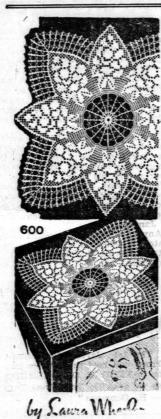
ANNE HIRST Your Family Counselor -

"At my age (50), I know there without hurting my good son?"

A MOTHER" is an end to everything, Anne Hirst, so am trying to bide my time in a frustrating situation,' writes a mother who tried to disprove an old adage. Six months ago, during a housing shortage, she invited her son, his wife and their baby to move into her home. At first everything worked out so well that the couple turned down a remunerative offer to stay on: but the bility of two women living in the same house again has been

"Now everything has gone wrong!" she cries. "The girl is she is destroying my home. She has banged my furniture to ruin, slamming the baby carriage into every piece, and she makes a sloppy job of everything she touches. I cannot tell her anything about how to fix the meals or use the washing machine; she resents it, and completely ignores my suggestions. Nor will she listen at all to my son when he tries to tell her about caring for the baby. Yet she complains to him about everything my young girl and boy do, expecting him to fight with us. He doesn't, and this makes her madder than ever.

quiet, well-sleeping child he was when he came, and we have to creep around the house and whisner to avoid waking him. "They are saving to buy a house, and it will take a year! How can I stand it (or end it)



Make this attractive cover for any size TV set! Its pretty grape of filet crochet and regular cro-

Pattern 600: Crochet TV square 25 inches in No. 30 mercerized cotton; smaller 50, larger in crochet and knit-Send TWENTY-FIVE CENTS in coins (stamps cannot be accepted) for this pattern to Box, Eighteenth St., New Toronto, Ont. Print plainly PATTERN NUMBER, your NAME and AD-

DRESS. LOOK FOR smartest ideas in Needlecraft in our Laura Wheel er Catalog for 1955. Crochet, knitting, embroidery and lovey things to wear. Iron-ons, uilts, aprons, novelties - easy, fun to make! Send 25 cents for your copy of this book NOW! You will want to order every new design in it.

* This troubled mother can-* present difficulties, she should * present difficulties, she has make up her mind to accept * them as something she cannot * change, and to bide her time. The cheering fact that a definite day is coming when all this confusion will cease should comfort her and bring the patience to endure what * cannot be cured.

Her chief concern is tha her son shall not be hurt. If she stops trying to direct his wife, let her alone to commit what damage she will, that is * the simplest way out. Let the girl complain about the children's behavior, for she cannot be stopped; her husband is too well-bred to resent it audibly, and for that his mother can be grateful. It is her own disappointment that the girl will go her own way (regardless of any guidance) which really distresses her, and I hope she will take her son's cue and calm her hurt feelings.

In such a situation it seems best to expect these annoy ances to continue and to arm herself against them. When time enough to repair the destruction and put her house

TO "A MOTHER": For your son's sake, be philosophical and try to hide your displeaover, what a consolation it will be to remember you did nothing, said nothing, to cause any outburst, but submitted with mature grace to a tension which many another mothers would find unbear-

Living just for today will help. You know tomorrow will bring its own harassing problems, but if you do not an ticipate them you will solve them as simply as you did toone day nearer your release from them all.

* * * GOING CRAZY!

"Dear Anne Hirst: Since last fall I have gone with a young man with whom I fell deeply in love. I was sure he returned my affection, for he was never late for a date and never broke one, and we had wonderful times together. We were so compatible that we seemed to think as one person. We never argued, and I confess I expected to marry him-until the night he failed to come. That was three weeks ago, and I have not heard from him at all.

"I am almost crazy. I can't get over it! I hold a responsible position, but I'll lose it if I keep on carrying this torch. Shall I call him, or what? What is a nice girl supposed to do? CELIA"

When a nice girl is jilted she is supposed to take the screws? * shock like a lady and behave * as such. It is a staggering ate and will not move with an * blow, but it is seldom fatal. ordinary screw driver apply a Your job now is the most important anchor you have. * Dig into it deeper than ever, * and if you can take a course * on the side that will make it and it will turn easily more exciting (and you more valuable), do that, Concentration along some practical line is sorrow's great healer;

Q. How can I clean the dust A. After the dust mop has become dirty, put a heaping table-spoon of lye in a half bucket of it leaves less time to mourn, water and let the mop boil in it. t stimulates our mental energy Then rinse well and allow it to and during the hours we give in the sun. it, lifts us out of the depths. Q. Can you give me a table

Hold on to your job. of comparative measures? Of course, you will not call A. I cup equals ½ pint; 2 this faithless male nor make caspoons equal 1 dessertspoon any other gesture. His leaving 4 teaspoons equal 1 tablespoon; was brutal, and I hope soon 2 dessertspoons equal 1 table you will realize how lucky you

are that you did not get furth-Q. How can I give a better flavour to coffee? A. The flavour of coffee will

be more delicious if it is allowed to stand for a few minutes after removing from the fire Pouring a little cold water into the spout will also have a settling effect. Q. How can I clean carpets? A. To make rugs took like

A. If a rusty screw is obstin-

new, scrub with a stiff brush moistened in diluted ammonia, and then rinse with the garden hose while hanging on the line. Q. How can I make the step A. Make the step-ladder safer by fastening rubber or felt pads

to the feet of the ladder, and also strips of rubber to the steps. Q. How can I keep cork floors clean? A. By sweeping with an or dinary broom or floor brush, then putting a small amount of neutral soap in a basin of warm

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When Princess Marina, now Duchess of Kent, was a few months old, a mountain gipsy called at the Athens villa of her parents, Prince Nicholas and the Grand Duchess Helen. "This is a child of fortune," she said. "She will be beautiful.

"She will make a great marriage with a king's son. She will lose her husband while she is still young and at the height of her happiness. Her children will be her consolation." Could any prophecy have been more ac-

E. E. P. Tisdall says in an absorbing account of the Greek Royal Family — "Royal Destiny" — that as a child Marina, named after a famous Greek saint, was the self-willed, obstinate member of the family. She always knew what she wanted to do, and if forbidden would say:
"All right—then I shall pretend

In 1905, shortly before ner birth, her parents went on a diplomatic mission to Constantinople to congratulate Sultan Abdul Hamid - "Abdul the Damned" - on the twenty-fifth anniversary of his accession. Abdul drove down the long hill to the great mosque in an open carriage, heavily guarded by lancers. A puffy old man in a black uniform, looking deathly pale and terrified, he jumped nimbly from the carriage, hurried into the mosque for his Friday prayers, re-emerged, then climbed into a small pony phaeton with his son and drove up the hill again at a fast trot. All his cortiers and servants, Tisdall says, had lined up behind him on foot. "They pounded behind him, gasping up the hill in the scorching heat, fat cheeks glistening, stout bodies

tottering and tripping over swords. Nicholas was impressed when he presently met Abdul. Even the rubber galoshes with holes at the back for gilt spurs, which he wore over his boots, did not destroy his dignity! But the Yildiz Kiosk, where Nicholas and Helen were to spend the night, gave them a shock; its chocolate brown interior, with scarlet and blue hangings laced with gold, its brocaded stools, were a nightmare.

Smart fashion for the hall sizer — cut to fit properly the They were wearily exploring shorter, fuller figure! Sew-ess it in full ceremonial costume -you're sure to want more than when an army of nondescript one. Select stripes - they's Turks who had just been hired slimming, form lovely chevment effect in front! Popular 4-gon in the market poured in noisily. The royal pair wandered, hungskirt drapes gracefully from ry and thirsty, among a bewildering riot of cleaners, bed-Pattern 4786: Half Sizes 14 makers, butlers, scullions, and 161/2, 181/2, 201/2, 221/2, 241/2.5 finding at last a long table piled 161/2 takes 31/4 yards 3/4 with cooked foods, sat down to eat . . . with no knives or forks. This pattern easy to use ple to sew, is tested for fix

Beside them sat Turkish servants and stray strangers who chanced to wander in from the street. It was like "a railway buffet." Then into the courtyard came a swarm of liveried servants bearing presents from Abdul. An official with a bag presented all of them, Greek servants included, with glittering Turkish Orders. Later, when the royal couple matic corps at the Palzo, either side of him. Abdul Helen beside him at the head and relaid her place self, loudly cursing the an "The footmen in ill-scarlet liveries, bearded washed, unshaven, with an arrival and the second self-second sel es Of The Great Only "Rube" without them, in white a black ties, in dirty white a with bare grimy hands saw side each chair. The play golden, the cutlery in his winking at the Austria

dined with the Sultan and

Advice is like kissing:

nothing, and it is a

thing to do. -H. W.

Half-Size St

4786 14½—24½

by Anne Adams

complete illustrated in

Send THIRTY - FIVE (IN

(35¢) in coins (stamps ca

Measure into large bowl, 10

lukewarm water, 2 tsps. granu-

lated sugar; stir until sugar is dissolved. Sprinkle with 2 en-

velopes Fleischmann's Active

Dry Yeast. Let stand 10 min,

(a.a.

cci, the legendary clown | in the Rube's name. The Rube ra, sang while his heart eaking, but Rube Waddell, gendary clown of baseball, diamond history while a winking at the Austrian sador, wiped the red knife and fork on the take The fish was bad. The world rocked with laughfought each other." What

> One would have to look far and wide, however, to find, a player as eccentric and unpre-dictable as Rube Waddell, onetime pitcher for Connie Mack and the Philadelphia Athletics Before turning to some of the mad things the Rube came up-with, it might be well to point out that he still holds the major league record of 343 strike-outs in a season hung up with the A's in 1904. This ability as a pitcher lends point to the following bit

On a day when the St. Louis Browns were scheduled to meet the A's, the Browns' pitcher, knowing that he had to work knowing that he had to work against the great Waddell, challenged the Rube to a contest for a \$5 bet. The Brown pitcher claimed that he could throw a baseball further than the Rube. Several hours before game time, the two pitchers went to the empty ball park and marched out to centerfield to start their contest. The Brown pitcher threw first and made what he considered a pretty decent heave

considered a pretty decent heave towards home plate. The Rube curled his lips in disdain. "If that's the best you can do." he sneered, "give the ball to a man who can really toss one"

The Rube heaved one. The to the corner salorn where he itcher voiced amazement. "That was a lucky throw," be protested. "You couldn't do he protested. "You couldn't do that again!" The Rube merely laughed and

once again made an incredible peg from centerfield to home his tracks.

plate.
Still the St. Louis pitcher pre-tended amazement. So, for al-most two hours, the loony Rube most two hours, the loony Rube kept throwing the ball from one end of the field to the other Finally the Browns' pitcher paid the \$5, certain that the eccentric Waddell would be so tired at game time that he wouldn't have a thing left in his arm.

All that Rube Waddell did that afternoon was shut out the oon was shut out the

men in the process! On the way
to the clubhouse after the game,
the Rube caught up with the dejected St. Louis pitcher.
"Say," grinned Waddell. "That
was swell practice you gave me
this morning. Here's a buck back
for you!" Just in case you lose your fob

Great pitcher that he was, Waddell's weakness was his cravwaddel's weakness was his crav-ing for drink. To cure him, Con-nie Mack never paid him his salary but doled out bare spend-ing money and banked the rest



ER AWARD - Dorothy ige's emoting in "Carwon her the "best the year" award at arno Film Festival in

was hard put to it to raise the money for his benders and had to work out a number of schemes One method he used was to walk an autographed baseball. The ball, he solemnly told him, was stirring duel with some other were always duplicates, but the recipients never found out until long after the Rube had stag gered on his way to some other

In 1905 the A's won the pennant and every member of the mond-studded watch fob. Rube Waddell was proud of his goodluck piece and cherished it highly. Then one afternoon he came to Connie Mack on the verge of tears. "I've lost my fob, Mr Mack."

he wailed, "What'll I do?" Mr Mack suggested an ad in the papers offering a ten dollar reward for its return and when Rube said he had no money for the ad, Mr. Mack offered to pay

for it himself.
Shortly after midnight. Connie Mack was awakened by the tele phone. An excited voice greeted him "Say, Mr. Mack, my watch fob's been found! There's a guy here holding it. Please come down right away and pay him the ten bucks!" Connie dressed and went down

paid the reward and left with the Rube, who was overwhelmed with his good fortune. After they'd gone a few blocks, the big hurler suddenly stopped in "Excuse me, Mr. Mack," cried

the Rube. "I gotta find out where that guy found my fob!" And off he dashed.

In a few minutes, Rube was back in the saloon, earnestly drinking up the ten-buck reward with the man who had pretended to find the fob. Then the door of the saloon swung open and in walked Connie Mack. He walked over to his thirsty pitcher, neeled another ten-dollar bill from his roll and dronned it on the bar. "Here's another ten dollars for the reward in advance, Rube.

The story of Rube Waddell's debut in major league baseball is characteristically Waddell. In the late 90's, Fred Clarke, on the advice of a fan, signed up Rube Waddell for the Pittsburgh Pirates, sight unseen. Three nights later, manager Clarke was awakened from a deep sleep at 3.30 in the morning by heavy pounding at his door.
"Who is it?" roared the sleepy

manager.
"A friend. Open up!" replied a voice outside. Clarke opened the door and a big, lanky fellow rushed at him. "Hello, Fred," he greeted the amazed manager. "How are you, old boy. Say, let me have two bucks, will you?"
"Who are you, anyway?"

ager.
"I'm your new pitcher! You know me. I'm Waddell, world's greatest pitcher, and I need two llars because I'm hungry!" To get rid of the loon, manager Clarke said, "Look, Waddell. I'm broke. You go down to the desk and get the hotel room numbers of my players. You can visit them all. It's the custom of new players to call on the old players as soon as they get in town. I guess some of the boys will have two dollars left for you." Next morning, Clarke, who had figured that the players would have brained Waddell for

E'S THE STARTER?—This is a race horse but it won't race. Even international efforts can't

it budge. The young people were picking fruit at an agricultural camp near Tiptree, nd. When Dorothy Bottgeley, of Dedham, Mass., climbed into the saddle she thought she loing somewhere. But the forceful ways of (left to right) Pat Gunn and John Gould, of Meier from Aachen, Germany, and Karl Ambrosius, a student from Vienna

University, were to no avail.



REASON FOR JOY - Australia's Lew Hoad ,left) playfully ruffles teammate Rex Hartwig's hair after they won the cherished Davis Cup, by defeating Tony Trabert and Vic Seixas at

waking them up, got the shock | sanuvags to stop the roaring of his lire. Rule waddell had 1,000 on its path of destruction. done exactly as he was told. He had awakened all the playersduring the night and had succeeded in borrowing sixteen do!lars in two-dollar lots, the players giving up the money to get rid of him.
Rube became a star pitcher

for the Pirates but the manager finally had to get rid of him. Everything the Rube did was a classic in goofiness. One day, he was pitching in a tight ball game. After retiring the opposition in the fifth inning, Rube went to the bench. While his team mates were batting, he heard the clang of fire engines just outside the park. Fires always fascinated the Rube. So he slipped out of the park quietly, chased the en-gines for about ten blocks and saw the fire.

It was nearly dusk when the fire was brought under control Then, and only then, Rube Waddell reminded himself of the game he was pitching and hurried back to the ball park. He rushed back to the field, but the game was over and all the players and fans as well had long since gone home.

Pittsurgh traded the Rube away. He landed eventually with Connie Mack and the Athletics. Connie spent a fortune on detectives to locate his wandering pitching ace who, from time to time, disappeared from the club for days and weeks at a time. Once, after having been AWOL for two weeks, Rube reported back to the club and acted as though nothing had happened. When asked by the angry Connie Mack if he was ready to pitch, Rube replied, "Mr. Mack, I'm always ready to pitch. kept in shape all the time I was in the sticks and I won ten

games. Stick me in there and see if I ain't right."

So Connie tossed him in there and the cool and powerful Rube proceeded to pitch himself a two-hit shutout. And that was after having pitched and won ten games on the sly, making a total of 11 victories in 11 days

- but only one for the record. In 1913, Rube Waddell's team was in Spring training in the little town of Hickman, Kentucky, on the banks of the great Mississippi River. Waddeli was pitching one afternoon, when the cry of "The levee has broken!" roared through the air Panic broke loose. Men, women and children ran for their lives But Waddell the baseball clown did not run. He tore off his baseball shirt and, stripped to waist, ioined the many other brave men who pitched in to nile up

nuce wandell worked like a demon from mid-arternoon till three o'clock the following morning. When the flood finally was under control and the town had been saved, Waddell returned to his hotel room, a worn and weary man, but happy in the knowledge that he nad helped save

lives and property.
Rube Waddell was never the same after that day. He came down with a cold and never quite recovered. He died, at 37, a tragic victim of tuberculosis.
And the day the Great Umpire yanked the Rube out of the box for good, the calendar read — April 1, 1914. Rube Waddell, the hilarious clown of baseball, bowed off the stage of life, as befitted a clown - on April Fool's

He lies buried in a forgotten grave at San Antonio, Texas, but not forgotten by baseball mem-ory. Rube Waddell may have been a clown. But what a

Waste Not, Want Not

basement or attic? When it comes time for a general cleanup you may find that you have.
Take a good look to see if there's any wood or other material that can be salvaged from discarded pieces of furniture. Old doors and table tops often yield good, straight lengths of wood that can be stored away to emerge later as gaily painted garden furniture, shelves or bookcases. Even an old broom handle can be a diamond-in-the-rough when you need a rod for a clothes closet or legs for a small outdoor table. The same thrifty principle applies to dowels from old chairs as well as metal rods,

hinges and the like.
Old furniture often contains wood of an unusually good quality, even though hidden under several layers of paint. A liquid remover and a piece of sandpaper, then a new coat of paint or varnish will work wonders with a forgotten piece of furniture. Who knows? Vou "gold mine" may produce a val-

uable collector's item. **Treat Paint Brush** It's quite true that "you get

With Respect

what you pay for" and buying cheap paint brushes is not économical. The bristles will soon fall out and the finished paint job will look anything but pro-A good paint brush will last

indefinitely of you give it proper care. This consists of careful cleaning and storing after every paint job. To clean brushes of enamel. house paint or oil-base paint, swish in turpentine until all loose paint is removed. Then wash in warm water and soap, wrap in several thicknesses of

paper and put away. Brushes or rollers used with latex-base paint are merely washed with warm water and soap. During an extended job, brushes can be suspended in linseed oil between painting sessions. The brush should never touch the bottom of the container or the bristles will become bent. Even brushes that have become hardened with old paint

will respond to treatment. However, these may require soaking in a stronger solvent like paint and varnish remover before the stubborn paint will give up the ghost. Paint brushes treated with respect will do a better job.

To love to read is to exchange hours of ennui for hours of -MONTESQUIEU CLASSIFIED ADVERTISING

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Cut Off Own Toe

To Claim Insurance

Making money quickly has

been one of man's ambitions

for centuries. Many and varied

One man deliberately cut his big toe in order to claim com-

pensation from an insurance

company. The man, Felix Koel-

lier, a German, then forged a statement saying he had been run over by a trolley. In due

course his toe was amputated and he was awarded \$9,000 for

and sentenced to four years' im-

prisonment.
Swindling insurance compan-

ies has been a favourite occupa

tion of crooks for a long time and to cope with frauds the companies formed their own detective branches. These suc-

ceeded in checking many false

claims, but at one time it was estimated that for every case

they exposed ten went under

dying, got a friend to imper-sonate him at a medical exam-

ination. The dying man then insured himself and six months

later died. When his family claimed death benefits it came

at the time he was insured. The

company, after investigating the

These Cockroaches

Cockroaches are universally re-

garded as pests fit only for ex-termination, but one which re-

case, contested the claim

Were Valuable

very valuable.

roaches.

cockreach.

bered.

although its story was remer

The young mining engineer

vast amount of gold.

to light that he had been

One man, told that he was

are the methods used.

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FALLING HAIR? Don't worry. Hair Tone recovers hair beauty for men and women, \$1 per bottle. HYLAND LABORATORIES, MacTier, Ont. PATENTS

Koellier did not stop at that He later injured one of his eyes, FETHERSTONHAUGH & Company, Patent Attorneys. Established 1890. 660 University Ave. Toronto Patents all countries. and this time was awarded \$90,000. His accidents became so fre-His accidents became so frequent that the insurance people became suspicious and police were called in. His unfortunate "accidents" were investigated and the whole business came to light. He was arrested and sentenced to four years' im-AN OFFER to every inventor List of inventions and full information sent free. The Ramsay Co., Registered Pat ent Attorneys. 273 Bank St. Ottawa.

\$1.00 FRIAL offer. I wenty-five deluxe personal requirements. Latest cata-logue included. The Medico Agency, Box 124. Terminal "A" Toronto Ont.

BACKACHE May be Warning

Backache is often caused by lazy kidney action. When kidneys get out of order, excess acids and wastes remain in the system. Then backache, disturbed rest or that tired-out and heavy-headed feeling may soon follow That's the time to take Dodd's Kidney Pills Dodd's stimulate the kidneys to normal action. Then you feel hetter—sleen hetter—work hetter feel hetter—sleen hetter work hetter. feel better—sleep better—work bette Get Dodd's Kidney Pills now.

> IT MAY BE YOUR LIVER



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Date-Orange Pudding

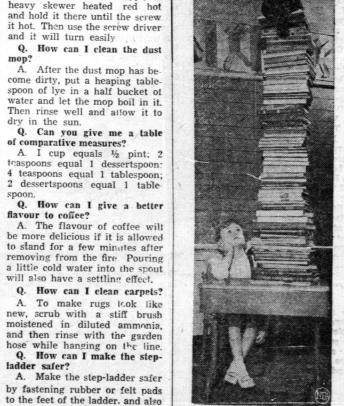
Combine in a greased casserole (6-cup size) 1/4 c. com syrup, 1 tbs. grated lemon rind and 1/2 c. orange juice. Preheat oven to 375° (moderately hot). Mix and sift once, then sift into a bowl, 11/2 c. once-sifted pastry flour (or 11/3 c. once-sifted all-purpose flour), 21/2 tsps. Magic Baking Powder, ½ tsp. salt and ¼ c. fine granulated sugar. Mix in 3/4 c. corn flakes, slightly crushed, and 1/2 c. cut-up pitted dates. Combine 1 well-beaten egg, ½ c. milk, ½ tsp. vanilla and 3 tbs. shortening, melted. Make a well in dry ingredients and add liquids; mix lightly.

Always Dependable

Turn into prepared dish. Bake in preheated

oven, about 40 minutes. Serve warm, with

pouring cream. Yield-6 servings.



HIGHER EDUCATION-The tough job ahead of Peggy Wolverton, 6, and many other youngsters beginning school this fall is dramatically portrayed here. She's water and washing the floor eyeing a pile of 71 basic text-Stains can often be removed by books she must wade through rubbing lightly with a fine grade of sandpaper or steel wool. before she finishes the eighth grade. In addition, she will dip into or study many others.

* er involved. . . . Keep in touch | Chemial of Many And Varied Uses

KNOWS HOW - Handling a baby is nothing new for John Gint-

ner, 95. He's a veteran. Nancy Ann Gintner, the baby he

snuggles here, is his one hundredth great-grandchild.

with other friends, too, wheth-

In any in-law difficulties, it is

tions have increased her wis-

service. Write her at Box 1, 123

Eighteenth St., New Toronto,

How Can 1?

bright in house dresses?

water?

desserts?

dom, and it is all at her readers

* It will help.

er you are so inclined or not.

The fragile heroines of old, reputed to have fainted at the the older woman's place to show tolerance and self-restraint. The slightest provocation, were freways of youth are not her ways, quently brought around with a whiff of "smelling salts" and she contributes most by overlooking what she can and sometimes called spirits of amputting up with the rest. Anne Hirst's studies of family situa-

monia. However, one doesn't have to be in the habit of swooning to recognize the pungent odor of ammonia, since it is one of the most common chemicals that we know. In fact, amonia alone or in its several compound forms, affects almost everything we use.

Ammonia is by no means a modern discovery. In the middle ages it was obtained by distilling O. How can I keep the colors the horns and hoofs of stags hence its ancient name of "hartshorn". Today, ammonia is A. When a new colored cotton house dress is to be launmostly synthetic and is usually dered for the first time, use one made from natural gas or fuel tablespoon of salt to each quart

100,000 tons of ammonia are of water. Then in the rinse water use one tablespoon of produced to Canada each year, to be used in products that range This treatment will keep the colfrom wood pulp to perfume. House-Q. How can I make time hold ammonia" on hand as a cleaning agent, while industries A. Dissolve a fresh piece of use this same chemical in large lime in two quarts of water Let refrigeration systems. Other init stand for two or three hours. dustrial uses are in the making Shake occasionally and remove of oil, petroleum, explosives, any substance that may rise to textiles and dyes.

However, it is in agriculture Q. How can I make attractive that ammonia has its most important use. It is a major com-A. Try using vegetable colponent of many agricultural ferorings when making bread pudtilizers and is often applied pings or custard. It is harmless directly to the soil. We owe more and will make the dish look more than we realize to this versatile chemical that helps produce Q. How can I remove rusty much of the food we eat

Toronto, Ont.

Baking's Easier, Speedier with Wonderful New Active Dry Yeast! CINNAMON BUNS



ACTIVE DRY 3 YEAST

THEN stir well. Scald 1 milk and stir in 1/2 c. grant sugar, 11/4 tsps. salt, 6 tbs. shorter

 No more taking chances with perishable yeast cakes that have los their leavening power! New Fleischmann's Active Dry Yeast keeps full-strength and active n keeps full-strength and active is till the moment you use it. Needs NO refrigeration — keeps safely in your cupboard. Try its mar-

rellous results in your next Order a month's supply

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