

# 100th Anniversary

## Hagersville All Saints Anglican Church

Bishop of Niagara, the Rt. Rev. Walter Bagnall, and a large congregation gathered at All Saints' Church, Hagersville, to celebrate the one hundredth anniversary of that church, Sunday.

Playing the organ for the occasion was John Riley, organist, at All Saints for 39 years, who had returned from England to be here during this period of celebration.

Mrs. M. Hickey sang a solo, "Let there be peace on earth", which was expressive of a wish of harmony within our church, but also in our country during the present troubled period.

The Bishop and Mrs. Bagnall were guests of honour at a reception following the service, where they mingled with parishioners, members of their sister Church of St. John's, Cheapside, and

guests from Willowdale, Brantford, Stratford, Springvale, Cheapside, St. Thomas, Fisherville, Tennessee, U.S.A. and England.

The Bishop spoke of the need to combine the treasures of the past with those of the present and future, rather than espousing a position that only what is old is good, or only what is new is relevant and worthwhile.

During the service, he also dedicated a Memorial Book, in which have been recorded the different memorials given in the church during the last century.

Philip Roth was server, and William DeViller acted as Bishop's Chaplain, while the Rev. Donald Eustace, rector of All Saints Church

celebrated Communion with special thanks to the work of present members of congregation.

During the refreshments were served the Anglican Women. Mrs. Bagnall presented with one memorial plates made to celebrate this centenary.

The Bishop and Bagnall mixed with guests, many of whom added a special touch of colour by wearing clothes a century ago.

In all, the pleasure of friends reunited, of periods of the past combined with the of the service to make occasion a memorable



Rev. D. J. Eustace (left), rector of All Saints Anglican Church, Hagersville, chats with Rt. Rev. Walter Bagnall, Bishop of the Niagara Diocese, and John Riley, A.I.G.M., who came from England to play for the 100th anniversary of the church Sunday. (Staff Photo)

### Sugar The Enemy, Or Smoking?

As a possible cause of heart disease, dieticians have often pointed an accusing finger at sugar. But now it looks as if tobacco is the real enemy. A BBC World Service science programme questioned the confusion between the two, and examined work by British medical statisticians to give the simple, plausible answer.

Smoking dulls the palate so you use more sugar in your tea and coffee. Smoking gives you a sore throat so you drink more tea and coffee, and also more wine, which contains sugar. But it is smoking that gives heart failure. The increased sugar intake is just harmless follow-on effect of smoking.



Women members of All Saints Anglican Church came dressed in Centennial costume to celebrate the 100th anniversary. From left are Mrs. Tom Hodgson, Caroline Eustace, Mrs. Don Myke, Linda Eustace, Mrs. Bruce Gifford and Mrs. D. J. Eustace. (Staff Photos)



Bishop Walter Bagnall leaves church after the 100th anniversary service.

### Protecting Salmon

Unless firm action is taken, and fast, Canada's Atlantic salmon likely will be extinct, reports Food in Canada business publication, quoting a federal fisheries official. The three main areas of concern: indiscriminate raiding of the ocean feeding grounds of Greenland; continuous pollution of spawning rivers by industrial complexes in the Maritimes; irresponsible netting of spawning-bound salmon by Canadian poachers.

The bristles of a toothbrush are the most important factor in selecting for your individual needs.

Hard bristles are best for those who have healthy, strong gums. Soft-gummed people should use a medium-textured brush to stimulate and improve tissue tone, so should those who have to clean crowded or crooked teeth.

Those who suffer from bleeding gums should use a multi-tufted or soft brush, which also can be used for stimulating poor gums, cleaning such appliances as bridges and for those whose mouths are still sensitive from recent oral surgery.

Electric toothbrushes give the gums better stimulation, but the ordinary hand brush is just as effective a cleaning tool. However, both are almost useless, unless a proper brushing technique is used — and frequently.

The trim of the brushing head should be straight as there is more chance of injury to gums with uneven bristles. Heads with five or six tufts in length and two or three wide produce the best results. A large brush doesn't reach all areas of the mouth adequately while a small one doesn't do enough. Head length should cover three teeth.

The handle of the brush should be straight and aligned with the head. Both natural bristles (swine's hair) and nylon do the job, but natural bristles absorb water and shouldn't be used for consecutive brushings. Two or three of these should be used in a day.

Nylon bristles have a more uniform texture, better resilience and dry quickly. The stiffness of natural bristles varies while nylon ones are categorized into soft, medium, hard, and extra-hard textures. — Canadian Dental Association

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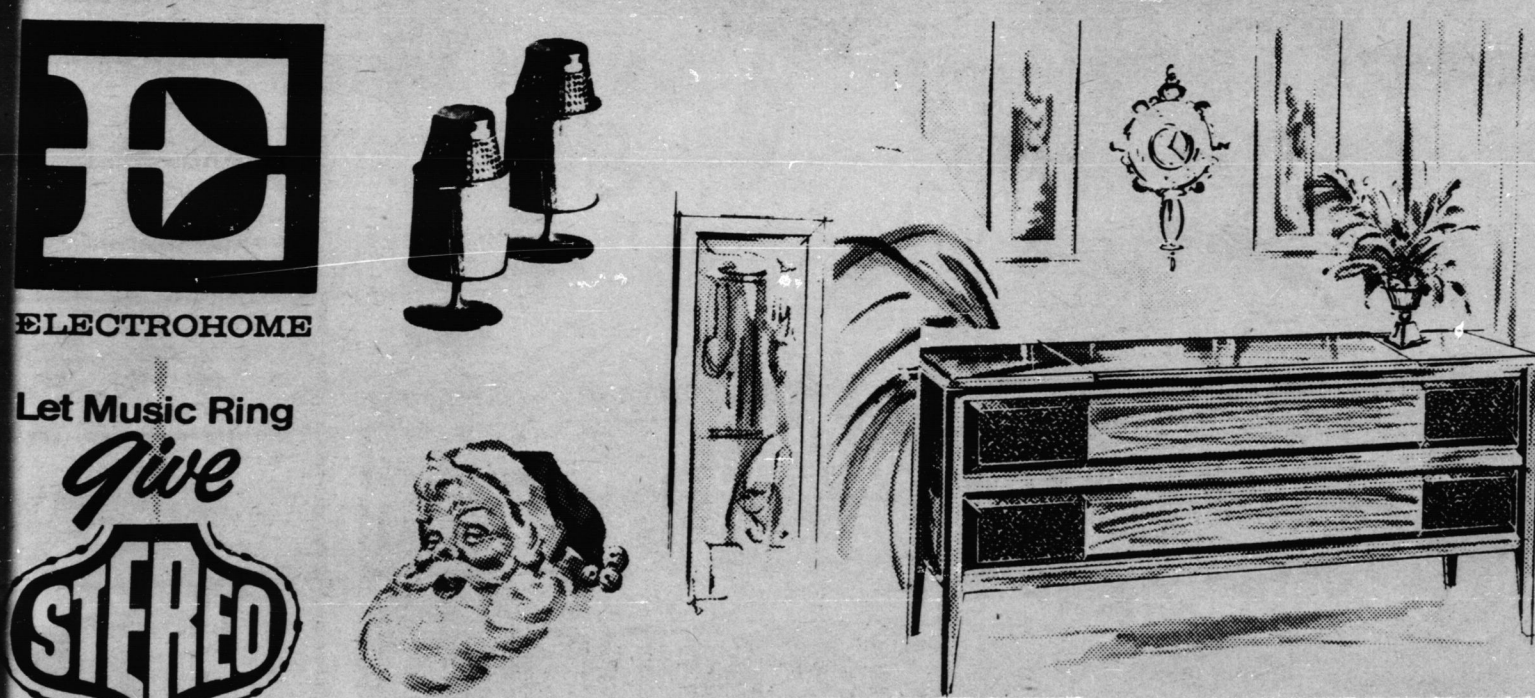
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