

But better than these:
When the great lakes freeze:
By the clear sharp light
Of a starry night.
Over the ice spinning
With a long free sweep,
Of sitting and rising,
Forward we sweep!
On round and around,
With a sharp clear sound,
So fly like a fish in the sea!
Ah this is the sport for me!

Wild free sails on skates
were enjoyed from early
times in Scandinavian
countries, where hunters of
game, ducks and other
quarry resorted to this swift
means of locomotion over
the covered waters in frigid
season.

Then for the
most venturesome, solitary,
there was sliding through
the ice of ponds, small
streams, rivers, lakes, rivers
in the warm comfort of
suits pitched over a hole
chipped in the ice.



The sleigh ride was cold month equivalent of hay-ride for lively spirits in olden times, with progress heralded resoundingly by horn, and chaparrones following (extreme right) discreetly.

Jewelled Holiday Treats



Reindeer never had usefulness equal to dogs, which remained snow-month freight conveyers in Northern Europe and Canada, as illustrated above, into the 20th century.

Yield: 8 Jewelled Holiday Treats

One 4 ounce package cream cheese, 1/2 cup crushed pineapple (not drained), 1 tablespoon chopped maraschino cherries, 8 slices enriched white bread.

Method: Combine cream cheese, pineapple and cherries. If a "free" cookie cutter is not available, cut each slice of bread in half diagonally. Place one half on top of the other and trim excess from remaining sides. Starting at the right angle

corner, cut across bottom of sandwich so lengthwise sides are even. Cut two scallops along narrow side to make base of treat. Press each of two identical sides of treat slices with two teaspoons of butter. Press each side on top of other.

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"Average" Ontario Woman



"A New Mode for Learning How to Skate with Rapidity"—an engraving for a popular American periodical in 1874.

by Lilah Lymburner

Mrs. Lymburner is chairman of the Women's Advisory Committee, Ontario Department of Trade and Development.

The last thing any woman wants to be is average. Nevertheless, I have gathered some interesting details in recent years on what is "the average Ontario woman."

At the outset, I had better make it clear that I see the following statistics as average, and the woman they supposedly represent as very much an individual. In any case, here it is:

She is 5 ft. 4 inches tall and weighs 132 lbs. She eats 3,200 calories a day and is always going on a diet. The Ontario woman annually consumes:

- 160 lbs of meat; 353 eggs; 91 lbs of sugar; seven lbs of cheese; 103 lbs of potatoes; 100 lbs of fresh fruit; 100 lbs of bread; 21 lbs of coffee; 244 quarts of milk; 42 hot dogs; 191 bottles of pop; 146 packs of cigarettes; 183 ounces of whiskey.

That's why we in the Women's Advisory Committee make a point of urging that Ontario women consider buying Canadian manufactured goods. Trade, of course, is a two-way street, and we don't suggest shopping Canadian for nationalism's sake. Only that Canadian goods and products be considered when price and quality compare favorably with imported items.

There are important dividends in shopping Canadian. It helps create jobs, encourages our manufacturers to improve their goods and services, and helps factories reduce their unit costs and export at competitive prices.

All these factors enhance our standard of living. And I have no doubt that the illusive "average" Ontario woman will go along with them.



Ice-skating (and hand-holding) were first sports indulged in openly by mingled sexes, married or unmarried, day or night. This scene: Victorian 1890s!

COLEMAN'S SKI ROULE WITH YVAN PATRY and Ski-Roule 440, 1970 WORLD CHAMPION CHAMPS AT EAGLE RIVER, WISCONSIN.



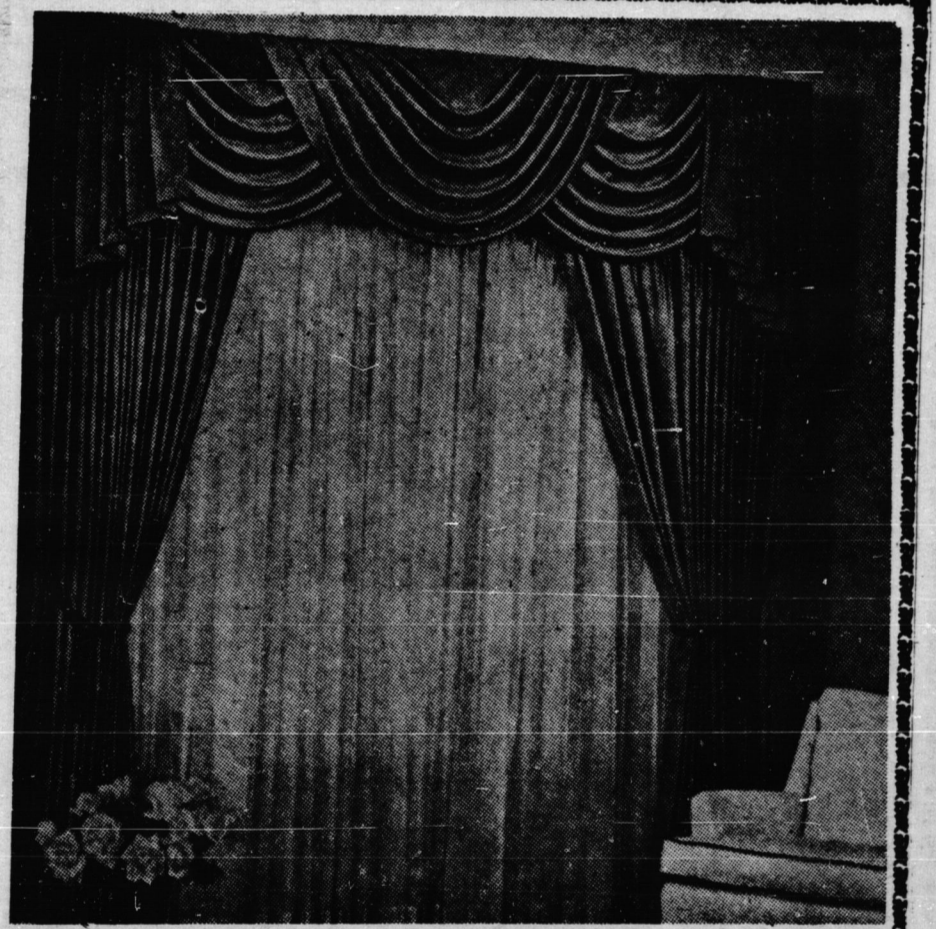
Ski-Roule is your best buy. It will not spend half its life in our repair shop. Ski-Roule believes you should build a snowmobile as carefully as an airplane. They can get you in the same kind of trouble.

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US THAT UNTRAVELLED WORLD WHOSE MARGIN FADES
EVER AND FOREVER WHEN I MOVE

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