

ANNE HIRST

Your Family Counselor

"Dear Anne Hirst: I've known this boy since I was 14, but only about a year ago did we fall in love. He asked me to go steady. But soon I broke up (over some imagined slight), and I haven't heard from him since. Only long after that did I realize how much I cared for him.

"All this was three months ago, but I believe he still loves me. Everywhere I go, to parties or dances or barbecues, he is there and he watches me all evening. I think he's afraid of being hurt again, and I expect it will be a long time before he asks me for a date, if ever. "How can I let him know that I would never, never be so unfair again, I want him to come back!"

JESSIE

HONEST CONFESSION

There is no better relief for a guilty conscience than an honest confession; if it is not made, the offender harbours a feeling of guilt which is destructive. Where the heart is concerned, the need becomes imperative. I hope you will not allow pride to delay admitting how wrong you were. Write the lady a friendly letter apologizing for your bad temper, and ask him to forgive you.

Quick-to-Sew Set PRINTED PATTERN 4720

SIZE 2-10



by Anne Adams

It's such fun to mix and match all the pretty, button-on topplings that turn this princess sundress into three different fashions. Beginners' delight — no waist seams.

Printed Pattern 4720: Children's Sizes 2, 4, 6, 8, 10. See pattern for yardage.

Printed directions on each pattern part. Easier, accurate. Send FORTY CENTS (40c) (stamps cannot be accepted, use postal note for safety) for this pattern. Please print plainly: SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, Box 1, 123 Eighth St., New Toronto, Ont.

I warn you, however, not to be so optimistic as to believe that watching you throughout an evening means he still cares; he may be congratulating himself on having escaped a girl with such a temper. No matter what his response, your mind will be relieved; you have made him gracious; gesture and given him the opportunity to be as generous. If he is not inclined that way, it is his decision and you will have to accept it as final.

You need not grovel in your letter, and certainly say nothing of your hope that he will want to "go steady" again. If he still likes you, a hint that the door is open is all he needs.

SHE KNOWS YOU

"Dear Anne Hirst: I will be 14 in December, and I'm writing you about dating. My mother says I'm too young, but I know how to act and I'm sensible enough to date. I'm in the ninth grade and the boys I like are in the 10th; they're 15 and 16. "My mother approves of the boys, but she says I am just not old enough to date. Please give me your opinion."

CAROLYN

Some 13-year-old girls are as mature as if they were 15; others still act as if they were 11 and 12. No other human being knows you, as a person, as well as your mother does. Nor does anyone else want you to be as happy as you are now. So, for a while yet you will be smart to follow her counsel, and without argument or complaint.

When she feels you are ready to date, she will welcome these nice boys and encourage their coming. So next time they mention it, just say, "Maybe next year, and until then have fun with the group of girls you like."

Let other youngsters make the mistakes they so often do (which embarrass boys they are with), and content yourself now with being an obedient daughter. You may not believe it, but the boys will think you are worth waiting for.

When problems arise, turn to Anne Hirst. For nearly 30 years she has been an understanding friend to this column's readers, and her sympathy and counsel will comfort you. Address her at Box 1, 123 Eighth St., New Toronto, Ont.

Cattle Rustlers Getting Sneaky

Warning to Western druggists and drug supply salesmen.

That slow-spoken homie asking about tranquilizing drugs may be wanted by the sheriff. According to a dispatch from Montana, rustlers are using tranquilizing means to slow critters down and make them happy about being rustled.

It takes the moo and the kick out of the beast, and he can then be easily scuttled into a truck and off the home place.

This is a pretty sneaky low-down range varmint has sunk to. It used to be that a rustler at least gave the owner something of a fair shake in that he had a chance to notice some common and perhaps hear his gold-on-the-hoof being removed.

If this is what modern science is accomplishing, there'll be some doc and druggists on the run. — Denver Post.



Summer Afternoon

Henry James thought that the two most beautiful words in the English language were "summer afternoon." And summer afternoons become progressively more beautiful in the afternoon of summer.

As August arrives we know that the season has passed its high noon. The morning's pleasant chores are over. The remainder of the day is a leisurely clearing away from the table whereon sunlight and shadow laid a damask of leaf pattern.

This magic cloth will disappear of its own accord by the time the dishes are dried. And if we pull our chairs up to the table again later, its top will wait, uncluttered by design and smooth of prejudice, for books, papers, or even a little radio.

June, if we believe Lowell, has rarer days than July. It is quiet with promise. But they lack, for that very reason, the poignancy of midsummer hours bounded by the inexorable dimensions of "nowness"—boundaries dismissing past as mere preparation and future as irrelevant.

In the afternoon of summer there comes some moment strangely close to fulfillment—some sense of welcome inevitability. This is apart from all the rest of the year's experience. It does not depend on what good or what bad we may suppose has marked some other season.

A flight of birds wheels round in a brazen sky, their wings catching and shedding the sunlight and shading the mass seen on a veering wind. The rough bark of the bole of an oak appears as a vast valley system through which busy insects hasten their caravans.

Flattery goes right to your head with these vail "half" light and shading the sun. They keep your hair-do perfect. Alluring for days or dates, the year round. SIX veils each—each costs about a dollar to make. Trim in velvet pink flowers, ribbon. Pattern 82 directions.

Send THIRTY-FIVE CENTS (35c) (stamps cannot be accepted, use postal note for safety) for this pattern to Laura Wheeler, Box 1, 123 Eighth St., New Toronto, Ont. Print plainly: NAME, ADDRESS, TERM NUMBER, your NAME and ADDRESS.

Send for a copy of 1959 L. Wheeler Needlecraft Book. I will send you a copy of the book, a special surprise to you. Little girl happy to make doll, clothes to colour. Send 2 cents for this book.

by Laura Wheeler

busy at the barn. Two days later we were back to the wide open spaces of the farm—with the children tearing around as if they had been let out of prison. I don't think our friends were sorry to see us go, although they thought I needed a rest. I did, and I had it—after I got home.

I still think the farm is the best place to raise a family.

we feel the life of domestic pets depends upon their owners. Now it's Monday. Partner got home last night about midnight after an enjoyable week-end at the cottage. That is, between showers! Yes, it actually rained up Peterborough way during both days. Partner could hardly believe it when I told him all we had had was a fifteen-minute shower. By all accounts Dee and the boys have been having a good time on their own—except they all have a dose of poison ivy and a variety of insect bites. Partner said it was almost as hot as the scorching sun, but for course they have the lake and a shallow shore-line. For a mother with small children that means a lot. What means even more is getting the boys away from the neighbourhood gang.

Of course, when they are at home they, too, are part of the gang, and you know how it is, what one doesn't think of another one will. The wear and tear on the mother's nerves must be terrific. It is something I know little about from actual experience. That is, except for one week's "holiday" in Toronto when Dee was seven and Bob four. It was a quiet street where we were staying and the children played in the garden when I was getting up each day. At least they were supposed to. One morning I looked out, saw them on the sidewalk, using a wooden box as a sleigh — Bob riding, Dee pushing. The box had been borrowed from someone's garage farther down the street. That same day I secretly put in a long distance call to Partner suggesting that he write saying he would be glad to have us home again as he was awfully

Happy Headlines

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About That Third Major League

Even with the approach of the second All-Star Game at Los Angeles and the remaining major league players, baseball's attention on New York City's proposed Continental League, a third major league, was so many questions unanswered, that some problems seemed only to be solved by a bit bewildered by it all.

The Shea group was confident that nothing would stand in the way of 1961 operation, but outsiders merely shook their heads and wondered. At today's prices, could such a mountainous venture push smoothly and successfully in less than two years? Men who understood the problems of major baseball doubted it.

Officials of the National and American Leagues did not question Shea's right to an ambitious third circuit operation. They simply felt that he had no idea what he was getting into, how much would have to be done before a Continental League opening.

Most questions at this time are questions of the ignorant, because only Shea, his associates and advisers actually know the answers, or if there can be answers.

But from a distance there are things you have to ponder. Here are a few of them:

The Continental League keeps insisting that the present major league will help with the player problem. It is passing surplus on to the new circuit. But how will the important pension plan be affected? Can the expensive pension system be broadened to include the Continental? If not, will players now in the National and American Leagues be asked to move into the third league?

The Shea group has suggested as I understand it, that it will fight any opposition by the present majors. Will fight with what? If the case were taken to a congressional level, all of baseball would be affected by an unfavorable ruling, including the Continental League. Writes Ruml in the Christian Science Monitor.

Are cities like Houston and Minneapolis and New York going to pay major admission prices for what is obviously a minor product?

One needs only tour the American League and take a close look at this stirring flag battle involving the Indians and White Sox — to check some of the key players in this struggle — to familiarize himself with the manpower situation in baseball today.

Catskills are becoming big men in such places as Cleveland, Chicago and Milwaukee. This is a far greater problem, it seems to me, than third league fathers think, or if they realize it they are ignoring it. According to quotes picked up here and there, they shrug off the personnel matter as a problem at all. But it is it. It has to be.

Continental backers insist they are not interested in making money. They talk only as sportsmen and sportswomen interested in broadening the professional baseball map. If this is true they will be rare indeed in the modern sports world.

Even if they are not interested in profits, how long will they accept staggering costs and losses?

If the present majors have been wrecking the structure of minor league baseball for years, slowly but surely eliminating the major source of player material, what will an even broader map do to the game's incubator?

This Continental League venture is either backed by the courage of Vikings or the most formed in the history of the national pastime. Only time can decide which.

If you think that the price of this paper is too high, consider: haven't you had that many cents' worth of fun yacking about it?

Postwar Italy was ripe for pop singers. The United States Army and its radio stations had introduced jitterbugging and disk jockeys and right after these came a glittering flood of jukeboxes (about 35,000 today). Modugno and his guitar rode this craze right to the top.

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Treatment at the clinic is primarily educational, he said, to point out by lectures and films the physical and mental deterioration accompanying narcotic addiction. Sedatives and tranquilizers are administered discreetly, he said, since once addicted to one drug an addict looks for another. A comparative result in another. Narcotics, he explained, depress the nervous system and cut off the addict's reaction and an addict can be seriously ill without realizing it.

Occupational therapy plays a large part in making an inmate feel he is capable of something worthwhile. Said occupational therapist Patricia Fisher: "This is permissive treatment, we don't try and tell them what to do, but make the facilities available to them to build things, paint, etch and other crafts hoping they'll discover they can do something that will help them abstain from narcotics."

Drug addicts can no more be cured than alcoholics, Mr. Luce said, there are periods of abstinence, but once the fatal first step is taken again they are back where they were in the first place. A rehabilitation program which will keep inmates away from narcotics after they are released is the aim of the clinic, he said, but the co-operation of the addicts themselves is necessary.

They have to realize it is not the responsibility of the public or the law to keep them away from narcotics they have to want out of the rehabilitation program to abstain or all the rehabilitation treatment is wasted, he added.

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ADDICT MUST Cure Himself

Inmates of the Drug Addiction Clinic at Mimico Reformatory are no longer addicted. Their systems no longer cry out for the relief and sense of wellbeing brought on by an injection, or "fix" of narcotics. But most will return to the habit soon or later.

They no longer need narcotics because they have been through the "withdrawal" period, an agonizing period, where, deprived of drugs, they suffer untold anguish as their systems become adjusted to a normal pattern. Once this stage is past the addict becomes an ex-addict and he is physically able to function without the use of narcotics.

To keep them from returning to drugs once they are released is almost impossible task of the staff of the Drug Addiction Clinic. Said clinic psychologist George Luce, "They have nowhere to go once they are out but back to their old haunts, which invariably are breeding grounds for addiction promoters."



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Pointing to a file of cards on his desk, two inches thick, he said, "There are 30 inmates who have been treated here and I know where they are and what they are doing in case they need help." When he contacted a prospective employer directly, he explained, he leaves it up to the inmate to decide whether or not the employer should be told of the inmate's addiction.

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