# TABLE TALKS

"TEAS PROVIDED says the sign on many a garden gate in Britain; and at 4 o'clock on a summer holiday afternoon the sign is hard to resist." That's the way an article by Ivan Baker in The Christian Science Monitor because and the whole esticle is Christian Science Monitor begins — and the whole article is 2. Cooked potatoes, onions, o interesting, and gives rise to so many nostalgic memories of the "Old Country" that I'm just going to "borrow" it, without benefit of quotation marks, but with a bow of thanks in the

In the West Country there will be Cornish pasties, and shire cream so rich that it spreads, but never pours, and with a flavor all its own. Cream is once more available for the summer months after its wartime banishment from British

With a South Coast strawberry tea there will be thin bread and butter, and jugs of The cups and saucers, if we

are fortunate, will be the old fashioned kind with carefully painted little posies of daisies, forget - me - nots and buttercups howing under the glaze.

In the Midlands and the more northerly counties of Lancashire and Yorkshire, high teas are more substantial and take the place of supper. Veal and ham

pie is a favorite. Salmon in one form or another is popular. There used to be plenty of York pressed beef, and cold roast chicken garnished with tomatoes, lettuce, cress, radishes and cycumber. Here is a selection of some of the "specialties" served at holi-

Cornish Pasties Break a pound of well-season ed shortcrust pastry dough into

balls, roll each ball out no thicker than a quarter inch, and trim with six-inch plate into neat rounds. The standard filling consists of fresh beef or mutton. small cubes of potato, onion to flavor, and seasoning to taste. Pile the filling on one-half of the pastry round, wet edge, fold

over in half, and secure. Brush

the pasties with water or with Put pastry initials on a corner



Pie-Pretty — Apparently popping up out of the middle of this jiant apple pie is Carolyn Ellis, Washington State Apple Blossom Festival queen. The pie le eight feet in diameter.

Hot Mutton—Raising radioactive sheep is one way of determin-

ing effects of radiation on living things. These pure-bred Suf-folk sheep are part of a herd of 200 at the Hanford Plutonium

plant, Fed varying amounts of radioactive iodine, the animals

will tell scientists what the results might be if radioactive mate-

rials were suddenly released in great amounts into the atmos-

and grated cheese make a tasty alternative filling. Puff Pastry Slices

This is a quick way with puff pastry, using less than the usual amount of shortening. The recipe is for a small ar exactly calculated to fit the 10 in. by 12 in. baking sheet of the 31/2 oz. self raising flour 2½ oz. butter of margarine

1 teaspoon sugar 4 tablespoons water Pass flour through sieve. Cut butter or margarine (with the back of the knife) into cubes the size of hazel nuts and mix gently with flour. Put sugar in center.

Gradually add the water, lightly mixing into a dough with a fork. Do not knead. Rest dough three minutes. On a lightly floured board roll the dough into an oblong about 10 in. by 5 in., keeping the corners square. Fold oblong into three. Give pastry a quarter turn, clockwise. Repeat this roll-fold-turn operation another four times making five times in aii. It is then ready for

Roll the pastry out a quarterinch thick, cut in half, place both halves together again on the baking sheet, bake 16 min-utes, top shelf, gas mark 7 or

When cold, sandwich with thick vanilla custard, dust icing sugar over top (or ice with thin water icing), and cut into 6 large Note 1. There are no rests between the roll-fold-turn opera-

2. Roll pastry lightly and 3. The pastry is excellent for a large apple turnover. Roll it out thinly, put well-drained apple puree in center, fold over and secure edges, bake as direct-

4. Made cream or whipped cream makes good fillings for the slices.

Lemon Curd ½ lb. sugar 4 oz. butter or margarine 2 eggs Put butter or margarine in a

cepan and gently melt. Stir in lemon juice and sugar. Cook gently, stirring, 2 or 3 minutes. Take pan off fire and let cool a Beat eggs thoroughly, graduwith parsley and cucumber.

ally stir in the butter-lemonsugar mixture. Cook in a double saucepan, stirring constantly, intil the mixture thickens, this takes about 3 minutes. Put in ar when cool. This is good with brown bread, crackers, or as a filling for small pastry shells (lemon cheese cakes) to be baked in a moderate oven. Salmon Creams

12 oz. cooked salmon 1/4 pint salad cream oz. gelatin

Pinch of salt and pepper Flake the salmon then rub smooth through a sieve. Add seasoning and lemon juice. Dissolve gelatin in hot water, cool a little, and add to the salad dressing.

Stir sieved salmon into cream,

Grated rind of 1/2 lemon Raspberry jam

until done, top shelf, gas mark 5 or 380°. Potato Fish Cakes Mix 2 cups flaked cooked fish (two kinds of preference) with 2 cups mashed potato, 1 tablespoon finely chopped onion, 1 tablespoon dry breadcrumbs, and salt and pepper to taste. Shape into rissoles, coat in fine breadcrumbs, fry in hot fat on both sides. Eat hot or cold with salad. (Note. A beaten egg may or destructive and will try to



Look Me Over, Kids!-This comment might well be the remark of wedding page bcy Timothy Dawson, 6, of London, England Seen above, he gets a last-minute checkup before the ceremony while his three small friends look on admiringly.

## ..Plain Horse Sense..

by BOB ELLIS are called Ontario farmers will do well to head the advice of The Rural Co-operator, official organ of the Ontario Federation of Agriculture, whose editor thinks that it is important to find out the ideas and plans for agriculture held by the different parties and candidates.

This columnist would go one step farther and reverse the procedure by informing the parties and candidates of the wishes of the farmers and have them commit themselves on all questions of importance. Now is the time to tell the story of the plight of Canadian agriculture and submit construc-

ideas and suggestions to those who want to believe that - if elected - they will go to Ottawa to represent the interests of the common people of Ontario. Consider Group Interest Keeping in mind the revelations made by Blair Fraser in his article "Our Illegal Elections" in MacLean's Magazine, in which he declared that the two old parties were breaking the law of

add the salad dressing, stir well. Turn the mixture into 4 to 6 small china containers. Chill well, serve when set, garnished

Lentil Sausage Rolls Simmer 2 oz. washed red lentils in water to cover for 20 minutes, when the water will be absorbed. Add 1/2 cup soft breadcrumbs, 1 grated clove garlic, 1/2 teaspoon salt, pinch grated nutmeg, 1 oz. grated cheese. Mix well. Roll into 12 little sticks and put one on each of 12 squares of pastry dough measuring about 4 in. by 4 in., wet edges and seal. Brush with beat-

Bake in oven till brown Potted Meat

Finely mince, then pound very smooth, 12 oz. cooked meat, add 1 oz. butter, salt to taste, a pinch each of ground mace, nutmeg, pepper, and ground cloves. Mix well, press into small pots, cover with melted butter. For sanuwiches, and as a garnish for sal-

> Raspberry Buns 8 oz- self-raising flour 21/2 oz. batter 3 oz. sugar 1 egg 3 or 4 tablespoons milk

Sift flour, rub in butter, stir in sugar, add beaten egg, stir in lemon rind, add milk to form a soft but workable dough. Between lightly-floured hands roll the dough into a dozen small balls and place on a greased baking tin. With a one-inch diameter box lid, press a little hollow into each ball, then fill with rasp-berry jam. Bake 18 minutes or

Now that the federal elections | the country by the way they are running their campaigns, it is of the utmost importance that the farmers scrutinize very carefully every word that will be said between now and August 10th. Far too long have Ontario farmers looked at elections as a game in which they have been

taking sides according to family tradition and were plugging for the team their forefathers had plugged for, without taking consideration the interests of their own occupational group. After the damage was done they expected their leaders cap in hand to go to the government of the day and ask for hand-outs. The result of this unsystematic system is that we have lost our overseas markets, got edible oil imitation of dairy products, that

farm prices are slipping. Farmers, Speak Up! If the farmers of Ontario see fit to vote for the men whose election campaigns are financed by the very same elevators, packers, canners and implement manufacturers whom they blame for the poor shape agriculture is in at present, they should at least make sure that not again they

surpluses are accumulating and

will be sold all the way down The suggestion of The Rural Co-operator is sound. It is up to the farm organizations in the counties and townships to give The doors are opened and the their members the opportunity to hear all candidates in their respective ridings at the same time from the same platform. This is a sound and sensible way every individual farmer to consider the ideas of all candidates and their parties, make up his own mind and vote intelli-

But not only should they come heard. For many years now farmers have been pleading with their governments for certain measures to be taken. They aldays did so after elections. Would it not be more sensible to do so before elections? In every business the bargaining is done before possession is given. And Government is the most imporant business of the country

Facts Known-Action Needed What we want is clear-cut plans and commitments, not vague promises to study our problems and to develop methods of remedy in a distant future. Farmers know what they need and have asked for it time and again. Now is the time to get it. We want legislation giving us the power to enter inter-provincial and export trade through our own marketing boards. We want our over-seas markets back to get rid of our surpluses which are being used to depress home prices. We want the Canadian Wheat Board to handle all grains. We want feed grain storage facilities established by the gov-

ernment at the Eastern Lakeheads. We need relief of our school taxes by federal aid. Last, but not least we need and have asked for a National Health Insurance Plan. No more study is necessary. The facts are known. What is needed is ACTION.

This column welcomes gestions, wise or foolish, and all criticism, whether constructive be added to the mixture, in which case add a little more dry breadcrumb or it may be too soft to shape conveniently.)

or destructive and will try to answer any question. Address your letters to Bob Ellis, Box 1, Ont.

#### They Send Souls To Heaven -- By Rocket!

purgatory and for

The head

proves the

story to the

Indian, Karl Esk

wind blew from the wes

The bird opoulation

become cool again and the

SOME TYPES YOU SEE

Counting the Birds!

dians provided the

"Anywhere for a change!"
Down through the years these been tossed out by frustrated words, vehemently at times, have men. The majority have been content to utter the phrase—and do nothing. Others have been more determined to pack up traps and set off. A new horizon, a new inter outlook and - who knows? -

When Karl Eskelund, a Dane, said it, he meant it. He was happy enough with his Chinese wife, Chiyun, and small daughter, Mei-mei, in their straw-thatched bungalow "The Garden of Eden." set in picturesque Guatemala. The cloud in Karl's heaven was his publisher. The novel he had sent for con- if the souls of the white in

sideration brought a polite rejection slip: "The book is well they must be .. everybody has praised but the poor book ." Karl wasn't used to rejections. It hurt. Travel was the only cure for his annoyance and South America was decided on. For safety's sake little Meimei was left behind in the care of Karl's father

Dropping in at Panama, the vivid red plant juices. His visitors were impressed by the way the Americans had trans-formed their tropical strip of territory. In this once-dreaded pest-hole there wasn't a mosquito to be seen. Like an eagle's nest, Machu

lies atop a great, steep mountain, writes Karl Eskelund in his absorbing and admirably written book, "Head-Hunting in Ecua-dor." Around the foot of the mountain a river foams in a land, according to the local mandant's census (and al ler stands on the bank of the the island was not visible River Urubamba and looks up, the mainland, its guane it is just possible to distinguish the outer wall of the dead city. Grey, heavy clouds which come floating endlessly from the Ama zon valley give the illusion that the whole mountain is toppling however, must be regarded

a certain amount of In the Dead City On the journey up to the dead counting was surprisi city the author and Chi-yun were | First, he estimated how rewarded with a scene of breathsquare yards the int taking beauty. They beneld a cupied, mutiplied the figur city which seemed to be part of five, and the result of his the very mountain itself; they lations was the "official" of couldn't tell where the rocks ceased and the grey walls bedealing with a growing po gan. Among the buildings lay hundreds of terraces, as regution on this island, and kee it within limits. Chincha's lar as stairways. And above all, subsists on anchovies, an even above the king's palace. five-yearly intervals th towered the ancient Temple of perature of the waters sur Visiting the city of Arequipa,

ing the island rises. The and ies swim away in search of of the travellers witnessed the busy er waters, and Chincha is str scene which takes place anen with famine. Within a few months its pop nually at the church in the main square on All Saints Day, when lation, which had grown to pr sibly six or seven million, is religious leaders experience their busiest time of the year. duced to two or three mil From early morning people It's a tough procedure, reco stream to the gravelyards. Here, the earthly remains of the rich fort themselves with the thou rest in splendid marble vaults. that next year the water

chovies will return. bones carefully cleaned with alcohol or eau-de-Cologne. The poor lie buried in another part there are no marble THROUGH A WINDSHIELD vaults, only modest little heaps of stones. As a mark of respect mourners whitewash the stones. The priest rushes about with a cross in one hand and a box of matches in the other. He stops at each grave and after receiving a cash payment lights a rocket. Up it shoots into the air. If it goes straight the soul of the deceased is already in Heaven. If the rocket goes sideways the The Last-Minute Scuttle

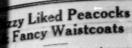
Smart Luggage—Only winner in the luggage field of this year's

Design Award of Merit, sponsored by the National Industrial

Design Committee recently in Ottawa, this lightweight, women's

luggage is covered in vinyl plastic material simulating smooth

rawhide leather and comes in a natural shade as well as travel-



o many people who are ally indigenous, Disraeli ader of England and the tife than were a keen apprecis, though the av-Good-bye, my dea e once said after a visit Shaftesbury, "you have e the privilege of seeing most impressive of all great English noble-

patriarchal sta ditary halls." .

self, whose clothe

home life was almos Asiatic touch was provided adv. you cannot hav without peacocks," said a guest; and certainly not. Perhaps the only not of the East came from "No Such Animal" not those of a typical Brit The fancy waistcoat d been abandoned in Lonwhen seen for the first tim

eared in the country more remarkabl ain't no such animal! This Indian paints h icket and a Tyrolese hat amor reached his friend ford in December, 1850 that with a strong red color as growing a fierce pair of taches. "Now this is very torso and arms are orna rote Beresford to Stanley. with dark horizontal is not the person who Narrower strips adorn his on his wrists are broad attrack attention by ress and appearance, but talents. I do trust that bracelets. To complete t our scheme his legs, fre le is only assumed while knees down, are dyed Apparently Chincha, the largest of th pite of his oddities, or beof rocky islands along the

them, his tenants and liked him, and he atto their wants. He en-talking to them, finding onversation racy, their restful and agreeable. arly liked the society quick observation and appealed strongly Nature whispers t of her secrets," he A forest is like an ocean, is only to the ignorant.

A Sat Angel Face

eps outside his quarters

a look around. The "ser-

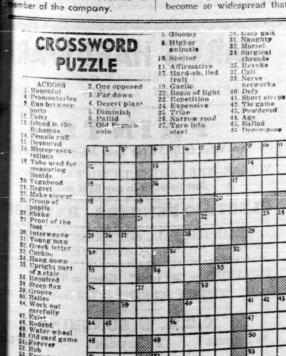
rs of "Dog" Company as

cot and will become a

as acquired by trainee

ed his trees and was ntly planting new ones, escedars, firs and pines: a passion for books and like to look at them pass the first week in ering about my park and

This bartering of young natives is not confined to the more obcure and primitive areas of the country. Some time ago a scandal blew up in Brazzaville, the capital of French Equatorial Africa, on account of the open buying and selling of human merchandise while in Tanganyika the brazen auctioning of young natives ha become so widespread that mis-



8 5

## Here Is a Double-Duty Blanket and Spread

BY EDNA MILES

CO many things are happening these days to simplify S the bed-making task that keeping up with them requires real attention to the subject at hand. Fitted sheets, top and bottom; lightweight blankets in gay plaid and pastels for summer, and fitted blankets are some of the many bonuses for the homemaker.

Newest of these is a bed-covering bedspread developed by firm of famous blanket makers. It's a handsome bedspread on one side and a fleecy, brush-nap blanket on the other. This eliminates the need for both a blanket and spread. This cuts down the entire bed-making operation too, and coupled with fitter sheets, practically reduces the whole matter to a flip of the wrist. It keeps the bedrooms looking neat and pares expenses too.

Furthermore, you can choose this blanket-spread in any one of contrasting decorator colors and in twin or double sizes. You can treat it to a hand-laundering or pop it into your machine since it's guaranteed against shrinkage and is color fast. Sides of this blanket-spread are handsomely fringed. The to

and foot have luxurious eight-inch binding which make it pleasure to own. 

I saunter in the library to Theology, the Classics, and History." He had a favorite beech walk at

the bottom of his garden, and what he called a German Forest up the hill behind the house, through which paths were cut and rustic bences placed wher he could enjoy the views. There were trees wherever he looked and the woods of Wyce bey could be seen from his terrace.—From "Dizzy: The Life & Personality of Benjamin Disraeli, Earl of Beaconsfield," by Hes

#### Slave Trade Is Still Booming

A young girl, scarcely in h auction block. While she stands motionless, only her eyes betray ing her fear and apprehension dusky-complexioned, hawk-eyed

Most of these buyers are purhasing the dusky damsels (sel dom more than thirteen or fourteen years of age) for resale, at a handsome profit, to distant clients. It is all reminiscent of a savage, sordid scene from the Middle Ages, before the tawdry traffic in human bodies was condemned and outlawed by the civilized world.

Yet it still takes place to-day.

When the auctions are over the carefully guarded human cargo is smuggled north to the many rich markets on the southern shores of the Mediterranean and the Levant. If the market in these areas happens to be at a low ebb at the time, then they may be sold as servants in middle-class homes.

Missionaries' Difficult Task
The latter method is becoming an increasingly common practice in some quarters. Inflation is not a condition peculiar to Occidental countries. The rising cost of living has hit many previously wealthy men in the areas which provide the best market for this terrible traffic. Consequently many can no longer afford the considerable expense involved in the maintenance of a harem with a bevy of lovely but idle girls. So often the highly satisfactory an-

Villainy on Hand-These hands, belonging to Hubert Hunt, far crops and grazing lands in Indiana, Ohio, Kentucky, West Vir in great numbers in search of food. After its destructive role is

mer, hold a mess of the ugly worms that are currently ruining ginia, Maryland and New York. The destroyer is shown in the drawing below. It gets its name from its habit of "marching" finished, it retires into a cocoon, later to emerge as a moth.



sionaries recently took steps in an attempt to curb the scandal. ies: (1) That fast-gaining pigs are always fatties; and (2) that A United Press report some antibiotics drag down carcass quality. That 201-pound porker, for instance, graded No. 1, and time ago said: "Missionaries have begun a slow but steady battle in the jungles of Central Africa had only 1½ inches of backfat! Lasley believes in feeding pigs born. The against the selling of young girls into slavery and harems." The (Catholic) News Agency, Fides, reported in a despatch from mother sows got corn with proreported in a despatch from tein supplement and minerals. In the winter a stabilized Vita-Kitega that missionaries have remission on the min A and D mixture was adshores of Lake Tanganyika, abanded. While they were nursing the sows got a bonus of five mg. doned in 1881 when two priests and a helper were massacred by natives. The report said: "It is the hope of the missionaries that their when the scandalous practice of selling young Barundis, a practice that still exists on a large scale, will come to an end."

Shortly after tarrowing, the baby pigs started getting aureomycin, mixed with clean sod.

(The sod prevents anemia while the pigs are on concrete.) scale, will come to an end."
But is is highly probable that it

will be many years before this disgraceful and degrading trade in human flesh is finally and completely eradicted. Age-old customs die hard in what still is, in many ways, the

### THE FARM FRONT by John Russell

Hog raising records are due for tumble, it is claimed down Missouri way, where hogs occupy a far more prominent place the general farming econom

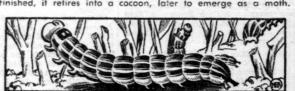
than they do here in Ontario. For they're trimming one being heaved overboard.

One crossbred pig (inbred Poland China X inbred Landrace in the Missouri tests has pushed the scales to 201 pounds at four months. Others of the same lot, fed under the supervision of D John Lesley, weren't far behind -two hit 193 pounds in the same period. Most hog raisers do well to make that much pork in six

Lasley used no magic-nothing but simple breeding, feeding, and management methods, with antibiotics and vitamin B-12 added to the rations. He made sure that the pigs were never hungry.

The tests exploded two theor-





Shortly after farrowing, the

In the creen feeder on pasture. the pigs had free choice of roll ed oats, shelled yellow corn, and of dry skim milk, fish meal, soy bean oil meal, aureomycin, Vita-min B-12, minerals and cod liver

After weaning at 56 days, pigs

ound yellow corn ... 1435 lbs.

went on this ration( self-fed on

Tankage (60% protein) 200 lb

bone meal, and salt) .. 10 lbs.

Antibiotic supplement ... 10 lbs.

The whole lot put on

feed for that much gain.

pounds of gain for every 330 pounds of feed. Good hog produ-

cers usually use 400 pounds of

Lasley steamed the farrowing

pens before putting sows into them, washed the sows' udders

before farrowing. The pigs got a

shot of bacterin at one, two, and three weeks to ward off disease.

Not many new ideas here, but

it shows what we can do when

we put to work all of the things

that we really know.

Soybean meal (44%

middlings Minerals (equal parts

Wheat shorts or

# a concrete floor:

two months off the market age of hogs at the University of Mis-And in the process, a lot of old beliefs on hog raising are

months.

ed Man with a sense of mystery and unknown destiny. To the American Indians it was the "path of souls." In ancient mythology it was the highway of the gods to Olympus. Its very name commemorates an ancient legend that Juno,

when suckling Mercury, scatter-ed Milk across the skies. But this feeling of deep association with the stars, and the simple affection for them which we find in Chaucer and other medieval poets, have been de-stroyed for us by astronomers who have measured their vast

These astronomers tell us that Way whose light takes not hundreds, nor thousands of years to reach us, but hundreds of thou-Twelve years ago a new type

What Goes On

In The Milky Way

most striking sights in the hea-

very thorough examination by

astronomers during the next few

A giant telescope has been

South Africa, where conditions

are ideal for studying this stu-

Observations and mathematic-

al calculations are to be made over a period of years, and it is

hoped that many of the mysteries

More than any other celestial

object, the Milky Way has affect-

pendous galaxy of stars.

of starland will be solved.

vens on a clear night, is in for a

the Milky Way, consisting of an immense "crowd" of stars, 5,000 of which have been counted so far. The light from this star cloud takes 300,000 years to reach us, which means it 18,000,000 billion miles away.

NO CROWDING Gazing at the Milky Way on a stars are visible to the naked ever, will reveal about 1,500 mil-

One might think this would cause overcrowding. But as one astronomer has remarked: "Set and its skies would be more crowded with wasps than the Milky Way is with stars!"

> LOST IN SPACE Sir James Jeans describes the central hub. Our sun is one of the lesser stars of this cartwheel system or galaxy, and our proud earth is comparable to a speck of pollen floating in the Pacific Ocean. Yet in the Universe there are at least 100,000,000 stellar

Another brilliant star-gazer, Dr. Subrahmanyan Chandrasekr, predicts that the Milky Way will not always hold together in its vast cartwheel across the heavens. The cartwheel, he says, the stars will "jump their tracks. becoming wanderers lost in space. This calamity will not occur, however, till about the year 9,997,000,000,000!

Milky Way are in the evenings in autumn or winter, when the "cartwheel" effect can be ob-served. It is then high in the heavens, and suffers less from the interference of our atmo-

ed to that of an old, gnarled tree-trunk, but even with a small telescope the detail becomes

thousands of separate stars scatgrund of darkness; at another of **TESUNDAY SCHOOL** 

By Rev R Barciay Warren

Paul's Joy in Christ Philippians 1:12-27a. Memory Selection: The peace of God, which passeth all under-standing, shall keep your heart and minds through Christ Jesus Philippians 4:7

Paul's experience in the prison of Philippi is one of the high-lights of Paul's second missionary journey. He and his compan-ion, Silas, had cast the evil spirit out of a so-called fortune-telle The young woman's masters succeeded in rousing the rabble against these good men and secured their imprisonent. But at midnight Paul and Silas prayed, and sang praise unto God. Fol-lowing an earthquake the jailer was converted. (Acts 16). Now Paul is writing this Philippian church from the prison in Rome He still has the spirit of joy. In fact the keyword of the letter

The spirit of triumph in spite of grevious circumstances still persists in the world. Two years ago Bob Pierce went to speak in a church in South Korea at 6 a.m. It was below zero. The un ed on the floor. Bob read the chapter which contains today's lesson. "I would ve should un erected near Bloemfontein, in | things which happened unto me furtherance of the gospel.-In dent token of perdition, but to ed upon the people, the lesson of they rose and sang lustily: "I must tell Jesus all of my trials:

I cannot bear these burdens help me, He ever loves and cares for his

own. I must tell Jesus all of my troubles, He is a kind, compassionate If I but ask him, he will deliver,

Make of my troubles quickly an Yes, God can still keep us rejoicing, in spite of trouble.



to the first MIG pilot who dejets to United Nations' forces in Korea, the offer of pretty Kath leen Hughes, Hollywoodite, will probably add more incentive than \$100,000. The prize money was promised by American authorities hoping to obtain one of the planes for research purposes. Kathleen's offer depends on approval of General Mark Clark.

star clusters following one another in a long procession; at another, the stars seem to collect in

These days if a man makes beat a path to his door.