

Why is it best? Quality

"SALADA" TEA

TABLE TALKS

Clare Andrews

There's nothing so really satisfying as a good, hearty, nourishing bowl of soup. Unfortunately, these hectic days, few of us have the time to make it the old-fashioned way, with hours of simmering and lots of bother.

However, with a little ingenuity — plus a can-opener — you can still enjoy soups that both taste delicious and "stick to the ribs."

TOMATO-BEAN CHOWDER
1 (1 lb.) can pork and beans
1 (10 1/2 oz.) can condensed tomato soup
1 1/2 c. water
1/2 c. onion slices
1/2 c. chopped green celery
1/2 tsp. Worcestershire sauce
1/2 tsp. pepper
1 (3/4 lb.) salmon, cut in strips

Combine above ingredients and simmer 15 to 20 minutes. Serves 6.

VELVET CHEESE SOUP
1/4 c. butter
1/2 c. minced onion
1/2 c. flour
1 tsp. salt
4 c. milk
1 c. (3/4 lb.) grated process cheese
1/2 tsp. paprika
1/2 tsp. pepper

Melt butter in saucepan. Add onion; cook until it looks clear. Remove from heat. Blend in flour, salt, and milk. Cook until thickened, stirring constantly. Add cheese, stirring until it melts. Add green peas and diced pimiento. Serves 6.

Any cooked, flaked fish may be used in place of shrimp. Add shrimp, and pepper to taste and serve with oyster crackers.

SHRIMP BISQUE
1 (10 1/2 oz.) can condensed cream of shrimp soup
1 1/2 c. milk
1 (5 oz.) can shrimp
1/4 c. chopped green pepper
3 drops Tabasco sauce

Dilute soup with milk in saucepan. Chop shrimp, reserving some whole shrimp for garnish. Add shrimp, green pepper, and Tabasco sauce to soup. Heat and pour into soup bowls. Serves 6.

Sometimes called end-of-the-garden soup, Succotash Soup will be slightly richer if you use evaporated milk. Crisp bits of bacon make an appetizing garnish.

SUCCOTASH SOUP
4 medium-size potatoes, cubed
2 c. milk
2 c. (No. 2 can) cream style corn
1 c. cooked lima beans
1/2 tsp. salt
1/2 tsp. pepper
2 frankfurters, sliced

Cook potatoes in boiling water until tender. Add milk, corn, beans, and seasonings. Melt butter in saucepan. Add onion and cook until onion looks clear. Add frankfurter slices and brown lightly. Combine with soup. Serves 6.

Chicken broth makes a savory base for this soup. Cooked shredded carrots may be substituted for broccoli garnish soup with crisp raw carrot curls.

CHICKEN-BROCCOLI SOUP
1 (1 1/2 qt.) can chicken broth or chicken bouillon cubes dissolved in 6 c. water
2 c. milk
1/4 c. butter
1/2 c. flour
1/2 tsp. pepper
1 c. finely chopped cooked broccoli

Dilute broth with milk. Melt butter in saucepan; add onion and cook until onion looks clear. Remove from heat. Stir in flour and pepper. Add liquid. Cook, stirring, until slightly thickened. Add broccoli and heat through. Pour into soup plates and garnish with hard-cooked egg wedges or slices. Serves 6.

Use chicken or turkey stock and left-over mashed potatoes for this rich soup. The mashed potatoes thicken it.

TURKEY-POTATO SOUP
1 1/2 qt. turkey stock (or 6 chicken bouillon cubes dissolved in 6 c. water)
1 c. chopped onion
1/2 c. chopped celery
1 1/2 c. mashed potatoes
1/2 c. light cream
1/4 c. butter
1 tsp. salt
1/2 tsp. pepper

Simmer turkey stock with onion and celery for 15 minutes. Add mashed potatoes; stir until smooth. Cook 10 minutes longer. Stir in cream, butter, salt and pepper. Pour into soup plates. Garnish with toasted cereal tidbits or popcorn and chopped parsley. Serves 8.

Slip shower-curtain hooks over the clothes closet rod. Hang belts, purses, umbrellas from the hooks.

Make a miniature greenhouse for house plants, outside a sunny window. Attach a shelf outside; hinge glass sash or hotbed sash at top of window so that it can be propped open. Close at ends with glass in a light frame. Seal-lugs can be started in this "greenhouse" too. By opening the sash, you can gradually condition them for out of doors.

Use chicken or turkey stock and left-over mashed potatoes for this rich soup. The mashed potatoes thicken it.

When hemstitching, wrap a piece of colored ribbon around your left hand finger of your left hand. The color makes stitches show up more clearly.

Nail a length of chain across a crowded clothes closet in place of a rod. Hangers hook into the links, and will stay apart so that clothes will not push together and wrinkle.

Celluloid remained the only member of the plastics family for 41 years. Then, in 1930, the first heat and break-resistant plastic was discovered and promptly became pot handles and telephone sets.

That was the year when the shortage of ivory hit the billiard ball trade and celluloid was born. Some thrift-minded men were wearing shirts with detachable celluloid collars and cuffs which they removed at night and sponged clean.

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For "Plane" Speaking — The modern "Aula Magna," main auditorium of Concordia University, City, will be the site of the 10th Inter-American Conference starting March 1. Constructed of 10th Inter-American Conference starting March 1. Constructed of 10th Inter-American Conference starting March 1.

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and bristles for brushes. Still another is melamine, now familiar as colorful tableware that is scratch-resistant and difficult to break. Since it belongs to the thermoplastic branch, melamine will discolor or char rather than soften or burn in contact with a flame.

One of the more recent arrivals is polythene, which as an English "war baby," played a heroic role in the development of radar. Polythene's combination of properties was so unique, it was quickly pressed into military service following demobilization.

Polythene is the plastic that finds uses and lends to the touch in cosmetic squeeze bottles. When rolled out into sheet form it's the plastic that becomes moisture-proof grocery bags with a hundred and one re-uses. Polythene goes into the refrigerator as pillable ice cube trays, into freezing units as freezer bags and under-neath water piping because it will withstand temperatures as low as 56 degrees.

Of its lowest applications is in the form of resistance in its original shape please mothers and tots alike. Polythene's qualities of being odorless, tasteless, non-toxic and lightweight make these items ideal for small folk who can chew on them to their hearts' content as well as float them in the bath tub.

A Prison Without Any Guards Yet Nobody Has Ever Escaped

If you were a cowboy on a Venezuela ranch and had to throw an awkward steer which was giving trouble, you would gallop up behind it, catch hold of its hind legs were off the ground, tug the tail with a flick of the wrist.

Unbalanced, and leaping from the saddle you are on in a flash, the instant his hind legs were off the ground, tug the tail with a flick of the wrist.

He also found that when a cowboy lassoed the horse is tied to the saddle pommel. The horses seem to know what to expect, they turn round and brace their hind legs for the shock as the lasso tightens, and the horse crash lands through the air, to crash against the side.

A second cowboy who has been following them jumps from his horse on to the bull and pulls its tail between his hind legs, while a third, with a small black saw, cuts about six inches off each horn.

Fashion Hints



Three in One — A complete suit, a wonderful three-in-one outfit for spring which combines three of the newest Acetate fabrics, for Fashion's favorite boxy jacket in an Acetate blend with a textured surface. Lapels match plain worsted Acetate flannel of skirt. Jacket is lined with same printed Acetate taffeta to match blouse.

The GREEN THUMB
London Smith

exercise. Specialized tools will also banish much drudgery, things like five-pronged hand cultivators, wheel hoes for larger gardens, small sweepers, power lawn mowers, sprayers, syringes and so on. Much of this equipment will cut hand labor as much as 50 per cent. Keeping it sharp and clean cannot be emphasized. One can work twice as fast and with half the effort with a sharp cultivator or hoe.

Provincial and Federal Departments of Agriculture will publish much literature which will greatly help. Much of this comes in the form of bulletins, usually free on the asking. These bulletins are crammed with valuable hints about soil, special likes and dislikes of flowers, shrubs, trees and vines. There are others that deal fully and simply with the succession of flowers from the earliest snow drops in the spring until the last chrysanthemums in the fall.

Another general rule mentioned previously is to avoid striding with rows wherever possible with flowers and shrubs but rather to plant in clumps of two or three of each type and more, of course, with smaller things.

Plant breeders are constantly striving to give us something new and different. This year, for instance, there is a new fire-colored Zinnia and last year appeared a dwarf Alyssum, a purple in color and an excellent companion plant with the normal white, yellow and other colors.

The man who first thought of the long handle should have a monument erected in his behalf by the gardeners of the world. With some jobs like thinning tiny plants or getting the first and closest weeds removed in both flower and vegetable gardens it is necessary to bend one's back. But a long and sturdy handle will eliminate much of that painful

PLAIN HORSE SENSE

By BOB ELLIS

London, England
One reason, beside the hospitality of our friends in Surrey, why we stayed a little longer in this lovely country than originally planned, was to find out what Canadian farmers had to say to win back their traditional market for food products.

The search for customers led us into the office of one of the top men of the Co-operative Wholesale Society (C.W.S.), store in Rochdale, founded a hundred years ago, into the largest consumer co-operative. These co-ops are owned by the people; they operate not only small stores in the country but have large department stores in the cities. They supply their members with all the necessities of life at cost and

either buy their goods anywhere in the world or manufacture them in their own factories. Canadian Friends Wanted
Our co-op friend smiled when we asked him whether Britons were asked to buy Canadian food products. "Of course, we do," the first which is "desperately needed" over there.

Novo-Scotia apples are highly regarded and highly paid for. There is a special market for one gallon tins of apples for one cent and other canned fruit could also find a market.

Some dry cleaners are now returning cleaned even in dresses in polythene garment bags that provide permanent storage protectors for the garment. The tubular bags are heat-sealed at the top and closed with cellulose film at the bottom. They are 25 inches wide and are cut to the individual length of each dress.

Men's Plastic Collars Once All The Rage

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Doctors Say Children Getting "Soft Feet"

Canadian children — yours and mine — are growing increasingly "soft in the feet."

So claims Dr. Hans Kraus, of New York University, who recently examined 5,000 Canadian and American youngsters between the ages of six and 10, and compared them with 2,000 children of similar ages and backgrounds.

According to the doctor, European youngsters have stronger feet because they do not use soft, school buses or sneakers. They must walk everywhere.

We don't know where the learned doctor got the 5,000 children he examined, but any mother can justify that youngsters give their feet a tough workout every day at school and play.

However, what Dr. Kraus has any does underscore one point: the importance of keeping children in the proper shoes for the tough grind of walking, running and jumping. Here are a few tips from foot doctors on shoes for youngsters:

1. Make sure the shoes fit properly. ill-fitting shoes are the greatest source of foot troubles in youngsters. Check your child's foot size frequently.

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