

Teatime Topics

Specially Written for The Record by Jean Sharp Canadian Press Women's Editor

Recipes often recommend freshly ground pepper because the flavor of pepper is contained in an oil in peppercorns so volatile that it is released immediately the peppercorns are ground and disperses rapidly in contact with the air.

You can get freshly ground pepper, of course, by using a pepper mill. The Canadian Spice Association says the best pepper

grinders are made of reasonably well-finished European beech, birch, walnut, teak or mahogany. The most important part, the grinding mechanism, should be of hard steel with cutting teeth that mesh properly when the mill turns. If no ground pepper results when you operate the mill, it is a dud.

Most of the pepper that is imported into Canada comes from India. It is the dried berries of the pepper plant, piper nigrum. Black pepper is the whole berry, white pepper is the berry

with the outer skins removed.

Marinated Beef - An old-fashioned recipe using pepper is sauerbraten, a marinated pot roast of beef. You need a four- or five-pound roast to work with.

The marinade calls for: 1 teaspoon salt, freshly ground black pepper, 2 cups water, 2 cups cider or wine vinegar, 1/2 cup dried chopped onions, 3 bay leaves, 12 peppercorns, 6 whole cloves, 2 tablespoons dried celery flakes, 1/4 teaspoon thyme leaves, 1 teaspoon mustard seed, 1/4 cup sugar, 1/8 seedless raisins plumped, 18 crushed gingersnaps.

Rub beef with salt and pepper. Place in large bowl and cover with rest 10 ingredients. Red wine may be substituted for 1 or 2 days. Turn several times.

To cook, remove meat from marinade, dry and dust with flour. Brown well in a small amount of oil in a Dutch oven. Add marinade. Cover and simmer over low heat until meat is fork tender, about 3 hours. Remove heat and keep hot on platter. Strain the stock. Add raisins and gingersnaps. Stir-cook until thickened and hot.

Poach Salmon - Another pepper recipe is salmon in a court bouillon. You need 6 salmon steaks or a 2 to 3 pound piece of salmon.

Court bouillon calls for: 3 tablespoons dried chopped onion, 2 teaspoons salt, 1 bay leaf, 2 pepper, 1 bay leaf, 2 teaspoon dill seed, 4 cups boiling water, 1/2 cup white vinegar. Combine in a deep 10-inch frying pan and bring to boiling point.

The salmon in cheese-cream to keep fish from breaking up. Simmer in bouillon about 10 minutes. To serve, sprinkle with salt and paprika, garnish with lemon wedges and caper sauce. Sauce is 1 cup cream sauce plus 2 tablespoons capers, 1 tablespoon each of caper liquid and lemon juice and 1/4 cup dairy sour cream.

The Weeklies Say

COMMUNITY TIES

Labor has long since passed the time of basic organization and now they form an important and integral part of any community. Because of their affiliations with national and international bodies, they can bring to bear immense pressure and prestige on the many matters which come up almost daily in community life. The direction they may take can be of great benefit not only to their own members but to the community. - Campbellton (N.B.) Tribune

D'RUTHERS

According to the revised Urban Municipalities Act, aldermen are no longer aldermen but councillors. And if we had our druthers we'd rather stick with aldermen. There's the matter of abbreviation, which is decidedly awkward for Cllr. . . we much prefer the handy ald. - Swift Current (Sask.) Sun

FICKLE POLITICIAN

The federal minister responsible for consumer and corporate affairs, Ron Basford, has been one of advertising's biggest critics. In a few weeks the same government will launch a massive advertising program to lure employers into hiring some of the 650,000-odd university students who will be turned loose this summer. No wonder they say public office is the last refuge of the fickle and incompetent politician. - Humbolt (Sask.) Journal

DECISION SOON

The battle for survival of the villages in Western Canada, which had been quietly evident for the past decade, will be decided in the next five years, in the opinion of many experts. - Innisfail (Alta.) Province

FROM BUSINESS

Leo Lemieux, president of Gateway Builders' Supplies of Edmonton has been offered . . . the position of appointed member of the Northwest Territories Council. One of the weaknesses of council as it stands at present is a lack of broad business experience. Hopefully, the remaining appointments will also be from the business world. - Yellowknife (N.W.T.) News of the North

DON'T ALL AGREE

It appears that even the economic experts don't entirely agree that construction of pipelines (in Canada, northwest Arctic) will be all beneficial to Canadians. Whitehorse (Y. T.) Star

Cheapside United Church Women

The UCW of Cheapside United Church met at the home of Mrs. Keith Schwyer on Thursday Feb. 11 for their regular monthly meeting with Mrs. Harold Nie, president in the chair. She read a suitable poem on the Theme, Happiness.

The roll call, a mystery parcel valued at 50c for our sale table in the fall was answered by 14 ladies and one visitor. Mrs. Arvil Nie reported that we have

obtained another stove for the church kitchen. Mrs. Mac Donald, Mrs. K. Crawley and Mrs. K. Schwyer reported on progress of the making. Several items were discussed.

The friendship of visiting convener Mrs. B. gave a report on last month's visits and Mrs. M. Bartlett gave the treasurer's report.

Mrs. Arvil Nie was in charge of the study class on Mexico. She told of products and the climate in different parts of the country. Mrs. Harold assisted her in showing film on a slum just outside Mexico City.

The meeting closed with a poem and prayer.

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Obituaries

John Rider
AYLMER - Funeral service for John Rider, 51, of Aylmer, who died Tuesday at St. Thomas, was held Friday at 2.30 p.m., at the Keble Funeral Home.

Mr. Rider, who had worked for the CNR for many years had lived in Jarvis until transferred to the St. Thomas division over a year ago. He had also served as custodian of Knox Presbyterian Church, Jarvis, of which he was a member for 15 years.

Surviving are his wife, step-daughters, Gloria, Leah, Mary Anne, and Sharon; his mother Mrs. Clara Blundell and Mrs. Charles Braham of Jarvis, and Mrs. Ross Nauman, of Innville.

Interment was at the Aylmer Cemetery.

Mrs. John Erwin
Mrs. John Erwin, 88, of

Windsor Lodge, Hagersville, formerly of Waterford passed away on Wednesday Feb. 10, 1971 at West Haldimand Hospital. Funeral service was held on Saturday at 1 p.m. at the Hyde and Mott Funeral Home.

The former Pricilla Lillie Biggar, she was the daughter of the late Mr. and Mrs. James W. Biggar of Erie, where her earlier life was spent and where she married her first husband, Thomas Falls. She was a member of the United Church.

Surviving are three step-daughters, Miss Grace Falls, Toronto; Pearl, Mrs. Jack Matthews, Hamilton; and Mrs. Mary Peiron of Port Elgin. She was predeceased by her husband John Erwin, two brothers Murray and Wilbert Biggar, and two sisters Mrs. Pearl Erwin and Mrs. Thomas Reynolds (Blanche).

Rev. Eric Grundy of the Waterford United Church officiated for the funeral service with interment in Greenwood Cemetery, Waterford.

Pall Bearers were Jack Matthews, Murray Awde, Lorne Porter, Jack, Bruce and Ralph Biggar.

MEALS ON WHEELS REGINA (CP)

- During 1970, the city's Mobile Meals program which is sponsored by the Family Service Bureau delivered 1,744 meals to 59 incapacitated persons, a recent report to the city showed. The volunteer-run program, started in January, 1970, provides meals of soup, meat or fish, vegetables and desserts for elderly, crippled or handicapped persons or those just out of hospital.

Sandusk News

Mrs. Craig Werner, Mrs. Wm. Booth, and Mrs. Wm. Bray attended the UCW meeting Thursday afternoon at Mrs. Keith Schwyers.

Miss Gwen Nie attended Hagersville High school dance Friday evening.

Mr. and Mrs. Wilbur Werner of Oshawa visited Mr. and Mrs. Craig on the weekend.

Mr. Donald Nicol and friend spent the weekend with their parents Mr. and Mrs. Wm. Nicol. Mrs. Maud Barnes also spent Sunday with them.

Mr. and Mrs. Les Burton and Carol Anne of Simcoe were supper guests of Mr. and Mrs. Wm. Bray on Sunday.

Mr. and Mrs. Ken Culver visited Mr. and Mrs. Donald Dennis on Sunday.

Virtually all the Ontario sites capable of producing hydro-electric power at competitive prices have now been developed. Lower Notch, the last hydroelectric station in the current construction program will be brought into service on the Montreal River this year.

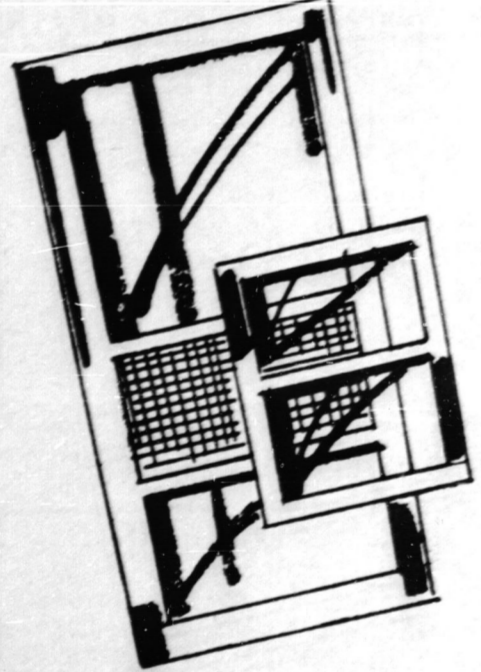
Ontario hydro has its own fleet of 12 helicopters to inspect and string power lines, transport men and materials and spray rights-of-way.

Ontario Hydro's assets, which reached more than \$4½ billion in 1970, are expected to double during this decade.

V.F. Columbus
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PLUMBING - HEATING - ELECTRIC Jarvis, Ont.

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JARVIS COMM. HALL
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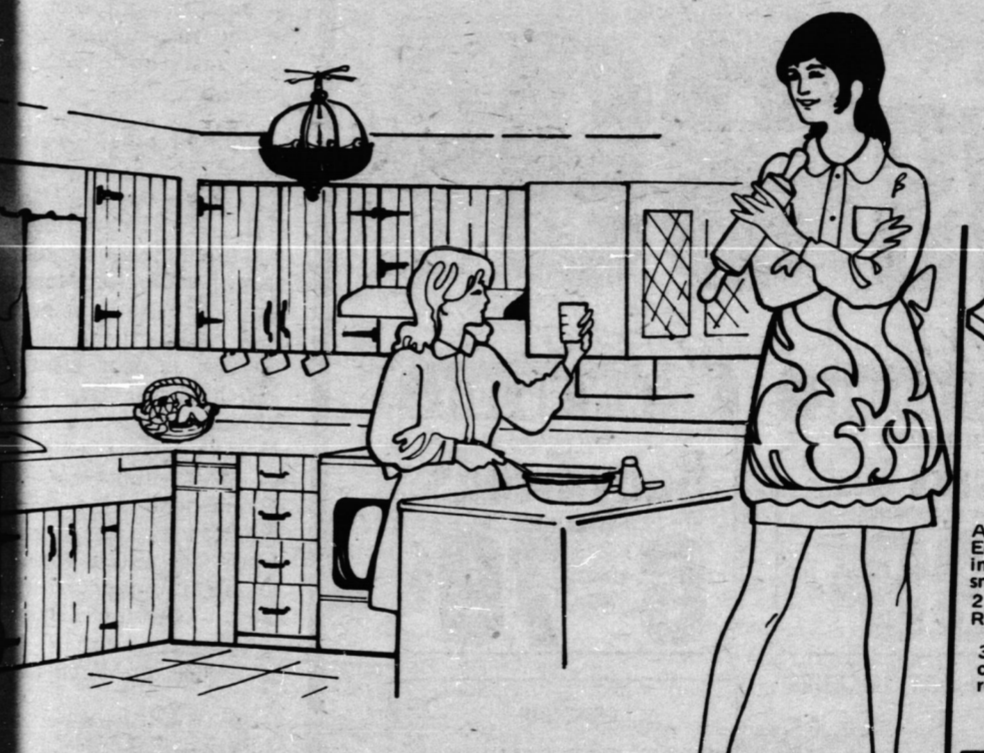
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