A Revolution In The Kitchen

it pays to be a good cook. In fact, it recently paid off handsomely, in the sum of $25,000 to the winner of the grand bake-off in the Pillsbury contest here in Washington.

It may have been merely coincidental that Mrs. Frank H. Schnuelle of Crab Orchard, Neb., is a farmer's wife. Yet, when you come to think of it, it figures.

For what did she bake? Just a good old, old-fashioned loaf of bread. It was glamoured up a bit, to be sure, but it was the simplest, most basic of all foods just the same. And who, after all, should know better than a farmer's wife how to bake bread?

The "breadwinner," they call her now. That figures, too. Asked what she planned to do with her prize money, she replied: "I think I'll put some of it into the farm."

Like most farm wives, she can pitch in and do farm chores if necessary. Milk a cow? "Of course I can milk," she replied as if the question were absurd. Then added: "And I can sit on a one-legged milking stool, too."

This, I learn from the Department of Agriculture, is quite a trick. It means going about it the hard way. A sense of balance is obviously important, or one would indeed be in a position to cry over spilt milk.

It turns out that Mrs. Schnuelle is no "Sunday" baker. She doesn't bake just for contests. She makes bread at least once a week at home, storing loaves and rolls in her freezer.

That is why the selection of the Nebraska farm wife for first-prize winner with her loaf of bread seems to put things back into perspective again. No chemicals in her recipe to keep the loaf soft and prevent it from molding. No prepared mix to simplify preparation.

As a matter of fact, that kind of bread seldom stays around long enough to get moldy or stale. It seems odd that bread, the commonest of all foods, is today such a stranger to the family oven. The smell of baking loaves is something confined to the area of the commercial bakery. But that, they tell us, is progress — and of course we shouldn't wish it away. It is, as they say, a part of our new freedoms. "Freedom from kitchen chores," according to no less an authority than the Department of Agriculture.

The department, in a recent publication called "The Food We Eat" comes up with some rather startling statistics on the technological revolution in the kitchen, writes Josephine Bigelow in the Christian Science Monitor.

Not only does the average housewife of today not bake her own bread; she often doesn't really cook the meals she places before her family. Such meals cost more, but save time, and the department has figured it all out in dollars, cents, and hours.

Take three "ready-to-serve" meals costing $6.70 for a family of four. If the housewife had prepared these meals herself, the cost would have been somewhere between $2 and $4.50. But it would have taken five and one-half hours of her time, compared to only one and one-half hours to get the three "ready-to-serve" meals on the table.

This is admittedly an unlikely situation, since most families use a combination of foods — unprepared, partially prepared, and ready to heat and serve.

All in all, the Department discovered that American families pay some $4,500,000,000 a year more today than they did in 1939, just for the convenience of having some of the work of food preparation transferred from the kitchen to the factory or restaurant.

Even though frozen foods have become standard equipment in the kitchen, the taste of fresh fruits and vegetables is far from just a memory. The amount of fresh fruit and vegetables shipped into New York City alone each year "would fill a train reaching from Texas to New York," according to the Department study.

As for farm wives, such as Mrs. Schnuelle of Crab Orchard, Neb., when they want fresh vegetables, they just grow them. And the sound of snapping beans or the cracking of pea pods is as familiar in the farm kitchen as the smell of baking bread.

Q. I've been told that it's improper to chew gum in public. Is this so?

A. Pity the poor chewing-gum manufacturers, if this were true! If you're the nervous, noisy type of chewer, it would be better to refrain from public gum-chewing. If, however, you can keep gum in your mouth without its being obvious to others, there is nothing wrong with it.

Jiffy "Toe-Cosies"

by Laura Wheeler

Light up the reindeer's nose with a RED sequin — charm tots with these cozy slipper socks.

JIFFY! Knit a slipper in an evening—just one flat piece plus ribbed cuff. Thrifty gift! Pattern 928: directions for children's sizes 4 to 12 included.

Send **THIRTY-FIVE CENTS** (stamps cannot be accepted, use postal note for safety) for this pattern to Laura Wheeler, Box 1, 123 Eighteenth St., New Toronto, Ont. Print plainly **PATTERN NUMBER**, your **NAME** and **ADDRESS**.

New! New! New! Our 1960 Laura Wheeler Needlecraft Book is ready NOW! Crammed with exciting, unusual, popular designs to crochet, knit, sew, embroider, quilt, weave — fashions, home furnishings, toys, gifts, bazaar hits. In the book FREE — 3 quilt patterns. Hurry, send 25 cents for your copy.

SHE'S MINE, ALL MINE — Confetti-covered King Baudouin of Belgium grips the hand of his fiancee, Dona Fabiola de Mora y Aragon of Spain, as the couple drive from a reception in Brussels.

MEDUSALIKE — Julie Stokes displays the newest thing in wrap-around hats — a five-foot Indigo snake.

CHRONICLES OF GINGER FARM

Guendolen P. Clarke

Yesterday we had our first rain in six weeks . . . and were the birds ever enjoying it. A dozen little juncos were having a grand time in a puddle near the back door and there were more varieties of sparrows around than I ever saw before. The lawn was black with starlings and the sunflowers bending and swaying with the weight of numerous bluejays that came to harvest the seed. As for the feeding station, juncos and sparrows were swarming all over it, inside, outside, and on top of it. Yes, it was a great morning for the birds and I spent quite a bit of time just watching them enjoy it. Ditto was the only one who was worried — watching birds from inside the house wasn't her idea of fun. But you can be quite sure I didn't let her out while there were so many birds around.

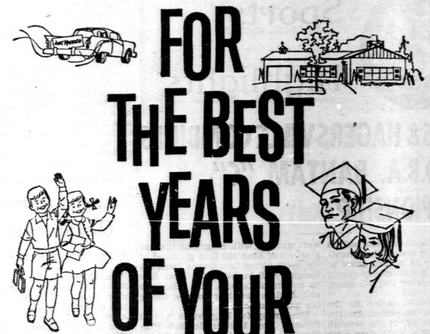
Well, last week was a week to remember—and a week in which we were very glad to have a TV set. We wouldn't have missed all the U.N. speeches for anything. We didn't always know when they were coming on so it sometimes happened Partner would just nicely be starting into a job outside and I would call to him—"Come and hear Diefenbaker, or MacMillan," as the case might be. They were wonderful but we were stunned beyond belief at Khrushchev's violent and ill-mannered interruptions which were only [illegible] by his own speech on Saturday morning. How is it possible for the United Nations to make any headway while dealing with such an outrageous character?

Most of the time I was listening to speeches in between canning and pickling; peeling a few onions and then running back to hear more. Strange, isn't it, that we can be so intent on keeping up with our own little chores while the peace of the world is being verbally threatened? You would think making mustard pickle was frightfully important. And so it was, at the moment. That and canning grapes, plums, peaches and pickling beets, straight from the garden. Before I was through the house was reeking with the odor of vinegar and pickling spices. Partner thought I was crazy. "Why don't you give it a rest," he said, "you don't have to get it all done in one week." He also offered to help. Can't I peel the beets or something, he would say. My answer was always the same—"Thanks, the best way you can help is to keep out of my road." Any woman will know what I mean. Slippery beets were hard enough for me to skin, I don't know how Partner expected his stiff, arthritic fingers to handle the job.

My goodness, did you ever know the days to draw in so fast? For the life of me I can't see what purpose daylight saving serves at this time of the year. There isn't any daylight to save anyway. We might just as well all be back on standard time and thus save a good deal of confusion.

Last week, if you remember, I mentioned Partner having a little extra wiring done. And have I been glad of that nightlight in the hall. That started me thinking about entertaining, especially elderly folk. Have you ever wondered why people getting on in years, are not too anxious to stay overnight away from home? One reason, I am sure, is because they are wakeful and restless at night, often halting to visit the bathroom at night for fear of disturbing the rest of the household; perhaps not quite sure where the light switches are and afraid to put them on anyway. A night light in the hall might help a lot. And here are a few other suggestions. Put a clock in the guest room. A restless person naturally wonders about the time. He or she wakes up . . . is it just after midnight, or is nearly morning? Sometimes it is want of a drink that keeps a person awake. Or perhaps longing for a little nighttime snack. The remedy is simple. Fill a small thermos with whatever your visitor may like to drink. A small glass jar of plain cookies might also be appreciated. Generally speaking a poor sleeper nearly always dozes off towards morning so assure your visitor it will be quite all right if she should sleep in. She might welcome a cup of tea first thing in the morning. Make sure of that overnight so as not to disturb her unnecessarily. I say "her" but it applies equally well to "him". Grandpa may have restless nights too. At home he may have formed the habit of sitting in the livingroom for a while, maybe smoking a pipe. Not a good habit but a man is surely entitled to do what he likes in his own home. Bed time from home decorum demands that his nocturnal habits be more restrained—and thus adds to his restlessness. His hostess, whether friend or relative can make his stay a lot happier by giving a little thought to his creature comforts—and thereby lessen his fear of disturbing other folk at night.

One thing the new compact cars have done is get families closer together.



Week's Sew-Thrifty PRINTED PATTERN

4892
SIZES
2—10

by Anne Adams

Please daughter with these twin charmers—a smart dress for school and party-pretty pinafore! Both are BEGINNER-EASY sewing, and have wide-skipping skirts and big bows.

Printed Pattern 4892: Children's Sizes 2, 4, 6, 8, 10. Please see pattern for yardages.

Send **FIFTY CENTS** (stamps cannot be accepted, use postal note for safety) for this pattern. Please print plainly, **SIZE, NAME, ADDRESS, STYLE NUMBER.**

Send order to ANNE ADAMS, Box 1, 123 Eighteenth St., New Toronto, Ont.

SEND NOW! Big, beautiful, COLOR-IFIC Fall and Winter Pattern Catalog has over 100 styles to sew — school, career, half-sizes. Only 35¢!

Modern Etiquette

By Anne Ashley

Q. I know I should, as a man, offer my hand in greeting to a man, but if one happens to make this first, what should I do?

A. You must by all means accept his hand — and with hesitation.

Q. Is it considered proper for a bride to telephone thanks for wedding gifts received?

A. Never, under any circumstances, should a bride substitute telephone or verbal thanks for that handwritten note of appreciation!

Q. Is it proper for a fan to follow its usual custom of speaking a blessing before meal when there are friends at the table?

A. There is no question of "propriety" here. Devotion to one's religious principles is always in perfect order.

Q. Should birth announcements be mailed to everyone, including those whom you have already told over the telephone?

A. No; only to friends and relatives whom you have already told.

"Music mesmerizes my husband. His wife was just playing Asleep in the Deep."

ISSUE 43 — 1960

To make the next years the best years of your life . . . means planning and saving . . . now. Whatever your hopes and desires may be—a new home—college education for your children—new leisure to enjoy, Canada Savings Bonds can help you realize them.

CANADA SAVINGS BONDS are cashable at any time at full face value, plus interest. They are really like dollars with interest coupons attached.

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Why Didn't Forget Little Lonely"!

Near the Tibetan border in a desolate and bitterly impoverished Chinese village called Tsing-Tsi-Wine, a ragged, half-starved girl stumbled through the streets carrying a dirty cane and cotton bag. Where she was dead and dumb, she had no warning of attack by dogs were set upon her and her legs were always raw and bleeding. When her begging did not bring in enough food or money she was beaten unmercifully by an old hag who owned her as a slave.

The girl was the offspring of a Tibetan chieftain and a Mongolian girl who gave her name when she was a baby. Until she was 10 or 12 (no one knows her exact age), Little Lonely lived in her own world of silence, cringing at its horrors, yet unable to cry out in pain or anguish.

The story is an old and pitiful familiar one in China, but in one has a happy ending. One night Little Lonely tapped on the door of a British-China Mission. Three spinster missionaries led her inside to light and warmth. They were the sisters Evangeline and Frances French, and their friend and fellow missionary, Mildred Cole. All three were so upset by Little Lonely's plight that they immediately began planning through a local mandarin to buy her away from her owner. The sale was finally made at the asking price of 10 strings ($1.40) and the girl's name was changed to TOPSY. Showered with love and attention, Little Lonely, whose name in Chinese characters means "Love Bond," became a happy, healthy child. Taught to speak English words and to talk through sign language, she accompanied the indomitable missionaries on their trips to out-of-the-way places around the world until they retired in 1949, Mildred Cole died in England, Miss Cable died in 1951, and the French sisters took Topsy to live with them in Dorset. A book, "The Story of Topsy," was written about her and she became a naturalized British subject with the official name of Ellen Guy. And it was under this name that last week she was informed of the final act of kindness of her benefactors.

Under the terms of their will, which was probated after the death—within a month of each other—of Evangeline and Frances French, Topsy, now 42, became the beneficiary of a $42,700 trust. This was roughly 30,000 times the amount of her original market price in China and brought with it a flood of sweetest memories.

Asked for her reaction to the bequest, Topsy wrote out a sentence using the names she had always called the sisters: "Mama Fay and Mama Eva gone to Heaven with Jesus."

When asked if there was anything in particular that she wanted to spend some of her money on, she again, laboriously wrote out more words: "Green wool, short Chinese frock."

How Can I?

By Roberta Lee

Q. How can I remove discolorations from marble?

A. Wash thoroughly with soap and water, and dry. Then mix a paste of powdered bath brick and lemon juice. Rub the discolored parts vigorously with this; rinse off with cold water.

Q. How can I remove dark streaks and non-greasy smudges from my pastel-coloured textured walls?

A. An ordinary art-gum eraser, rubbed lightly over these blemishes, usually does a good job of cleaning them off.

Q. How can I ease the arduous job of ironing pleats in dresses?

A. You should experience much less difficulty if you use some paper clips to hold each pleat in place. These can be slipped on and off quickly and easily, and leave no marks.

Son: Are we rich, Daddy? — I don't mean rich because we're secure and have each other. I mean, are we loaded?

MERRY MENAGERIE

"Pardon me, but does the 'bob' in bobcat' refer to your tail?"

YOUR LEADER, PLEASE — Recent addition to the man from outer space gambit is represented by a worker's helmet and large drill bit.

Found At Last — The "Lost Bison"

The wod bison, granddaddy of the familiar plains buffalo, bigger (6 feet high, 12 feet long, 2,500 pounds), blacker, and woolier, once ranged in millions from the Horn Mountains in Canada's subarctic to the Colorado plateaus. But such was the slaughter as civilization moved westward that in the U.S. the wood bison did not live out the nineteenth century; only in Canada did a few hundred, protected by law, struggle into the twentieth century.

The decline of the survivors began in 1906, when Canada, outsmarting a reluctant U.S. Congress, bought the last surviving herd of plains buffalo in the U.S., loaded them into cattle cars, and shipped them 1,200 miles to Wainwright, Alta.

Some years later a genetically ignorant Ottawa bureaucrat added the plains bison to the herd of wood bison. The newcomers swamped the wood bison. By 1949, inbreeding had left no known pure-blooded bison **sthavscae rhoads** — the zoological name of the woodland species.

For years, hope lingered that maybe in a remote valley some of the wood bison had escaped hybridization, but none was ever found.

Then in 1957 wildlife officers, taking an aerial census of buffalo, spotted some animals in the northwestern corner of the Wood Buffalo National Park in northern Alberta. They were 75 miles from the nearest hybrid herd, separated from it by muskeg swamps and lakes that are impassable except in winter. They were big and black; could they be unhybridized wood buffalo?

Last year a ground expedition crossed the muskeg to find out. Five bison were shot and brought back to Ottawa for study. Finally, last month, a zoologists' report confirmed the home: These were pure-blooded wood buffalo, indeed.

Now, Canadian conservationists have launched a crash program to find the animals a new and isolated range where they could survive and even rebuild their ranks. Once the site has been selected, a wintertime tractor-train expedition will cross the frozen muskeg barrier to bring out young cows and bulls to start new herds. The old herd will be left to continue its fight for racial survival. Not far from the wood buffalo's present range, the whooping crane (world population: 40) nests and battles for its right to a place on the planet.

Drunks Can't Sue In Delaware!

Three men were killed about two years ago in an automobile-truck crash near Wilmington, Del. The driver of the car, according to post-mortem tests, was ruled to have been under the influence of alcohol to such an extent as to be liable criminally. A similar ruling was made as to one of the passengers and the second passenger was judged to have been under the influence of alcohol, though not perhaps to such a great extent as the other two.

Survivors of the two passengers brought suit for $100,000 and the case was tried in United States District Court. Judge Caleb R. Layton III in a 17 page opinion held that intoxicated passengers of an automobile driver who is under the influence of alcohol cannot recover damages growing out of an accident.

Noting that the driver of the car and his two passengers had all been drinking heavily before the crash, Judge Layton said that "it is no less the duty of the passenger, where he has the opportunity to do so, than of the driver, to learn of the danger and avoid it if possible . . . To permit these two passengers to recover here would be a miscarriage of justice . . . they were guilty of assumption of risk or contributory negligence, it does not matter which."

In the minds of many laymen, at least, the person who gets drunk and drives an automotive vehicle has automatically served notice that he does not care what harm or damage he may do. It is interesting to find a judge extending that idea to take in drunken passengers of a drunken driver. What learned limbs of the law may think about such a case is beyond us, but it does, at least, emphasize at something like its proper drunk in a powerful machine. — Commercial Appeal.

Harvest Of Misery In Pennsylvania

The Post-Gazette series on migrant labor brings into dramatic focus the fact that a great and theoretically enlightened state, Pennsylvania, allows thousands of men, women and children to be exploited like beasts of burden.

In a well-documented report, Frank M. Matthews, Harrisburg Correspondent of the Post-Gazette, has brought out:

That between 6,000 and 7,000 Southern Negroes and Puerto Ricans are brought North in rickety vehicles to work on Pennsylvania farms from July to October for starvation wages.

They "arrive broke and leave broke," Mr. Matthews reports, with the pittances they earn in "stoop-labor" going into the "company store" operated by the labor recruiter who brings them North.

That it isn't uncommon to see an eight-year-old working in a field, his legs wrapped in gunny sucking or an old inner tube to protect them from thistles.

That Pennsylvania has no minimum wage law for agriculture workers, no minimum age for children working or living in agriculture and no unemployment compensation for which migrants can qualify.

What schooling children of migrant workers obtain is made available by charitable funds and this source of financial aid appears to be drying up.

The State Public Welfare Department operates four day-care centers for migrant children up to 14 but there is nothing for youngsters of these workers in six counties.

Efforts of the State Labor and Industry Department resulted in the closing of a number of abandoned barns and chicken houses which migrant laborers had called "home."

Now they have such "luxuries" as a water spigot for as many as 20 people and eight by ten-foot cubicles in which as many as eight persons live.

Last year the House approved a legislative package to better conditions of migrant laborers but the Republican senators, ears attuned to wishes of farmers who elect them, killed all of it except payment of $1 a day to local school districts for each migrant pupil.

But what need the Senate care, for, as Mr. Matthews concludes:

"The migrant is the landless farmer, the voteless citizen, the voiceless stoop . . . "—Pittsburgh Post-Gazette.

DRIVE CAREFULLY — The life you save may be your own.

BACKACHE May be Warning

Backache is often caused by lazy kidney action. When kidneys get out of order, excess acids and wastes remain in the system. Then backache, disturbed rest or that tired-out and heavy-headed feeling may soon follow. That's the time to take Dodd's Kidney Pills, the time to take Dodd's Kidney Pills to stimulate the kidneys to normal action. Then you feel better—sleep better—work better. Get Dodd's Kidney Pills now. 29

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IF interested write Sault Radio Cab Ltd., 357 Queen St. E.

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FARM for sale, 100 acres, good buildings, all workable land, 20 acres newly seeded pasture 25 acres fall wheat, will sell with crop, implements and livestock. Write Peter Van Wychen, R.R. 1, Southwold, Ont.

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100-ACRE farm, over 90 workable, barn 30' x 80', steel stanchions and water bowls. 8-room brick house, coal furnace. $18,000, half down. O'Connor, O'Connor, Realtors, 47 Lindsay St., Lindsay, Ont.

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