of 1812, no doubt fighting for strategic positions along the escarpment.

From the top of the hills looking down to the valley, across the still heavily wooded slopes, it is not too difficult to visualize the life of the hardy immigrants who settled here, defying the Indians, making a clearing among the heavy timber, and at long last, harvesting good crops from the fertile soil. On the mail boxes along the road, one reads familiar names, direct descendants of the early settlers. Without a doubt many of these farmers treasure the Crown deed to their property — as we do ours. Many of the industries, lumber and grist mills have disappeared but others have taken their place. One of the largest gravel pits in Ontario, along with all the bull-dozers, stone crushers, power shovels and all such equipment, is situated at Mount Nemo. Huge stockpiles of crushed stone replaces the wooded acres of days gone by. Nearby Lowville is a favourite haunt of artists and authors, who find plenty of inspirational materials amid such beautiful surroundings. One of the loveliest homeowned gardens I have ever seen is at the residence adjoining the Lowville feed mill. To give an instance — can you imagine anything more striking than crimson ramblers against a background of blue spruce?

There are some wonderful houses too — houses over a hundred years old, and, by contrast, there also fine, modern dwellings amid landscaped grounds. One doesn't need to go into these houses to know they are equipped and styled like magazine models of what interior decorators think a home should be.

But back to Ginger Farm . . . the smell of new mown hay is being wafted to me through the open window. It is thick and heavy with sap and Partner is worrying over the problem of getting it dry, particularly if the weather remains as catchy as it has been for weeks on end. Mitchie-White is walking back and forth over my typewriter — which makes it a good time to say goodbye until we meet again.

Keep Young Swimmers Out Of Danger

In the July issue of "Better Living" Andre Fontaine has an article entitled "Keep Swimmers Out Of Danger"—an article so timely and with such useful possibilities that we're reprinting it, in part, without waiting for permission from Mr. Fontaine, or the Dominion Stores who control the distribution of the makazine. After all, courtesy is one thing —but not so important as the possibility of preventing a few unnecessary tragedies.

Every time your child swims in your local pool his life may be endangered. Precisely how great the danger is, scientists do not know. Though polluted water often contains polio virus, test after test in the laboratory has failed to prove—without a fraction of doubt—that children with polio were infected by swimming in unclean water. In fact there is room for the suspician that swimming has nothing to do with the virus transference. Recent research by the American Public Health Association states that swimming pools are not a major public health menace, but that the danger in pools should be watched and curbed to an absolute minimum. For years ailments have been traced to bathing places—a very few cases of typhoid, many sinus infections, cases of the skin disease, impetigo and athlete's foot. Doctors have also tracked to this source dysentery, occasional mastoid and bone infections and, in Wisconsin and Michigan, a local ailment called "swimmer's itch," caused by worm larvae.

The effects of underwater swimming on human subjects were studied by the U.S. Public Health Service and a preparatory school in New England. The U.S.P.H.S. study centered in three test areas—Long Island Sound, Lake Michigan and the Ohio River, covering ocean, lake and river waters—places where people have bathed for many generations without a second thought. The conclusion reached was startling and simple. People who go in swimming are sick oftener than those who don't, regardless of the purity of the water. The New England study, conducted by Dr. Roswell Gallagher, showed that the boy who swam in the school pool comes down with more of the virus diseases, like mumps and measles, than the boy who stayed out of the water.

But try and keep any child inside the house when it's 102° in the shade. Swimming is a lot of fun and wonderful exercise—it's the only exercise which calls all the muscles into play without strain, and with coordination. We've come to realize that a child is in danger from the time he gets out of bed in the morning; he might step on a marble, fall and break an arm. So the common-sense question is: What are the dangers and what will protect your child against them?

No hazard is greater than polluted water. Most swimming pools take a precaution against bacteria in the water by adding germ-killing chlorine. Health departments, which keep a safety eye on these pools, require that enough chemical chlorine be used to hold the bacteria count down to a count of 200 bacteria per milliliter of water. This, up until recently, has been thought of as a low danger point and is the figure specified by the American Public Health Association. Pool water is sampled every day or on a two-day frequency to make sure the count goes no higher.

The big "if" factor is the time this sample is taken. This test was tried on a pool in Hartford, Connecticut, by several scientists from the Yale School of Public Health. If, for example, the safety count was taken in the morning, the ratio of bacteria to water ranged around 200, meaning the water was quite safe. If the samples were taken in the afternoon, when the largest number of people attended the pool, the count hit 2,000 or over—water so clear you could see bottom, with all the dangers of a murky polluted pond.

Here was an above-average pool, meeting every requirement of the health department, that admitted to a soaring bacteria count when most swimmers were in the water. Unfortunately this has been the common and unquestioned danger of every swimming pool. Nothing could be done about the health danger signal —until now.

New Cleansing Process

A pioneering group of scientists from Yale, headed by Professor Eric Mood, have worked out a new process of water purification which puts us one step further along the road toward stopping disease before it starts. Called in science journals "high-free residual chlorination," it means to those who enjoy the swimming sport that pool water can be made free of germs—and kept that way. This is done by putting ten to twenty times more chlorine into the water than is used currently; despite the quantity the water is less irritating to the eyes and skin of swimmers than under the old method.

Mood's new process had its trial dip at the Hartford pool. Measuring the average bacteria of samples of water taken during the afternoon's peak, the count which once had totaled 2,000, was now 1.

High-free residual chlorination, the newly discovered Yale purification process, is so new that it was announced to Mood's fellow scientists only a few months ago. Experimental tests conducted over a period of two years at the Smith College pool never revealed any drawbacks. Swimming pools across the country probably will adopt this new purification measure this year, if yours hasn't, urge it.

Other Dangers, Other defenses

But aside from water pollution, there are other dangers in swimming that you ought to know about. Several of these were summed up by Dr. H. Marshall Taylor in the **Journal of the American Medical Association** when he pointed out that "man is not normally a water animal." He is not equipped with adequate protection for keeping water out of eyes, nose, ears and sinuses; nor has he inherited a satisfactory system for maintaining normal body temperatures in cold water. Consequently, says Dr. Taylor, "unless he takes cognizance of the limitations nature has placed on him, he subjects himself to the likelihood of contracting the infections that frequently beset swimmers."

All experts agree that the number one thing to avoid is chilling. When your child becomes chilled, his resistance is lowered and he's fair game for any bacteria or virus. This means you shouldn't let him wear his suit in the pool and home again; he should change as soon as he comes out of the water. Also it's better if he doesn't stay in too long. Whether "too long" is fifteen minutes or three hours depends on the child. Some youngsters have an insulating layer of fat that protects them for others have none and so chilled in a few minutes.

Guarding Azainst Ear and Ear Trouble

Protection of eyes, ears and sinuses again varies case to case. If your child frequent sinus infection would probably be wise stayed away from diving jumping into the water the quickest ways of water into the sinuses. A clip might be a safeguard has had ear infections, he ably should wear ear Watch your child's eyes for of inflammation because washes away the protecting that normally guards the Don't permit him to swim or anybody else at a pool highly contagious pink eye.

There are other ailments stage their attack at pools, ly athlete's foot and impetigo is transmitted frequently," says Professor "by use of the common towel and that he isn't seriously sharing it with his pal.

ISSUE 29 — 1953

It's Magic!

4767 2—10

by Anne Adams

Four-Way Wardrobe! Key to well-dressed all Summer! Midriff-top, shorts, skirt and a shirt that doubles as jacket! All easy sewing for beginners. Choose sturdy cotton for playing, quick washing, easy ironing!

Pattern 4767: Children's Sizes 2, 4, 6, 8, 10. Size 6 bra, skirt, 1¼ yards 35-inch; shirt, 1¼ yards 35-inch; shorts, ⅞ yard.

This pattern easy to use, simple to sew, is tested for fit. A complete illustrated instruction Send **THIRTY-FIVE CENTS** (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly **SIZE, NAME, ADDRESS, STYLE NUMBER.**

Send order to Box 1, 123 Eighteenth St., New Toronto, Ont.

Giving the Bride Away—Pretty polio victim, Lucille Ruggles, was literally carried away at her wedding. Seen above in the arms of her father, William Ruggles, she was carried down the aisle of the church. Her bridegroom, Robert Spaugh, swept her up and carried her to her new home after the ceremony.

ISSUE 29 — 1953

THE Calvert SPORTS COLUMN

by Elmer Ferguson

● The greatest tennis player of all time, in the estimation of many experts, passed in the death of a man whose late years were unfortunately shadowed. Whether Big Bill Tilden was the greatest, as so many claim, will always be a point of contention, as all superlative ratings must be. But there is no question he was the greatest showman of all the tennis stars.

Tilden was a flamboyant, swaggering figure in sport's Big Six of the Golden Era of sport, the Roaring Twenties. Jack Dempsey, Bobby Jones, Babe Ruth, Red Grange, Walter Hagen and Tilden were figures such as are never likely to grace the sport scene again, certainly not at one time.

And none was a greater showman than Tilden. Even in the most important circumstances he could not overcome an obsession that ruled him, a desire to see if he could give the other fellow a handicap and still beat him.

Perhaps the most conspicuous instance in which this sheer gamble came to the surface was when Tilden was playing a Davis Cup match with the Japanese tennis member Shimidzu—a fine player, too.

Tilden, apparently through deliberate design, in the opinion of experts who saw the match, allowed "Shimmy" to win the first two sets and to get within match point of the third set before turning on the heat.

Then he began firing in cannonading fashion, and "Shimmy" lost that third set and the next two as well, suffering defeat in a match that had seemed already won. The set scores were 5—7, 6—6, 7—5, 6—2, 6—1.

Tilden did the same thing in another Davis Cup match, but this time it was done on a fit of pique. That was in 1923 and the Australian team was the challenging group. The matches were played at Forest Hills.

John B. Hawkes and James O. Anderson were the Australian aces. In a singles match, after winning the first set, Tilden made a splendid play in the second set. His return went close to the base line. The linesman called it "in." This point won him the set.

The crowd booed the linesman's decision. That irked the sensitive Tilden. But his anger took a peculiar twist. Instead of turning in and endeavoring to beat the Australian quickly, he deliberately threw the next set to his opponent, 6—1. It was his way of responding to the crowd's booing. He deliberately handicapped himself in order to show his contempt for the crowd and perhaps for his opponent.

Then he cut loose. He poured in everything he had. He won the fourth set and the match in decisive fashion.

A great showman, a tremendous tennis player, he made America tennis-conscious in the '20's, when the game was far less popular than now. That he could command attention in such an era, when sportdom was populated by giants, speaks highly of his qualities.

Your comments and suggestions for this column will be welcomed by Elmer Ferguson, c/o Calvert House, 431 Yonge St., Toronto.

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AMHERSTBURG, ONTARIO

Good Drinking Water at Bottom of Sea

Large quantities of fresh water are found at certain places in the sea.

Recently an English visitor to a coastal farm in South Australia watched his extraordinary story of sheep drinking salt-water remained nonchalant about it. Patiently, he explained that the sheep were drinking fresh water which had welled up in the sea.

The sheep who apparently drank salt-water made the world's headlines sixty years ago. They also led to the discovery of a great artesian basin of fresh water in South Australia.

Nature's Reservoir

In remote ages there were large depressions on Eyre's Peninsula in South Australia. These great hollows filled with sand and became a reservoir, which to-day holds seven-and-a-half thousand million gallons of water. This water is pumped to the surface and used for irrigation and the watering of stock.

The South Australian basin is one of a number of such regions in Australia—one of them, the Great Artesian Basin, lies under 600,000 square miles of the country —more than one-fifth of the entire continent. The daily flow from these artesian basins has been estimated at about 400 million gallons. The quality of the water is usually fairly good.

Much of the rain that falls on Australia sinks through the soil till it reaches an impervious layer. It runs along the top of this, perhaps some hundreds of feet below the soil, and eventually comes up as a spring.

Off the eastern coast of Australia fresh water wells up from subterranean springs and is often hauled up in buckets by the crews of ships.

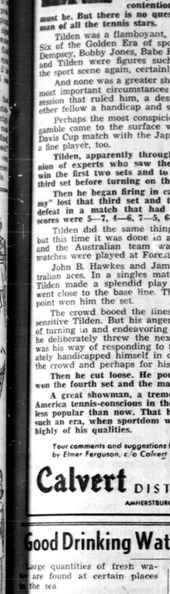
Divers' Discovery

Natives of some of the South Sea Islands dive for their fresh drinking water. They pop in, with hollowed gourds, and kick their way down to the bottom of the sea. They hold the necks of the gourds over the bubbling spring till they are full.

Ground ice, too, sometimes rises to the surface of the sea off the Atlantic coast of America. This, it comes from submarine springs. When the fresh water meets the cold sea-water which is below freezing point, it freezes quickly. The ice, being lighter, rises to the surface.

Large quantities of fresh water are found off the mouths of large rivers. Over a million cubic feet of water per second flow from the Amazon into the sea. This has been found—and drunk —as far as two hundred miles from the shore.

It is a regular practice of some ships to stock up with fresh water off the mouth of the Amazon.



Golf Champ — Marlene Stewart of Canada holds her winner's cup after defeating Philomena Garvey of Ireland, 7 and 6, in the 36-hole final of the British Women's Open Golf tourney at Porthcawl, Wales.

Day's Work—Cleveland Indian slugger Al Rosen (centre) crosses home plate at the Yankee Stadium in New York after hitting his season's 16th homer with two mates aboard. At left is Larry Doby, next Indian at bat, while Bobby Avila (right) offers his congratulations after being batted in. The Yankee catcher is Yogi Berra.

SPORTS & by A SIXBIT CRITIC

A week or so ago many thousands of the citizens of Chicago turned up at Wrigley Field, partly to see a ball game and partly to pay tribute to a character who, at an age when most ball-tossers are nursing dead arms and memories, still manages to do a pretty fair chore of mound duty.

* * *

The character referred to is, of course, Dutch Leonard who admits to 43 years — not so old as the one and only Satchel Paige, but still a remarkable age for an active pitcher.

* * *

This durable Dutchman goes right on working, in spite of Father Time, chiefly because of the simple device of throwing baseballs with his knuckles rather than his fingers. For some reason this style of pitching seems to require but little wear and tear on the heaver's physical equipment.

* * *

The Cubs, who acquired Dutch sometime in 1949, might have served themselves 20 years of waiting for their ball pen stalwart. During 1939, a year noteworthy in other respects, young Dutch Leonard hitchhiked to Chicago from Auburn and promptly applied to the Cubs for a tryout. At the time no one connected with the Wrigley Field outfit seemed interested, so the pitcher settled down to reaching his destination by a more circuitous route. He finally got there, 12 railroad stops and 20 years later.

* * *

In between Dutch had quite a career for himself in the American League. He was picked on six All-Star teams there, being the winning pitcher in the 1943 game. Casey Stengel had helped to make all of that possible by getting rid of Dutch after the 1936 season. That was during Stengel's dark, Brooklyn period, something the winner of four straight American League pennants does not talk about much these days.

* * *

Such success as the scholarly Leonard has enjoyed with his knuckleball is attributable to another American League manager, Paul Richards did time with Leonard at Atlanta soon after Stengel let the pitcher go, and it was under Richards' handling that Dutch really got the hang of throwing the knuckler. Richards caught the baffling pitch, or rather he stoically stayed with it where less courageous catchers would have given it up as a bad job.

* * *

Ultimately both Richards and his knuckle-throwing buddy got back up to the big leagues where Dutch promptly repaid his benefactor by closing him out of a World Series. That came on the final day of the 1944 season when Leonard, then pitching for Washington, shut out Richards and the Detroit Tigers to enable St. Louis to squeak by into first place. Richards had only a year to wait, though, both he and the Tigers being participants in the winning 1945 series over the Leonard-less Chicago Cubs.

* * *

Since going to the Cubs, Dutch has won his way onto a seventh All-Star roster. He set a club record last season by appearing in 45 games and finishing 35 relief jobs.

* * *

Because of the way he works now it seems unlikely Dutch will reach his goal of winning 200 games in the majors. As of June 30 he was 10 games away, but being primarily a one, two or three-inning relief man he usually is not around long enough to become involved in many decisions. Last year, although he worked 67 innings, Dutch had only a 2-2 won-lost record.

* * *

Nevertheless he should be around helping the Cubs for some years. When he warms up the knuckler in the bull pen it still takes two catchers to hold him.

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Flameproof Fireman — Walking through flames unsinged is this German fireman seen above. He is demonstrating protective qualities of a flexible, aluminum fireproof suit at an exhibition held in Essen, Germany

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800 AT BIRD'S FUNERAL

When a parrot was burried at Kanpur, in Central India, nearly 800 people were present.
Said the grief-stricken owner: "My parrot was forty-four years old and spoke fluent Hindustani. Whenever friends came to see me she greetcd them in my absence."
Following formal funeral services, the body of the bird was ceremoniously cast into the River Ganges.

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