

# ANNE HIRST

Your Family Counselor

"Dear Anne Hirst: I have known the boy I love for four years, and we've been in love for eight months. I'm 17, he's a year older. My parents object violently, and now they don't want me to see him at all!

"They say his family are not much good; I know that some of them have been in trouble, but he has never done anything dishonorable. He is kind and considerate, and has always been a perfect gentleman. I have tried to talk to my parents, but my father is a very stubborn man and insists the boy is no good. He also says he would never have anything, because my friend quit school and worked in a filling station; but now he has a better job, and is saving money for our future.

"We are both very much in love, but we want to be sensible and not rush into marriage. We have agreed to wait until I am 21. I don't mind, but it is going to be very hard now, since I cannot see him.

"If you could only help me convince my father that we love each other, and that we really can get along when we get mar-

ried! I have no other person to turn to, and I do so need advice. A.D.D.—

**ADMIT PARENTS' OBJECTIONS**

- I anticipate you will have a hard time trying to change your parents' minds. If your father, especially, is going to be difficult to convince I like many young parents, he probably feels there is "bad blood" in the boy's family which is apt to reflect in his conduct later on; he will also object to his own grandchildren inheriting such a strain.
- I know both ideas seem harsh and far-fetched, but I expect the situation, however that "big marriage" is not occurred to you.
- Marriage is not just the union of two people; it is the merging of two groups of ancestors through their children and later generations. This is your parents' view of the situation, and you will, I am sure, acknowledge its importance.
- As to the young man's economic promise, your father believes that a well-rounded education is the best preparation for a respected career and security, and I agree. One must admit, however, that "big money" is sometimes earned from lowly beginnings. The boy's acceptance of a manual job offered when he needed it, his proven ambition, and his responsible attitude towards the future, are in his favor.
- The next two or three years can prove you two right in your judgment, or wrong.
- Remember, too, that you are both very young to be so sure that your love will endure. Though you seem remarkably mature, you are certainly too young to be dating just one boy. I could wish you might see each other occasionally. If it was, neither snowing nor raining, and yet there was moisture in the air that froze on the windshield. There were plenty of cars parked on Main Street and almost every other car had its motor idling, fumes billowing out from the exhaust pipe, the drivers along their best to pick-vent ice coating the windshield, which it would do in spite of the frantic wig-wagging of the windshield wipers. However, many motorists, like myself, prepare for just such an emergency with a small electric fan. There is also that indispensable little gadget, the plastic scraper, which does such a wonderful job if the car has been standing for any length of time.

## Iron-on Designs in Vibrant Colors



by Laura Wheeler

Not a stitch! Just a stroke of your iron — butterflies brighten your towels—dance across tablecloths—beautify bed linens! We wish you could see the colors of their wings — sun yellow, ocean blue, and vivid rust! Best of all, they're washable. Make gifts galore — money-makers for your bazars! This thrifty, easy way!

117½" Iron-on Transfer Pattern 796 has 16 iron-on color transfers; six 2½ x 4½ to 3½ x 4½; ten 1½ x 1½ to 3¼ x 2½ inches.

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EXCITING VALUE! Ten to TEN popular, new designs to crochet, sew, embroider, knit — printed right in the Laura Wheeler Needlecraft Book. Plus many more patterns to send for — ideas for gifts, bazaar money-makers, fashions! Send 25 cents for your copy!

**MADE IT ALONE**

It was Memorial Day, 1911, in Indianapolis. The world's greatest daredevil drivers with their mechanics climbed into their racing cars for the famous 500-mile classic. But one car had only one man in its cockpit! It was Ray Harroun, and he was going to race that grinding grind without a mechanic, alone!

"He'll never make it!" the fans told each other. "It's impossible! He's gotta have a mechanic in there to tell him when another car is coming up behind him!"

But Ray Harroun had different ideas. "Too much weight cuts down speed," he declared, and swung into the race. The cars roared around the speedway and 200 miles later, the checkered flag flashed down on the winner. It was Ray Harroun, the lone driver! He had done it without the aid of a second man in the cockpit! And strangely enough, Ray Harroun was aware of everything going on behind him in the great race. For that day in Indianapolis, he had perfected and successfully used the first rear-view mirror!

However, when the weather is bad it is a nice, comfortable time to stay at home and get caught up on jobs that we know should be done, and we promise our-

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PINEX—a familiar remedy for generations of Canadians—goes to work fast to relieve that distressing cough. So pleasant tasting that children like it. Pinex-gives quick, effective relief.

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Why let your children suffer with a distressing cough—get it with a pleasant-tasting, effective relief, PINEX, today!

PINEX FOR CHILDREN'S COUGHS

ISSUE 5 — 1954

Look At Little Work, But — Eleven-year-old Paul Millburn spent 25 cents for a bicycle pump at a garage auction, and, above you see the finished result — an "as-good-as-new" bike. Paul's mother, John, lends a helping hand cleaning the rear wheel.

## Is This Where Television Is Heading?

Practical television is hardly twenty years old. But we have come a long way from the early programmes of people sweating and blinking under blinding lights when a handful of viewers were excited by pictures which would make them want to smash the set.

By that time planes will be able to fly round the world in 24 hours, and I foresee the completion of a world-wide television network being celebrated by a round-the-clock programme such as "Follow the Sunrise Round the World."

Colour television has already been commercially demonstrated and will probably be universal. It will add to the attractiveness of the underwater programmes I foresee being transmitted. Television cameras are being built already to work 100 feet and more under the sea for purposes of exploration, salvage, and submarine rescue.

Pictures from these cameras have been transmitted not merely to the ship above, but relayed to the shore. I expect viewers in the future to see in their homes all the wonders of the tropical underwater seascape, perhaps with the commentator in an adjoining explaining what they are seeing from the bottom of the sea.

Only in the last few years has it been possible to explore the wonderfully beautiful and varied scenery of a game as the criterion. We have the means to bring this world of colour to every home.

Once the seascape has lost its novelty, producers will probably consider the possibility of using it as a background, and we may have whole television plays acted under water. The mermaids of the 1974 television pantomime may meet King Neptune in real water, instead of having to rely on waving transparent curtains to give the effect of being under the sea.

For Gosh Sakes! — Evidently discussing the comparative quality of fur coats are mink-coated Alix Talton and a white poodle by the name of "Champion Favourite Pegasus de Bo-Mi," often called "Here, Pooch" for short.

**CHRONICLES OF GINGER FARM**  
Ginger Farm  
Ginger Farm  
Ginger Farm

self, will be done—just as soon as we can get around to it.

And what are these jobs? Well, you know better than I do because you know what you are left, undone. I certainly know what my sins of omission are. However, just as a reminder, have you made your last will and testament? I mean that in all seriousness. If you have not made a will, you have ever considered what will happen to your personal possessions—the awful job it will be for those who are left behind to straighten out your affairs? It is a strange thing, but parents will sacrifice so much to give their children almost anything—failure to make a will, that applies to the wife and mother as well as to the husband and father. Surely you don't want to be the cause of unpleasantness in your family; to create an argument as to who shall have mother's silverware and who the lovely piece of quilt. It can so easily be avoided by a simple will stating who shall have this thing and that. It isn't even necessary to consult a lawyer about that sort of will. A straightforward statement, simply worded, written in ink, dated and signed is all that is necessary. Of course, if there is money or real estate involved, then a lawyer should be engaged to draft the will. Too often complications arise through incorrect wording. Even if a lawyer is engaged, some times arise. For instance, not so long ago a friend of mine died. A lawyer had charge of her affairs but in making out her will his friend neglected to make any mention of her personal effects. Each of her daughters-in-law thought they should have the pearls. Because they could not agree the executor ruled that the pearls be worn by their late owner and be buried with her. This is exactly what happened.

There is one common cause for many young men not making a will — just plain superstition. Believe me, you won't die in bed, you will live long because your conscience will be at rest. You will have that comfortable feeling that your affairs are in order. Your blood pressure may drop several degrees as a result! Try it some time—you will be surprised at the difference it makes.

**Hot-Water GINGERBREAD**

Grease an 8-inch square cake pan and line bottom with greased paper. Preheat oven to 325° (rather slow). Mix and sift three times 2 c. one-cup sifted flour (or 2 c. sifted all-purpose flour), 2 tps. Magic Baking Powder, ½ tsp. baking soda, ½ tsp. salt, 1 tsp. ground ginger, ½ tsp. soda, 1 cup granulated sugar, and ¼ cup. molasses; gradually blend in ¾ c. lightly-beaten brown sugar and ½ c. molasses; add 2 well-beaten eggs part at a time, beating well after each addition; stir in ½ tsp. grated lemon rind and ½ tsp. vanilla. Add four mixture to creamed mixture about a third at a time, combining lightly after each addition; gently stir in ¾ c. boiling water. Turn into prepared pan. Bake in preheated oven about 45 minutes.

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## THE Calvert SPORTS COLUMN

by Elmer Ferguson

Back in the roaring '20s, when the National Hockey League's tentacles were reaching out into American cities, the late Frank Calder asked this agent to set out a weekly publicity-sheet, containing hockey news, propaganda, player-facts and such — material that might provide fodder for the sports pages at those new hockey points and so bring the gossip of the game closer home to a public not so well informed on the game.

At that time, in a burst of enthusiasm, we termed hockey "The World's Fastest Game," and that was a bumper-line used in the publicity sheets for years. No one disputed the claim. It was taken for granted that hockey was the speediest of all games, because of a belief that skaters travel faster than men on foot.

After all these years, we are told we erred. Toronto's Sport College headed by Reg. Percival leaves few stones unturned in the matter of athletic research, and in a letter to this column, he declares against the theory that hockey is faster than any other sport. He writes: "I have read comments and seen statistics that state a hockey player travels from 50 miles per hour up to 110 miles per hour.

"This is not true. We have tested and timed many hockey players, including the fastest in the N.H.L., and find that the speed reached by the average player is considerably lower than this. This rate of speed compares equally with the speed that can be reached in ordinary running.

"A further interesting note is that the world's speed skating record is 9.4 for 100 yards and the sprinter's record for 100 yards is 9.8. Some people believe that hockey players start more quickly than do runners, but this has also been proved a fallacy. A runner starts (unless as a lacrosse player) can also stop and start again much more quickly and can make sharper turns and changes of direction.

"If you take measurement standards of speed and distance covered during a game as the criterion, it is impossible to claim that hockey is a faster game than lacrosse."

All of which we find very interesting, and if the Sports College findings are correct, then we must bid adieu to our own original line, "The World's Fastest Game."

Your comments and suggestions for this column will be welcomed by Elmer Ferguson, c/o Calvert House, 431 Yonge St., Toronto.

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**PLAIN HORSE SENSE**  
By BOB ELLIS

There used to be a time when one of our main worries was milk fever in our cows.

From reports coming from the University of California it is learned that at least in one test herd this disease has been licked.

Dr. J. M. Boda and Dr. H. H. Cole of the University have used their special diet in a herd which has a high percentage of milk fever over a number of years.

The two scientists had reasoned that the shortage of calcium in the cow's bloodstream which causes the paralysis so well known to most dairy farmers, is a result of the non-functioning of the parathyroid gland during the dry period of the cow.

During this time the cow can take the calcium she needs for herself and the growing calf out of her feed and the glands become relatively inactive.

**Keep Glands Working**

Dr. Cole and Dr. Boda came to the conclusion that the way to prevent milk fever would be to keep the parathyroid glands in good condition while the cow is dry.

This was to be done by feed-

ing a ration low in calcium and thus force the glands to do more work in the cow's blood.

To further stimulate the parathyroid more phosphorus was to be fed.

The first group of cows received straight alfalfa hay; this means a calcium-phosphorus ratio of 6 to 1. Five of the 14 cows died within a few days.

The second group of 19 cows was fed oat hay, meal and calcium carbonate, pretty close to the same calcium-phosphorus ratio as the first group.

Another group of 20 cows were given a ration in which calcium and phosphorus were balanced. Three out of the twenty showed symptoms of milk fever.

To the last group of 16 cows the two doctors fed their special ration of oat hay, meal and monophosphate, giving them 3.3 parts of phosphorus to every part of calcium.

Not one of the 16 showed any signs of milk fever. To check on their experiment the doctors took eight of these sixteen and put them out on high calcium feed before their next freshening. Four of them went down with milk fever.

**Keep Calcium Away**

These results would indicate that the more calcium a cow receives in her feed during her dry period, the easier she will be susceptible to milk fever.

The meal fed to the cows in the last group was mixed from 600 pounds ground barley, 600 pounds rolled barley, 500 pounds of bran, 100 pounds of cottonseed meal, 10 pounds of salt and 40 pounds of monosodium phosphate which is a relatively cheap mineral supplement.

Eight pounds of this mixture were fed per day to each cow, plus eight pounds of oat hay. In all probability bromine or thymol could be substituted for the oat hay as they are equally low in calcium.

The results of these experiments are by no means conclusive, but they sound convincing enough to be worth a trial in herds much plagued with milk fever.

We remember the late Dr. Booth advocating the feeding of barley and bran to dry cows and the fertilizing of pastures and hayfields with super-phosphate. We also know from experience that the more super-phosphate we used, the less trouble we had.

This column welcomes suggestions, wise or foolish, and all criticism, whether constructive or destructive. We will try to answer any question. Address your letters to Bob Ellis, Box 1, 123 - 18th St., New Toronto, Ont.

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