

Search And Rescue

The Ministry of Transport maintains Coast Guard Rescue Officers at the Canadian Armed Forces Search and Rescue centres at Halifax, N.S., Trenton, Ontario, and Vancouver, B.C. Each of these centres is the headquarters for a co-ordinated network of agencies trained to search for and rescue vessels in distress.

The Coast Guard Rescue Officers at these centers distribute booklets covering the marine rescue organization for their respective areas. These booklets may be obtained

free of charge on application to the following:

* Atlantic Area - Coast Guard Rescue Officer, Room 116, Maritime Headquarters, H.M.C. Dockyard, Halifax, N.S.

* Great Lakes Area - Coast Guard Rescue Officer, Air Transport Command, Canadian Forces Base, Trenton, Ont.

* Pacific Area - Coast Guard Rescue Officer, Kitsilano Coast Guard Base, 1661 Whyte Ave., Vancouver 9, B.C.

Here is how you and your fellow power boat operators

and owners of sailboats can assist in searches and help cut down on false alarms:

(a) Your boat or yacht club should appoint a safety officer for the day or week and all arrivals and departures should be reported to him.

(b) If you plan to go on a cruise, give your safety officer an itinerary, with estimated times of departure and arrival at your destination.

(c) If you do not belong to a yacht club, you should acquaint a relative, neighbor or some responsible adult with your itinerary and

arrange to contact them when you have arrived at your destination.

(d) They should be instructed that if you do not contact them by a certain time to get in touch with one of the three search and rescue centres.

(e) If you change your plans while under way, call your home club or the person that knows your plans and possibly the police. This allays worry and prevents a needless alert that might set off a comprehensive air and marine search.

(f) Carry the required charts and a serviceable

compass in your boat at all times.

(g) Always carry the international distress signal. This is a square flag or an object resembling a square flag, and a ball or other circular object hoisted either above or below it. Flag and ball need not be of any particular color, but the brighter they are, the better.

Two-way radiotelephone can provide a very effective means of obtaining help in cases of emergency if properly used. Coast stations operated by the Ministry of Transport are strategically located on the sea coasts and Great Lakes in Canada. All these stations maintain guard on international radiotelephone distress and calling frequency of 2182Kc/s during the season of navigation. A similar service is provided on the U.S. coasts by the U.S. Coast Guard.

Barbecued Chicken Versatile Treat

Chicken pieces or chicken halves are tender, mild flavored and versatile, cooked over the coals of a barbecue. Tender young fryers or broilers weighing 2½ to 3 pounds, quartered or halved, are best suited for grill cooking.

Before starting to barbecue, be sure the coals are covered with a white, powdery ash and the grill is 6 to 12 inches above the coals to give a medium heat. Brush the chicken with melted fat.

Place the pieces on the greased grill, skin side up. The skin side scorches easily and should be kept down no more than 3 minutes at a time. Turn the pieces every 3 to 5 minutes with long-handled tongs and baste frequently. Total cooking time will be 40 to 60 minutes.

There is a special method for barbecuing chicken breasts resulting in exceptionally juicy and delicious meat. The success depends on the cooking. Brush the breasts liberally with melted fat and place on the grill over hot coals. Turn frequently. At a grill temperature of 375 degrees, they will require about 20 to 25 minutes total cooking time.

There are a wide variety of sauces and marinades that complement the mild flavor of chicken. Suggested basting sauces include:

Many thousands of Canadian pleasure commercial craft are equipped with radiotelephone also maintain guard 2182Kc/s while at sea.

If you use two-way radiotelephone aboard your boat, the greatest efficiency in communication can be obtained by applying correct procedures for calling and answering stations and passing messages or information. Such procedures are set out in the Ministry's booklet entitled "Radiotelephone Handbook (Marine Services)", which can be obtained free of charge from any Radio Inspection Office, Telecommunications and Electronics Branch, Ministry of Transport.

Facts About Your Lifejacket

Ministry of Transport Ottawa, Canada

The lifejacket you have purchased is approved by the Ministry of Transport. This means that a type of this model has been tested to standards set by a Committee of the Government of Canada.

The prototype testing of the materials and component parts of the

lifejacket, which is itself tested for performance capabilities by officials of the department.

This jacket is intended to help you save your life in the event you should become involved in an accident and find yourself in the water. To assist you in this end, the following points are brought to your attention:

1. Try the lifejacket out. Put it on and familiarize yourself with the tie tape arrangements.

2. The jacket is completely reversible and it is important that with the keyhole style that the waist straps be tied around the body and not around the lifejacket, so the jacket is allowed to pivot away from the body and give the desired, inclined backward, floating position.

3. In order to familiarize yourself with the jacket's capabilities in the water, you should wade out into water about chest deep and by bending your knees let the buoyancy of the jacket

support you. You will find that the lifejacket will incline you in a backward position with your mouth clear of the water.

4. If you have to swim while wearing a lifejacket, use a back or side stroke.

5. Once you have made yourself familiar with the performance characteristics of the lifejacket, the responsibility for maintaining the jacket in good condition rests with you.

The following points will assist you in the maintenance of this lifejacket:

(a) Do not abuse it by using it for any other purpose such as a seat cushion, boat fender or kneeling pad.

(b) When dry, stow in well-ventilated, cool areas.

(c) When wet, hang up to dry in the open air in a ventilated area. Do not dry in front of a radiator or other source of direct heat.

Kapok lifejackets are susceptible to rough treatment and if the vinyl inserts which contain the Kapok become split or torn, allowing water to come in contact with the Kapok, the fibres can become water-logged and matted and lose their buoyant properties.

If the jacket shows signs of heaviness and dampness it should be discarded.

Unicellular foam jackets are more durable than the Kapok-filled style. Rough

treatment, however, will break down the foam cells and the foam tends to shrink with age, which is also accelerated by excessive exposure to heat and sunlight.

Children should be made to wear their lifejackets at all times when boating. They should be taught how to don them and be allowed to try them out in the water. It is important that youngsters feel comfortable, know what the lifejacket is for and how it will keep them afloat. Parents should note, however, that no lifejacket will take the place of adult supervision.

Children, because of the distribution of body weight and their tendency to panic when finding themselves suddenly in an environment to which they are not accustomed are difficult subjects to float in a safe position. The violent movement of their arms and legs in an attempt to "climb out" of the water, tends to nullify the effects of the lifejacket. Approved lifejackets will keep them afloat but not always in a face up position. Therefore, the most important thing to remember is that a lifejacket on a child is no substitute for parental or adult vigilance.

Rock Point Provincial Park

Located on Lake Erie, 10 miles south of Dunnville, off Haldimand County Road No. 20, this park of 190 acres offers picnic facilities and a sand beach with a beach patrol present during peak use. At present, there are 50 campsites available.

This is one of Ontario's Provincial Recreation Parks in which the environment, facilities and services are managed to accommodate camping and day-use activities.

A feature of Rock Point is part of the shoreline

which consists of shaley rock formed from sediments deposited during the Devonian Period some 300 million years ago when much of the interior of North America was occupied by a vast sea. Numerous fossils in the rocks indicate a once-abundant sea life of corals and shell animals.

Enquires for further information should be directed to the Park Superintendent, Rock Point Provincial Park, Dunnville, Ontario.

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