ANNE HIRST Your Family Counselor

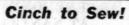
no other girl will be as dumb as I've been since I was 16; three years I had gone with just one boy, and my whole happiness depended on him. No one knows ow often I stayed awake all night because he's broken our date. He took other girls out too, and boasted how many he had; he even asked my best friend, and I was so humiliated

"He lied to me consistentlyand I was so infatuated I forgave him, though he made my life miserable . .

"At last I got wise. I gave him up. He had asked me to marry him, and suddenly I realized what a h usband he would make. That did it! Now I have four boys who take me out, and not one ever stands me up! I'm having a wonderful life, and only regret I wasted so much time being a doormat for one no-

BACK TO NORMAL Other young girls who read your letter will, I hope, pro-* waste precious years on

A boy in his teens, having





by Laura Wheeler Cinch to sew this pretty wraphalter! No embroidery! IRON ON flower trim in glowing col-

Pattern 732: Tissue pattern. blue and green. Small (10,12); Medium (14,16); Large (18, 20). State size. Send TWENTY-FIVE CENTS (stamps cannot be accepted, use postal note for safety) for this pattern to Laura Wheeler, 123
Eighteenth St., New Toronto,
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NUMBER and SIZE; your NAME and ADDRESS. Our gift to you - two wonderful patterns for yourself, your home — printed in our Laura Wheeler Needlecraft book for 1956! Dozens of other new designs to order - crochet, knit ting, embroidery, iron-ons, novelties. Send 25 cents for your copy of this book NOW — with gift patterns printed in it!

* social code from the first few • girls he takes out. If they al-· low him to stand them up, . to break his word, to humili-• ate them, he is bound to see · himself as a breaker of hearts · who can pursue his primrose path and get away with it-· until some smart girl puts • him in his place. * That, however, does not al-

ways occur as soon as it

should. Sometimes he condescends to marry one of his * devoted followers, and she is * so blinded by his physical · charm, so eager to capture gratitude. You who have read * this column have learned * what a miserable existence * she leads from there on in Every young girl should

* realize that she is a precious person, different in some way from every other young wo- man; she is entitled to res pect and consideration from every boy she knows. If she * conducts herself according to * the highest social standards * and demands the courtesies she deserves, she changes the " boy's attitude toward all her

* sex, or sends him flying. * Thank goodness you have wakened at long last! I congratulate you on your com-

. . . "BOILING MAD" "Dear Anne Hirst: After reading that letter about the care

I bet a daughter-in-law wrote it, and I'd hate to be a parent to that creature. "Hereafter, people should put their babies out to board in some cheap place as soon as they're born. Why should parents stay up nights taking care of them and doing with out necessities to clothe and feed and educate them? They should save their money so when they're old, they can live in luxury instead of a furnished

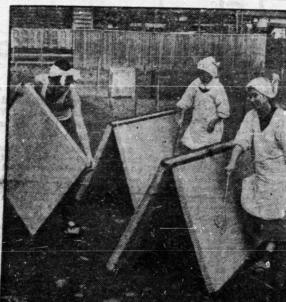
of old people I am boiling mad!

"That daughter-in-law probably would like her husband to poison his parents - and incidentally, if the old people had saved their money for themselves, they could buy their own car instead of using a bus.

room!

One editor calls Anne Hirst's front-page news." Problems of every period from childhood to old age, are presented in simple language, and counsel plus sympathy, reward the reader. Follow this column weekly - and if you are perplexed in any way, write to Anne Hirst at Box 1, 123 Eighteenth St., New Toronto, Ont.

If the picture from your picture window is always rather hazy, take a tip from the housewives in Hol-land. They keep their windows sparkling with a solution made by mixing one cup of cider vinegar and one-and-a-half gallons of hot



YOU CAN'T BEAT 'EM - So you might as well join 'em when the ladies get the urge to houseclean. If you've ever thought departing for the Orient come spring cleaning time-don't uckless wretch, at left, is pressed into service on his day off to lug floor mats out of doors so that the lady of the house can beat them. Scene is in Tokyo, dismai drama is universal.



COVERING UP - Actress Sandra Giles, 23, slapped artist Phillip Paval, threatened court action, and tearfully denounced photographers as she covered the midriff of "Lady Chance," a nude painting of her. The painting was unveiled at the opening of the Fremont hotel in Las Vegas, Nev. Sandra claims she posed for sketches for the painting in a bathing suit, and that the finished painting was to show her covered up.

Hand & clane Andrews

tall glass. Add carbonated wa-

ter and stir enough to mix. Add

ice cream and serve at once.

CHOCOLATE EGGNOG

3 tablespoons Chocolate Syrup

Add milk slowly to syrup,

stirring constantly, add to egg,

and beat or shake well. Pour

. . .

CHOCOLATE FLOAT

Syrup or Cocoa Syrup

stirring constantly. Beat or

Chocolate ice cream

Serves 1.

1 cup chilled milk

or Cocoa Syrup

1 egg, well beaten

1 cup chilled milk

Add ice cream. Serves 1.

2 tablespoons Chocolate

3 squares Unsweetened Chocolate 3 cup water ½ cup sugar

CHOCOLATE SYRUP

Dash of salt ½ cup corn syrup ½ teaspoon vanilla

Place chocolate and water in saucepan. Cook slowly until thick and well blended, stirring constantly. Add sugar and salt: bring to a boil and boil gently 2 minutes, stirring constantly. (For a thicker sauce, boil 4 minutes.) Add corn syrup and bring again to a boil. Remove from heat. Cool slightly, then add vanilla. Turn into jar; cover tightly. Keep in refrigerator. Makes about 11/2 cups syrup. Serve hot or cold as sauce or use in chocolate drinks. For chocolate drinks, use 2

COCOA SYRUP

Combine cocoa, sugar syrup,

and salt in saucepan. Add wa

ter slowly and place over low

flame, stirring until smooth;

then boil gently 3 minutes, stir-

ring constantly. Add vanilla.

Turn into jar; cover tightly.

Keep in refrigerator. Makes

about 2 cups syrup. Serve hot

or cold as sauce or use in mak-

ing delicious cocoa drinks. This

syrup may be made using 1 to

11/2 cups sugar instead of sugar

and corn syrup.

tablespoons syrup to 1 cup milk. 1 cup Cocoa 3/4 cup sugar 2 cup corn syrup 4 teaspoon salt 11/4 cups cold water ½ teaspoon vanilla

* It is regrettable that my * small space prevents my printing all of every letter * that arrives: if I could, * readers would realize the frequent justice of printed I do appreciate such right-

 eous revulsion as you felt
 when you read the letter, and I thank you for your com-

> with cracked ice until foamy. Serves 1.

powder 2 tablespoons Chocolate

1 cup chilled milk Add malted milk powder t syrup, stirring until smooth and thoroughly blended. Add milk slowly, stirring constantly. Beat or shake well. Pour into tall glass serve at once. Serves 1.

CHOCOLATE ICE CREAM 1/2 cup chilled milk

squares Unsweetened 4 cup water Dash of salt

FRENCH CHOCOLATE

½ cup cream, whipped 6 cups het milk Add chocolate to water and place over low flame, stirring until chocolate is melted and blendid. Add sugar and salt and boil 4 minutes, stirring constantly. Cool. Fold into cream. Place 1 rounding teaspoon of chocolate mixture in each chocolate mixture in each chocolate cup: add hot milk to fill cup and stir until chocolate and milk are well blended. Serves 18. For larger cups (6ounce size), use 1 rounding

Serves 8. This chocolate mixture also makes an excellent sauce. The whipped cream may be omitted and sauce served as hot fudge.

tablespoon chocolate mixture.

Hunt Down The Traps

Every year, says the General Electric Company, two to three million refrigerators are junked in the United States. And during the last 10 years 110 children have suffocated inside these tempting hiding places - an average of 11 a year. Americans likely will be mildly shocked to learn that many of these mechanicai ma vels do wear out: they will be profoundly shocked to

hear how many of them, through no one's intent, have become lethal traps for small fry. Thirty - five states have enacted laws requiring removal of door or fastener from a refrigerator that is to be discarded. GE says it is now turning out a cabinet with doors held closed by magnets only

doors a child can kick open easi-

into tall glass; serve. Serves 1. That is certainly a contribution to safety. But there are undoubtedly several million mechanically latched refrigerators vet to be re tired. And town and country officials can hardly police every spot every day where an old box might be thrown out. So parents would Add milk slowly to syrup, do well to take a look around their own neighborhoods now that vacashake well. Pour into tall glass. tion time is near .- From The Chris-

ISSUE 23 - 1956

Half-Size

Ensemble

Perfect twosome for summers with pretty yoke to tail, and cover-up bolero! P -its graceful lines make y look inches taller, sizes slimm

161/2, 181/2, 201/2, 221/2, 241/2. 161/2 requires 3% vards 35-in fabric; bolero, 1% yards. ple to sew, is tested to fit. Hi

Send THIRTY-FIVE CEN (35¢) (stamps cannot be a use postal order cepted, use postal order safety) for this pattern. Pr and STYLE NUMBER. Send order to ANNE ADAMS 123 Eighteenth St., New Toron



"Corn Starch Makes Smoother Sauces!"

FISH 'N' SAUCE

To make cold drinks, use 2 tablespoons syrup to 1 cup milk. 3 tablespoons BENSON'S or CANADA Corn Starch

3/4 teaspoon salt

11/4 cups milk

1/s teaspoon pepper

1 egg yolk, beaten

2 tablespoons lemon juice

1/4 cup MAZOLA Salad Oil

Cooked green vegetables

BOIL 1 minute; stir constantly.

YIELD: 4 servings.

PLACE fish in shallow baking pan; dot with butter.

pepper in a small amount of milk until smooth.

REMOVE from heat; slowly beat in lemon juice.

COVER with sauce and serve immediately.

ARRANGE green vegetables around cooked fish.

ADD MAZOLA beating until smooth.

SPRINKLE lightly with salt; bake in hot oven (425°F.)

MIX BENSON'S or CANADA Corn Starch, salt and

STIR in remaining milk; cook over low heat, stirring constantly, until mixture thickens and boils.

REMOVE from heat and gradually add to egg yolk.

RETURN to heat and cook 2 minutes, stirring constantly.

EVAPORATED MILK SHAKE Substitute 1/2 cup evaporated milk and 1/4 cup water for chilled milk in Chocolate Milk Shake. Add to syrup and shake

CHOCOLATE MALTED MILK 2 tablespoons malted milk

Syrup or Cocoa Syrup

2 tablespoons Chocolate Syrup or Cocoa Syrup 1/2 cup carbonated water Chocolate or vanilla ice

Add milk slowly to syrup,

stirring constantly; pour into

BENSON'S STARCH



For free folder of other delicious recipes, write to: Jane Ashley,

Home Service Department, HE CANADA STARCH COMPANY LIMITED,

P.O. Box 129, Montreal, P.Q.







How Can 1?

proof for taking in my ggage on a trip? A. Any bottle can be made

ak-proof, if, after the cork has tightly fitted into it, it i into melted paraffir en tie a piece of heavy paper the top to make it ever re secure. Q. How can I prevent rugs

curling at the edges? A. Make a thin starch. Dislve a small amount of gum araic in a little water and add to be starch. Turn the rug updown and apply the n with a paint brush. Let O. How can I remove yellow

A. Either wet the lace and read it where it will freeze, r wet it and spread in a very ot sun. Either method may reuire several days to bleach horoughly, and it must be kept wet all the time.

Q. How can I remove rust rom iron or steel?

A. There is nothing like a - and the way they handled their bouch of kerosene, applied with powdered bath brick to give it guns would certainly not give them he proper amount of roughage.

Q. How can I make easy the lask of re-knitting a sweater?

A. The task of re-knitting a sweater can be made easier if the kinks are first taken out of the yarn. Wind the yarn in a last tip together firmly and This is one sport where there aren't any "ladies rules." The women use the same guns, shoot on the same squads under the same conditions as the men — and are not favored by any handicaps. Most women who shoot skeet took up the sport in "self-defence," be-ing married to ardent marksmen. Rather than stay at home while

kein, tie together firmly, and wash it in lukewarm water. Then fold in a towel and put in a warm place to dry. The kinks will be gone when the yarn has drier. husbands participated in shooting meets, they gave it a try them-selves. Now they are every bit as Q. How can I renew velvet? A. Steam velvet over the spout of a tea-kettle. Place a funnel in the spout and you will be able to cover a larger

Q. How can I make shoes wat-

A. Shoes can be made waterproof and also preserved by melting a little beeswax, and adding enough sweet oil to make it pour. Then warm the shoe soles and pour on the mixture while it is hot. Hold the shoes near the fire until the mixture is absorbed into the

Q. How can I remove oil pots from carpets?

A. Cover the spots with paste nade of fuller's earth and watr and let it remain twenty-fou eets, scrub with benzine Q. How can I make the taste olive oil more agreeable, it one considers it unplear A. A pinch of salt aids consid-

Lady Gun Toters

Sports clothes designers, trying make bathing suits briefer, tenighter, would look aghast at the tfits worn by the women skeet hooters at the first Canaadian keet Championship Shoot held re-These crack-shots, who would spend their time shooting at pigeons than sipping tea, prace their sport winter or summer, snow, sleet, wind or rain. This

is the meet opened on a windy, vept field, skirts were coverwith large waterproof ovralls. oversize waterproof jacket gave on a sheet of newspaper!) A final coat of varnish will protect the paint from summer wear-and-tear.



the characters and you get Orioles' Tito Francona (looking east) nipped at first base by Yank's Bill Skrowron (looking west) during a game at the Yankee Stadium.

Summer Cottage Perhaps the wooden furniture in the cottage is the result of do-it-yourself projects. If chair seats and Summer homes are coming to life. table tops are rougher than they should be, hours of sandpapering can be saved by covering all your troubles with plastic-coated fabric,

a holiday season.

ly coincidental.

If you're looking for make-shift

size for lamps. The shelf made by

As the last traces of snow disap-pear from the woods, the annual ceremony of "opening up the cotwhich comes in dozens of colors and tage" is performed by thousands of textures and can be applied with glue or fastened down with brass-Brooms and scrubbing brushes studded tacks. It costs little and an occasional wipe with a damp cloth will keep it bright for many

-GOETHE

(1749 - 1832)

play their part, but the magic wand which restores summer sparkle is a paint brush. For instance, if the linoleum on the floor looks shabby, yet is still furniture, keep in mind orange in tolerable condition, it can be

wrapped turban-style around the

In ract, it was difficult to dis-

keen as the men and compete with

them successfully, In Canada, about

40 per cent of the membership in

Once bitten by the skeet bug, even

the most petite of these enthusiasts

happily totes a seven or eight pound

shotgun. Absorbing the "kick" from

a .12 gauge shell perhaps 100 times

in an afternoon requires certain

But when they discard their shoot

ing clothes and don party dresses,

Canada's shooting women look for

all the world as if they would run

in terror from a cap gun.

Hints For The

inguish the women from the men

given a coat of color. Scrub it carefully, making sure that every trace of wax is removed. (Otherwise, paint won't stick!). Apply one or two coats of a good floor enamel. Then, to make less obvious the inevitable dirt and sand tracked in from the beach, mottle it with a You can do this by dipping a

piece of sponge in a shallow pan paint, then dabbing it on the floor. Or dip a brush in the paint, tap it on a stick held in the left hand, and achieve a spatter effect. (It might be a good idea to practice

MARIE DIONNE OPENS FLOWER SHOP-The four surviving Dionne Quintuplets officially open

the florist shop started by Marie and named the "Salon Emilie" for deceased Emilie Dionne

Left to right during the ribbon cutting ceremony in Montreal, are: Annette, Cecile, Marie and

Senator Humphrey will hold hearings this week on a bill to require humane methods of slaughtering meat animals in American packing houses. Although such methods are enforced by law in most European countries, they are not mandatory in the United States and, indeed, are receive observed. and, indeed, are rarely observ-ed here. Cattle, shee, calves and hogs are commonly killed here by techniques which subject them to senseless terror and suffering: they are dragged aloft and suspended by a chain fastened around one hind leg; then their throats are cut and they are left to bleed to death. It is entirely practicable to render the animals unconscious be-fore slaughter, as Senator Humphrey's bill would require, by anesthetizing them with carbon dioxide or by stunning them with electric tongs or a captive bolt pistol.

Humane Slaughter

Most of the major meat packers oppose this legislation, and for some strange reason they Taking Crnada and U.S. by storm. NEW Fine texture. Chokes out crabgrass and weeds. Stave GREEN in hottest summer weather. Imaginel Makes the "carefree" lawn. Best planted by our 2 in. wide by 3 in. deep plugs of living sod. Plantable in old lawns or new. Not grown by seed.—a hybrid. HARDY — a fine lawn growing in Galt, Ont. for past 3 years. Developed by U.S. Golf Greens Assoc. and Dept. of Agr. Easy to plant. 100 plugs does 100 sq. ft. Plant 1 ft. apart each way, or less if you desire. Will grow together in 2 growing seasons, producing 30 plugs or more for each one planted to plant other areas—thus possible a COMPLETE LAWN for only \$13.50. Planting successful until mid-August. Guaranteed to grow. Descriptive folder sent.

100 plugs (with plugging tool free) \$40. Plugging tool separate \$3. Above are best possible Canadian prices. ZO/SIA advertised for less likely 1 in. plugs, which are not recommended. IMMEDIATE SHIPMENT by Express have found support for their opposition in the Department of Agriculture. The Department says it "has always favored and worked for humane methods in all aspects of handling of ani-mals" but that in this situation it "is guided by a sincere belief that mandatory Federal legis-lation would not be the best way to assure continued pro-gress in the solution of this problem." This may be sincere but it is also unrealistic. In the first place, voluntary cooperation, althought sought for many years, has not produced com-pliance with decent standards. In the second place, the department has long used legislation to assure humane treatment of

crates. In the bedroom, two set side. by-side from an excellent dressing forces an effective law respecttable. A piece of plastic fabric or ing the treatment of animals in the top and a frilly skirt tacked transit to slaughterhouses. In around the edge will make any rethe third place, mandatory resemblance to an orange crate puregulations afford the most equitable and even-handed way to In the living room, these crates obtain general observance make ideal end-tables. Disguise with paint to blend with the rest Senator Humphrey's bill ought

to become law: - Washington

the divider is a natural for hold If you are not already an avid do-it-yourself fan, the cottage is an ideal place to test your creative genius. If results are less-than-per fect, who cares?

Wings in Flight

Post and Times Herald.

From nature is to be gained more knowledge than from any school or college. In fact, most of the knowledge in books is a careful study of nature. Science has gone back a hundred million years. . . . We had only of late years seen

the earth, upon which we walk and work, from the same height that birds have known it for centuries. Our gliding planes of today are but the pictured evidence of flight long, long ago before man ever trod this earth! Wonder of wonders is the wing of every bird. When outspread, soaring high above the earth, what is there more fascinating to watch? An eagle, hawk, sea gull, pigeon, heron, crane, starling—and that exquisite creature the humming bird -each has its own marvelous wings that fan the air in flight -and each is a spectacle of wonder and delight. But nothing is so remarkable

as the use to which these wings of birds are put-many migrating thousands of miles from their different stays throughou the year. Birds in Hawaii, fo example, nest and breed in far away Alaska and then fly back to those flower-scented island to play out their days of joy and song.

The tiny humming bird is the

only land bird known which can fly backward! And when its frail and delicate bill is inserted in a flower to gain its honey, its wings work so fast that its small body seems stationary in the air. The down stroke then becomes an almost horizontal forward stroke. It can even rise straight up into the air!

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As these birds fly above the earth, how happy they seem! How they enjoy life! How grace-fully they float among the clouds and carry the sunlight upon their beautiful backs. Symmetrically, smoothly they sail mindful of neither time nor space! — From "Better Than Gold," by George Matthew Ad-

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PERSONAL

PET STOCK

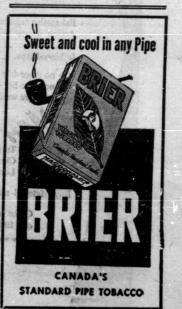
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ONTARIO

You can't qo A

These days meet people work under pressure, worry more, sleep less. This strain on body and brain makes physical Sitness easier to lose—harder to regain. Today's tense living, lowered resistance, overwork, worry—any of these may affect normal kidney action. When kidneys get out of order, excess acids and wastes remain in the system. Then backache, disturbed rest, that "tired-out" heavy-headed feeling often follow. That's the time to take Dodd's Kidney Pills. Dodd's stimulate the kidneys to normal action. Then you feel better—sleep better—work better. Ask for Dodd's Kidney Pills.



ISSUE 23 - 1956













