ANNE HIRST Your Family Counselor

ern mothers would keep in mind that their sons will be husbands about it!" complains a wife who might be happier. "Instead of worrying about whether the girl ner son chooses is good enough for him, why don't they ask them-

"My husband is what is known as a 'good man', and our marriage of a dozen years has been comparatively pleasant," she continues. "But how much happier me as a piece of household fur-

"For the first five years, I held on to my job. Did my husband ever offer to help prepare dinhe! He thought it was beneath



by Anna Adams Oh, what this molded middle does to whittle your waist, pare down your hips! So very glamor ous, they're raving about this sil-houette in Paris! Lucky Junior, have this as a casual dress in nov-elty rayon or cotton—or as a late dress in swishing taffeta. Pattern 4821: Jr. Miss Sizes 11, 13, 15, 17. Size 13 takes 4¼ yards

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send THIRTY-FIVE CENTS (35¢) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, Send order to Box 1, 123 Eighteenth St. New Toronto, Ont.

"What Am I?" "Now, with a house to look

mine, no matter how tired I was.

after, an active boy to train, laundry and the garden to take care of, I am still supposed to consider all I do as a privilege. Never a word of appreciation do I hear; no comment on an unusually fine dinner, nor on my son's good manners, which he does NOT inherit from his father. Even the refrigerator and vacuum cleaner get out of order if they 'aren't serviced-but I receive less attention than either.

"We hardworking wives don't ask to be spoiled, though a little of that wouldn't ruin us. All we want is to be treated like a human being. If my husband gave me the affection and atten-tion he gives the family dog

would I be grateful!

"Fathers have a duty, too, to set an example in courtesy and thoughtfulness, so that their sons will learn by imitation what good wife deserves. My father-in law took his wife as much for granted as my husband takes me; yet the latter is more polite to a eighbor. "You can be assured I am

bringing up my boy differently. When the little girl next door runs in, my six-year-old son, rises and welcomes her properly and does she love it! He has better manners than all his young friends, but they dare not laugh at him—and they all like him.
He helps me about the house, and is learning to take care of his own room; I've even got him interested in cooking. The girl that gets him will never have to go rough what I have !"

To "TIRED WIFE": How can smart businessmen be so thoughtless at home? Your hus-* glows when he praises her apuly the same psychology to santly day after day, year after year, with no pay and not even a word of appreciation! Why does she carry on? She is stuck with her job. Why do men shed their good manners at the

ahead to their sons' married gularly, the habit of apprecialaw love them for it!

To MEN READERS: How long since you told your wife you enjoyed the dinner—and put your arms around her when you said so? Wives are like flowers, attention keeps them blooming . . Anne Hirst can give first aid to husbands in the art of married 123 Eighteenth St., New Toronto,

When St. Paul, Minn., appointed a city inspector to conduct a campaign for eliminating rag-weed, he suddenly contracted hay

ICED HOT CROSS BUNS

They're "topping" made with new fast Dry Yeast

• They rise so wonderfully -That's because Fleischmann's new Fast Dry Yeast keeps full-strength and active till the very moment you bake! No more spoiled yeast! No more refrigeration - you can keep a whole month's supply of Fleischmann's Dry Yeast in



ICED HOT CROSS BUNS Scald 11/4 c. milk, 1/8 c. granulated ugar, 2 tsps. salt and 5 tb:

tening; stir in 1 c. crisp akfast-bran cereal and coc o lukewarm. Meanwhile, measure into a large bowl 1/2 c. lukevarm water, 2 tsps. granulated igar; stir until sugar is dis lved. Sprinkle with 2 envelope eischmann's Fast Rising Dry ast. Let stand 10 minutes HEN stir well. Add cooled milk smooth. Mix in 1 c. seeds and ¼ c. chopped candied k in remaining flour mixture

DRY YEAST

out to try it again. This time it was hopeless . . . I had left the ignition on! The battery was as dead as the hen that brained For overnight relief of KIDDIES' CHEST USE A RUB WISE COLDS FLEISCHMANN It is a snow-white highly-medicated rub that vanishes—10 bring almost instant easing of stuffed-up nose, tight chest and cough-irritated throat. Ask your druggist for BUCKLEY'S Stainless WHITE RUB. Only 50¢.

ISSUE 13 - 1953



Boner of the Year—There's an engraver in England whose face is as red as the Queen's Guards' tunics. In engraving the official boronation medallion pictured above, he got the 'Z' (arrow) in "Elizabeth" backward. The boner was not discovered until proofs had been made and distributed both in Great Britain and the U.S. The entire lot had to be re-minted. There's no word on what

battery - for a slow charge -

much easier on the battery This

was slow all right-so many bat-

terics waiting to be charged that
I had to wait five days. And

then Bob came home from the

north-and he took over from

to the banana belt. He has had

all the cold weather he wants

for awhile. The week before he

left Matheson it was fifty below.

This has been somewhat of a

orange freeze solid in the back

pocket of his pants. He also men-

that had twenty inches of snow

miles in the two months he was up there. He made up for it on

the way home. He left Matheson

at 4 p.m. Friday and arrived

home 3.30 a.m. Saturday—about 500 miles. When he came to bare

ground south of Barrie I guess

it looked pretty good to him. So

now Bob is at home again night

and morning but working at his

old construction job down at

Isn't it nice to have the days

Oakville during the day.

cord winter up north for snow

CHRONICLES GINGER FARM

I don't intend to do more than nention in passing the outstanding event in last week's news. That is the death of Stalin. Abler pens than mine have, and will continue to deal, with that world-shaking event. To me, of the most extraordinary signifi-cance, is the fact that twice in our generation a man has risen from the ranks and become sufficently powerful to upset the balance, not only of his own country, but of practically the whole world. With that I leave on top of the roof. As for driving, he hadn't driven his car ten the subject. the subject.
Turning now to ordinary,

everyday affairs—have you ever realized how many odd accidents occur that could not possibly be foreseen? The other day I noticed an account in the daily press of a child being hurt by the explosion of an egg! It was in the process of being boiled; the saucepan boiled dry; the egg exploded and fragments of shell few in the face of a little girl who was standing near the

getting longer—actually there when we get more sunlight. And That same night I was nearly brained by a dead hen! It happened this way. Two days prev-iously Partner had killed a hen far as I am concerned. On the wall of my den I have a decoratand hung it in the back porch. ed card pinned up-an inspiration to me but a worry to Part-That was during our last zero spell. The bird froze solid. The back porch is where I also feed ner. It features an hour-glass, and the inscription reads thus, "Lost Yesterday. Somewhere bethe dogs. That night I went out tween sunrise and sunset, two with the dogs' supper as usual golden hours, each set with 60 -a dish in each hand. I stopped to put them on the floor—at a daimond minutes. No reward is offered for they are gone forestrategic distance from each other. As I straightened up again . wham! . . . It was the hard-

still sore to touch even after

six days. Today we ate the hen

"He who laughs last laughs loud-

I hadn't thought of it until

this minute but maybe that

bump on the head affected my

grey matter. Anyway I was try-

ing to start the car next mornig, but it failed to oblige-so left it. After dinner I went

What exactly is "lost time"? rozen head and sharp beak of Actually, we none of us lose our dead hen. It almost knocked time; we all of us have 24 hours me out-but not quite. I still to spend. But I suppose time is had enough strength to sit down lost when we do nothing that is on a chair and laugh and laugh, even though I was quite alone. It struck me as being too ridiculfolk. Some people think reading ous-to be hit on the head by a dead hen! And then I put my now Partner is reading "The Incredible Canadian" and I am halfway through "A Sense of hand to my head, which was by this time aching considerably. Urgency." I think we shall both find our time has been well felt a steadily rising lump which finaly reached the size of a walnut, although the skin was not broken. My head ached for the rest of the evening-and it i

Handy Helps For. Indoors And Out

outside kitchen window facing your driveway. Then you can roaching withou peering and being seen. Gives you an extra minute to spruce up your hair or face or tidy up the kitchen.

Clean dingy, mildewed clothes pins before they soil your clean laundry. Soak in bleach for 10 or 15 minutes, then wash in hot soapy water and rinse. When dry, they'll be clean and new-

Make TV snack trays from small framed pictures you're tired of. Cover backs of pictures with press-on felt or cork, and freshn the frames with a coat of enamel.

Make a 12-inch-high bench for the children to sit on to watch TV. Shorten the legs of any sturdy old table. Cover table top and sides with colorful plastic and sides with colorful plastic upholstery, and trim with upholstery tacks. For cushioning on top, cut foam rubber, or babybed mattress, to size, and slipcover with the plastic. Children's feet can't hurt it.

A multiple-skirt rack makes a wonderful organizer for chil-dren's winter caps, helmets, mit-tens, scarfs. Hang inside closet door-the lowest tier for the me. The next step was to send for a man to come up for the the tallest.

Make a long - handled match holder so that you can light that low non-automatic oven or broiler without stooping, and without scorching fingers. Flatten a 2-foot length of 1/8- or 1/4-inch copper tubing at one end, so that it will hold a wooden match stick securely. Bend a crook in the other end, for hanging near your oven. This match-holder reaches even the back burners easily.

Delight a little girl with an in expensive wash cloth and towel set for her doll, made from coland cold-and a record mild winorfful wash cloths. Cut one wash ter for us. One day, while he was working outside, Bob had an cloth in quarters, for doll wash cloths, and hem. Use another wash cloth, cut in two, for doll's towels. Embroider doll's name or initial on each piece. If child has boy and girl dolls, embroider His and Hers on sets. She'll love them! Hang coat and dress hangers

in the car on a jar rubber that has been folded in half and the car window closed on the ends. Devise a clothes pin basket that slides along the line from a dis-carded lamp shade, a wire dress hanger, and a circle of plywood or heavy cardboard First, cut off bottom of hanger, and fast ends to opposite sides of wide rim of shade. Put a circle of

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CROWN BRAND CORN SYRUP

on your cereal M-m-m! Good!

for you - just try

plastic-covered plywood or heavy



WALNUT BUTTERMILK LOAF Mix and sift twice, then sift into a bowl, 2½ c. once-sifted pastry flour (or 2½ c. once-sifted hard-wheat flour), 2 tsps. Magic Baking Powder, ½ tsp. baking soda, 1½ tsps. salt, ½ tsp. ground mace. Mix in ¾ c. lightlypacked brown sugar, ½ c. rolled oats and 1 c. broken walnuts. Combine 1 well-beaten egg, c. buttermik, 2 taps, grated orange rind

**sp. vanilla and 5 ths. shortening, melted. Make a well in dry ingredients and add liquids; mix lightly. Turn into a loaf pan (4½" x 8½") which has been greased and lined with reased paper. Bake in a rather slow oven. 5°, about 1 hour. Serve cold, thinly sliced nd lightly buttered.

To protect wal

washing or waxing slide a 12-inch plas

the wall, ceiling, or floor pipe runs through, quarters, and cut o protect.

Put legs on a large pastry board, and set is kitchen table that is too stops make sturdy legs, raise work surface



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to bring you not only fast relief
more prolonged relief.
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relief too... or for the paim
neuritis or neuralgis and the aches
pains that often

chase in England lays over any other sports event earth. And maybe, he's right, hat. But we wouldn't mind ed over in those dear Alps, English steeplechasing a "Answers."

we do not wish to pose in authority on either of these imes. The nearest we ever to participating in the was exciting enough, goodknows, especially the time

writer in a large Canadian | the thickness of the ice and endy recently made the state- | ed up in about three feet of very that, for danger and ex-tent, the Grand National sound like very much water, but it's sufficient to wet and chill a small boy all over-and through. Stilll, we guess that this Cresta Run in Switzerland may be a teeny bit steeper and-possibly port of bob-sledding, as a mite more dangerous. Here's the way it looks to a writer in

> At the top of a steep slope of polished ice, a man wearing a crash helmet, gauntlets and el-bow protectors lies face downwards on a steel skeleton. He is given a signal, and plunges sud-

back hill slope in Elora from his toboggan just one min-ended out on the frozen the later, more than three-quarace of the Grand River. The ters of a mile away, 500 feet lower down. Into those 60 seconds on the Cresta Run have we put too much trust in | been packed more thrills and



E Calvert SPORTS COLUMN by Elmer Ferguson

• It may be a trifle early in this year of grace to start picking any "mosts" or "bests" along the sports trail. So we'll settle, right now, for a somewhat shaded "most", to Avery Brundage, the high potentate of amateur sport in America, as the "most daring" gentleman of this year

potentate of amateur sport in America, as the "most daring" gentleman of this year it happened this way:

There was some discussion among amateur leaders to the general effect that when the next Olympic Games are held in Melbourne, Australia, in 1956, they should be cut down to fit the size of the sponsoring country's ability to take care of the world's greatest athletic celebration.

The high cost of everything—food, transportation, equipment—in view of the ever-increasing number of athletes and officials involved, and the ever-expanding sports programs, was the cause of this debate. For Finland sustained a heavy loss, last summer in its Olympic venture.

So the daring Mr. Brundage, practically taking his athletic, if not his human life in his hands, tossed a bomb into the debate by suggesting that the women's events be dropped from the Olympic program. He suggested separate Olympic Games for the women athletes, which, of course, could mean that women's participation in the Olympics was ended. For what nation would care to take the financial gamble of staging an Olympic meet for women only?

The girl athletes will scream in fury if any such effort is made, for the competitions, engaging girls only, in a comparatively few years, has become a very definite and colorful part of the big Games. Of course, Mr. Brundage in self-defense—of which we believe he will need a great deal—could retort by pointing to history. For, more than 2000 years ago the women's Olympics were separate from the men's game, which women were not even permitted to view!

But times have changed since then. Women have become, steadily, a more important factor in the sports world, and to sprinting, diving, swimming, figure-skating, and other Olympic events, they have made a very definite contribution not only of feminine pulchritude, but of real athletic qualities. Mr. Brundage wiit find himself the centre of a great upheaval if he seriously undertakes to enforce this man-made idea.

Our own notion is that Olympic standards, and have a real cha

Literally scores of athletes, male and female, verging on mediocrity by Olympic standards, get on board for the ride, every Olympic year. It's this excess baggage which runs up the costs, not the presence alone of the girl athletes, bless their little hearts.

Your comments and suggestions for this column will be welcomed by Elmer Ferguson, c/o Calvert House, 431 Yonge St., Toronto.

Calvert distillers limited

his courage. dive. When the rider reaches maximum speed, he is at Church Leap, and the toboggan momentarily leaves the ice. He "lands" and continues. Every hazard of the course has its name. Battle-dore and Shuttlecock, perhaps most famous, is an S-bend where the rapid change in direction

Those who suffer this misfortune qualify for membership of the at National was tearing up denly downwards with a speed that may reach 80 m.p.h.

Our experience of bob-sledwas pretty much confined

If he is lucky, he lifts himself before the next is presented, until the create presented to the cre

the bottom. In spite of the dangers, serious injuries are few. In a long career that started in 1907 and, included three wins of the Curzon Cup, Lord Brabazon had only

But bruises and abrasions there are in plenty, in spite of rubber "cushioning" to absorb the worst bumps, and heavy protective clothing. Spills are usual ly more spectacular than danger ous, but no one is allowed o the full Cresta Run until he has qualified on portions of it.

The Run is opened in sections

so that even experienced riders can work up gradually to the hazards of the whole course ta-ken at full speed. For many years women have been forbid-den on the Run. In addition to complete phy sical fitness, a rider needs an acute sense of balance and abil-

ity to make split-second deci-sions. Only experience teaches the fastest possible speed at different points of the Run under different conditions. TCH RELIEVED IN A JIFFY or money back

ess, stainless. 43c trial bottle must satisfy or money back. Ask your druggist for D.D.D. PRESCRIPTION.



Log Riding Dog-Peppy, talented balancing dog starring at a sports show, perches high on a chair-back for his master, Bill Fontana, of Fort Frances, Ontario. The man balances the floating log while his dog stands on the chair which straddles the bobbin

where the middle-aged often beat the young. Daring and cour-

age alone are not enough. Lord Brabazon made some of his best

runs after the war when he had

. . .

The Run has to be built afresh

each winter at a cost of several

the surface of the Run, where it

until there is a thick coating of

polished ice. An elaborate sig-

nalling and timing aparatus, elec-trically controlled, prevents two

riders being on the Run at the

time taken to a hundredth of a

Medical Hint

freezes. The process is repeated

thousands of pounds. The snow is banked and water poured on

passed his sixtieth birthday.

wood.

hair-breath escapes than many | For this reason it is a sport men have in a lifetime.

The Cresta Run is the fastest and most testing toboggan course in the world. Early ever year, when continuous frost provides the necessary polished surface, it lures men from many countries

to St. Moritz. Experts ride the breath-taking course themselves, and thou-sands more come just to watch. The hazards of the course make the sport as exciting for spectators as for riders. The sport reaches its climax on February 12th, when the riders compete for the Curzon Cup, blue riband of tobogganing.

second. On the path of ice between Every rider dreams of hitting banks of frozen snow are ten his best form at a time when the can be taken at speed. The slightest misjudgment and the A hard-to-beat record of 56.9 seconds was set up in 1935 by William Fiske from the U.S.A. rider goes shooting over the bank. But the curves are only part of the story. The course has Fiske's name is commemorated signed to test the rider's skill.

not only at St. Moritz, but also at St. Paul's Cathedral, for five years later he became the first U.S. airman to die in the war. With his face only a few inches from the ice, he travels at speeds varying from thirty to eighty miles an hour. To steer he shifts Aeroplane pilots and racing motorists often do well at this most unmechanical sport. The qualihis weight on the steel skeleton. He has no brakes except his ties of split-second thinking and boots, fitted with rakes which he digs into the ice. In this, the judgment required are the same in racing on the ice, on the roads, fastest sport in the world withand in the air. out engines, everything depends on the skill of the rider-and

Help for the Paralyzed. Paralysis The course starts with a steep of legs and the lower portion of the body after injury to the spinal cord is not always hopeless not even when the paralysis has lasted for years. For a dormant nerve connection may still remain and proper training may put it to work. After an intensive program of re-education of nerves and muscles at a West sends many riders over the bank. Coast rehabilitation institute, 3 patients who had been completeyears could make use of leg muscles. The new treatment may

help some others long paralyzed is airborne, a second or two before crossing the finishing line at

"Since my wife's friends at the Century Club assured her she's a poet," complained a barrister, "she's awakened me every day this summer at 7 a.m. chanting, 'Lo, the morn.'" "That's better one serious accident when he fractured ribs and his jaw. than my wife," grumbled his neighbor, a book publisher. "Mine wakes me at the sam time saying 'Mow the lawn!'

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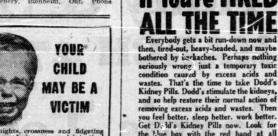
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tal Patience in an Occidental Pastime—At the recent Sports-Show in Toronto, eight-year-old Richard Matsumoto atmuch favorable comment with his skill in the delicate