Paylov," the tall, soft-spoken psychiatrist said recently. Using measuring devices not available that the blood vessels and heart are even more strongly affected ary glands. So important are the impli-

cations for the control of heart disease, that the National Heart Institute has awarded Dr. Gantt some \$325,000 to expand his famous Pavlovian Laboratory at Johns Hopkins School of Medicine, cut back since his retirement from the university's faculregards retirement as an administrative formality, will divide his week between the new facility and his laboratory at the rans Administration Hospital, Perryville, Md., where his recent research has been cen-

The laboratory's conditioning experiments are carried out in tiny soundproof rooms, where a dog, harnessed to a stand, can be observed through one-way windows by Dr. Gantt and his associates, Drs. J. E. O. Newton and Fred Royer. In a typical experiment, the dog's electrocardiogram is transmitted from silver electrodes in the harness strap around his chest. Respira-tion is measured by a rubber by means of a cuff around the

A technician outside the room plays a recorded tone, followed y an electric shock. The shock itself excites the circulatory system, and the monitoring devices record increases in respiration, blood pressure, and heart rate. In subsequent tests, the sound alone will bring the same reac-tions and just as strongly "The conditioned by just one shock, and the response is still intense onths or years later," notes Dr.

How the heart's exquistie sensitivity to stress may be related o heart disease was dramatically demonstrated recently when two conditioned dogs developed "extrasystoles." an irregular pattern of heartbeats familiar to any cardiologist. Dr. Gantt believes develop from a stress exerienced "A color, a smell, or a sound noted at the time of stress might raise his blood pressure long



ays Dr. Gantt.

This sensitivity of the heart to This sensitivity of the heart to conditioning has given Dr. Gantt an ideal tool for studying another medically important factor, called the "effect of person." "Doctors," he points out, "have long known that it takes more than the right drug to make a patient get better—the presence of the physician himself is important." Studying dogs and men together, Dr. Gantt and his colleagues have obtained solid colleagues have obtained solic evidence on the importance of the bedside manner. Some dogs, raised in the labor-

tact with a man can be therapeupoodle was placed in the condijumped to 160 beats per minute As Dr. Gantt approached him, his heart slowed to a slightly subnormal 60 beats, and during petting to twenty beats per minute. "Even morphine failed to by conditioning than such easily exert this strong an effect," he

Aside from its obvious role in medical treatment, the effect of the "person factor" is important "Every mother," Dr. Gantt notes "knows that fondling makes her baby happy." Dr. Gantt is now trying to determine which is more important, the act of affect tion itself, or the person supply ing the affection. - from NEWSWEEK

Japanese China Worries U.S. Makers The middle- and low-income

American family today is "china Imported table china is no longer out of budget range for the average middle- or even lowincome buyer.

Japanese-made china is coming

into the American market in quantity and at prices almost any family can afford. Japanese china is displayed by many department stores along with well-known, high-priced imports and American chinaware. One reason for the growing popularity of Japanese - made china is obvious in these price

comparisons: Japanese china at a local department store ranges from \$5.50 to \$6.50 for a place setting, as compared to West German-made china at \$8 to \$45; French china at \$14.95 to \$26.50; British imports at \$10 to \$45; and fine American china at \$12.95 to Price ranges vary, of course,

from store to store, depending on the quality of merchandise carried. Japanese china may be found count houses, as well as in high-

priced department stores. In the lower-priced stores it is frequently sold by the set only. A Japanese trade official attending a formal dinner given by Secretary of State Rusk recently during childhood — a parental beating, for example. The child's said, to find that the china on which the dinner was served was Ripley in the Christian Science

Indeed, the Japanese product has become so popular in the American market that the domestic industry has protested to the tariff commission that these imports are hurting the local product.

American producers say the Japanese product is not compar-able in quality to the higherpriced prestige china of this and other countries. Japanese manufacturers say they have not taken away a mar-

ket. They claim they have created a new market among Ameri cans who cannot afford the traditional prestige product. All china imports have be soaring, but Japan easily dom-inates the market, supplying more than 80 percent of all

imports today.

Some is manufactured for American dealers who market it under their own trade name with a made-in-Japan stamp.

Modern Etiquette By Anne Ashley Q. If a young man phones

girl who is not at home, and he leaves his number, is it proper for her to return the call when she returns home? Q. I am to be married for the

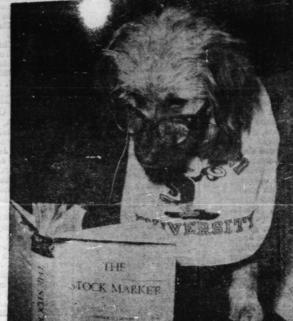
first time, but my fiance is a widower. Under these circumstances, may I have a large, formal wedding?

A. Your fiance's status has nothing to do with it. Since this is YOUR first marriage, you may plan it on any scale you wish
Q. When eating a baked
potato at the dinner table, it is
correct to extract the potato
from its skin and mash it on the

plate?

A. It is generally considered most proper to split the potato, and then eat it from the skin.





DOESN'T MAKE CENTS - Possessing a great amount of dog sense doesn't help Ginger make cents out of the stock

TABLE TALKS Jane Andrews.

girl, with her mother's help, use these scraps to make cheese straws (she added grated cheese to a small portion of dough); peanut butter logs (she rolled the dough, cut it in strips, buttered it with peanut butter and rolled then baked); cinnamon pinwheels (she spread rolled dough with cinnamon, butter, and sugar, rolled and cut); and praline crisps (these were made by creaming butter and brown sugar, cutting in squares and topping with nuts, then baking).

This child's mother admitted that she had made extra dough just for the purpose of encouraging the cooking talent of her daughter. While the fruit pie which she had made was baking, she fitted pastry over the backs of large muffin pans and made shells. She allowed her littoday in Woolworth's and in disfor these tarts — strawberry, cherry, and apple were the fruits chosen by the child. She then filled them and served them for dessert at luncheon, writes
Eleanor Richey Johnston in the
Christian Science Monitor.

> pastry, you may want to review these simple rules for baking. For a single shell, place dough over back of pie pan, crimp edges prick liberally with tines of fork, and bake at 425°F. 12-15 minutes, or until lightly brown. Or, if you're making a double crust pie with uncooked fruit filling, fill

Today children rush into the kitchen on pie-baking day and, just as children have done for generations, beg for the scraps of pastry to use for delightful and creative purposes of their own!

I recently saw an 11-year-old girl, with her mother's help, use inder and crust is hrowned. tender and crust is browned. Double crust pies with cooked fruit filling bake at 425° F. for a little less time until crust is browned. . . .

> ples makes an unusual fruit pie, especially when served with lemon hard sauce. APPLE PRUNE PIE 11/2 cups cooked pitted prunes, 1½ cups canned apple slices

A mixture of prunes and ap-

1/2 cup diced candied fruits and 2 teaspoons grated lemon rind 3 tablespoons lemon juice 1 cup sugar 1 teaspoon each, nutmeg and cinnamon

Few grains salt 2 tablespoons flour Flaky pastry for 2-crust pie Combine prunes, apples, can-died fruit, lemon rind, and juice; mix well. Combine sugar, cinna-mon, nutmeg, salt, and flour; mix well. Add to fruits. Mix thoroughtry, pour in fruit mixture; cover with pastry. Fasten edges together; flute. Cut slits to allow steam to escape. Bake at 425°F. After making your favorite about 45 minutes, until golden brown. If desired, serve with

> LEMON HARD SAUCE 2/3 cup butter2 cups confectioners' sugar 1½ teaspoons grated lemon rind 1 tablespoon lemon juice Cream butter; add sugar, lemon

ture. Stir until smooth. Pour into remaining hot cream in top of double boiler. Cook 15 minutes, stirring frequently. Add raisins and vanilla. When filling is warm, but not hot, pour into baked pie shell. Immediately top with meringue made with 2 egg whites and 1/4 teaspoon of cream of tartar beaten until it stands in soft peaks. Sprinkle 3 tablespoons of sugar, 1 tablespoon at a time, over whites, continuing to beat until definite peaks are formed. Place over pie filling, spreading filling. Bake at 350°F, about 12 minutes, until a delicate brown.

How about trying the good old favorite, apple pie with cheese cooked right in with the fruit? CHEESE-APPLE PIE

fluffy. Makes 6-8 servings.

baked pie shell for this. SOUR CREAM RAISIN PIE

2 eggs, separated

34 cup sugar 2 teaspoons flour

nutmeg

1 cup raisins 1 teaspoon vanilla

2 teaspoon einnamon

4 teaspoon each, cloves and

Scald 1 cup sour cream in

saucepan over very low heat, or

in top of double boiler. Beat to-

gether the whole egg and the 2

egg yolks. Blend sugar, flour,

spices, and remaining 1/2 cup sour cream with beaten eggs. Add a

little hot cream to the egg mix-

A special dinner may be fin-

ished off with a meringue-topped

sour cream raisin pie, if you're cooking. You'll need an 8-inch

11/2 cups dairy soured cream

Pastry for 2-crust pie 1 tablespoon flour 1 tablespoon sugar

1/2 cup sugar
1/4 teaspoon nutmeg
4 slices pasteurized process
Canadian cheese, diced
1/3 cup thin cream Line a 9-inch pan with pastry and sprinkle the bottom with the I tablespoon flour and I table-spoon sugar mixed together. Toss together the apples, ½ cup sugar, nutmeg, and diced cheese; place in pastry lined pan. Pour the cream over the filling. Cover with lattice pastry top. Bake at 425°F., 30-35 minutes until well done and

Give A Little To Get A Little

lightly browned. Serves 6.

Union employees at Swift's packing plant at Forth Worth voted themselves a 21½-cent-an-hour pay cut to keep the plant from being closed. At Armour's Memphis plant, a 15-cent cut and reduced fringe benefits were

a losing operation hurt not only themselves but the entire community in which they live. Unions that sit down with employers to work out problems through agreement, as those at Fort Worth, Memphis and many other cities are doing, show a com-mendable understand and respon-sibility. — Dallas Morning Times



London Airport.

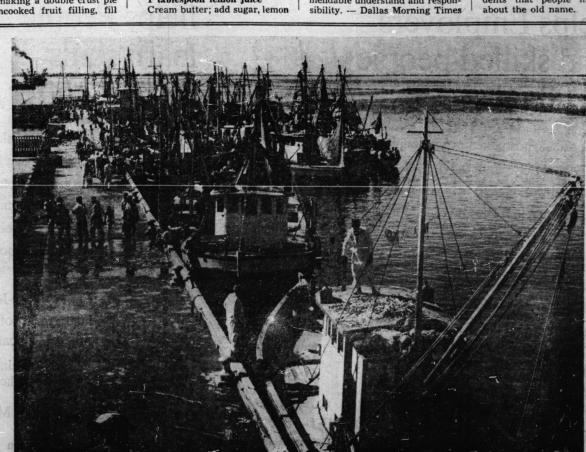
Unemployment In The United States

With high hopes, the U.S. Administration predicted a year ago that the nation's nagging unemployment problem would be solved by mid-1963. But chief economic advisor Walter Heller admitted recently that full employment can't be reached until "sometime in 1965."

Speaking at a press conference in the Indian Treaty Room of the old Executive Office Build-ing, Heller noted that unemployment struck at a discouraging 5.6 per cent rate throughout most of 1962 vs. the 4 per cent full-employment goal. That meant that in December there were 3.8 million luckless hunters. He admitted that the jobless rate might edge a bit highter by late 1963.

In his detailed economic and bolts of the job problem. In 1963, 1.2 million persons will enter the labor force and another 1 million tobholders will be displaced by automation. Just to keep unemployment from rising, the economy should provide more than 2 million new jobs. Still another 2 million jobs are needed to cut the jobless total down to the elusive 4 per cent level. There simply the that many openings in

which leads to the town's rubbish dump, is in future to be known as Brook Road. The renaming follows many complaints by residents that people made jokes



THIS IS FOREIGN AID — A thriving fish landing pier at Pakistan's port of Karachi is the result of aid from AID. A bank of the harbor was dredged and a complete fish landing and handling complex was built. Run as a fishermen's co-operative, in five years the catch has

multiplied 12 times. Membership has grown from 150 to 1,600, vessels from 12 to 500, total export earnings from \$3 million a year to \$16 million — giving a boost to Pakistan's economy and providing the people with money for schools and improved living standards.

THE JARVIS RECORD, JARVIS, ONTARIO

Commence of the second second

ROCKFORD

Treasurers are Mr. and Mrs.
Carl Hall. The Organist Mrs.
W .E. Howard and Assistant Organist and Choir Leader, Mrs. Don Chambers, were recluded the church was held at the church was enjoyed at a noon.

Rev. Norman Perry conducted a short worship service and meeting. Gratifying reports of the different departments of the church were given. Gordon Heward was re-elected to the Board of Elders for a three of Mrs Margaret Jean Laidlaw of Hamilton was a visitor of the Church Double of the meting with prayer. A solicial hour followed. Mrs. Wesley Carpenter and Mrs Murray Biggar are programme convenient of the home of Mrs George Swing. Roll Call will be "Love" of the meting with prayer. A solicial hour followed. Mrs. Wesley Carpenter and Mrs Murray Biggar are programme convenient of the home of Mrs George Swing. Roll Call will be "Love" of the meting with prayer. A solicial hour followed. Mrs. Wesley Carpenter and Mrs Murray Biggar are programme convenient of the home of Mrs George Swing. Roll Call will be "Love" of the meting with prayer. A solicial hour followed. Mrs. Wesley Carpenter and Mrs Murray Biggar are programme convenient of the home of Mrs George Swing. Roll Call will be "Love" of the meting with prayer. A solicial hour followed. Mrs. Wesley Carpenter and Mrs Murray Biggar are programme convenient of the home of Mrs George Swing. Roll Call will be "Love" of the meting love of the meting with prayer. A solicial hour followed. Mrs. Wesley Carpenter and Mrs Mrs. Taylor Murray Biggar are programme convenient of the home of Mrs George Swing. Roll Call will be "Love" of the meting love of the meting love of the meting love of the more

SOME SAMPLE- English-born samples fish and chips from customary newspaper wrapping while waiting for a flight from

PLUS Nick Adams as "YOUNG DILLINGER"
ADULT ENTERTAINMENT TUES, WED, Feb. 1 - 2 } "THE NANNY"
ADULT ENTERTAINMENT ADDED FEATURE . "THE HIGH BRIGHT { SUN"

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ooks so easy: the home is built - you buy it -

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the same kind of planning goes into such gs as colour television, for instance: Bell's

wave system will carry colour TV the mo-

ake the new 'office cities' contained in single

dings; Expo 67; the development of Canada's

ning ahead - one of the reasons why Bell

ions serve you so well.

Bell Canada

nd: you name it — if there's progress in the

ment - and projects them ahead to the

course it's ready:

tit's needed.

g. Bell is planning for it.

10,000 Canadians

won't be that many openings in Memphis plant, a 15-cent cut and reduced fringe benefits were authorized by the Amalgamated Meat Cutters local. Other unions have agreed to pay cuts, or deferred requests for raises, to help had proceed employees, to help had proceed employees, to help had proceed employees, to help had proceed employees. help hard-pressed employers stay in business.

The requests for raises, to the seldom-mentioned topic of the "submerged" unemploy-

Triest and Ken Dawson. The meeting closed with the Benediction by Rev. Perry.

ERIE

Miss Margaret Jean Laidlaw of Hamilton was a visitor of her aunt, Mrs. Wm. Laidlaw on Saturday. Carol House, Hagersville, spent the week end with Marshan Lint.

Some of the Church Services and Mrs. Mrs. John Tennant and Mrs. January 27 – 28 - 29th Sophila Loren.

Theatre SIMCOE

THUR., FRI., SAT. January 27 – 28 - 29th Sophila Loren.

John Mills

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Phone 587-2561 2-door, hard top, V8, Standard 3-speed transmission, radio, white wall tires and wheel discs. Finished in Turquoise.

1. Turquoise. 8,600 original miles

2-door coach. Automatic, 327 sper Sport Convertible Automatic, 327 motor. P.S., P.B. Radio, rear seat speaker, white wall tires and wheel discs. Finished in white with matching blue leather trim. JARVIS, Ontario

FURNALES

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- Electric -

NORMAN WATSON

MARKETING BOARD Everett Biggs, Deputy Minis ter of Agriculture, announced this week that Norman Watson, Agricultural Representative in Haldimand County, has been appointed Vice Chairman of the Ontario Farm Products Mar bering Report



BROWN-DEMEYERE MOTORS LIMITED

CHRYSLER CENTRE, SIMCOE are happy to announce the appointment of Mr. Mullin a their representative for the eastern part of their district

The Company is exclusive distributors for Chrysler, Dodge, Plymouth and Valiant cars, Dodge and Fargo trucks. They also carry one of the largest stocks of reconditioned used cars in the area. Their used cars are marketed under the trade name "Johnstonized" which they maintain stands for the ublimate in quality.

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4-door sedan, automatic, V8.
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A-door sedan, 6 cylinder, automatic V8 Engine, radio, white wall tires and discs. Finished in blue with matching vinyl trim.

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2-door hard top. Automatic V8 2-door coach. Automatic, 6 4-door sedan. Automatic. V8, 327, P.S., P.B., radio, white wall tires, wheel discs. tinted wind-tires and wheel discs. Finished in white. and white walls. Finished in white.

1965 FORD MUSTANG 1965 PONTIAC LAURENTIAN 1964 CHEVROLET IMPALA

Standard transmission, 6 cylin- 6 cylinder, standard transmis

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1963 CHEVROLET BEL-AIR 1964 STUDEBAKER

— OFFER GOOD UNTIL JAN UARY 31st, 1966 —

Vouchers Redeemable at the following stores in Hagersville:

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1961 VOLKSWAGEN

Coach, Model 113, Radio

1963 MERCURY

Lic. 761427

Haldimand County, has been appointed Viec Chairman of the Ontario Farm Products Mark Review of the Ontario Farm Products and the Ontario Farm Products was the County farm, and the Walson graduated from the Ontario Agricultural College in Sistant Agricultural Representative in Haldimand in 1962.

The Was appointed Agricultural Representative in Haldimand in 1962.

"I am confident that Mr. Wat sords experience in farming for the Was appointed Agricultural Representative in Hardimand in 1962.
"I am confident that Mr. Wat sords experience in farming Board," said Mr. Biggs in an ontoing the appointment.

The first term ended December 2nd with an afternoon of the total with a farmon on the teachy the farm on the teachy that the sord is experience in the Extension Branch and as a practicing farmer.

The first term ended December 2nd with an afternoon of the teachy that the farmon on the Community Centre, put on by the teachy that the sord experience in the Extension Branch and as a practicing farmer.

The first term ended December 2nd with an afternoon of the teachy that the sord experience in the Extension Branch and as a practicing for backers, and the sord in the fallings of Santa's helper ment of the king limit of the king

1961 DODGE SENECA



available. Materials are available. And special off-season discounts are often available. So, doesn't it make a lot of sense to have those repairs and renovations done now. come Springtime—but Not simply construction and building jobs-but things like having the lawnmower fixed and the

re-upholstered and the repaired. All jobs which can call for a long wait which can be handled quickly, efficiently and easily during the winter season. What's more, screens mended; having government-sponsored, low-cost Home

having the furniture bank, to assist you in carrying out all kinds of been meaning to doup to \$4,000 with up to No doubt about itwinter is the best time to spruce up your home or place of business. Do it now!

Everybody benefits when winter work is increased

For advice and assistance call your National Employment Office.



WINTER HABIT - Actress abeth Taylor wore a suede acket over a riding outfit when she arrived at London Clinic for minor knee surgery.