# TABLE TALKS

Everyone likes to try a new sauce with ever-popular spaghet-ti. That's why we think this ory eggplant sauce will be welcome at your dinner table.

#### Spaghetti With Eggplant Sauce (6-8 servings)

One haif cup butter, I medium-size eggplant, pared and eut in cubes; ½ cup chopped enions, 3 8-ounce cans tomato sauce, 1 cup water, ¼ cup chop-ped, canned pimente; 1 mediumspoon salt, to taste, ¼ teaspoor thyme, 2 tablespoons salt, 4 to 6 quarts boiling water, 1 pound paghetti, grated Parmesan

Melt butter over medium heat. Add eggplant and onions and saute 10 minutes, stirring occasionally. Add tomato sauce, water, pimento, green pepper, 1 teapsoon salt, pepper and thyme. Cook over low heat 30 minutes, stirring occasionally. Meanwhile, add 2 tablespoons salt to rapidly boiling water. Gradually add spaghetti so that water con-

tinues to boil. Cook uncovered, stirring oc casionally until tender. Drain colander. Serve eggplant sauce with spaghetti and sprinkle with grated Parmesan cheese, if desired.

Maybe you want a soup that is a meal in itself. Served with big slices of bread and a salad, this salmon - and - vegetable soup . . .

Cream of Salmon-Noodle Soup (About 2½ quarts)

One tablespoon salt, 3 quarts boiling water, 8 ounces wide egg noodles (about 4 cups), ¼ eup butter, ¼ cup finely chopped onion, ¼ cup all-purpose flour, 6 cups milk, 1 7¾-ounce can salmon, drained and flaked; 1/2 cup cooked Lima beans, salt and pepper to taste.

Add 1 tablespoon salt to rapidly boiling water. Gradually add noodles so that water continues to boil. Cook uncovered stirring occasionally, until tender. Drain in colander. Melt butter over low heat; add onion and saute until tender. Add Gradually add milk and cook

until slightly thickened, stirring constantly.

Add salmon, Lima beans and salt and pepper to taste. Add noodles. Cook over low heat 15 minutes, stirring occasionally. Serve immediately.

Floating island was a favour-Ite dessert of past days. Some modern recipes suggest cooking the meringue before serving i on the custard, but in grandmother's day this was not al

FLOATING ISLAND 4 egg yolks cup sugar 4 teaspoonful salt 2 tablespoons salad oil 2 cups milk I teaspoon vanilla

double boiler. Stir in sugar and salt. Add oil and milk gradually, stirring to mix. Cook over ering water until mixture is of custard consistency, stirring constantly. When done, it will coat metal spoon. Cool slightly, stir in vanilla, Cover and chill. Serve topped with spoonfuls of uncooked meringue.

MERINGUE

½ teaspoon vanilla

Beat egg whites until foamy then gradually beat in sugar and soft peaks.

STRAWBERRY SHORTCAKE The shortcake of grandmoth

er's kitchen was usually made with two pie-size layers. Fresh on top of the lavers, and wedge shaped pieces were served with sugar and cream. The shortcake was biscuit dough to which. sometimes, a little sugar was added. If you like this touch of sweetness in your shortcake, add from 2-4 tablespoons sugar to cups flour. Serve with either whipped cream or vanilla ice cream, if you like.

Grandmother early learned to use what she had in cooking and she had recipes for many types of bread pudding. Often place of sugar. Here is a recipe

HONEY BREAD PUDDING 23 cups day-old bread cubes 2 tablespoons butter teaspoon salt

2 eggs beaten 1½ teaspoon vanilla 1¾ cups hot milk Place bread cubes in baking

dish. Combine honey, butter, salt, eggs, and vanilla. Slowly stir in milk. Pour mixture over bread. Set baking dish in pan of hot water and bake at 350° F. 30-40 minutes until pudding is set. Serve with cream or ice cream. Four servings.

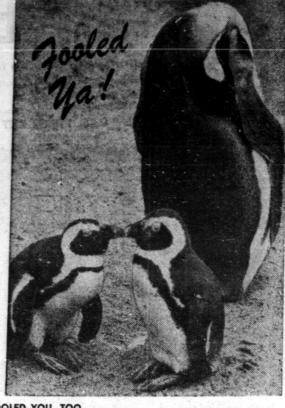
#### Challenged To A **Duel With** Sausages

The air has been thick lately with challenges thrown out by ministers of state in France and certain South American repub lics, none of which, fortunately, has been accepted. In one o these President Somoza of Nicaragua challenged Presiden Figueres of Costa Rica to a duel with revolvers to settle a quarrel between their countries. The idea is an excellent one

- for it is better that one or two men politicians should die than thousands of innocent citi zens. But President Somoza forgot the first rule in duelling; the challenged mans has the choice of weapons. President Figueres might have

chosen howitzers - or hockey sticks - and then where would Numerous duels have been fought in the past and differences settled without recourse to the use of conventional weapons such as rapiers and pistols. At the turn of the century the washbuckling writer, Richard Harding Davis, challenged a reporter of the 'Chicago Sun' to a duel. The reporter knew that Davis was a deadly shot, but he

accepting agreed to fight with custard pies at six paces. Davis realized that if he cepted he would become the aughing stock of America, and lough it meant a loss of face, there was no option but for him decline. America laughed heartily and for some weeks the reporter was a national hero, If a challenged man keeps his head he need never fight, for



FOOLED YOU, TOO-These two Blackfoot penguins at the zoo in London, England, are slipping in a little beaking despite presence of the (King) penguin. But if you think that the big fellow is hiding his head bashfulness at such goings-on, take another—and closer look. The King's white vest shows that he's actually turned in

the weapons of his choice may so nonplus his opponent that he will withdraw from the contest This happened when Isaac Putman, a general in the War of Independence, was called out to a duel with sabres. "Sir," wrote his opponent, "I have been challenged, so the choice of weapons is mine. I suggest that we shall sit in a room in which shall be placed an open barrel of gunpowder. On it shall

be placed a burning candle. The first man to leave shall be adjudged a coward and the loser. His adversary's nerve could not stand such a shattering test, so the affair was called off. Another bloodless duel was the result of a challenge thrown out by Bismarck to the Russian scientist, Virchow, for some imagined slight. Bismarck was no ovice when it came to handling arms, whereas the Professo hardly knew which way a bullet left a gun. So after a good deal of thought he accepted, adding that as it was his privilege

to choose the weapens, he had decided upon sausages. Two sausages would be placed on plates, one packed with deadly disease germs and the other free from them. Bismarck would select and eat one, after which Virchow would devour the

Bismarck paled when he read Virchow's letter - and declined. One of the first of such duels occured at the end of the eighteenth century when duelling was taken seriously. Colonel Lennox called out the Duke of York, who apparently had a sense of humour, and chose pistols loaded with corks instead of lead. Early one morning they repaired to Wimbledon Comground for such affairs, and at the word, both fired. The result was that the Duke's peri wig was slightly disarranged after which the contestants hands and drove to

White's for coffee. The town of Carlyle, Illinois, was the scene of a most unusual duel in 1936 in which both men were millionaire oil men who

the opposite direction. He's just taking a nap. the gold that flowed into their

coffers, they enjoyed the affair They met in the street and went into a restaurant for dinner, a meal priced at one dollar They sat at the same table. and each insisted on being served by a pretty waitress. When they finished, one of the oil men placed a \$15 tip or his side plate.
"Hugh!" snorted his friend,

looking disparagingly at the tip and planked down twice as much on his plate. Instantly, the other added to his tip. His friend took up the challenge. "I'll be darned if I let that skunk beat me!" he declared, as his pile of silver increased.

The waitress looked on with

interest. When ultimately both men were cleaned out of ready cash it was found that they had between them contributed \$350 in their novel tipping duel. The waitresses were the winners. Unorthodox duels don't always end harmlessly. In 1808 two hot-blooded Frenchmen, M. de Grandpre and M. le Pique, both fell madly in love with a

gorgeous prima donna from the Imperial Opera. If de Granpre entered her dressing-room with a magnifi-cent bouquet, he found le Pique waiting with a much better assortment of blooms when he

If le Pique gave her a diamond

bracelet, he discovered the following week that his rival had givin her one of diamonds as in the end both decided to fight it out, and the weapons named were two balloons in which they would ascend into the clouds, and a blunderbuss apiece to fire at each other. When some hundreds of feet up, the wind carried their balloons within range of each other

tore a huge hole in the envelope of his rival's ballon, sending the poor fellow hurtling to his Unfortunately for the victor, the prima donna changed her mind when she heard of the - and married an even

and M. de Grandpre's discharge

richer man In 1937 two swains of Verona quarrelled over a girl and agreed to settle their differences with a duel. They chose their own weapons. So one turned up with a spade and the other a pick-axe.

There were no seconds and no witnesses. At the first light of day they started hacking away it each other and continued to fight until they were so badly injured that they could not go on. Their cries attracted passersby, who took them to hospital in serious condition Eventually both recovered, but the girl had the good sense to realize that life with men so studid could never be happy and married

FAIR ENOUGH

An attractive young Govern ment typist made a practice of arriving at the office a few minutes late every day. Repeated warnings by her supervisor had no effect. Finally he announced: "Miss Brown, I'm tired of talkink about your tardiness. I am, therefore, suspending you for one day without pay. When would you like to take the day?" "Well if it's all right with you," she replied, "I'd like to use it up being late."

### **Lost Her Head Giving Shelter**

a little more strictly."

knew that Hicks had fought for

But Jefferies knew there was

The scaffold that workmen were busy erecting in the mar-ket-place of Winchester was for a woman-an elderly and gentle woman of good family whose only crime was that she had sheltered a fellow creature in distress. It was the first day of

ed by the Lord Chief Justice himself. Dunne refused to admit he had told Lady Lisle that Hicks was a fugitive from Monmouth's army. Jefferies abandoned his self-control. "It is infinite mercy that for these follows." finite mercy that for these false-hoods of thine God does not im-Among the hundreds who passthrough the market-place mediately strike thee into hell!" that day there was scarcely one he exclaimed. "How darst you whose heart did not go out in pity. But no voice was raised in offer to tell such horrid lies in protest, for Lady Alicia Lisle had been condemned by the the presence of God and of a Court of Justice!" Other witnesses came forward, Lord Chief Justice of England, but they could give no informaand that Chief Justice was

"bloody" Jefferies. The rebellion of James Scott, Duke of Monmouth, was over. His hopes had vanished at Sedgmoor in Somerset where his army had been routed and he himself captured.

At once the Colonel charged

Lady Alicia with harbouring

On August 27th, 1685, the trial

of Lady Lisle opened. The ori-

ginal charge had now grown to

the following: "That, intending

to stir up war and rebellion

within the kingdom, and to de-

prive the King of his crown, and

to put him to death, she had

traitorously concealed, sheltered

house, at-the-parish of Elling-

ham, one John Hicks, knowing

him at the time to be a traitor.

old and frail, but deaf, pleaded

not guilty. She asked the judge

to consider her infirmities and

her side to inform her of what

With a deceptive smile Jef-

Mr. Pollexfen, stating the case

for the Crown, exalted Hicks to

be the chief instrument in Mon-

Lady Lisle interrupted to de-

clare in a quavering voice that

she utterly abhorred the rebel-

Still in the same suave man-

"You shall be fully heard

when it comes to your turn,"

he said, adding: "Though we sit

here as judges over you, by au-

thority from the King, yet we

are accountable not only to him,

but to the King of Kings, the

great Judge of Heaven and

earth. As to what you say con-

cerning yourself, I pray God

with all my heart you may be

The chief witness for the pro-

secution was Dunne-a wretch-

ed. conscience-stricken witness

who knew when he persuaded

Lady Lisle to shelter Hicks that

she was ignorant of his identity.

"We do humbly desire," said

Pollexfen, "that your Lordship

THIS MAY GIVE YOU A SHOCK-You can generate electricity

by stroking the fur of a cat, but it would be a long time before

you generated enough to light a 75-watt bulb for one minute. Pretty Donna Braun shows the cat and instruments she used

to discover that it would take almost four hundred years,

assuming you patted the cat once every second. The imaginative secretary for an electric company says it would take 10 billion cat pats to do the trick. She wired a cat to a voltmeter

innocent."

ner Jefferies reproved her.

feries nodded his consent.

mouth's rebellion.

allow her to have a friend by

Lady Lisle, who was not only

and maintained in her dwelling

rebels and entertaining

King's enemies.

one more witness whose words could be twisted into proof of guilt-Lady Alicia Lisle herself. When she stood up to answer the After the battle two men, John case against her, Lady Lisle ad-Hicks and Nelthrop, persuaded nitted she knew Hicks was a an acquaintance named Dunn Presbyterian minister against to ask Lady Lisle if they might whom a warrent had been issued shelter at her house at Ellingor non-conformity. But, she deham, in Hampshire. She gave clared, she had never suspected permission and directed that they should be supplied with he had been engaged in the refood .There is no evidence that she had any knowledge of the Addressing the prisoner but looking straight at the jury, Jefferies snarled: "There is not identity of either man, or that they were soldiers who had one of those lying, snivelling, served under Monmouth.

canting Presbyterian rascals, but An informer by the name o one way or another has had a Barter saw the three men in hand in the late horrid conspironversation with Lady Alicia's bailiff, and immediately report-Lady Lisle protested that she ed the matter to Colonel Penwould have been the most unruddock, who was stationed in the district. He took a body of grateful person living, had she been disloyal to the King to troops and surrounded Lady whom she owed her estates. Lisle's house. He questioned the Jefferies glared significantly bailiff who freely admitted the presence of two strangers. A at the jury again. "Ungrateful!" he exclaimed. "Ungrateful aids to the load, and is the basest search was made and Nelthrop was found hiding in a chimney

> Brushing aside her protests of innocence and ignoring her plea to call ladies of King James's Court to give evidence of her loyalty. Jefferies proceeded to sum up. The proofs were as plain as could be given, he concluded, and as evident as the sun at noonday.

crime that anyone can be guilty

Even so, Jefferies did not get his verdict without a struggle. The jurymen protested that they had heard no proof that Lady Lisle knew Hicks had served under Monmouth. But the power of the Lord Chief Justice was supreme and his cruelty notorious. The jury knew, perhaps that they could not save Lady their own lives. They returned a verdict of guilty.

Jefferies smiled again. "If I been among you and she had been my own mother. should have found her guilty' he said. Then he passed sentence of death by burning at the stake, and ordered the sheriff to prenoon. He added that a respite of four days might be granted, i

Lady Lisle had nothing to confess, but her friends hastene to King James with a petition a personal plea from Lady List That most Christian monarch declined to interfere with Jefferies' decision about the time of the execution (which had, in fact, been delayed while the messengers went to London allow death by beheading. On September 2nd Lady Lisle

was publicly executed in the market-place at Winchester. She died, says the old records, with the resolution that became



GARDEN PATHS

Regular paths will add intere and beauty to any garden, even in the vegetable patch. Where traffic is heavy such as near the door or a gate, it is advisable to use some solid material like stones, concrete slabs, bricks inder, or gravel, fine and well essed down. Witr one of these main thing is to place firmly and level with the surrounding grass, so that the lawn mower will trim, or better still, run right over. Where the traffic is ther, one can simply use grass. It is surprising the amount of wear well grown and well nour-shed grass will stand. In many ablic gardens grass paths are sed to divide the flower plots and they are seldom worn thin. Where cinder or gravel is used in paths or driveways one can prinkling heavily with rock salt treating with some of the

GIVE 'EM ROOM

In almost every case where plants are started from seed, and specially tiny seed, like lettuce alyssum or poppies, they must naturally we pull out the poorer imens first but in any case, ve must leave plenty of room we are afraid of later damage om bugs or cutworms perhaps we will leave twice as many nts as at first, then later or ve remove every other one.. In rrots, too, we leave the plants bout an inch or so apart at irst, then use later thinnings for first meals. When thinned coperly the plants left will ow more quickly, and should

ed to seedlings. The extra big and fine blooms you usually see in the flower shows are often the result of thinning. Only in this case it will be the flower buds hat are removed. Instead of letting every single rose, peony or dahlia develop, the professionals nip off about fifty per cent or ore of the buds so that those hat are left will be finer and gger. The same thing is done ith fruit like apples, plums and

OR ANOTHER YEAR It's a good idea to keep a noteook and list certain jobs we are going to do next year. We should also jot down such items as colour and season of bloom, height, resistance to disease and drought, and of course, the name of any flower or shrub we see rowing in a neighbour's garden nat we hope to have in our own. stock, most shrubs, trees, vine the fall just as well as next spring. By doing this we get these established earlier and save for other tasks next year.



A chemical which aids in the reservation of the nutritive alue of grass silage and assists making it more appetizing to ttle thereby increasing duction, has recently been troduced.

Sodium metabisulphite, the eservative, is in white powder rm and has a variety of uses n the brewing, food process mining, pulp and paper, and tanning industries.

## Niagara Gardening School

kind in North America, the Niagara Parks Commission School of Gardening, twenty-four apprentices are learning the "Art, Trade or Mystery" of planting, soil culture and landscaping. With the greenery of Niagara Falls' parks as their outdoor classrooms, these hand-picked students receive three years of theoretical and practical training in floriculture, horticulture and allied sciences. Apprentices receive room, board and tuition free, and are paid a subsistence allowance varying with their seniority as students.

Basic purpose of the 100-acre school, which was opened in 1936, was to turn out qualified gardeners to work for the Parks Commission. Since then, school policy has broadened, and while some graduates now accept positions in Niagara Falls, the majority work for skilled gardeners, that grads are snapped up eagerly by landsities and civic corporations



Under the expert eye of instructor Les Keynnersley (left), third-year senior students get elsewhere. So great is the demand practical training in seed planting. In addition to working in schools extensive floral and ornamental gardens, apprentices occassionally get an opportunity to put in a few hours in greenhouses and formal g • is of the Niagara Parks Commission system. Winter months scape-minded industries, univer- are occupied with lecture sessions on botany, soil chemistry and plant diseases.



Corsages for their dance dates are no problem to students Keith Robinson and Russell Nutley (right), who expertly make up their own. School has well-rounded sports and social program, supplies each student with free membership to Y.M.C.A. for swimming and gym classes.

According to the manufactur-

ers' farm advisory service, the use of sodium metabisulphite as

a silage preservative eliminates the need of the short wilting

period to reduce moisture as is

common when no preservative is used. In fact, no wilting what-

ever is desirable and grass can

be cut in wet weather and

stored at once.



Cauliflower is covered to protect it from burning in sun and to encourage curd to bleach. School produces most of its fresh vegetables in kitchen garden tended by first year students. Enrollment is limited to Canadians, with eight new

Swiping Signals In Baseball H. Allen Smith, the writer once knew a fellow who spent

much of his time going around

the country either proving or

disproving popular sayings. This

chap once spent hours laborious-

haystack, although his master Long-period studies at the Agriculture have revealed that to cattle and is most easily di-In observations made on test cattle, it was found that the

valuable nutrients in the grass like protein, carotene and cerhandling field-cured hav. Such treated silage was 18 pounds. Daily consumption per cow of of the feeding value of the hay and are caused by shattering, silage treated with sodium metableaching and rain damage. These losses are practically elibisulphite, however, was 63 pounds which was reflected by minated when grass is cut green a considerable increase in milk and silaged with preservative. production. Greater consumption of high quality treated silage with its increased carotene and means that less of the costly sugar content, is more palatable protein concentrates are

To ensure thorough mixing, application should be made just ahead of the blower at the rate to each fon of silage. The most practical method of applying the chemical is with fertilizer at tachment from a corn planter. Powered by an electric motor, this applicator is mounted on a portable table calibrated to deliver the correct amount of pow preservative on the chopped

housing. For best quality silage, the most ideal cutting periods for Alfalfa first crop - as near to Alfalfa second crop - half

Red Clover - half to three quarter bloom. Brome and timothy - after heading but before blooming.

Dairy farmers are cautioned not to let the cut grass wilt any more than can be helped. Grass should not be cut in advance and grass that has become mashould not be used for silage.

students being accepted annually. piece was a reconstruction of the Battle of Bunker Hill. This undertaking established beyond doubt the impossibility, as wide ly advertised in the school books, of Colonial troops withholding

their fire until such time as i would have been possible to have seen the whites of the enemy's The only reason I mention this is the fact that Smith, a casual friend, and his research-minded all, doubtless are equally indebted to Lou Boudreau for a recent pseudo-scientific experiment. In game to the Cleveland Indians,

whom he once commanded, Kansas City's Mr. Boudreau clearly established not only the right but the ability of history to repeat itself, writes Frank Waldman in The Christian Science Monitor. of the prank. Unless he takes better care of gain lasting fame in the field of optometry. During the game, or header) alluded to, Mr. Boudreau

ed to be lying around loose. Now baseball has no law against either stealing signals or porrowing U.S. Army telescopes The only- thing remarkable is second such. Oddly, the original appenstance also involved the Cleveland Indians although at the time Boudreau was a member of the jolly tribe.

rascally Indians had swiped his

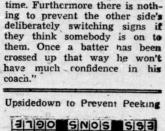
pitcher's signs by borrowing an

This time the Indians were whaling the lining out of the Boston Red Sox who were then being directed by Mr. Steve O'-Neill. Raising his head during the combardment, O'Neill became convinced that skuldoggery was afoot somewhere. Before long he agents working out of openings in the scoreboard were swiping signs from the Boston battery. To accomplish their long range spying, the hidden operatives were suspected of using binoc-

At O'Neill's insistence an immediate search of the premises was undertaken. About the only turned up was a half-eaten sander let fall from his pocket during the frisking. About all Steve could do by way of saving face was retire scowling to his dug-

The Indian players did not for get the incident. The next time O'Neill showed up for a series, he was persuaded to march ou to home plate to accept a small gift from his Pennsylvania friends and neighbors. Inside the were a pair of binoculars.

For once O'Neill's normally engaging sense of humor desert-ed him. Steve was furious. So was Tom Dowd, travelling secretary of the Red Sox and a party who enjoys a good joke as much as the next fellow. As for Boudreau and the Indian players, they disclaimed any knowldege



Young King Josiah 2 Chronicles 34:1-12a

Memory Selection: Wherewith

al shall a young man cleanse his way? by taking heed thereto

Josiah became king of Judah

at eight years of age. The key to his successful life is seen in the words, "In the eighth year of

his reign, while he was yet

young, he began to seek after the God of David his father." At

turned to God. This is important

In the teens we make great de-

our companions and our way of life. God's guidance at this pe-

tween life's success and failure.

When Josiah began to exer-

cise his regal authority at the

age of twenty he immediately

began to purge Jerusalem and Judah from idolatry. The images

which his wicked father had

worshipped were broken to

pieces and ground to dust. The

bones of the priests who had

first joined with Jeroboam in

leading Israel into idolatrous

burned on the altars. Then Jo-

siah set upon a constructive pro-

While they were working on the

book of the law was discovered.

When Josiah heard it read he

rent his garments and wept. His

people had forgotten to keep

was read. He led the way in

standing and making "a coven-

ant before the Lord, to walk

after the Lord, and to keep his

monies, and his statues, with

soul, to perform the words of

the covenant" which were writ-

lowed his example.

We need more leaders like Jo-

siah. We need them at all levels

of government. If we had more

practical righteousness among

the governed we would have more righteous men among our

leaders. We need to turn to God

Today the business of stealing

much overrated. Jim Turner has

frequently scoffed at a coach's

ability to steal opposing battery

"Even if a coach could steal an

occasional sign," Turner pointed

signals, subsequently tipping his hitter what pitch to expect.

with all our heart and soul

WATER BIGGEST EVI GRATER BOLERO ANA SOLERO ANA SOLERO ANA MOMAD ERI

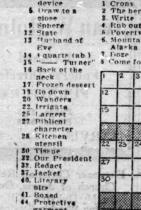


CORNY, BUT NICE - Synthetic material with corn fiber as its base is what these mademoiselles are modeling in Paris, France. The sprinkling can is to show you that the material is waterproof, and the manufacturer claims that garments fashioned from the new fibre are also warm as wool, soft as cashmere.



Acting as commanding officer over her eight sons, all of whom have served in the armed forces, is Mrs. William D. Adams. Their combined service totals 34 years. They are pictured during a family reunion in her home.





13 16 17 18 19 | ZG 21 2 23 24 25 26 27 28 29 30 31 32 33 34 35 37 38 59 40 47

49 30 51 52 53 54 53 57 58 60 61