

TABLE TALKS
by Jane Andrews

The author of this article giving some popular German recipes says her friends and relatives frequently ask how to make these dishes. We suspect that she is one of those fine cooks who never need to use recipes, for she says she has at last "painstakingly" written them down with readers of The Christian Science Monitor, from which paper I am "borrowing" them to pass along to you.

The word "Braten" is German for roast, and if you want to make Sauerbraten (or Sauerfleisch, other pickled meats) I will assume for this first recipe that you have bought an oven roaster. The recipes will serve equally well, however, with other meats and cuts of meat, such as pot roast, stew meat, liver, rabbit or hare (the traditional Hauszoffener), veal, or chicken. All of which may be roasted or stewed and then served with delicious sweet-sour gravy.

In our home we use fresh cuts and never set the meat to pickle before cooking, as many do. Also, we serve our Sauerbraten with Klöße, potato dumplings, which are another favorite German dish. This is the way we make them.

Sauerbraten
For a 2-pound tender beef cut (shoulder or rump), grease the roaster with 2 level tablespoons of lard or bacon drippings. Salt and pepper the meat, and roast it in the roaster. Lay on the meat sliced onion, a small one or half a large one. Sprinkle flour over the meat and the onion. When the meat is done, remove it from the roaster. Add 1/2 cup vinegar, 1/2 cup water, 1/2 cup brown sugar, 1/2 cup raisins, 1/2 cup cornstarch and 1/2 cup water. Boil for 10 minutes. Strain the gravy and serve with Klöße.

Next comes 1 cup of diluted vinegar - diluted to avoid too sharp a taste. A little brown sugar and allspice - just a dash - will help darken the gravy, or a level teaspoon of pickled spices could be used instead of the single spices listed above. (We never tie the spices in a bag, because we like them in the gravy, but this can be done if preferred.)

Put the cover on the roaster and put it into the oven at medium heat. After an hour or so, test by tasting, and add more water, vinegar, sugar, or spices to bring out the desired flavor - but let no spice predominate. Broiler crusts of rye bread are good added to the gravy, which may be thickened if necessary.

Roast until the meat is tender, about 2 hours. Have plenty of gravy, and serve with potato dumplings, or Klöße.

Kartoffelkloße
3 cups hot mashed potatoes
Butter, size of a walnut
1 egg
1 1/2 cups flour
Boiled croutons or bread crusts
Peel about 6 medium-sized potatoes, add salt, and cook. When done, shake and dry well. (Old potatoes are better than new as they are not so wet.) Mash the potatoes and while they are hot, measure out 3 cups into a bowl. Add the butter, and while still hot, add the egg and mix, so that the egg becomes cooled before the flour is added.

Nuts to You!
In Brazil, where the nuts come from, forty million Brazilians have never heard of Brazil nuts. Practically the whole crop is exported and the few that remain are eaten as "English nuts" - or German - by Brazilians and shipped into their country! What's more, Brazil nuts are not nuts. They are seeds nesting in the fruit of the tree we mentioned in the first place. Take a handful of Brazil nuts and imagine them nesting together like orange segments inside a coconut. The pod weighs up to 4 lb., so tough that an iron wheel can run over it and not crack it.

The Wealthy Widows of Eastbourne

By TOM A. CULLEN
NEA Staff Correspondent

Eastbourne, England - (NEA) - "Murder" Short, held, be-spectated Dr. John B. (for Bokkin) Adams seemed started, when the Scotland Yard detec-tive came to arrest him.

"Murder" he repeated, his pale eyebrows shooting up. Then a crafty gleam came into his eyes. "Can you prove it, murderer?" he said in his soft Irish brogue.

Most Britons are wondering the same thing. Can Scotland Yard prove that Dr. Adams, 57-year-old Ulster-born bachelor, murdered 81-year-old widow, Mrs. Edith Morrill, "against the Queen's peace"?

Dr. Adams, the center of Britain's biggest murder sensation in 25 years, is accused of poison-ing the wealthy widow by prescrib-ing an overdose of drugs.

But there is no body, for one thing. Mrs. Morrill was cremated - on Dr. Adams' orders. Her earthly remains were consumed in the furnace of Brighton's crematorium. The ashes re-mained scattered in the English Channel.

The motive for murder is weak, for another. Mrs. Morrill, the widow of a wealthy Liverpool food merchant, left Dr. Adams only "the oak chest containing silver in my draw-ing-room."

Scotland Yard, it is un-derstood, is prepared to prove that she gave large sums of money to the doctor under the influence of drugs.

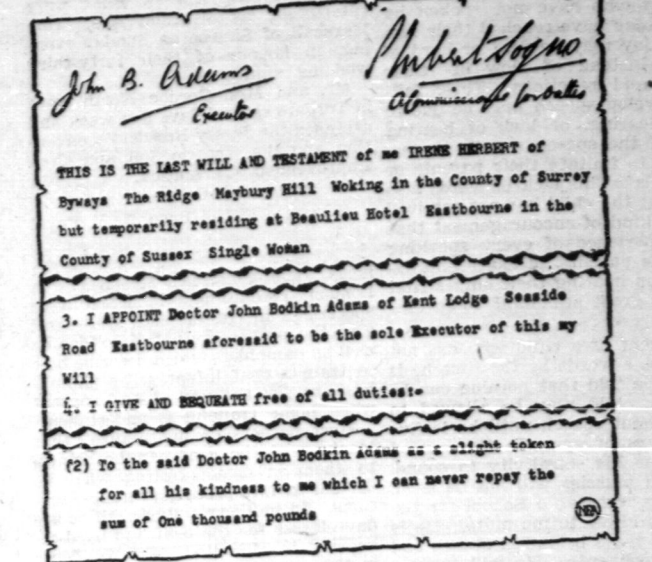
All this must have flashed through the doctor's mind as he, single-breasted topcoat and pre-pared to accompany the detec-tives to the local police station.

"I did not think you could prove murder," he mumbled, move himself than to the Scotland Yard men, adding, sit-ting a pause. "She was dying in any event."

The hall table was piled high with Christmas cards from Dr. Adams' admiring patients, for it was Dec. 19, 1936 - only six days to go to Christmas. To dear Dr. Adams, for his many kind-ness, read one of the inscrip-tions. "How can I ever repay you?" read another.

Dr. Adams was repaid hand-somely for his services to the wealthy widows of Eastbourne. He netted over \$90,000 from the deaths of 17 of his patients over a 20-year period.

Now, Dr. Adams had a big house on fashionable Trinity Terrace, the heart of Eastbourne. A big gray, neo-Georgian affair - not to everyone's taste, per-haps, but substantial, exuding an air of opulence.



"FOR ALL HIS KINDNESS" - Excerpts from photograph of will of Mrs. Irene Herbari, 50-year-old widow who died in East-bourne in 1944, show how she made Dr. Adams executor and left him one thousand pounds (\$3,000) "as a slight token."

Other facts about him were recalled. His passion for clay-pipe smoking; Police found a remarkable collection of guns in the Dr. Adams' house when they arrested him. They also found his basement stocked with a variety of opulence, from a Rolls-Royce Silver Dawn motor car to a Rolls-Royce for social occasions.

As the years passed the num-ber of legacies to Dr. Adams from wealthy women increased. In 1924 two sisters in their eighties died leaving Dr. Adams sole executor of their wills.

Miss Clara Miller, 87, daugh-ter of an iron and steel mer-chant, died of coronary throm-bosis, leaving Dr. Adams \$15,000, while Florence Cavill, 82, left him \$7,000.

Now the rumors began to take an ugly turn. Heretofore Dr. Adams had been gossiped about, now he was being gossiped about by his admirers.

It was at this point that Scot-land Yard was summoned. East-bourne was being driven by tough-looking detectives, whose pin-striped suits were a trifle too loud, who smoked cigars and cocked their bowler hats on the side of their head. They the rumors took a fresh turn:

"Three hundred wills, they're looking them all up... they say that 10 bodies are to be exhumed..."

Rumor is a fool, but fools have babbled truly. The truth is that Scotland Yard did scru-tinize over 300 of his day, nar-rowing its investigation down to 17 elderly persons, nine of them widows. All were Dr. Adams' patients, and they died leaving him richer by \$90,000. This does not include gifts made to him during the patients' life-times, nor the motorcars, shares of stock left to him at their deaths.

Twelve of the deaths under investigation occurred within a year after the patients had changed their wills to make Dr. Adams a beneficiary; two wid-ows died within 10 days of mak-ing new wills.

The Warning and Invitation of Jesus, Matthew 11:28-30
Memory Selection: Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me. Matthew 11:28-30.

God has always appeared to man through warning and tender invitation. A preacher, who ex-cludes either from his message is out of line with Scripture.

The sin of Sodom is listed in our last book as sodomy. God destroyed the wicked people of that city. The people of the re-spectable city of Capernaum were therefore surprised to hear Jesus say, "And thou, Capernaum, which art exalted unto heaven, shalt be brought down to hell: for if the mighty works, which have been done in thee, had been done in Sodom, it would have remained until this day. But I say unto you, That it shall be more tolerable for the land of Sodom in that day, than shall be for thee."

After the words of this dire warning Jesus gives the direct invitation of the memory selection. How many are laden with sin's guilt and shame! How many are bound by sinful habits of thought, word and act! How many are weary with the struggles of life! To all such, Jesus says, "Come unto me."

Tranquillizing pills may give a temporary calm and strong drink may bring blindness to one's misery for a little time but only Jesus Christ can give soul rest. He is the answer to our need. Let us confess our sins and seek Him now. Multitudes have proven that His word is true, that "My yoke is easy, and My burden is light."

Ploughboy - Poet Proposed to Queen

Of all the success stories in history few are so amazing as that of Stephen Duck, the Witshire ploughboy who taught himself to read, became the most fashionable poet of his day, entered the Church and was appointed chaplain to the King.

In the year 1723, Stephen Duck was living in the village of Charlton Saint Peter. Though still in his teens, he had married and was raising a family on four and sixpence a week. Beer cost about a penny a pint, and an ounce of cheap tobacco cost less than one of our own cigarettes.

Anyway, Duck, a ploughboy, taught himself to read the whole of Milton's "Paradise Lost." After a while, he tried his hand at poetry of his own and found that he had a genuine talent.

The local vicar helped him and the manuscript of one of Duck's poems was read to George III, Queen at Windsor Castle. The Queen was so impressed by him and persuaded him to give up ploughing to study.

Duck soon afterwards received a royal message appointing him librarian at the palace. He duly left his farm work and took up residence at Windsor Castle. Other successes followed.

Duck wrote many poems and was proclaimed a great genius. The Queen was anxious to promote him even higher and he was persuaded to leave for the Church. This he did and in 1751 he became a royal preacher.

It seemed that no post was too high for him. He was mentioned as a possible Poet Laureate and even as Archbishop of Canterbury. Duck, however, gave up his part too long. He never felt at ease among his new friends and became morbidly sensitive about his birth.



BRUSHING UP THE WORLD - The young lady of left is cleaning up the Middle East. She and her partner make it seem easy and so it is because the "world" and its moon are only interesting exhibits at a Frankfurt, Germany, show called "Space Unlimited."

THE FARM FRONT
by John Russell

Modern equipment for aiding in many farm chores or in the home requires either small electric motors or small gas engines. Where electric current is available the small fractional horsepower motor seems to be the logical choice.

The kind of available electric service may be a two-wire 115 Volt or a two- or three-wire 230 Volt having an alternating current of 60 cycles or 25 cycles, or it may be from a small domestic engine driving electric generating plant supplying 230 Volts of direct current. The motors used for electric current must suit the kind of electric current and wiring which is to be used.

Special Phase Motors - These are usually the most expensive to purchase. They include the single phase type that operates on two wires and are obtainable in sizes ranging from 1/20 H.P. to 1 1/2 H.P. They are suitable for light duty work, such as may be required for a small seed cleaning machine or a washing machine.

Capacitor Start Motors - These motors cost a little more but are the best all round motor for general use. The power ratings range from 1/4 H.P. to 1 H.P. The motor is fitted with a capacitor, which is a condenser to absorb the extra surge of electric current when starting a machine. It is thus able to start a load that requires three times its normal horsepower rating for a short period.

Repulsion-Induction Start Motors - These are used where considerable power is required to start a load or where the power requirements of a machine or equipment may fluctuate temporarily. Repulsion-Induction motors have a starting torque of about four times their normal running power. These motors will continue to operate with reduced voltage. They are suitable for large seed cleaning and grading plants, feed grinders, large pumps, air compressors, etc.

The Small Gas Engine - Where electric service cannot be used the small air-cooled gasoline engine may be the best source of power. As a rule the horsepower rating of such an engine should be about twice their normal running power for a short duration. An automatic switch mechanism disconnects the motor from its starter windings as soon as the motor reaches its normal speed.

Gasoline containing ethyl tetra lead such as that used in automobiles should not be used. Ordinary or regular gasoline which does not contain ethyl tetra lead, when used with lubricating oil for the crank case, will result in less deposits in the combustion chamber and less fouling of the spark plugs and valve stems. Greater efficiency and longer trouble-free operation can be expected.

Changes in Poultry Farming in Canada are bringing a reduction in the number of small farm flocks and the appearance of large commercial flocks. This is accompanied by decreasing profit margins making the poultryman ever more conscious of production costs. These changes have brought about a reappraisal by egg producers of breeds and crosses.

The heavy, dual-purpose breeds and crosses which have been popular among poultrymen for many years now appear to be losing favor to light breeds and crosses. There are two reasons for this (1) the price of fowl has been low in recent years, thus reducing the meat value of the fowl. (2) Light breeds require less feed for maintenance and hence, when compared on the basis of equal egg production, require less feed per egg. A four pound bird producing 200 eggs per year consumes about 78 pounds of feed, while a six pound bird laying at the same rate consumes about 98 pounds of feed. On this basis the light bird produces one dozen eggs on 47 pounds of feed, while the heavy bird requires 53 pounds of feed for one dozen eggs. This represents a saving of about one dollar per bird per year for the light bird.

Since many heavy breeds are popular and have good growth, livability, and production records, there is a natural reluctance on the part of producers to switch to other breeds. But low fowl prices have decreased the income from this source, emphasizing the necessity for economical egg production. Present trends indicate that profit from the laying flock must come largely from egg production and poultrymen are looking to the light breeds and crosses with their lower maintenance requirements for more economical egg production.

Two cycle air-cooled engines are now more reliable than they were a few years ago. Generally their normal operating speed is much higher than that of the conventional four cycle engine. Their light weight and speed makes them suitable for portable machines such as the rotary knife type of lawn mower, power chain saws, marine engines, etc. Special lubricating oils must be used and mixed precisely in the proportions recommended by the manufacturer to obtain maximum efficiency and minimum of wear to the vital parts.

The four cycle engine is probably still the most satisfactory for general use around the farm. Speeds may be regulated by means of a throttle lever or one of several types of automatic speed governors. Some engines also may be fitted with geared speed reduction units at ratios as low as 6 to 1 which make them easily adaptable for equipment which must be operated at low speeds.

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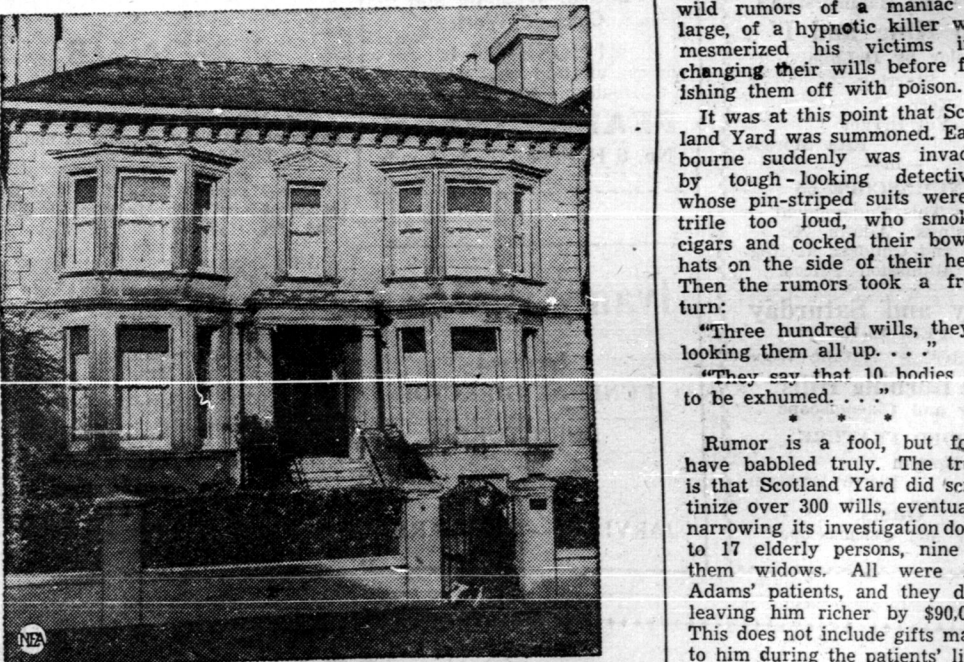
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DR. ADAMS' HOUSE IN EASTBOURNE. The hall table was piled high with Christmas cards from his admiring patients.



THE DOCTOR BECOMES A PRISONER. "I did not think you could prove murder," he mumbled.

CENTENNIAL AMERICAN INSTITUTE OF ARCHITECTS 1957 UNITED STATES POSTAGE

HALLS ARCHITECTS - This unusual-looking new U.S. stamp honors the architects of America. First sale will be in New York City on Feb. 23, to commemorate the 100th anniversary of the founding of the American Institute of Architects.

CROSSWORD PUZZLE

ANSWER ELSEWHERE ON THIS PAGE

WHAT PRICE CHEESECAKE? - Hollywood's most photographed publicity picture model during 1936 was curvaceous Kathy Herrow. In crowds of publicity stills, she was "Miss" everything from "Miss Travelling Saleslady" to "Miss Get-the-Dents-Out-of-Your-Fenders."

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