Among your pots and pans, you should have: a 10 to-12-inch covered skillet, a 6-inch skillet without a cover, a 4-quart covered saucepan, a small (2-quart) saucepan without a cover and another with a cover, a double boiler and a Dutch oven that can also be used as a kettle for boiling large things or large quantities of things.

For the oven you should have a medium-sized roasting pan with a rack, 2 round 9-inch cake pans, 1 square 8 to 9-inch cake pan, 1 medium sized loaf pan, 2 pie pans, a 1-to-1 ½ quart covered casserole, 2 cake racks for cooling baked goods, 2 muffin tins.

Some optional but useful equipment, depending on what you like to eat. includes: tea kettle, kitchen shears, egg poacher, meat pounder for tenderizing (you can use the back of a knife blade), individual salad moulds, garlic prsss custard cups, pastry blender (you can use two knives). pastry cloth and cover for rolling pin, large salad mould, another skillet in 10-to-12-inch size, large roasting pan with rack, large kettle, rectangular cake pan, tube cake pan, 2 round 8-inch cake pans, covered 4-quart casserole, canister

In the drawers and cupboards you might find handy: rolling pin (you can use a bottle), measuring spoons, biscuit cutter (you can use a glass), cookie sheet, cookie cutters (if you like them fancy), a 5-inch strainer, colander, knife set that includes meat carver and paring knife, bread knife, cutting board.

You may want vegetable chopper and potato peeler but patience and a good paring knife can necessary.

You should have measuring cups, a wooder spoon, a large two-tine fork, spatula, potato masher, ladle, tongs, rubber bowl scraper, pancake turner, slotted spoon, wire whisk (helps make gravies and sauces come out smooth), basting brush, suction type baster.

A set of mixing bowls is a must, a rotary beater, a 4-sided grater and possibly a hand-size grater as well for small things such as lemon rind, a meat grinder, a flour sifter, can and bottle

If you like things absolutely fresh, you may want a fruit juice squeezer. Small meat skewers are useful, especially for large roasts or chicken or turkey. A meat thermometer takes the guesswork out of cooking roasts.

A knife sharpener keeps good equipment in good shape and makes your work

Electric appliances to consider are an automatic toaster, an automatic coffee maker and a portable mixer

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Mr. George Marshall were dinner guests. They celebrated his birthday were entertained in the April 6, when his brother afternoon when Mr. Kindree Mr. Harold Marshall and showed his slided of his trip wife Mrs. Harold Kindree, to the Canadian Rockies his sister and her husband and Sault Ste Marie and

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PICTURES

Werner called on Mrs. W. E. Tyrrell on Friday afternoon. Mrs. Donald Dennis and very interesting pictures of Mrs. Verne Gloyd spent a his sons work in Nassau. day in Dunnville last week. The Messengers met at Mr. and Mrs. Harold Bray the home of the leader Mrs. Bray on Saturday afternoon and Daryl visited their for their regular meeting. parents on Sunday.

Mr. and Mrs. Craig showed the

Thursday, April 16, 19 Mr. and Mrs. Les Bun and Carol Anne had taken on her

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PEACHES 2 For 69

Mrs. Martha Harvey of Caledonia has returned to her home after spending some weeks with Mrs. A. A.

fwo infants were baptized in Knox Presbyterian Church on Sunday, Scott Edward Chambers, son of Keith and Marlene Chambers of Hagersville, and Virginia Heather Douglas, daughter of Kenneth and Rita

New Year's baby born in South Waterloo Hospital this year. Mr. Douglas who was a foster son of Rev. and Mrs. Taylor-Munro, read the

the baptismal ceremony. Mrs. A. L. Belbeck has returned home after spending a week with her daughter Mr. and Mrs. Harold Porritt in Simcoe.

Rev. and Mrs. G. Taylor-Munro drove with Debbie and Grandmother, Mrs. M. Musclow to Buffalo (Riverside Area) April 11, Saturday afternoon for the wedding service and reception following of Mr. Myrtle Schlau returning to Jarvis Saturday night.

Rev. Taylor-Munro made a trip to St. Mary's Hosp. Kitchener during Sunday afternoon, April 12 to enable Mrs. Musclow to visit with her brother 'Bill.'

ninister, surprise guests at the Presbyterian manse during late afternoon and early evening were two of the Elders from Rockway Presbyterian Church with their wives, Mr. and Mrs. John Gilmore and Mr. and Mrs. Roy Hallet.

Monday evening April 13, as part of her birthday observance, Mrs. Taylor-Munro was driven to St. Catharines, by her husband to be guests of Staff Sgt. Wm. Watson (St.

> wife Doris. Mrs. A. A. Miller and Mr. and Mrs. Alex Duncan spent Sunday afternoon and

Menu Of Week Peachy Tomato Chicken

An inviting way to welcome spring into family Food Council, Ontario Department of Agriculture and Food. Canned peaches tomatoes are a delicious pieces; add to this a cool, molded salad made from baked potatoes and what more could the family ask for? Only a scrumptious apple pie laced with truly Ontario maple syrup!

Peachy Tomato Chicken 6 chicken pieces; ½ cup flour; ½ tsp salt; dash of pepper; ¼ cup butter; 1 large onion, sliced; 2 stalks celery, cut in thick diagonal strips; 1, 19 oz can Ontario freestone peaches; I tbsp cornstarch; 1 tbsp soy sauce; 3 tbsp vinegar and 2 Ontario hothouse tomatoes, cut in wedges.

1. Shake chicken in flour and spices. Brown in butter in frypan. Cover and simmer until tender. Drain excess

2. Add onion and celery cook until onion transparent.

3. Drain peaches. Blend peach syrup, cornstarch, soy sauce, and vinegar. Add to chicken and cook until clear and thickened.

4. Add peaches and tomatoes. Heat thro

OPP

Recent complaints have been received at this Detachment office that mail boxes on No. 3 Highway, in scripture lesson previous to the vicinity of the Cheapside Road, have been damaged on different occasions by unknown persons. Any information received will be held in strict confidence and greatly Complaints have also

been received that local youths in Cayuga are using the J. L. Mitchener School ground as a training base in the operation of motorcycles. By-Law 633 prohibits unusual or Douglas Rustay and Miss village. Knowing the majority of those involved are pre-licence age, it is most essential that a thorough knowledge be obtained before drivers permits are issued, therefore Prov. Const. H. J. Bell will assist if contacted, in finding a suitable location During the absence of the for this type of training.

On April 8, 1970, Prov. Const. W. L. Eves arrested a Hamilton youth on a charge of Arson resulting in the burning of a cottage at Featherstone Point. On April 8, 1970, Prov.

Const. H. J. Bell recovered a car in Oneida Township, reported stolen from Saltfleet Township. On April 8, 1970, Prov.

two male persons resulting in the theft of a car from Springvale on March 19, Prov. Const. H. J. Bell, Catharines Police) and his Safety Officer, visited two schools and presented the

bicycle safety to 160 evening with Mr. and Mrs. total of six motor vehicle Wm. Miller and Family at collisions resulting in injuries to four persons.

of 7,655 miles, issued 19 period. warnings and 34 charges to motorists. On April 8, 1970, easy for the NFU to stand 19 convictions were on the sidelines and do registered in Provincial Judges Court, Cayuga, Ontario. General occurences understand that the new

four break and enters, three other Criminal Code meals is with a colorful, gay offences, two Liquor menu full of Ontario Control Act investigations products, says the Ontario resulting in two charges being laid, 15 requests fo assistance.

An unfortunate acciden occurred on County Road and fresh hothouse No. 18, Seneca Township April 10 to a Hamilton man combination with chicken while riding on the back of a truck. He fell off and struck his head on the fresh local cucumbers and pavement. He was admitted Hamilton, Ontario, with a fractured skull.

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Federation News Gordon Hill, President of legislation deals only with The Ontario Federation of inter-provincial and export

Agriculture, challenges the trade, leaving marketing National Farmers' Union to within a province affair. put their claims about within a province very much voluntary collective a Provincial affair. bargaining into action. He suggests that the NFU start with soybeans. If that proves successful, he says that corn could be the next

warns that farmers must be thousands of farmers and aware of attempts by the the O.F.A. NFU to destroy orderly marketing program without having any practical, proven alternative to offer as a

The O.F.A. President through the joint efforts of

Mr. Hill points out that threatening actions are being taken by NFU members and their April 2, to the Garnet sympathizers against the U.C.S. with 20 members Ontario Milk Marketing and one visitor present. Board, the Ontario Hog Producers' Marketing Board and other marketing groups. A petition against the OMMB is being circulated by NFU members in Eastern

Ontario The Federation recognizes that marketing boards have not yet solved all marketing problems. But Mr. Hill emphasizes that progress to date indicates that the marketing legislation must be strengthened, not destroyed, in order to build

commodity to work on.

Const. W. L. Bessey charged even better marketing boards The NFU has been calling for some time for voluntary collective bargaining to replace the commodity marketing boards. The Federation believes that the best way to determine the value of the NFU plan is for Officers investigated a the union to use it on one or two commodities and to allow farmers at assess its

Officers patrolled a total merit after a fair trial Mr. Hill says that it is nothing but criticize. He explains that farmersshould

The Federation leader calls on all farmers to build and prove its effectiveness before destroying what has been built over the years

PAGE 7

Garnet UCW

home on Thursday evening,

The President, Mrs. G. Cherry, opened the meeting with a Hymn and Prayer. She read a poem "Easter Morning", after which the Roll Call on an Easter verse was well responded too.

Reports were given, and we were reminded of the in April, also to be saving several different articles for the School for the Retarded which they can use.

Mrs. W. Harrop was in charge of the program on "When you Worship" -Thoughts were taken for the Book of Psalms, and Miss Dorothy Roulston assisted. reading meditations from the Easter Ideals.

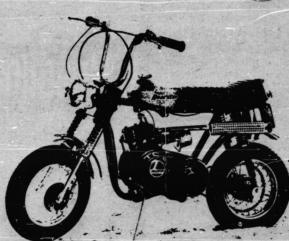
Mrs. I. Parkinson favoured as with a musical

thoughts on Easter, reading a poem "His Easter Gift to Us" and closed with prayer.

The Courtesy was given by Mrs. J. Ebert and the meeting closed with the Benediction.

The Hostess and her Committee served a dainty

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