

Josef Wears A Safety Belt Now

Josef Maier laughed at the idea that he should wear a safety belt while working high over his home town.

"Only youngsters with little experience need such things," he declared.

He had never felt dizzy when working at great heights as a slater. And his father and grandfather — both slaters — had not used safety belts. They had never felt them necessary.

So, he had always told his friends of Dolach in the Southern Tyrol of Austria, he did not require one either.

Then a priest asked Josef to repair the 100-foot-high roof of the local church.

Josef agreed and carried his equipment up the stairs and on to the roof. His muscular fingers were white with the strain as he heaved himself along to the damaged slates. For more than an hour he worked — relying solely on his fingers, his rubber shoes and his sense of balance to keep him from falling.

But then — disaster! He was going along, as he had done on hundreds of other roofs, when he slipped.

His arms flailed the air in a futile attempt to get a hold. His legs were braced to take the impact when he hit the rim — but there was no rim.

Several people saw Josef fall. One man ran for a doctor — even though he thought it unlikely that anyone could survive such a fall. But Josef survived.

His body crunched into a new-ly-dug grave, well covered with a soft bed of moss.

Shaken and shocked — but unscathed — the slater struggled to his feet as the first villager ran up to him.

The escape was a miracle. And Josef was the first to admit it when he walked, a few minutes later, into a public house where the customers were discussing the slater's amazing luck.

Next day, Josef was back at work on the church roof — a much wiser man.

Russian's Amateurs Just Like Ours?

Russians like to boast that their athletes are unpaid amateurs while colleges and other amateur sport groups in the U.S. and Canada often subsidize their players with strictly capitalist rewards. West Point recently was accused by the magazine *Soviet Sport* of luring high-school football stars into U.S. Army careers with promises of "big money" and an "easy life."

The Russians were hoist with their own carand last month by a pair of unexpected muckrakers — Investia and Pravda. In Vladivostok, reported Investia, the Far Eastern Polytechnical Institute admitted an entire high-school soccer team to the engineering school, even though examiners marked four of them unacceptable because "they had no idea of all about physics."

Pravda dug into the work habits of soccer players on collective farms, and then pointed out: "Too many footballers who neither sow nor reap . . . are being kept at a cost of tens of thousands of rubles to the state."

On one top team called "The Road to Communism," whose home collective is in southern Russia, the paper uncovered sixteen pests listed as "farm workers." Each was paid \$225 monthly (average farm wage: \$85) plus a food allowance and special holiday. The farm manager, Mikhail Soshnikov, insisted that his players were honest peasants. "Don't believe Soshnikov," declared Pravda. "All of them together haven't done a day's work."

How Can It?

By Roberto Lee

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By Anne Ashler

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A. It is much better to avoid this. But if you simply MUST, it is all right to apologize for the pencil.

Lord Astor Rises From Cakes To Riches

The great Lord Astor of Hever is in grim earnest in his plan to leave England and thus escape the clutches of the tax collector. If he leaves, the family fortune of \$30,000,000 will stay intact in New York but his death in Britain could spell a tax loss of \$24,000,000!

It is something his great-grandfather would never have allowed. John Jacob Astor the first was a penniless immigrant — son of a German butcher — who landed in New York and sold cakes for a living, crying his wares through the streets.

To attract attention he played a flute — and found one day that an Indian wanted to buy his white rather than his cakes.

It gave him an idea. Astor went out to Red Indian territory where he traded pruny whites for costly fur pelts. He sank the profits from the furs into New York land and sheep pen and did the rest.

In 1812 British guns menaced New York. Astor bought land from the stamping settlers while he soon owned nearly the whole city.

When his descendant, Colonel John Astor, went down on the Titanic, the family fortune was estimated at \$24,000,000.

The total has soared astronomically since then. Lord Astor's family trust is just a slice of the fantastic Astor pie!

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At Least They Don't Chew It For You!

The largest automatic push-button restaurant in the U.S. — perhaps the world — has just opened in Chicago to such acclaim as that of the advertising man who especially liked a dessert.

"The cheesecake is just great. No one of those little wedges you usually get. A really big piece. And only a quarter!"

It passed the test for me," remarked a businessman. "The moist pork was really hot when I got it."

Two ladies said the food had been "good enough," but admitted they did not care for the beef, even though it all looked alike in what they considered a handsomely decorated canteen-restaurant, chocolate-brown and cream setting.

The restaurant is the Brass Rail Automatic Restaurant, impersonated even to the automatic coin and bill changer. It is located at a lower street-level area of Michigan Avenue's famous Wrigley Building. It is the newest and largest of its type there and is the latest venture of the Interstate Vending Company which is headquarters there.

Interstate's president, Ronald Wolf, told newsmen prior to the public opening about the restaurant's concept, an enterprise strongly reminiscent of, but much more highly automatic than, New York City's famed Automat.

"We can serve more people (250 seated at any one time) than a conventional restaurant of the same size. We offer more convenience to people on the run. With vending machines we can offer wider variety and high volume at standard prices. We are close to demand in an office-building location such as this."

"A restaurant of this type is possible because of improved technology in vending equipment, because of the development of specially prepared meals for vending. This opens the way for an ever increasing number of automatic food-service installations in public, industrial, and institutional locations."

The restaurant automatically serves a complete menu of Brass Rail main-course meals, sandwiches, salads, desserts, and beverages through a bank of more than 20 vending machines.

The food is frozen in interstate's food preparation center in New Jersey. Each item is automatically restocked.

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TABLE TALKS
by Jane Andrews.

TURKEY TIMETABLE

The following timetable for roasting turkey is from the U.S. Poultry and Egg National Board:

Purchased	Oven Temperature	Internal Temperature	Total Time for Stuffed Turkeys*	Approximate Stuffed Turkeys*
8 to 12 lb.	325° F.	190°-195° F.	3½ to 4 hours	4 to 6
12 to 16 lb.	325° F.	190°-195° F.	4 to 4½ hours	6 to 8
16 to 20 lb.	325° F.	190°-195° F.	4½ to 5½ hours	8 to 10
20 to 24 lb.	325° F.	190°-195° F.	5½ to 7 hours	10 to 12

*Shorten time ½ to 1½ hours for unstuffed turkeys — the shorter time for birds up to 12 lbs. and the longer time for birds over 12 lbs.

There's A Soint For Toothache!

Modern dental science is barely 100 years old, but the first dentist was Babylonian of 5,000 B.C. who used herbs to "cure the devil that cause toothache."

Their favourites were cloves and cinnamon, placed in a cavity of the tooth, in an effort to bring relief.

A primitive form of toothbrush was used by the people of India in the 15th century. In 1875 the Dentists' Guild was formed and lasted for 43 years.

During the nineteenth century, British people became very tooth-conscious and many types of powders were advertised for cleaning and whitening their teeth white, and the mouth sweet.

Toothbrushes, as we know them, are only about 200 years old.

They were originally made from the bristles of wild boars. The Patron Saint of Toothache is St. Apollonia, who was martyred in Alexandria A.D. 310 before being burnt at the stake, was the crude extraction of her teeth by pulling, breaking and knocking them out. Her special day is February 9. So if you have to see your dentist, St. Apollonia is your friend!

Eskimos get very little dental trouble; nor Indians, who keep to a strict, vegetarian diet, or Australia's Aborigines, in 1975. But, once they change over to the type of foods we eat, dental decay really strikes.

Britain invariably avoid sweet-stuffs and maintain their regular use of tooth-pastes to keep their teeth gleaming white.

Healthy teeth are well used. And bite-power varies considerably from one nation to another. An Eskimo exerts 345 pounds pressure when he masticates the raw fish and fat which form the bulk of his diet, and also when he chews leather to make him plenty enough for use as harness or laces for his clothes.

Our biting power is only around 171 pounds because we are used to soft, starchy foods. Chewing hard foods stimulates the blood to the gums, keeping them and the teeth healthy. It also helps to clean them, removing acids and other harmful deposits.

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U.S. to Be in England

Botanists and birdwatchers are fighting to save an acre of bladderwort plants threatened by the Gloucestershire Trust for Nature Conservation. The Board to shift the location of the power station and leave the plants undisturbed.

"You don't find much bladderwort about nowadays," said Robert George, chairman of the trust. "It would be a pity to lose it."

"We also have a pair of marsh-warbler birds (the rare, too) nesting on the site and would like them left alone also."

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China

China's red Chinese seek to increase control of border area bracketed by the Red Chinese assault on India as portrayed on Newsmag. Above: At left, Chinese seek to increase control of border area bracketed by the Red Chinese assault on India as portrayed on Newsmag. At right, above the McMahon Line (white arrow) which approximates the northern Assam border, running from the McMahon Line to the North East Agency. With this area in their control, Red China would have a lever with which to pry India from her claims in Ladakh, to the west, under the threat of continued attack.

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LAHORE
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INDIA
CALCUTTA

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