

Teatime Topics

By Jean Sharp
Canadian Press,
Women's Editor
Sandwich fillings that will
keep up to four weeks in

covered containers in the
refrigerator have been
devised by home economists
of the Canada Department
of Agriculture.

One is a cooked cheddar
cheese filling. To make it,
combine 2 eggs, 2
tablespoons of butter, 6
tablespoons vinegar, 6
tablespoons sugar, 1 1/4
teaspoons of salt in the top
of a double boiler and beat
well.

long-lasting cheese and olive
filling, combine a 4-ounce
package of softened cream
cheese, 2 tablespoons salad
dressing, 2 tablespoons
chopped stuffed olives, 1/4
teaspoon salt and 1/8
teaspoon pepper. Makes
about 1 cup.

Stir the mixture and cook
until thick. Add 2
tablespoons chopped
pimiento, 1/2 cup chopped
onion and 1/2 cup grated
cheddar cheese and cook 15
minutes. Chill. Makes about
1 1/3 cups.
Cheese and Olive: For a

For a chutney
spread, combine 1
shredded process cheddar
tablespoons salad dressing,
1/2 teaspoon curry powder,
dash of salt and
tablespoons chopped
chutney. Chill. Makes
1 cup.

A crunchy peanut
filling is made
combining 1/2 cup
crunchy peanut butter,
1/2 cup liquid honey,
tablespoons butter and
teaspoon grated orange
peel. Beat until well blended.
Makes about 1 cup.

As a variation, combine
1/2 cup crunchy style
butter and 3 tablespoons
butter. Spread it on
and top with sliced
cucumber.

Campers' Specials:
are on a camping trip
using canned pork
mainstay of your diet, they
are additions and variations
that make interesting
sandwiches.

Once a can of pork
open, it should
refrigerated and treated
fresh meat. It may
chilled in the can if you
going to slice it.

For various fillings
combine a 12-ounce
with any of several
seasonings, then chill
mixture.

Combine pork with
cup drained crushed
pineapple, 1/2 teaspoon
powder and 2 tablespoons
salad dressing. Makes
cups.

Another possibility is
for 3 tablespoons chopped
peanuts, 3 tablespoons
chutney, 1/8 teaspoon
pepper and 3 tablespoons
salad dressing. Makes
cups.

A lively variety combine
3 tablespoons chopped
sweet pickle, 1/2 teaspoon
thyme, 1/8 teaspoon
dash pepper and
tablespoons salad dressing.
Makes 2 cups.

Eight 4-H Homemaking
Club girls from Haldimand
County have been selected
to attend the 4-H
Homemaking Club program
held in connection with the
Canadian National
Exhibition on August 26
and 27, 1970. They are
Diana Verboum, R.R. 1,
Jarvis (Lamb's Corner
Club); Marilyn Slater,
R.R. 1, Jarvis (Jarvis Club);
Carolyn Peart, R.R. 1,
Hagersville (Clanbrassie
Club); Barbara Murray,
R.R. 4, Cayuga (Nelson
Corners Club); Ann Whaley,
R.R. 1, Caledonia (St. John's
Locks Club); Sandra
Stadler, R.R. 1, Selkirk
(Rainham Centre Club);
Sharon Burgess, R.R. 1,
Hagersville (Garnet
Club); Laura McKeen,
Hagersville (St. John's
Club).

The program will include
a tour of the Royal Ontario
Museum and Parliament
Buildings as well as time at
the C.N.E. One afternoon
will be spent presenting 4-H
club exhibits, demonstrations
and skits from
various counties.

There will be 16 counties
and nine districts
represented with a total of
about 176 girls taking part
in this program.

Around & About Town - Cayuga

Mrs. Irene Fergusson and
Mrs. G. Baldwin have
returned recently from a
two week bus tour of the
east coast.

Mr. and Mrs. Roy Turner
and daughter Kathi have
just returned from a three
week holiday which
included trips to Pesqu'le
Brighton, the Finger Lakes
in New York State, the
Bruce Peninsula and Parry
Sound area.

A rather alarming fact:
There are 140,000 known
alcoholics in the province of
Ontario with over half of
them on somebody's
payroll.

Mr. and Mrs. Don
Meadows and daughter
Merry Lou of London, Ont.,
accompanied by Mrs.
Meadow's mother, Mrs. G.
L. Marshall, Cayuga, visited
last week in Portland Maine
with Mrs. Marshalls'
sister-in-law Mrs. Nelson
Cooper and family. Mr. and
Mrs. Meadows and Merry
Lou also visited with Mr.
and Mrs. Ralph Beaton and
family of Long Island New
York.

Mrs. R. A. Baigent Sr.,
Cayuga, and her sister-in-law
Mrs. Raymond Moore of
Simcoe have just returned
from a 22 day European
tour. They visited eight
different countries.

Farm Front

September 3 is the date
for the Regional Farm
Family Business Day.
Activity gets underway at
the farm of Bruce McBlain
on Highway 54 west of
Caledonia at 10 a.m. Those
taking part will bring their
picnic lunch to Caledonia
Fairgrounds for the noon
hour and then on to the
farm of Robert J. Anderson,
R.R. 3, Caledonia, for the
afternoon program.

The "Day" is sponsored
and co-ordinated by Ontario
Department of Agriculture
and Food staff of the six
county area to provide farm
families an opportunity to
look at farms from a
business point of view, with
focus on management. The
Haldimand Milk Committee
is arranging for milk and
ice-cream for the noon
hour. Coffee will also be
available. All interested
persons and families are
invited to attend and are
reminded to bring lunch.
Zone 3 Regional Sheep
Show is again to be held at
Caledonia Fair on Friday,
October 2. Entries are due
to be forwarded to the show
secretary Mrs. W. Leach,
R.R. 2, St. Ann's by August
31.

Appearances this year
would indicate that wild
carrot is taking over from
chicory as the Haldimand
floral emblem.

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Looking The Other Way

The stories of torture in
Brazil continue to horrify
every decent human being.
Now, the International
Commission of Jurists had
deplored the systematic
torture of political prisoners
by the military dictators of
Brazil. Prisoners' heads are
forced into buckets of filthy
water, urine and excrement
until the victims almost
drown.

At the last moment, they
are released. In this way, no
physical marks of torture
appear on the body in case
the prisoners have to appear
before a judge. Children are
tortured before the eyes of
their parents. Husbands and
wives are tortured in the
same room. Women
prisoners are raped in front
of their husbands. Torture is
the only method by which
the corrupt regime can stay
in power.

The grisly details of
torture are no longer
secrets. The tragedy is that
the world community will
do little to change matters.
Brazil will continue to be a

Hearing Handicaps

OTTAWA (CP) - One in
every 40 Canadians has
some degree of hearing
handicap.

Of Canadians more than
65 years old, one in every
five has some hearing loss in
both ears, says the federal
consumer affairs
department in its Consumer
Communique.

Hearing aids in many
cases can add greatly to a
person's enjoyment of life
but the prospective buyer
should know certain things
to watch for.

The Consumer
Communique says that
before buying a hearing aid,
a person should get a
doctor's advice on the
degree of deafness suffered
and on how worthwhile a
hearing aid would be.

The buyer should be
wary of advertising claims
of "instant hearing", "new
inventions" and "miracles".

Look for information on
the quality of the hearing
aid, not on its cosmetic
value. Manufacturers'
brochures and promotional
material usually give more
information than
advertisements. Ask for
them.

"Contests" for hearing
aids are often simply a
means of acquiring names of
prospective customers. It
may be a disservice to
volunteer a friend's name.

Many provinces require a
door to door salesman to be
licensed and bonded. After
a person has signed a
contract with such a
salesman, most provinces
provide a few days during
which the purchaser can
reconsider his actions and
cancel the contract if he
wishes.

Be aware of provincial
laws and be certain that the
salesman is licensed.
Ask the salesman what
technical training he has.
There is no required
standard of training, but
some companies offer better
training to their salesmen
than others.

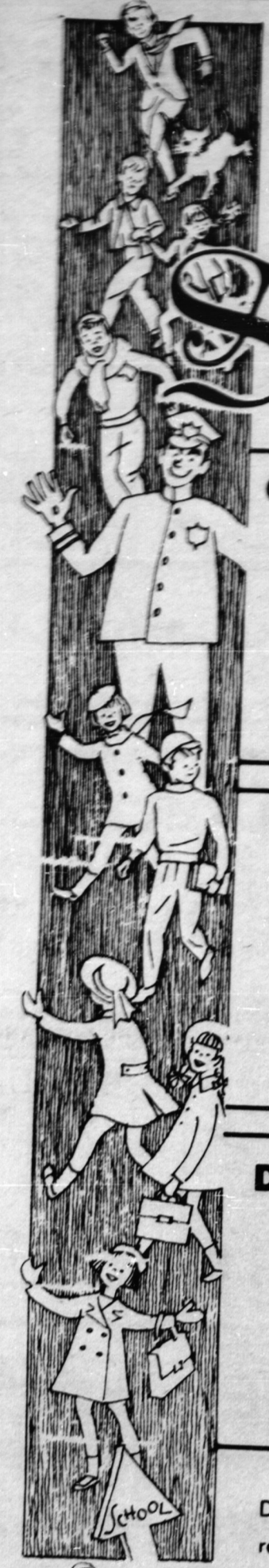
Don't be afraid to ask a
friend or relative with good
hearing to help make the
purchase. This may help
you avoid misunderstandings.

At the time of purchase,
get in writing any
understanding about
refunds.

Many dealers offer trial
periods of their products.
Be certain of the terms
under which a trial is
offered. If possible, consult
a dealer who offers a trial
prior to purchase.

Buy only from dealers
who offer adequate service
or repair policies and be
sure you understand the
terms of the policy.
Be certain that the
hearing aid is an unused one
if it is offered as such.

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