

TABLE TALKS

by Jane Andrews.

Perhaps you have never made buttermilk biscuits with bran. Here is a recipe for this combination which you and your family will like.

BRAN BUTTERMILK BISCUITS

1/2 cup ready-to-eat bran
1/2 cup buttermilk
1/2 cups sifted flour
1 teaspoon baking powder
1/2 teaspoon salt
1/2 cup shortening

Sift together flour, baking powder and salt. Cut or rub in shortening until mixture is like coarse corn meal. Add soaked bran; stir until dough is well blended. Turn onto floured board and knead lightly. Roll or pat to 1/2-inch thickness and cut with floured cutter. Bake on lightly greased pan in preheated oven (450° F) about 12 minutes. Makes 12 biscuits, 2 1/2 inches in diameter. Note: If sweet milk is used instead of buttermilk, omit soda and increase baking powder to 3 teaspoons.

If you'd rather drop these biscuits than roll them, try these:

MARMALADE DROP BISCUITS

2 cups sifted flour
2 teaspoons baking powder
1/2 teaspoon salt
1/2 cup shortening
1 cup milk

Orange marmalade
Sift together flour, baking powder and salt. Cut or rub in shortening until mixture is crumbly. Add milk to make thick batter, stirring only until flour is moistened. Into greased muffin pans place a teaspoon of orange marmalade. Drop batter on top of marmalade, filling pans half full. Bake at 425° F. 12 minutes. Makes 20 small or 12 medium sized biscuits.

Here's a sweet muffin with a lemon taste. This recipe makes 12 oven 2 1/2-inch muffins.

WHEAT GERM BISCUITS

1/2 cup sifted flour
1/2 cup wheat germ
1/2 cup milk
1/2 cup shortening
1/2 cup sugar

Sift together flour, salt, and baking powder, and stir in the wheat germ. Cut in shortening. Add milk gradually and mix with fork to form soft dough. Knead lightly on well-floured board and roll to 1/2-inch thickness. Cut with biscuit cutter; bake on ungreased cookie sheet 15-18 minutes at 450° F.

PIGRIM — Carrying a cross bearing a painting of the Virgin and Child, this religious zealot makes his way on foot through Paris, France, en route to Rome. Below the picture is listed some of the religious shrines throughout Europe to which his pilgrimage has taken him. Among them are Lourdes, Fatima, Loreto and Lisieux.

RIGHT-WINGER — Ultraconservative right-winger gives photographer the bird during a barnyard harangue. There's no danger of his winding up in the pot, political or otherwise, as this Arkansas Fryer was born with only the one wing, and has been purchased as a mascot by owner of a wholesale egg concern.

SWEET LEMON MUFFINS

2 tablespoons lemon juice
1/2 cup sugar
2 cups sifted flour
2 teaspoons baking powder
1/2 teaspoon salt
2 tablespoons sugar
1 cup milk
1 egg, well beaten
2 tablespoons melted shortening

In a small bowl, combine lemon juice and 1/2 cup sugar. Mix well. In a large bowl, sift flour, baking powder, salt and 2 tablespoons sugar. Add milk, egg, and shortening; stir until dry ingredients are just moistened. Fill greased muffin pans 3/4 full. Spoon lemon syrup over top of each. Bake at 425° F. 20-25 minutes, or until done.

Vary these oatmeal muffins by adding 1/2 cup chopped dates, chopped nuts, or raisins at the time you add the oats. You may omit the cinnamon topping if you like them better plain. This recipe makes from 8 to 16 muffins, depending on the size.

OATMEAL MUFFINS

1 cup sifted flour
1/2 cup sugar
2 teaspoons baking powder
1/2 teaspoon salt
3 cups shortening
1 cup quick or old-fashioned rolled oats, uncooked
1 egg, beaten
1/2 cup brown sugar
1 tablespoon flour
2 teaspoons cinnamon
1 teaspoon melted butter

Sift together flour, sugar, baking powder, and salt. Cut in shortening until mixture resembles corn meal. Add rolled oats, blending thoroughly. Add beaten egg and milk, stirring lightly. Knead lightly on well-floured board last 4 ingredients and sprinkle over muffins before baking. Bake at 425° F. 15 to 25 minutes.

For a nutty taste in baking powder biscuits, add some whole butter. Brush these with melted butter as soon as you take them out of the oven.



BIRTHDAY PRESENT — Britain's Princess Anne smiles prettily for a special portrait on the occasion of her fifth birthday. The Princess is wearing a pink linen dress edged with white piping.

Clothes Line Gave Clue To Permanent Waving

In a small village in the Black Forest of Germany one summer afternoon many years ago a small boy sat on his garden step watching his mother hurriedly collecting the family washing off the clothes-line.

"It's going to rain, Charles," his mother warned. "You must come in."

The dreary little boy sat on the step. The sun shone brightly, and a remarkable thing happened. Watching the hempen clothes-line, he saw it gradually tighten until it became so taut that it caused the two young trees, to which it was tied, to bend over each other.

The discovery enchanted him. He took a small ladder and sprang to the line. The trees sprang back into position and the line jumped into a series of kinks and curls.

He told no one about the incident. It was not the only thing of this kind that he had noticed.

"My mummy just told me," he observed that afternoon, "that twigs and leaves in the forest were straight, but in the early morning dew they curled and waved."

Eventually, no doubt, these discoveries would have passed from his mind. If one afternoon, later in the summer, he had not played a game of rounders on the village green. Boys were called away for milking, so an urgent invitation was sent out for girls to take their places. He had four sisters, but none, he knew, was available. He had to explain, rather shamefacedly, that they were having their hair put into curls.

"Pooh, fancy putting their hair into curls!" mocked a little girl, whose mass of golden curls was the pride of the village.

"My mummy just holds my head in the steam of a kettle and it curls right away."

This was the final link established in young Charles Nessler's theory which led to his invention of permanent waving in 1905, some fifty years ago.

As soon as he could save enough money he came to London and took a hairdressing shop at 47, Great Portland Street, in the West End of London. Few hairdressers believed that hair could be permanently waved and money was hard to get to finance his work. He lived by working for wigmakers and making artificial eyelashes.

Hardships followed his demonstration to leading London hairdressers and it ended in a near riot. The machine was injured, Charles Nessler forgot to patent his process of making straight hair curly. Had he done so, as Mr. Justice Eve a few years later in the courts, his invention could never have been copied or infringed in any shape or form. And Nessler might have died one of the richest men who had ever lived.

Baffled and enraged by his treatment at the hands of London hairdressers, he set to work improving his machine and effecting permanent waves to rich women at \$50 a time. Some of his best customers boys left him to develop the invention on their own lines, one of whom was Eugene Suter, the millionaire owner of Eugene Waving. Another was Peter Sartory, who invented machineless waving many years later.

Then another tragedy overtook Charles Nessler. The 1914-1918 war broke out and as he had forgotten to take out naturalizing papers, he was interned. But after a brief period, he was released and allowed to go to the United States. After the war his possessions in London, his shop and the invention, were seized and sold for almost nothing to the landlord.

From the other side of the Atlantic he saw his great invention revolutionizing hairdressing in Britain. From a mere handful of ladies' hairdressing salons, thousands of shops opened throughout the country and permanent waving gradually became world-wide with customers today in Great Britain the industry employs some 150,000 people. In Canada and the United States it is three times as large. There are now some 100 systems of permanent waving, machineless, hand, hot, machine, Chinese, tepid and cold, were invented here.

Although Charles Nessler became wealthy and successful in the United States (he died there a few years ago), he never quite overcame a sense of being persecuted, the result of his early days in London. In his later years he became obsessed with the idea that humanity was losing its hair and making his great invention worthless.

He attacked scientists who said that baldness was hereditary, he wrote, "women would be at least equally subjected to it, as, transmission of traits, the father's characteristics are found rather in the daughter than in the son."

He was tireless in collecting statistics about hair. He found that the normal adult produced four and a half ounces of hair annually — and some produced up to seven ounces. He studied and proved that they had grown as much as thirty-five pounds of hair during their lifetime. The hair produced from a single root in the average human being during lifetime was fifty feet in length.

Although he was not a scientist he derided medical opinion when it claimed that baldness was the result of infection through disease. He pointed to the tramp who is seldom without luxuriant hair growth. He dismissed dieting as a means for safeguarding the health of the hair.

"Hair," he wrote, "is the physical expression of that inner urge in all of us to self-protection and mankind is unconsciously losing this urge as it makes life safer, more assured and more organized."

Baldness was the result of the failure of hair to reproduce itself and this was due to a breakdown in the body's hair-making machinery.

The hair gives the first indication of bad health in the majority of cases, if we would only watch for it. A healthy person always has good hair, even though his feet often go bald, but athletes are strong often without being healthy," he contended.

Was It Coincidence

Strange things happen when Fate takes a hand in matters. Or was it just coincidence that caused two car accidents at a busy intersection in Johannesburg the other day?

One of the drivers was Mrs. J. M. Askew, who was on her way to the city centre to visit her sister-in-law, Mrs. Rose McLeod. As she climbed out of her car she started in astonishment at the other driver — the sister-in-law she'd been on her way to see.

Several years ago, a New Zealand woman, Mrs. Thomas Askew, of Dunedin, arrived in Johannesburg to search for her son. He had been reported "missing" three years previously, in 1944, after his plane was shot down over Germany.

Mrs. Askew spent four fruitless months scouring German records for any trace of her son. Then she came across a vital entry in a hospital record at Dortmund.

It related to a New Zealand pilot, name unknown, who was admitted to the hospital with serious injuries after being shot down while on a rescue mission. Mrs. Askew traced her son to three different concentration camps. The last one in which he had been captured by the American forces and all the prisoners had been freed.

Convinced that he was alive, she contacted the aid of the American Army of Liberation and was given no fewer than nineteen copies of Australian, British and New Zealand airmen who had been released but whose identities were unknown because they were suffering from lapses of memory.

Still determined to find her son, Mrs. Askew came to Britain. But her son had not been admitted to any hospitals here; nor had he been taken to America. But there was still one War Office that she had been shipped back to their native land. She set out at once for London.

Surgical treatment soon ended young Askew's life. He died when his faithful pilot died in a grave was made for him and a simple tombstone erected to commemorate the Alsatian who had found his master.

THE FARM FRONT

by John Russell

Pointing out to the very undisturbed rows of potatoes in the Ontario Potato Growers' return to Alton on August 8 instructed their Secretary, R. E. Goodin, to issue the following statement: "Widespread drought conditions throughout Ontario during the critical growing stage have resulted in late crops of potatoes have resulted in extremely low yields. To further add to the distress of potato growers, market prices have reached an unusually low level (far below cost of production) due to supplies arriving from U.S.A. at distress prices, since the six week seasonal tariff of 37 1/2 cents per cwt. on imports terminated on July 31st.

Considering the present serious situation the directors, Ontario Potato Growers Association, meeting in Alliston, South Bruce County to-day (Aug. 8) urgently request that EMERGENCY measures be taken to assist in stabilization of the market, by putting into effect tariff rates, as requested on several occasions by various organizations representing the industry in all Provinces of Canada, including those presented by master and individual briefs memorate the Alsatian who had found his master.

Moved by Heber Irwin — Dufferin County, Seconded by Orley Marshall — Wentworth County and carried unanimously by directors representing the entire Province.

"During the Alliston meeting reports of a drastic downswing in prices were general. In the Belleville area, for instance, the market broke from \$2.25 per 75 pound bag to an offering price of 90¢.

That potatoes are in trouble

The habit of reading is a joy, an enjoyment in which there is no alloy; it lasts when other pleasures fade.

—ANTHONY TROLLOPE

TALL TALE — Iowa isn't the only place where the corn grows tall. Murroy George Chubasco, Ind., farmer, looks up at a cornstalk more than 10 feet high. Recent heat and humidity teamed to produce bumper crop.



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THE POTATO WORLD

The 1955 potato crop is forecast at 400,350,000 bushels, 12 percent above the 1954 revised production of 356,031,000 bushels and less than one percent above the 1953 average of 401,146,000 bushels.

(The revision of the previous year's crop was 395,000,000 bushels, made for this report.) The revised production of 1954 differs from the 1953 average by 194,000,000 bushels, or 4.8 percent. The prospect for 1955 is the largest crop since 1950 when 429,896,000 bushels were produced.

The anticipated production of 400 million bushels stunned everybody. Guesses on the July Production Estimate were generally 375 to 385 million bushels, but nobody expected a production of 400 million. Everybody means a huge surplus. It had an immediate effect on the market as everyone felt that the production is so large that it is simply a hopeless cause.

Last year, we produced 355 million bushels and even that crop was too large in spite of the fact that Maine potatoes, due to weather conditions, showed such an unusually large cut-out. The old potato deal was headed for a poor wind-up when disaster hit Alabama the last few days in March. Wiping out the Alabama crop with serious damage to some of the other States bordering the Gulf wiped out a lot of May potatoes so that old potatoes made an immediate comeback and had a strong wind-up to old potatoes last year when we only produced 355 million.

THE NEW YORK PACKER

WASHINGTON, D.C., July 29 — Nothing is to be gained by telling a drowning man he could have learned to swim before he went out in a canoe that overturned.

Likewise, little is to be gained now for trade or officialdom to

SURGICAL TREATMENT FOR A FISH!

Fish swim swiftly and fro in the world's strangest surgery — a giant tank at Palomares, California — a short time ago while a surgeon with special breathing apparatus performed a delicate eye operation on Charlie, a myopic ray weighing fifty pounds.

Charlie had accidentally blinded himself by hanging too vigorously on the glass wall of the tank, which is known as an oceanarium.

A crowd gathered to watch and to hear the eye surgeon, Dr. George Blaudel, give a running commentary on the operation over a public address system.

Fascinated, they saw Charlie, under general anesthesia, lying strapped to a small operating table laden with weights. The surgeon wore a special lens on his faceplate to correct underwater distortion and a diver instrument by a tray of surgical instruments.

Lives of many creatures are now saved yearly by surgical operations which were once thought impossible.

Like children, animals are always swallowing things they shouldn't. At one London ani-

CROSSWORD PUZZLE

ACROSS
1. Downy
2. Cuckoo
3. Popsicle
4. Iron
5. Milkshake
6. Bunch
7. Follow
8. Transported
9. Italian town
10. Baboon
11. Collection
12. Fashion
13. Alternative
14. Term
15. Money
16. Inflated
17. Honey
18. Empty
19. Type of car
20. Building
21. Coat place
22. Head
23. Mistle
24. Stepmother
25. Dope
26. Hilly
27. Italian river
28. Doves
29. Phasants

DOWN
1. Resplendent
2. Cheek
3. Pilot
4. Constrictor
5. Hymn
6. Presumed
7. Backseat
8. Dole
9. Roman
10. Small lake
11. Small
12. Strong
13. Plunder
14. Hants
15. Action
16. Beach
17. Northern
18. Polished
19. Instrument
20. Sea
21. Fairly
22. Kryptonite
23. Cuckoo
24. Point
25. Plunge
26. Paras
27. Action

PIPE TIE — Farmer prepares to lay plastic pipe with this automatic device on a plot of land where the labor-saving mechanism is manufactured. Disposable reels holding up to 600 feet of piping are attached to the machine, which is constructed for a three-point hitch, but which is adaptable to any farm tractor, according to the manufacturer. Operating at tractor speed, it is designed to uncover a trench, lay pipe 14 to 20 inches deep and back-fill after itself, at the rate of 100 feet per minute.

... Fashion Hints ...



L'XE MOTHER ... LIKE DAUGHTER. It is polka dotted pyjama top. Fashioners from silky-soft acetate crinklecreepe, these pyjamas are generously cut for style and comfort. Blessed with a carefree nature, they are easy to wash and require little ironing. Not shown here is a duster for Mama which matches the pyjamas and makes an ideal travel set.

tell the potato industry to keep their shirts on to cool off or pyjamas are generously cut for style and comfort. Blessed with a carefree nature, they are easy to wash and require little ironing. Not shown here is a duster for Mama which matches the pyjamas and makes an ideal travel set.

ONE WAY OUT

The superintendent of a zoo was mailing an order. He began the note, "Kindly send two mongooses." Somehow that didn't look right to him, so he started again with, "Kindly send two mongooses." Still he wasn't satisfied. Finally he settled his problem by writing, "Kindly send me a mongoose." Then he signed his name and added a P.S.: "Send another one with it."

Upside-down to Prevent Peeking

Some of the most interesting and unusual cases in the history of the law were those involving the case of the blind man who was accused of peeking through the keyhole of a door. The man was blind and had a dog which was trained to sit on the keyhole and prevent anyone from peeking through it.

Nothing But the Truth by Russ Arnold

The PEAR is the most widely grown fruit in the world!

(According to Botanists, the PEAR is a BERRY!)

KEEP YOUR MOUTH SHUT!

EVERY BREATH OF FRESH AIR CONTAINS 125-MILLION DIRT PARTICLES!!

One day, in PANAMA in 1911, it RAINED 2.47 inches in 3 MINUTES!!

More Balloons

111,484 gross of balloons were manufactured in 1953 versus 100,189 gross in 1952.

Yes, Sir—?

Cork Harvest

Preparations were made for what is believed will be a record cork harvest this year. It began in August and for some weeks afterwards many thousands of tons of cork were stripped from evergreen oak trees in Spain and Portugal.

First crops are gathered when the trees are fifteen to twenty years old. After that, crops are taken every eight or ten years, the cork's quality improving with the age of the tree.

Harvesting requires skill and dexterity for if the inner bark is damaged a tree may die. A mature tree will yield up to 150 lbs of cork at each stripping.

Some years ago a London firm of cork importers was asked to provide a cork wall for use in blowing up of a brick wall. A real wall could have been built more easily but to blow it up might have endangered the lives of the film stars. None of them minded being peppered in the face by cork fragments.

During the war a Spanish ship bound for Britain struck a mine. But instead of going to the bottom, she floated. War insurance, in view of the nature of the ship's cargo, had already been quoted as exceptionally low. The cargo was cork.

The wise carry their knowledge as they do their watches, not for display, but for their own use.

—SIR THOMAS BROWNE

Struggle for Survival

Nehemiah 4:8-9, 15, 21-23; 12:27, 43.

Memory Selection: And they said, Let us rise up and build. So they strengthened their hands for this work. Nehemiah 2:18.

The story of Nehemiah leading the returned exiles to build the walls around Jerusalem is one of the most thrilling of the Old Testament. Nehemiah held a position of honor in Babylon, cup-bearer to the King. The king noticed Nehemiah's sadness and inquired for its cause. He was grieving because the walls of his home city, Jerusalem, had been burned. The king released Nehemiah to go and build the walls and give back the materials he furnished him.

There were many obstacles. But Nehemiah prayed. The exiles were discouraged. Neighboring chiefs ridiculed the work. But Nehemiah and his people were undaunted. Then the enemies conspired to come together and fight against Jerusalem. "Nevertheless," Nehemiah said, "I will pray unto God, and set a watch against them day and night." (4:9). The Samaritans slandered them saying that Nehemiah was fortifying Jerusalem in order to rebel and proclaim himself king. But he replied that he started falsehood of their own devising. Finally Sanballat and Tobiah hired a false prophet to intimidate him. Nehemiah refused to fall into their trap.

It's a great story of faith, hard work and cooperation. God blessed them and the walls were completed. Nehemiah saw the realization of his vision.

We need these elements in the church today. Without faith it is impossible to please God. Faith can only survive in a praying heart. Then we need hard work. The preacher can't do it alone. There must be others who are willing to till their time to advance the kingdom of God. We must have cooperation. We need a man with a vision. We need a man with a mind to work. This spirit will win anywhere. We need more of it in our churches today.

Fast Punishment

In olden days in Britain execution followed judgment with terrifying speed. Directly following the sentence of death, the condemned man was taken out after being granted a few minutes to prepare his soul.

That is the origin of the expression "short shrift." A priest was always at hand to shrive him, that is, to give him the last rites and help him on his journey.

The custom still persists in that a chaplain is always in the prison to give the last rites to a condemned man. The condemned man is given a few minutes to prepare his soul.

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