ANNE HIRST
Your Family Counselor

ILL MOTHER IS NEGLECTED BY SELFISH CHILDREN

"Dear Anne Hirst: My problem is one I am ashamed to confess because it reflects on my children. I am only 55, but I look older. A series of illness left me too weak to keep on working, and for the past year I have been almost entirely confined to my two rooms. Church is the only place I go to, and that I can't make regularly. I can't stand on my feet for long, and anyway nobody would want me around because my face was scarred in a fire. If these things were not so, how happy I would be to support myself as I once did, and not have to be dependent on my children!

"My son and daughter are married, but do not seem to realize how much more I need than they send me. I had to go out to work when their father died 15 years ago, and I put them through school. Now that I am sick, they hardly ever come to see me, and all they talk about is how much they are doing for me! They pay the rent and see that I have food, but you know how extras eat up money. They don't bring their children to see me and have hardly ever rung me up; I myself have to watch every dime.

WHAT FUTURE

"I need medical care and other attentions to relieve my physical condition, and if I had them maybe I'd be able to find a way to help myself. I only ask them for the barest necessities, and I am ashamed to tell you they are begrudged.

"What becomes of other sick and lonely mothers? I can't sleep for fear of the future. I have always despised people who grow sorry for themselves, and now I am one of them! Maybe I only want a kind word from someone like you, or a little guidance in this time of need.

SICK OF IT"

Any self-respecting mother must be humiliated when the children she worked so hard for begrudge her life's necessities, and will not provide the professional services to improve her condition. You need help desperately.

Another mother in similar circumstances appealed to me not long ago, and I suggested she confide in her pastor. You will be as reluctant, but if the state or any charity investigated, your son and daughter would be forced to take better care of you. I think they would not relish such a gesture.

Ministers, like doctors and social workers, are not shocked by confessions; the neglect practiced by some children is too common to surprise them. Your pastor will understand, and among his members he knows whom he can count on to be friendly and helpful. In such groups there are sometimes services that can be performed at home that you can do, and which will add to your income. One thing leads to another, and who knows, soon you may see better times.

When life seems more than we can bear, something happens — and for you it could only be an improvement. Never cease to hope for relief from your disabilities. When that comes you will be a different woman, look younger and feel so, too. Faith and prayer work hand in hand for us all, and they will for you.

* * *

YOUTH REBELS

"Dear Anee Hirst: My sister is 15, and Mother will not let her go with boys to the drive-in, though other girls her age do and their mothers don't seem to mind.

"Another thing: My grandmother lives with us, and when my sister brings friends home she can't be alone with them because Granny is always hovering around to overhear everything they say. My sister, objects, and I don't blame her. What do you say?

WORRIED"

I don't see how your sister can object to her grandmother's presence without causing disturbance; it is for your mother to suggest that the youngsters be let alone. To be under supervision when entertaining friends always makes a girl self-conscious, and it is not a comfortable feeling.

As to drive-ins, it isn't likely that your mother will be moved by the fact that other girls frequent them. She knows what is best for your sister, and if other girls want to make themselves cheap that is their affair. I suggest you persuade your sister to wait for this permission until she is a little older.

Mothers seem to know their daughters, and most of them exercise disciplinary measures only when they feel them necessary.

* * *

If trouble comes and you feel you have done all you can, let Anne Hirst know. She may have ideas that you can use, and anyhow you will have her sympathy. Address her at Box 1, 123 Eighteenth St., New Toronto, Ont.

Child Literally Led To Learning

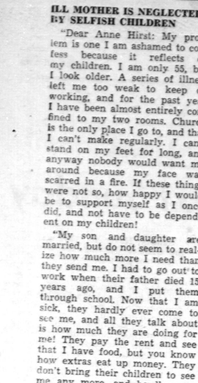
A pedagogue is a school master or any instructor of young people. The word pedagogue comes from the identical Greek word which can be broken up into paidos, which means "child" ago which means "lead." In the days of the Greek City States slaves led their master's children to school, back home, to concerts or to plays. They were actually leading the children to learning as schoolmasters are expected to do nowadays.

A fussy old lady ordered her dinner with care. But after taking several bites, she summoned the waiter indignantly.

"I've never eaten such stringy spinach in my life!" she complained.

"Madam," the waiter replied kindly, "why don't you try removing your veil?"

Children's Favorite



881

by Laura Wheeler

Slippers that stretch! Snaps do the trick. In sizes 4-7-10, each adjusts to the 2 next larger sizes. Easy sewing.

Pattern 881: transfer pattern sizes small 4-5-6; medium 7-8-9; large 10-11-12; in one pattern. Made of one piece.

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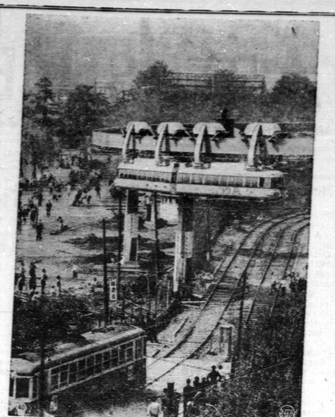
Two **FREE** Patterns as a gift to our readers—printed right in our 1957 Laura Wheeler Needlecraft Book. Dozens of other designs you'll want to order—easy fascinating handwork for yourself, your home, gifts, bazaar items. Send 25 cents for your copy of this book today!

BLOW ME DOWN—Stand clear, everyone. A mighty blow is about to issue from this cavernous mouth of a hippopotamus at the Vincennes Zoo in Paris. Anyway, the photographer swears the giant beast had a fit of sneezing, possibly after being bitten by a king-size flu bug. If so, he joined thousands of Parisians similarly afflicted.



TROLLEY OF TOMORROW—Offering a striking contrast between past and future, this gleaming silver-colored monorail train in Tokyo sweeps some 30 feet above the ground over the tracks of an old-fashioned streetcar. The two-coach "flying train", the first in the orient, carries 62 passengers in its quarter-mile journey between two zoos in Tokyo's Ueni Park.

Why is it one never has a camera handy at the right moment? Last Thursday, for instance, we took Eddie down to Oakville to see his brother Dave, at present staying with Bob and Joy. The brothers hadn't seen each other for three weeks. We walked into the living-room, Eddie a little ahead. He saw Dave and ran to him with arms outstretched. Dave stood waiting, a pleased, proud expression on his face. For several minutes the two little boys stood in the middle of the living-room floor — just hugging each other. It was really something to see. And yet neither of them made any fuss when it came time for us to leave. Sometime this coming week they will all be together again as mother and the new baby come home from the hospital this morning. We shall miss our little fellow — but it will be nice not to have diapers to wash every other day! Eddie is one of the happiest babies I ever knew. Mischievous, of course, and quite capable of showing temper when not allowed to have his own way but in five minutes it is all forgotten and he is playing contentedly again. But listen to Grandma — as if there were no other babies in the world, whereas there are plenty and all of them perfect! Please forgive me for being such a bore.

Let's talk about something that isn't nearly so pleasant — daylight saving for instance. Are you on it or off it? If you are still on it I bet you wish you weren't. It has been bad enough other years towards the end of the season but this year's time extension is ridiculous. Who is getting any benefit anyway? Certainly not the farmer or the working man; the housewife or even commuters from out of town. Nearly everyone now is getting up in the dark and because the days are shorter there isn't enough light at the end of the day to make any difference to anyone. Seems to me this daylight saving problem should be approached in a different way—by a vote or plebiscite at municipal elections. Let the people make their own decision about changing the time instead of having their local council do it for them. The railways have never once departed from standard time. If they can resist pressure other groups could do it too. Maybe not enough interest is taken in the question because to some people it makes little difference one way or the other.

Take ourselves for instance — we are not really inconvenienced, but we object on principle because we remember only too well how it can complicate things for farmers. Isn't it time everyone gave this matter a little more thought — try to see both sides of the question for a change? An apathetic attitude is a selfish attitude. When so many people are opposed to D.S.T. there must be a reason for it. Isn't it time we inquired into that reason? Shouldn't we try to make sure that whatever decision is reached should give the most benefit to the greatest number of people? Now is the time to think about it — not next spring.

Well, we are beginning to realise that years of farming experience makes a person a farmer all his life. For the first time in our married life we are buying eggs for the table instead of selling them. So now we have first hand knowledge from both sides of the fence — first as producer and now as consumer — and we are benefitting from that experience. As a producer we always had a certain number of cracks and culls among our eggs every week. They were used for cooking, frying and scrambling. We also kept our family supplied with cracks and culls. If we sold any they were always half-price. Naturally FRESH eggs with a slight crack or mis-shapen shells are just as good as Grade A large — providing they are used before they get a chance to get stale. With this in mind I scouted around for a place to buy culls as well as "good" eggs. So I visited a well-known poultry farm where I used to buy baby chicks. Here I got large "cracks" at 40 cents a dozen. Every egg was candled while I waited and they were far more appetising then a dozen Grade A Large that I had bought at a store the week before. I had to drive eight miles to this poultry farm but the freshness of the eggs made the trip worthwhile, besides cutting th.. cost of living. While I was at it I got some fat for soap as well. As they were really newlaid eggs I wasn't afraid to get three-week's supply for ourselves. The refrigerator will take care of them for that length of time.

I also found a special market for chickens. A good size broiler for $1.38! All ready for the oven. We know only too well the work and expense involved before that chicken was ready for market. The hours Partner and I used to spend killing, picking, removing "pins" and cleaning chickens! And now we can buy a chicken and all we have to do is cook it and eat it. It doesn't seem possible. In fact we had to overcome a definite guilt complex before we could really enjoy it.

Victory Over Women's Ills

Powerful new hormone compound, closely related to the natural female hormone progesterone, have shown remarkable influences in controlling the most vital glandular functions among women. At a meeting of the New York Academy of Science, a score of high-ranking U.S. endocrinologists, geneticists, and gynecologists reported, for the first time, that these hormone compounds can postpone menstruation for as long as the doctor may elect, can protect pregnancy from miscarriage once it has started, and can relieve many of the menstrual disorders and irregularities that plague womanhood.

The most startling report came from Dr. Robert B. Greenblatt, professor of endocrinology at the Medical College of Georgia, and a practicing gynecologist, who described his success with one of these compounds, Norlutin, in delaying menstruation for as long as he wished, in some cases up to six months.

Since many women are made physically and emotionally ill by their periods, "postponement may be medically indicated for a variety of reasons," Dr. Greenblatt said, "such as critical conjunction of menstruation with business affairs, family 'crises', important social engagements, and athletic events."

Norlutin, in tablet form, is given in 30-milligram daily doses, starting seven days before the next period is expected. When the drug is withdrawn, the patient will re-establish her normal menstrual cycle, with no unpleasant side effects.

In Dr. Greenblatt's opinion, Norlutin is not only "scientifically significant" because it stops regular menstrual periods, but also because it may forestall an unwanted period during pregnancy — and the eventual loss of the child.

From Newsweek

Modern Etiquette . . .

by Roberta Lee

Q. We are giving a buffet dinner, and I intend to set up card tables about the room to which our guests will take their food after helping themselves from the buffet table. Should the silverware be placed on the card tables, or on the buffet table?

A. It would be better to place the silver on the buffet table.

Q. Just what is the proper way for a woman to introduce her husband?

A. To friends, as "John," and to acquaintances as "my husband." The two names of safety are "my husband" and "my wife," since they are proper no matter to whom you are talking. In business, "Mr. Smith" and "Mrs. Smith" are quite correct.

Q. What is a suggested "thank you" note for a bride-elect to write for a wedding gift received?

A. "Dear Betty: It was more than sweet of you to send us such a lovely (whatever it was). Thank you very much, and I know that Bob and I are going to get a lot of enjoyment out of it. Hoping that we shall be seeing you very soon. Very affectionately."

Q. At the movies, is it proper for people to remain in their seats and compel others to squeeze past them?

A. If by turning their knees to one side they cannot make enough room for others to pass easily, they should by all means stand.

Q. Is it proper to use the abbreviations — Chas., Jas., Robt., or Wm. — when addressing notations to letters?

A. Abbreviated names are never proper in salutation. If a man abbreviates his name in his signature, you may use the abbreviation in addressing your envelopes to him.

Q. Should ice cream, served in sherbet glass, be eaten with the spoon or fork?

A. With the spoon. Ice cream is eaten with the fork only when it is served with pie or cake à la mode.

Q. What is the fee a woman is supposed to give the maid who helps her in a public dressing or powder room?

A. Not less than twenty-five cents.

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10—18
by Anne Adams

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THE WINNAH—The expressions on the faces of Brooks West and his wife, Eve Arden, tell you he's slamming down a winning card to take the trick. Their children, 10-year-old Connie, lefty Douglas, 3, and Liza, 12, mostly take it in stride. Missing from the scene is their Hollywood home is 4½-year-old son, Duncan. Eve, who won the hearts of millions of radio and TV fans playing "Our Miss Brooks" for 10 years, has switched characters and is now Liza Hammind, and her fan don't seem to mind at all.

'A Good Life'—Canada's New Pioneers

By H. R. CALVERT

Ed. Note: In this article Mr. Calvert continues the story of his visit to Lynn Lake, the new mining community in the far north.

As soon as possible after the transfer of mining operations from Sherridon to Lynn Lake, attention was given to the development of community recreational facilities. Financed by Sherritt Gordon and with labour volunteered by everyone, including Mine Manager "Doc" Gable, a fully modern pleasure skating rink was built. This building stands as mute and commendable testimony to a progressive company outlook by Sherritt Gordon and a truly cooperative venture. Upon completion, a Community Club was organized and, governed by an executive body of fifteen members, the skating rink was turned over to the Club to operate. The recreational activities at Lynn Lake are, to a large degree, directed by this wide-awake Community Club who raise money by drives (a modest $10.00 per family per season), cat raffles, canteen operation and dances. The Community Club does not concern itself exclusively with looking after the skating, but holds a free dance in January, a land sports and free dance in July 1st, a water sports day at Zed Lake the first week in August, and a Christmas party for the children.

Presently under construction is a community hall which will give to the citizens accommodation for meetings, drama presentations, basketball and badminton, bowling and will quite possibly include a library.

Mrs. Stan Nunn, whose husband is secretary of the forty-two member Lion's Club, was just finishing a surprise birthday cake in her completely modern kitchen. Stan, she explained would not be home for a while, and she just had to get this cake, which would have done credit to Oscar of the Waldorf, finished before he arrived so would I mind if she went ahead?

The Lion's Club has as its feature project the building and supervision of a children's playground. As evidence of community support to any endeavour, the skating rink accommodated well over six hundred people at the Lion's Club bingo which I attended with school teacher Stan Turner and his charming bride.

Stan's youthful appearance belies his responsible contribution to the development of Lynn Lake youth. He was educated in Kimberley, B.C., and even during his high school days he and his close friend Larry Ratcliffe had a deep interest in music and were firm in their determination to one day become school teachers and form a school band. Graduating from normal school together and answering an ad for teachers for Lynn Lake, they were taken on the Lynn Lake school staff and in December, 1955, started to put into realization their youthful dreams. They called a meeting of all pupils and parents interested in the formation of a school band and were delighted with the response. The required capital was raised by public subscription and loans by personal notes (now completely repaid) and the band now boasts sixty-five members with many more waiting; completely and impressively uniformed and with over $7,000 invested in instruments. Stan says "This whole thing would not have been possible without the complete co-operation of students and parents alike. The members of the band are not only enthusiastic but talented. They cheerfully surrender their noon hours, recesses and evenings to practice." What Stan failed to say was that he had from his vacation in order to direct the band in practices every evening in preparation for appearance at the Flin Flon Festival this Fall.

Tom Johnson, who edits the Lynn Lake Lyre, was busy painting his home. He took time out to explain that the Lyre is a Community Club project, published monthly, sold at ten cents a copy on a non-profit basis. He said "We are grateful to the business institutions in town for their support. They cheerfully run ads in our publication and many of them, such as the Fairview Hotel, really little to gain advertising-wise." While Mrs. Johnson carefully tended her beautiful display of multi-variety African Violets, meanwhile keeping a motherly eye on her three lovely children, Tom dug up back issues of the Lyre for my persual.

Tom introduced me to Wally Kuby, Assistant Paymaster of Sherritt Gordon Mines Limited and a likeable neighbour of the Johnson's. Wally generously agreed to take me fishing at Zed Lake. The road to this lake, roughly twelve miles from Lynn, was originally built by the Saskatchewan government who were interested in fishing development, but more recently was taken over by the Government of Manitoba and the Lake itself is now a Government resort area. Work on the road this summer was held up because of more pressing construction work on the townsite, so that it threatened to become impassable. However, Sherritt Gordon came to the rescue and supplied crushed rock at no charge to fill in the most travel-worn sections. About four miles from town our car was broken down but Wally appeared relatively unconcerned; as he put it "We're just one happy family here, Cal. The first car along will help us out." Sure enough, Creighton Uren, Manager of the Beaver Lumber Company, put in an appearance shortly, and although his car was loaded to the roof with his family, groceries, bedding and what-have-you for transport to his cottage at Zed, we somehow squeezed in—nets, fishing tackle, ten h.p. motor and all.

Zed Lake is a beautiful spot, renowned for excellent trout, pickerel and northern pike fishing, and to which the whole town seems to migrate during July and August for boating, swimming, picnics and general relaxation. Several comfortable cottages have already been built and more are under construction. An impressive array of power boats lined the shore; not many areas in Canada could boast such a display. An hour or two of trolling and a 10½-pound lake trout was hoated. "We use these for bait" chided Wally, much to my deflation, and that the statement isn't too far from the truth may be evidenced by a picture of the author with a thirty-five pounder. Darkness was setting in and I expressed some concern about getting back to Lynn. "Oh, somebody will be around." Wally said, and sure enough, although it was almost dark when we came back to shore, we were invited to Kennedy's cottage for refreshments; a very substantial late lunch; and were then driven to town by the Palmer's.

(Ed. Note: Mr. Calvert's story will be continued in our next issue.)

NOT TOO FAR NORTH FOR GARDENS —

BIG FISH, TOO

QUIZ WHIZ—Johnny O. Mechura, who's been asking questions since he was one, is now Johnny - on - the-spot when it comes to answering questions. The three-year-old can spot any U.S. state or foreign country on the map, and give their capital cities. An automobile enthusiast, he can identify 850 models from photographs, and delights in reciting poetry in Czech and Portuguese.

Odd Incidents At Launchings

After Princess Alexandra had smashed a bottle of champagne on the bows of a new anti-aircraft frigate and named her H.M.S. Jaquar a few weeks ago, the watching crowd of 7,000 waited for the frigate to move down the slipway into the River Clyde. But there was a slight hitch in the launching ceremony because the wooden retaining blocks had become stuck.

While men were loosening them with hammers, someone yelled: "Give her a shove." Smilingly the Princess put out her gloved right hand and pushed just as the vessel was beginning to move. It gathered momentum and slid into the river.

One of the oddest incidents ever to occur at a ship launching took place at Belfast when a woman threw the bottle of champagne against the vessel's steel plates and missed. The ship was already moving down the slipway, so the determined woman, not to be beaten, got a motor boat, chased it and named it while it was afloat.

An old superstition says that an unnamed vessel is doomed and those sailing in her will be unlucky all their lives. And on Tyneside they say it is better to let a ship rust in the slipway than launch her on a Friday.

The wife of a shipyard owner many years ago was asked to launch a new vessel, but when she found that the day chosen was Friday the thirteenth, she insisted on the ceremony being postponed. But on Saturday morning it was found that the ship had launched herself in the night!

To-day it is considered unlucky for a man to launch a ship. The story is told of a Norwegian ship-owner who launched a number of ships during the first world war, allowing some to enter the water unchristened and others to be named by women.

Not one of those ships survived and nearly every one had the worst of luck until she finally came to grief.

How Can I?

By Anne Ashley

Q. How can I test jelly to know if the jellying point has been reached?

Put a little on a cold plate and draw a path through it with the point of a spoon. If the path stays and the jelly does not run together, the jellying point has been reached.

Q. How can I take care of feet that are hot and swollen?

A. Try bathing them in warm water, in which a few grains of permanganate of potash have been dissolved, just enough of the potash to make the water a bright pink. Then massage with rubbing alcohol, or mentholated spirit, and finally dust the feet with boric acid powder.

Q. How can I keep winter plants in good condition?

A. Cold tea or milk will make plants blossom during the winter months. One should alternate with water every other day.

Q. How can I remove gloss from a painted surface before repainting?

A. Before painting the kitchen woodwork, try washing it with gold dust and a little ammonia in warm water. The gold dust removes all dirt and grease, while the ammonia takes off the gloss of the old paint.

Although water covers almost three fourths of the earth's surface, man takes scarcely more than one per cent of his food from inland waters and the sea.

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