Both are Superb!

"SALADA"
TEA & COFFEE

ANNE HIRST
Your Family Counselor

"Dear Anne Hirst: I can't sleep or eat for worrying! For over two years I've gone with a young man I love madly. . . . Two months ago he told me his parents do not like me, and that cannot afford to oppose them because he works for his father. He claims he loves me more than ever, but says he's so mixed up he doesn't know where to turn.

"Why his family disapprove, I don't know. I've never been in his home, though I have met most of them. In spite of all that mean things I hear they've said about me, I have no ill feelings and I think I could get along with them. I come from a good family, and we have a fine life together. I've an excellent position, belong to the nicest organizations in town, and have loads of friends. Those who know about his family's objection are as amazed as I am.

"The young man is 30, I'm 25. Surely he should have a mind of his own? . . . Now I see him only at lunch. He is dating a girl his parents like and have entertained. I see other boys, but that isn't fair when I'm always thinking of him. One old friend now wants to marry me; his family are grand, but I am only fond of him. He would make a good husband, though.

"Please help me! Shall I stop seeing the man I love? Marry the other boy? Or leave town for a while?

JUDY."

* To help the man you love make up his mind, stop seeing him at all. Perhaps his father is using their business association to influence him, and the prospect of settling a livelihood elsewhere does not appeal to him. Some young men are like that. Why his family object to you, no one can say —unless they have already chosen this other girl for him. Some parents are like that, too.

* If his family wins out, leaving town for a while (as you consider) will help you to recover from that blow. You will be away from both these men who care for you, and that has its advantages for it will give you a clearer perspective. Meantime, don't leave the other young man in any doubt, let him know you are not in love, though you like him. If you decide to remain at home, his attentions will be comforting, and you will need all the comfort you can get.

* Love will surely come to you again.

READER REBUKES

"Dear Anne Hirst: You must have an overworked imagination. Have all these things you write about really happened to you — or how do you know about them?

"About that wife's letter concerning her domineering husband. Why don't you get HIS side of it? He may have a good reason for the way he does; I know some wives imagine a lot when they want their own way. But thanks for that article, anyhow.

"You talk like a woman that stops working at 10 or 11 p.m. and spends the next few hours at a floor show. . . . I'm a regular reader, and feel I have the right to tell you this.

READER."

* Every letter that is printed in this column comes through the mail from readers who ask for my opinion. In many cases I could be twice as helpful if both people concerned wrote me their separate viewpoints; now and then they do; but not as often as I should like. I have no doubt that some complaints are exaggerated, but I have to accept the situation itself as they depict it, and with honest intent, at least.

If the man you love allows his parents to choose another wife for him, what can you do except retire from the scene? — And who wants to marry a weakling, anyhow? Anne Hirst's understanding and wise counsel can guide you toward a happier ending. Write her at Box 1, 123 Eighteenth St., New Toronto, Ont.

Top of this or any season — two stunning blouses to wear with everything — suits, skirts, slacks, shorts! One is a wide-yoked classic style; the other a dressy version tied with a perky bow. Both jiffy thrifty, easy to sew.

Pattern 4793: Misses' Sizes 12, 14, 16, 18, 20. Size 16 upper version 2⅝ yards 39-inch fabric; other, 1⅝ yards.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send **THIRTY-FIVE CENTS** (35¢) in coins (stamps cannot be accepted) for this pattern. Print plainly **SIZE, NAME, ADDRESS, STYLE NUMBER.**

Send order to Box 1, 123 Eighteenth St., New Toronto, Ont.

Peanut Butter Pinwheel Loaf

Mix and sift into a bowl, 3 c. once-sifted pastry flour (or 2½ c. once-sifted all-purpose flour), 5½ tsps. Magic Baking Powder, ¾ tsp. salt. Cut in finely 7 tbs. chilled shortening. Combine ⅔ c. milk and ½ tsp. vanilla. Make a well in dry ingredients and add liquids; mix lightly with a fork. Knead for 10 seconds on lightly-floured board and roll out to ½" thick rectangle, 8½" along one side. Cream together 1 tbs. butter or margarine, ¼ c. peanut butter and ½ c. lightly-packed brown sugar; sprinkle on rolled-out dough. Beginning at an 8½" edge, roll dough up like a jelly roll and place in a greased loaf pan (4½" x 8½"). Bake in a hot oven, 400°, about 45 minutes. Serve hot, cut in thick slices, or cold, cut in thin slices, lightly spread with butter or margarine.

Always Dependable

GREETINGS—Lois Heyl shows off a dress of embroidered tulle trimmed with more than 100 greeting cards.

CHRONICLES OF GINGER FARM
Gwendoline P. Clarke

In this district we are still lucky insofar as weather is concerned. Very little ice, no snow to speak of, bare roads and good driving conditions. Not quite so good on the back roads — but passable. We were particularly thankful for good weather last week as we had trouble at the barn—one cow with milk fever, another with digestive trouble, and the rest not too lively. Partner says he is to blame for feeding them too well. I suppose cows are much the same as humans—more of them suffer from over-eating than from underfeeding. Anyway, our cows last week provided us with plenty of extra work and worry. Everything is back to normal now, thank goodness, and without any loss of life. It is wonderful the results modern veterinary medicine can achieve. If our sick cow had had milk fever ten years ago the chances are we would have lost her.

This week there will be more excitement, but of a different kind. On Friday we expect to be "converted" — by a change-over from 25 to 60 cycle. We are wondering if we shall notice any difference in our lamps and motors. That I shall be able to tell you next week.

And in connection with hydro . . . like everyone else we were deeply shocked to learn of the death, through a plane crash, of that energetic personality, Chairman Robert Saunders. He had a tremendous responsibility and no one could have worked harder than he to promote the St. Lawrence Seaway project. It just seems too bad that he will not be here to see the completion of that gigantic undertaking. A comparatively young man, Mr. Saunders, except for his untimely death, would undoubtedly have given many years of valuable service to Ontario. His passing will be a shock to farm folk in every part of rural Ontario, as he did much to provide the means of hydro service to those in isolated districts.

Another public service, the progress of which we are watching with interest, is the installation of new poles and wiring by the Bell Telephone Company, in preparation for a change-over to the dial system in July of this year. We are really going modern around here! However, the party line will still be with us but with less on each line. Six instead of the present fifteen—at least, so we have been informed. In the meantime we are subject to the inconveniences that precede any change in public service. There are short power interruptions at infrequent intervals and occasionally the telephone line is completely dead. And no doubt conditions will get worse before they are better, so I guess we shall have to take it in our stride.

That we can do. What is a good deal harder to take is the announcement made last week by our Federal Minister of Agriculture, the Honourable Mr. James Gardiner, who said that except for the wheat crop failure in the west, 1954 would have been a good year for Canadian farmers! What a good idea it would be to have Mr. Gardiner change places with an average hundred-acre farmer for a couple of years, with little in the bank and probably a mortgage on the farm. It would be nice to have Mr. Gardiner feed and care for a few hundred laying hens; look after collecting the eggs, clean, pack and ship them, and then get 30¢ a dozen for Grade A Large! If he compared the cash returns with the cost of feeding the birds, Mr. Gardiner might get quite a surprise. In fact, as an economy measure, Mr. Gardiner might do as we have been doing — live on a steady meat diet of boiling fowl. Actually, we have eaten so many hens the last few weeks we are wondering if there is any danger of us starting to cackle!

We would also like to have Mr. Gardiner shipping milk. He might then wonder, as we do, why farmers should be required to ship a given quantity of "surplus" milk at $2.40 a hundred pounds, which must be supplied to the dairy in order to keep up the quota that sells at approximately $4.40 a hundred.

Yes, after a couple of years as an average farmer, Mr. Gardiner might find the farmer's income is influenced by other factors besides the prairie wheat crop. It might be brought home to him, the hard way, that everything he had to buy had a way of increasing in price while everything he had to sell was on the decline.

Mr. Gardiner, we are fully aware, is a farmer, but if he were a farmer, minus his position as a cabinet minister, we rather fancy he would have to do a lot of juggling to make the scales balance at all.

THE LEGAL MIND

Counsel was cross-examining a witness. He asked: "And on 11th November you say you called upon Mrs. Murphy. Now, what did she say——"

"I object to that question," interrupted opposing counsel.

After a fierce argument between counsel, the judge allowed the question.

"And, as I was saying," continued counsel, "you called upon Mrs. Murphy. Now, what did she say?"

"Nothing—she was out."

Modern Etiquette

Q. When is it proper to begin calling new acquaintances by their first names?

A. People today call each other by their given names much earlier than formerly. One must, however, sense the proper moment to drop formalities. If everyone else in the circle in which you move uses first names, you are at liberty to follow the trend.

Q. Is it considered proper for a bride to telephone her thanks for wedding gifts received?

A. Never, under any circumstances, should she thank friends for wedding gifts by telephone or in person. A personal note must be sent promptly upon receipt of each gift.

Q. Is it proper ever to blow on hot foods or liquids to hasten their cooling?

A. It is better not.

Q. Is it proper for a man, who meets a woman on the street and who removes his hat in greeting her, to keep his hat in his hand during any conversation he might have with the woman?

A. This is not necessary. He may replaces his hat on his head soon after greeting her.

Q. I see bread and butter plates on some tables, and on others none. Is it proper to use them?

A. They are not used at formal dinners, although they appear quite regularly on the family dinner table, and often on the informal company dinner table, too.

Q. Is it the duty of the bride-elect to buy the dresses and accessories for her attendants?

A. No; it is her privilege to choose the designs and material, but the attendants must pay for their own outfits.

Q. Isn't it all right for a man to take the arm of a woman companion when walking along the street?

A. No. He may, however, assist an elderly woman by taking her arm, and he may guide any woman companion when crossing streets or assist her in ascending or descending stairways.

Q. Is it correct to have one's personal stationery?

telephone number engraved on

A. No; the telephone number is never used on personal stationery.

Q. I have noticed some people taking a heaping spoonful of ice cream, and then making several mouthfuls of it. Is this proper?

A. No. Only enough for one mouthful should be taken at a time.

"Go in and tell him you want another raise; I'm running out of patience."

Luscious HONEY BUN RING

Quick to make with the new Active Dry Yeast

● Hot goodies come puffin' from your oven in quick time with new Fleischmann's Active Dry Yeast! No more spoiled cakes of yeast! No more last minute trips — this new form of Fleischmann's Yeast keeps in your cupboard! Order a month's supply.

● Scald ½ c. milk, ½ c. granulated sugar, 1½ tsps. salt and ¼ c. shortening; cool to lukewarm. Meanwhile, measure into a large bowl ½ c. lukewarm water, 1 tsp. granulated sugar; stir until sugar is dissolved. Sprinkle with 1 envelope Fleischmann's Active Dry Yeast. Let stand 10 mins., THEN stir well.

Add cooled milk mixture and stir in 1 well-beaten egg and 1 tsp. grated lemon rind. Stir in 2 c. once-sifted bread flour; beat until smooth. Work in 2 c. (about) once-sifted bread flour. Knead on lightly-floured board until smooth and elastic. Place in greased bowl and grease top of dough. Cover and set in warm place, free from draught. Let rise until doubled in bulk. Punch down dough and roll out into an oblong about 9" wide and 24" long; loosen dough. Combine ½ c. lightly-packed brown sugar and ½ c. liquid honey; spread over dough and sprinkle with ½ a long side, loosely roll up like a jelly roll. Lift carefully into a greased 8½" tube pan and join ends of dough to form a ring. Brush top with melted butter. Cover and let rise until doubled in bulk. Bake in moderately hot oven, 375°, 45-50 minutes. Brush top with honey and sprinkle with chopped walnuts.

THE Calvert SPORTS COLUMN
by Elmer Ferguson

(This is the second of two articles on Canada's popular sport of curling. In the last article, which appeared last week, Elmer Ferguson told about the early days of curling in Canada.)

Part II: CURLING COMES OF AGE

● What the Grey Cup is to football, the Stanley Cup to hockey and the World's Series to baseball, is the Canadian Brier Tankard to curling.

There are, as we remarked last week, some 200,000 curlers in Canada; men, women and juniors. Of the senior male group, at least 20,000 entered the lists last fall in the fond hope of reaching a chance at play for the world's most sought-after curling trophy.

But, as in other sports, only the cream of the crop survives when, in the battle that starts at Regina in early March, forty-four good curlers and true, representing Canada from Newfoundland to British Columbia, fight it out for the Canadian title in this sporting round robin. Last year, Edmonton had the Brier, the Grey Cup and the oil millions—a rich collection.

There's high drama in the Brier. Founded in 1927, it was suspended for three years during World War II, resumed in 1946 at Saskatoon. On the final day of the meet, a three-way deadlock for first place developed, necessitating a sudden-death playoff between rinks representing Alberta, Northern Ontario and Manitoba.

Almost 5,000 curling fans, with nothing but their own red-hot enthusiasm to keep them warm, hung on grimly until two rinks back on a bitterly-cold morning to see the first post-war champion in Canada crowned. It was the rink skipped by Billy Rose from the tiny village of Sedgewick, Alberta.

There are 35,000 school students playing the game in Canada, grounding themselves in the inherently sporting character of the game "roarin' game." And the national Canadian championship brings out some fine curling, as youngsters from every province in the Dominion compete. Women curlers have their own tournaments in every province.

In Quebec proince, there is, among other winter meetings, the Lieutenant-Governor's Trophy and the Seagram Bowl. Awarded annually to the province's international bonspiel, the Seagram Bowl game is rated one of the classics of the curling world, attended by representative rinks from coast to coast. But perhaps it is the club matches, the hundreds of lesser 'spiels, that make curling great in a social and sporting sense.

For it's a great game, a game devoid of inquests, where the skip's decision, right or wrong, is never questioned; the game of true sportsmanship. And the truly amateur game in the finest sense of the word.

Your comments and suggestions for this column will be welcomed by Elmer Ferguson, c/o Calvert House, 431 Yonge St., Toronto.

Calvert DISTILLERS LIMITED
AMHERSTBURG, ONTARIO

CNR Announces New, Fast Service

The Canadian National Railways has just confirmed that it will fully dieselize its transcontinental passenger train services concurrent with the next timetable change on April 24.

At that time a new fast transcontinental passenger train will considerably reduce the running time of the Montreal and Toronto section of the C.N.R. run to Vancouver.

This decision was reached following careful study which included a number of experiments runs with road diesels on transcontinental trains. The tests conducted over the last twelve months show that a substantial reduction in the Montreal and Toronto schedules to the Pacific Coast can be made by switching over entirely to diesels from steam locomotives.

Meanwhile the railway is studying how it can best use this time saving, having regard to the convenience of travellers and communities along its 2930-mile transcontinental route.

C.N.R. officials emphasized that the amount of time to be cut off the schedules would be determined largely by the question of arranging convenient arrival and departure times at principal cities, and connections with the other main routes served by transcontinental trains.

Hauled by powerful new road diesels, the fast train will be made up entirely of new equipment. The consist will embrace a wide variety of passenger accommodation, both first-class and tourist, including dinettes, grill service and standard diners.

Average French

For years Paris dress designers have been telling the women of the world what they must wear. Yet it would seem that the rest have been putting on a bit of a bluff in assuming a knowledge of the feminine figures of other countries. Up to now they cannot even have known the average measurements of the girls of their own country, for official statistics on this interesting subject have not been published since 1911.

Now, however, a new scientific study of the face and figure of "Miss France" has been published under the title "Research on the Anthropology of French-women." It is a summary of a thesis recently presented to the French Academy of Sciences, and consists of 350 measurement-laden pages.

"Miss France" is apparently five feet three inches tall, and weighs 123 pounds. Her bust is at least "medium to ample"; at most it is "magnificent." Her waist is narrow, her hips fairly broad. Her fingers are "long, slim, and aristocratic."

Her finger-nails, in their natural state, range in colour from lilac-pink to deep rose. And it would seem that French-women are born mostly with the one colour of hair — brunette, only 15 per cent being natural blondes.

Here's a '56 Olympic Preview—

Scenic Cortina D'Ampezzo, agove, background, in the Dolomite Mountains of northern Italy, will be the site of the 1956 Winter Olympics. Below, workmen at Melbourne, Australia, tear down old grandstand at cricket grounds preparatory to enlaging seating capacity to 43,000 for the 1956 Summer Olympics. Total spectator capacity of the grounds will be 104,000.

Ear-Rings Getting More Popular

Fashion scouts on the look-out for new trends predict that ear-rings will be more popular than ever this year.

News comes from Cape Town that office workers there are wearing coloured buttons as ear-rings. Most popular are buttons with pictures of race-horses, dogs, yachts and leaping fish set in glass.

Jewellers report that never before have so many women and girls owned and worn so many pairs of ear-rings. The "potent spell" of television is another cause of the ever-growing popularity of ear-rings, for many T.V stars wear them.

Mothers are even letting their little girls wear ear-rings at the early age of six or seven. Some are influenced by an old belief that ear-piercing improves the sight.

A wealthy Spanish duchess whose jewels are famous has been seen wearing ear-rings of cherry-stones. Another woman wears ear-rings fashioned into tiny lanterns of platinum, the "light" being a solitaire diamond.

Some of the largest and heaviest ear-rings known are those worn by young women of the Loi aborigines in the interior of Hainan, an island in the China Sea. Made of brass, each ring is a foot in diameter. A "set"—consisting of twenty for each ear—weighs ten pounds.

Women of the Garo tribe in India have long believed that the security of their souls depends upon the number of ear-rings they wear.

How the Victorians loved ear-rings! When she was still very young, Queen Victoria wore long pendants hanging from her ears.

Archaeologists have found beautiful and priceless ear-rings worn by long-dead queens which prove that the use of ear-rings for personal adornment goes back thousands of years.

Haggis Expert

Margaret Walker must have the most unusual job in Scotland. She is a haggis-sampler in a factory in Edinburgh that specialises in the making of this traditional dish.

The factory has been making haggis for 120 years. Margaret has been a taster for 20 of them. She knows every wrinkle in what Burns called the "great chieftain o' the puddin' race."

She only needs to take a tiny bite to know whether it is good quality. The colour of the haggis is her main guide. A good haggis is firm and has a healthy sheen. A bad one has a pasty green colour.

Margaret is particularly pleased with haggises this year. The factory is once more able to use sheeps' stomachs to hold them. That makes it the genuine article. Until recently a substitute receptacle had to be used as the stomachs were unobtainable.

Even after 20 years Margaret still thinks there is nothing like haggis. She always has one on her table on St. Andrew's night, Burns' Night, and New Year. And she often takes one home on ordinary days.

Margaret sees over half a ton of haggis produced every week, but she would never give away to details of the recipe. These details are a closely guarded secret, more important to her than any atomic plans. Where is the recipe kept? In the vaults of an Edinburgh bank!

.. PLAIN HORSE SENSE ..

By F. (BOE) VON PILIS

It was with a certain amount of satisfaction that we took note of the decision of the Federation of Agriculture to approach federal and provincial governments and demand improved and expanded marketing legislation.

We could never share the opinion of so many farm leaders that the federal marketing act (bill 22) gave farmers sufficient power to control the marketing of their products on the national level, not to speak of export.

As long as two provinces, Quebec and Alberta, did not have provincial marketing legislation, the federal act for all practical purposes was useless as it provides only for the delegation of federal powers to marketing boards established under a provincial act.

Alberta is expected to enact the necessary legislation at the coming session, but there are no signs that anything will be done in Quebec.

Mutual Self Help

What is needed is a federal marketing act which will enable producers of any given commodity to organize orderly marketing of their product in all ten provinces and to enter export trade if they so desire.

Farmers want and need stabilized prices, but so far they have been looking towards governments for action. The little they got, was given to them, not as their due, but as a handout coming from the desire to catch the farm vote.

More and more our farm organizations are losing the spirit that once united the farmers of Ontario and eventually drove them to form their own government. The annual cap-in-hand visits of unions and federations, farmer or labour, with governments may be welcome for the self-confidence of these governments, but are not instilling vigour into our organizations. Grandiloquent speeches at farm or labour conventions preceding and following these visits, do not alter the decisions of governments.

If we want to prevent paternalism and domination by party governments and we do, we have to do the job ourselves through cooperative action. If we mutually help each other by working together, we help ourselves and at the same time we help to preserve freedom and democracy.

The veterans of UFO are dying out, but once in a while you still meet the odd one who speaks wistfully of days gone by when farmers knew what they wanted and went out and got it.

• • •

This column welcomes criticism, constructive or destructive, and welcomes suggestions, wise or otherwise; it will endeavour to answer any questions. Address mail to Bob Von Pilis, Whitby, Ont.

"THIS ONE WILL REALLY SLAY YOU"—Dr. William A. Irwin exhibits a prized item of his extensive gun collection: a violin that's nothing to fiddle with. A .44-caliber pistol barrel is fitted into the scroll; trigger protrudes from underside of neck, and cocking hammer is fashioned to resemble part of the scrollwork. The instrument, at least 75 years old, is believed to have been fashioned in Pike County, Ky., heart of the legendary feudin' country.

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