ANNE HIRST
Your Family Counselor

HUSBAND GOES HIS WAY, WIFE WANTS TO LEAVE

"For 15 years I've lived with a husband who is actually married to his business and his sports, and don't you dare smile for it is NOT funny. Sundays and holidays he is off with his gun or his rod, while I stay home to get hot meal ready when he comes in. . . . There just can't be another man as thoughtless! Never has he taken me out anywhere unless I've begged him, which spoils it all; usually he says he's too tired or must go back to work that night. He has never bought me a gift, nor even a box of candy or a flower; yet I know that in his own way he loves me dearly.

"I grew so depressed that a year ago we adopted a little girl of six, and my husband is crazy about her. But now I am confined more then ever, and haven't had a single evening out for any fun. I'm really afraid I'm going to crack up if something doesn't happen to break this montony. (I have practically forgotten how to laugh.)

"Everybody likes my husband and calls him a good man, and he is; he provides well for us, he doesn't drink and I'm surely grateful for that. But for nine years I worked hard so he could buy his own business, and now we have a lovely home and a good income. That isn't enough, Anne Hirst. I want to LIVE!

"I have even considered leaving with the baby and starting all over again. I am in my 30's, and I don't want to stay buried the rest of my life."

After years of reading letters from discontented wives, I long ago concluded that more women suffer from neglect than from actual cruelty, and too many break under the monotony of their lonely routine. To drag through years of repititious days with nothing to look forward to strangles the spirit and saps one's energies. Housewives need relaxation with their husbands, good times with their friends, and wholesome activities in the world outside.

TO "GERTRUDE": No matter how low your spirits have sunk, don't think of leaving. No matter what arrangements you might make, you would be depriving your little girl of advantages she will need increasingly as she grows up. She needs both parents, too, and your husband will find her even more interesting as she develops. You both want to provide her with the normal home life she deserves, and enjoys together the exciting years that are to come.

Tell your husband how near the breaking point you are, how much you need recreation regularly, doing the things you both enjoyed before you were married. A more active social life will benefit his business, too, and be useful to the child's development later. Now you can well afford a baby-sitter, so plan that. And remind your husband that while financial success is important, no man can be proud of a wife who is growing old before her time. It is a distinct reflection on him.

Your husband has been thoughtless in forming the habit of spending all his leisure away from home, and when you explain why you, too, must have fun I think he will understand.

In the remote possibility that you fail in your plea, why not send out an SOS signal to your women friends and spend the day with them, getting home in time to prepare his supper?

* * *

RESENTS ADVANCES

"Dear Anne Hirst: I graduated from college last year, and for quite a while I've been having trouble with the boys I date. Every last one of them tries to make love to me! We always end up on a lonely road or in the park and the arguments begin.

"Other girls I've talked to don't have this experience, and I am really worried. I certainly do not lead boys on, and I don't think I am too emotional. Have you the solution? *GRETA"*

A girl can subconsciously invite advances through her conversation or her manner. She doesn't protest when the boy's arm is around her wait, nor get affronted by his first kiss. But perhaps her response is warmer than she means it to be.

Lots of boys write me that they try a girl out on the first date because *SHE* seems to expect it. If you are not guilty of these reactions, console yourself with the truth: some girls naturally pulsate with physical attraction, while others leave the lad's temperature as it was. We are as we are.

Be even more restrained than you have been, and at the first danger signal say that you do *NOT* go in for that sort of thing. Avoid surroundings which encourage petting, keep the conversation on the light side and your goodnights gay and brief. Any smart girl can have a good time without being called a blue-stocking, you know.

* * *

If your husband neglects you, don't let it continue. He isn't really selfish, he just does not realize how much you need people and recreation to relieve the monotony. Talk it over, and let him plan a brighter life for you with him. Anne Hirst's sympathy is comforting — and practical. Write her at Box 1, 123 Eighteenth St., New Toronto, Ont.

Historic Names For Hotel Rooms

The romantic history of the beginnings of Canada in New France three centuries ago has given the Canadian National Railways glamorous names for the banquet halls and other public rooms in its new Queen Elizabeth Hotel, now under construction and due to open for its first convention next year.

Four banquet rooms have been named after early Canadian explorers; Louis Joliett, Jacques Lesperance Marquette, Daniel Du Luth and Sir Alexander Mackenzie.

The hotel's grill room will be known as the "Beaver Club", recalling an exclusive rendez-vous of fur traders originally located at the top of Beaver Hall Hill.

The original club, founded in 1775, was composed of partners in the North West Company who had spent at least one winter in the north west. It was disbanded in 1824 when the North West Company amalgamated with the Hudson's Bay Company.

Other names to be used in the new hotel are: "Les Voyageurs", the main cocktail lounge; "Le Panorama", overlooking the city from the 21st floor; "Le Rendez-vous"; "Le Bistro"; and "Salle Bonaventure".

The hotel's 11 private dining rooms and salons have been named after Quebec rivers: St. Lawrence, Saguenay, St. Maurice, Richelieu, Chaudiere, Gatineau, Bersimis, Matapedia, St. Charles, Harricana and Peribonca.

Half-Yard Aprons

628

by Laura Wheeler

So thrifty! Each of these party-thrifty aprons takes only one-half yard! Use scraps for pocket; ribbon ties; embroider gay designs. Lovely gifts for showers, bazaars!

Pattern 628; Tissue pattern transfers for making 3 half-aprons in medium size. Ideal gifts!

Send **THIRTY-FIVE CENTS** (stamps cannot be accepted, use postal note for safety) for this pattern to Laura Wheeler, Box 1, Eighteenth St., New Toronto, Ont. Print plainly **PATTERN NUMBER**, your **NAME** and **ADDRESS.**

Two FREE Patterns as a gift to our readers — printed right in our NEW Laura Wheeler Needlecraft Book for 1957! Dozens of other new designs you'll want to order—easy, fascinating handwork for yourself, your home. Be sure to send 25 cents for your copy of this book now —don't miss it!

DOLLS AND PUPPETS ATTRACT ATTENTION: Cindy Ann Ryan, left, and Toni Maskell, two school children, admire a doll and puppets from the countless number exhibited in the School Art Display judged at the Women's Division of the Canadian National Exhibition. Prize winning exhibits will be on display in the new Queen Elizabeth Building which will house women's activities during the Exhibition, from August 23rd to Sept. 7th.

CHRONICLES OF GINGER FARM
by Gwendoline P. Clarke

Our friends are beginning to find out where we live. Last Sunday we had three lots of visitors, one after another, and of course we were glad to see them all, especially as I had enough cake and cookies to go around. Not that I would have worried too much if I hadn't, we can always get by on tea and toast.

Later in the week I took on a job of baby-sitting for daughter. She is convener of the Girl Guides in her district who are taking part in the huge pageant to be presented at the Maple Leaf Gardens. I went in on the day of the rehearsal. I imagine it was quite an affair with nearly 3,000 Guides and Brownies taking part. Daughter's telephone was ringing continually from the time I got to the house to the time when she left for the rehearsal. Good thing it isn't a party line!

After she had gone I took the boys to High Park Playground—David on foot and Eddie in his push-cart. The entrance to the Park is only a ten-minute walk. The playground was full of pre-school-age youngsters with mother or father in charge. And what a time they were having. Swings, slides, sand-pile and a hand-propelled merry-go-round. The playground must be a wonderful energy-outlet for the many children who may not have so much as a backyard to play in at home. One mother said the days her children came to the park they slept so much better at night. As I watched the youngsters at play I couldn't help thinking how lucky country children are who have a big farm garden to run around in — and probably dogs, cats and kittens to play with. To my way of thinking the farm is still the best place to bring up a family. The parents may not be over-supplied with money or the home too convenient but at least father, mother and children lead a normal family life — they eat, work and play together. And that is more than can be said for families where father is away to the office, plant or factory before the children are up in the morning. When he returns at night he is tired, and sometimes irritable, and so are the children. It doesn't make for a happy family relationship. Such conditions apply not only to urban homes but also to those in the country from whence father commutes back and forth to Malton, Hamilton or Toronto — or wherever his job happens to be. Conditions are even worse when father is on night shift. Seems to me family living in so many cases requires a lot of adjustment these days.

And when you pull up stakes and settle down in a new district that takes some adjustment too — especially when there is an election in the offing! Last week we went down to our old riding to make sure our names were on the voter's list. They weren't! Partner just about saw red for awhile. You see we haven't been in our new home long enough to be eligible for a vote here and because we were not at the farm the day the enumerators called — if they did call — our names were left off the list. Now after 35 years residence in one place we shall have to be sworn in before we can vote. And we are not the only ones either. We hear a lot about padded voter's lists, what about the ones where eligible voters are not listed. Surely one way is as bad as another.

Another of our adjustment worries has been mail delivery. On our old mail route there were two other Clarke's and of course we often got each other's mail. Now, in our new location we find ourselves bracketed with yet another Clarke. Not only that but we get mail forwarded to us that belongs to the old route. Very confusing, isn't it? Before we moved we did our best to notify all those from whom we were likely to receive business or personal mail, but there is always the odd, unexpected letter. As for advertising literature . . . That's where we give up!

The same applies to the telephone. I put our phone number on most of my correspondence now but it doesn't do much good. The very day I went baby-sitting friends from a distance came to call — meant to phone but they had lost the number. I didn't get home until next day so I missed them entirely. But we get plenty of phone calls other than our own. In fact it is hard to know "for whom the bell 'rings'."

To close here is a little nature story. Partner was cutting brush along the line fence. There he found a flat stone with a carved inscription. The inscription read "Hear lies a Warbler." How long had the little tombstone been there I wonder? Who owned the warbler — was it captive or wounded? We shall never learn the answer but I got Partner to leave the stone anyway. That much we can do for the little song-bird — silent now — and whose story we shall never know

Fine selections of totem poles which have been placed in Thunderbird Park at Victoria and in Stanley Park at Vancouver are viewed by thousands of visitors to British Columbia each year.

GOES DRY — Esther Williams has dried off to disprove the notion she's only a star in a swimming pool. She's with Jeff Chandler in her next film, "Raw Wind in Eden," in which she plays a high-living fashion model. She does get to swim twice in the film.

Young Play-Set PRINTED PATTERN

4863 SIZES 2—8

by Anne Adams

Printed Pattern that's EASY sewing for you, mother—makes a darling play-outfit for daughter! See the "grownup" styling of the shirt-top (plenty of room for active wear); shorts and pedal pushers to smartly match or contrast.

Printed Pattern 4863: Children's Sizes 2, 4, 6, 8. Size 6 shirt 1⅛ yards 35-inch; shorts, 1 yard.

Printed directions on each pattern part. Easier, faster, accurate.

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Send order to **ANNE ADAMS, Box 1, 123 Eighteenth St., New Toronto, Ont.**

ISSUE 28 — 1957

Farmers Retire In The States

The Social Security Administration reports itself deluged with self-employed farmers who seek to "retire" on security benefits.

The rate of retirement is a whopping four-times the estimate made in 1954 when the law was broadened to include farmers. The first claims could not be made until 1956, since farmers had to show net earnings of at least $400 in 1955.

This year 400,000 claims have been filed by farmers ready to retire or widows who recently qualified, asking survivors' benefits for themselves and children under 18 years of age.

In 1954 there were 786,000 farmers, 65 or older, with others coming into the 65-age group at the rate of about 100,000 per year.

One of the more practical reasons for the boom in retirement claims is the figures showing that for many farmers today their occupation is a starvation one. Twenty-six per cent of the farmers making less than $1,000 per year were in the 65-age group. Only 11 per cent of those making $3,000 or more had reached 65.

Then, too, the act covers the "city farmers," a phrase which describes those who own farms and operate them with tenants or hired help to whom they give supervision. Many of these had employment benefits piled up and could retire, turning over their farms to their children or selling them. This policy—turning the land over to sons or putting them on the market — is a common one. But, of course, not too many sons are interested in a farm.

The truth is the small farm with its mule and hand labor is too small to make mechanization profitable. There are an estimated one million too many farms in the nation. Of these about two-thirds are in the Southeast. This region has always had most of the farms, because they had more small units. Children on such farms want to leave them for good and valid reasons.

The soil bank already is depleting popuiations in the purely row-crop regions. Farmers are putting their worst land in "the bank," tenants, who never lived too well anyhow, are of necessity moving off to the nearest job opportunities.

Change goes on. And nowhere does it move with greater speed than in agriculture. With 400,000 farmers applying for retirement this year, which is not yet half gone, it would appear the number of farms soon will be sharply reduced. —**Atlanta Constitution.**

BEAUTY AND THE . . . — Carole Michaels, "Miss National Press Photographer," is prettier but Air Force 1st Lt. J. F. Keegan is safer. Miss Michaels met the fashionably suited lieutenant at Langley Air Force Base, while making a personal appearance for a motion picture Lieutenant Keegan is wearing survival equipment designed for global strike force pilots of the Tactical Air Command

THE MOVING FINGER—A great pitcher of another era, Jerome "Dizzy" Dean, demonstrates various throwing techniques with the aid of a three-foot baseball held by a huge foam rubber hand. Dean manipulated the rubber fingers to show would-be hurlers tht proper grips. Lesson took place at a clinic in Detroit.

Legendary Car

That long-sought-after used car "owned by two nice old ladies who only drove it round the neighborhood" has become a legend and the car-lot dealer's chant a joke. But now and then the legend does come to life, so to speak, and occasionally even improves on the fairy tale.

Back in 1921 Ben Koester of Jefferson City, Missouri, bought a new Model T Ford touring car. For some reason he forswore driving five years later, and for the last 31 years the car has reposed in his basement garage. A few days ago an old-car fancier heard about this relic and bought it. All he had to do was fill the gas tank, change the oil, put in a new battery, and pump up a tire before he merrily drove it away.

We're glad to be told it was an old-car fancier. For tender as our memories may be of the durable Model T, which did fulfill the maker's claim, "Takes you there, gets you back," the getting there and the coming back were pretty rigorous processes, judged by today's standards. And the owner of even a new Model T could hardly expect to travel over 100 miles on a quart of oil or much farther on a gallon of gasoline than many a modern superpowered giant, or more than 10,000 miles on his tires.

Incidentally, however, the price Mr. Koester paid in 1921 seems even more legendary than the car: $585. — The Christian Science Monitor.

Skiing and golfing are year-round sports in British Columbia in its equable climate, and moose and mountain goats, salmon and speckled trout make it a sportsman's paradise.

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MERRY MENAGERIE

"It isn't meant to look appetizing—it's supposed to make you so mad you'll bite it!"

HIGH BLOOD PRESSURE

Anyone who has a tendency to high blood pressure would be well advised to try to keep his general living routine in lower gear, especially after middle age. Emotional upsets, and overdoing activities will contribute to this condition. Overeating is another "don't" since it often causes overweight, which adds to the strain on the heart. If signs of high blood pressure are noticed, it is wise to consult the doctor, who will prescribe suitable diet, exercise and avoidance of fatigue.

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PERSONAL

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Jane Ashley Says

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FRUIT CREAM

2½ tablespoons BENSON'S or CANADA Corn Starch
¼ cup granulated sugar
Few grains salt
1¼ cups (10 oz.) canned fruit juice (apple, pineapple or blended)
1 egg yolk
½ tablespoon butter
1 egg white
1 tablespoon granulated sugar

COMBINE BENSON'S or CANADA Corn Starch, sugar and salt in saucepan.
STIR in ¼ cup fruit juice gradually; mix until smooth.
ADD egg yolk and mix well together until smooth; add remaining fruit juice, mixing well.
COOK, stirring constantly, over medium heat until mixture is smoothly thickened and comes to a boil.
BOIL 1 minute, stirring constantly.
REMOVE from heat, then add butter; cool, stirring occasionally.
BEAT egg white until stiff but not dry; gradually beat in sugar.
CONTINUE beating until mixture stands in stiff peaks.
FOLD lightly into cool mixture; combine well.
POUR into dessert dishes; chill before serving.
YIELD: 4 servings.

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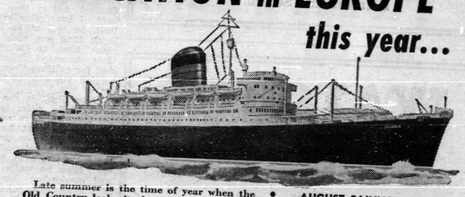

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