

CHEESE AND ASPARAGUS PUFF



THIS soufflé-like imported Holland cheese and vegetable casserole makes a delightful accompaniment with your favorite roast. Fresh broccoli may be substituted for the fresh asparagus if you prefer.

10 oz. imported Holland Gouda or Edam cheese, cut in 1/4" cubes
1 lb. asparagus fresh, canned

or frozen in 1/2" pieces.
4 eggs
1/2 teaspoon salt
1/4 teaspoon pepper
1 cup cracker crumbs
1 pimiento, finely chopped (optional)

4 tablespoons melted butter
Beat eggs well. Add salt, pepper, crumbs, pimiento,

milk, asparagus and imported Holland cheese. Pour into 1 1/2-2 quart casserole. Pour melted butter over top. Bake in 350 degree oven 30-45 minutes, uncovered. Makes 6 servings.

This casserole may be assembled ahead of time - but baked ahead and reheated.

Teatime Topics

Specially Written for The Record by Jean Sharp Canadian Press Women's Editor

Ever thought of having a picnic breakfast? It might mean an earlier start on a day, or just a pleasant change in the back yard.

One suggested menu from the Bakery Foods Foundation is fruit juice, sausage egg buns, doughnuts and milk or coffee. You use hard-boiled eggs and sausage patties that can be taken from the freezer before you leave home and be thawed enough to warm when you get to your picnic spot.

For sausage egg buns you need: 6 hard-cooked eggs sliced, 6 sliced sandwich buns, 6 sliced sausage patties, 6 tablespoons ketchup.

Arrange half of a sliced egg on the bottom of a bun, top with a tablespoon of ketchup, then a sausage patty, the rest of the egg and the rest of the bun.

HAM AND EGGS - Try ham and eggs in a sandwich for your picnics. You need: 1/2 cup of ham salad, 2 sliced

hard-cooked eggs, 8 slices of whole wheat bread.
Spread three tablespoons of ham salad over each of four bread slices. Top with 1/2 sliced egg and another slice of bread.

The foundation also has some sandwich suggestion for picnics or just everyday lunches.

To add an extra bit of lively taste to a sandwich, cream the butter with any of the following: cheddar cheese and onion juice; finely chopped celery, pimiento and a few drops of pepper sauce; bacon bits, paprika and chilli sauce; ketchup; horseradish; cottage cheese, caraway seeds and salt; or cinnamon or nutmeg.

An egg and salmon filling that makes enough for 7 sandwiches calls for: 1/2 cup flaked salmon, 2 chopped hard-cooked eggs, 1/4 cup thinly sliced celery, 2 tablespoons chopped green pepper, 1 tablespoon lemon juice, few drops tabasco, 1 tablespoon mayonnaise, 1/2 teaspoon salt. Combine all ingredients and blend well.

V.J. Columbus
Phone 587-2561
PLUMBING - HEATING - ELECTRIC Jarvis, Ont.

Jarvis Lions Club News

by Ted Oldham
Our annual Ladies Night was held on Friday, April 30 with over 150 members, wives, and guests. Guests included our Deputy District Governor, Parker Loney and Mrs. Loney, Reeve Dr. and Mrs. Wm. Austin. First Vice-president G. Johnson from Port Dover Lions Club was our sponsoring club 23 years ago. We also had as our guests, people who helped with our Walkathon, and the Minstrel Show.

Lion Chief Neale welcomed everyone. Vice-president Lion, Don Leatherdale introduced the head table. Roll call was taken, introducing the rest of the gathering.

The toast to the ladies was given by Lion Stan Atkinson, reply was by Mrs. Ted Oldham.

Lion Parker Loney presented ten year perfect attendance pins to Lions Howard Elliott, Harold Johnson, Bob Miller, and Don Mitchell. Fifteen year pins to Lions Bruce Miller, accepted by son George as Bruce was in the hospital, Lions Warren Keen, Bill Snowden, and Don Leatherdale. Twenty years to Lion Drew Williamson.

Lion Drew Williamson thanked the ladies of the

Anglican Church, for the excellent supper they had provided. Many prizes were handed out in the form of a draw conducted by Tail Twister Jack Phibbs, assisted by Lion Jack Nixon.

We were then entertained by the Goldenaires Quartet, a barbershop quartet from Simcoe. The evening was rounded off with a very enjoyable dance. Don't

forget Lions there is a dance this Saturday, May 7. Support the dance committee, they work on your behalf. Music will be by the Club members entertained 30 members and other guests at a delightful smorgasbord in the Parish Hall. Fee of one dollar each. As many as you can. Proceeds are for community Lions endeavors.

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Open House

All OPP offices in the Niagara Peninsula will be open to the public during Police Week 1971 from May 9 to 15 inclusive. Members of the OPP Force will be pleased to welcome visitors and discuss functions of the force and services the OPP are equipped to provide.

As a special attraction a police display will tour the peninsula, comprised of OPP Officers and equipment, in order to acquaint the public with first hand knowledge of police operations. Some of the activities displayed will be - criminal investigation and identification; breathalyzer operations; underwater S.C.U.B.A. divers; accident prevention programs; motorized vehicles of the OPP; communications; force activity slide presentation; and more.

The OPP display will be on view for the public during Police Week on Monday, May 10, 1 p.m. to 9 p.m. at the Haldimand County buildings, across from the OPP detachment in Cayuga, Ont.

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Nanticoke CGIT

Monday, May 3, the Nanticoke CGIT concluded its annual mother and father banquet. The 20 members entertained 30 members and other guests at a delightful smorgasbord in the Parish Hall. Fee of one dollar each. As many as you can. Proceeds are for community Lions endeavors.

message, Mrs. Graydon Field addressed the group and Helen Snowden, senior leader, assisted with the presentation of diplomas and pins. At the conclusion, girls and guests formed a large circle for the traditional singing of Taps. Before leaving, everyone

was free to take a closer look at the displays of leather craft, jump-suits, and felt and burlap posters which had been made during group activities.

During the year, the girls enjoyed many activities including a trip to the Ice

Capades when the seniors also went to Yorkdale; a Whatsit? Sale; the Christmas Vesper service, carolling and party; a bowling party at Port Dover and a visit to Johnson's Nursing Home where they sang for the patients and served tea and cookies.

Abundant Library Resources

Perhaps you already know that the Hagersville Public Library, like others in Haldimand County, is part of the Niagara Region Library System. What does this really mean to users of the library?

Because of this affiliation, almost any book which you may want to borrow is available to you. A request to the library

staff in Hagersville will be passed on to the regional library office in St. Catharines; the book may be on its way by return mail. The more information you can supply about the particular book you need, the more quickly it can be located.

Students find this service invaluable for researching school assignments. It can

be just as useful to you if you are interested in building a house, starting a garden, planning a business venture, or following any other line of inquiry.

The regional library system is also the source of many of the films used in our schools. However, films are not limited to school topics, but cover a vast range, and might include something that could provide an interesting program for a future meeting of your group or organization. We even have access to a new film projector which can be borrowed for a nominal sum.

Find out more about the resources of your library. Visit it soon, and discuss your interests with the friendly library staff. Don't forget, for your three to five year olds Story Hour, Saturday, May 8 at 10.30 a.m.

Sandusk News

Mrs. Donald Dennis and Mrs. Verne Gloyd attended the luncheon served in Nanticoke Community Hall on Thursday afternoon.

Several people from the community attended the sale on Wednesday at the cottages.

The sympathy of the community is extended to the Stewart families in the death of Mr. Norman Stewart.

Mrs. Geo. Sternaman, Mrs. Craig Werner and Mrs. Wm. Bray attended the luncheon served in Nanticoke on Thursday.

A number of people from the community attended the shower on Friday in Cheapside Community Hall for Mr. and Mrs. Floyd Marshall.

The sympathy of the community is extended to Mr. Richard Rushton and family in the death of his mother, Mrs. Gordon Rushton of Selkirk.

Mr. and Mrs. Jack Nixon and Mr. and Mrs. Wm. Bray, attended the Jarvis Lions Ladies night in Jarvis Community Hall, Friday evening.

Mr. and Mrs. Craig Werner and family attended Camelot at the Hagersville Secondary School on Saturday evening.

Mr. and Mrs. Lloyd Partridge of Toronto, Mr. and Mrs. Les Burton and Carolanne of Simcoe, Mr. and Mrs. Harold Bray and Daryl, Hagersville, and Mr. and Mrs. Ivan Cooper, Kim and Kelly were Mr. and Mrs. Wm. Brays Sunday guests.

Do you know this man?



W. A. McVITTY
Jarvis

There's a good chance that you do. He gets around quite a lot and he knows the community very well. That's part of his job.

He's the manager of your local branch of Canadian Imperial Bank of Commerce. And he's a good man to know. For help with financial matters or for sound advice, on anything to do with banking, he's the man to see.

If you haven't already met him, by all means call in soon. He'll be glad to see you.

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THE WEEKLIES SAY...

NOT ABSOLVED

The Commons learned recently that 4,590 university students have defaulted on student loans made by the federal government. It is a sorry episode. Students may believe that the country owes them a university education and that they shouldn't have to pay tuition fees if they can't afford them. They can argue with some validity that starting out a working career with a debt of \$4,000 or \$5,000 is pretty tough. But none of this absolves them paying back a debt. - Campbellton (N.B.) Tribune.

TIME FOR CHANGE

Schools for nursing cannot be operated as they have in the past. Just how the system should be changed must be left to the experts in the field but the idea of having schools for nursing separate from hospitals is a good one and deserves the greatest study. In this way, girls who are training as nurses will not be burdened with routine hospital work, which could be handled - often times better - by nursing assistants. Nurses, properly trained, can then become the administrators and supervisors and take over medical supervision under the direction of a doctor. - Campbellton (N.B.) Tribune

NO REPLACEMENT

No amount of tax-paid welfare could ever replace the services given freely by the Canadian Red Cross. If you consider only part of what the Red Cross does in the Province of Quebec, you will see that the cost would run to millions of dollars if it had to be paid for at current rates. - Stanstead (Que.) Journal.

SINGLE STANDARD

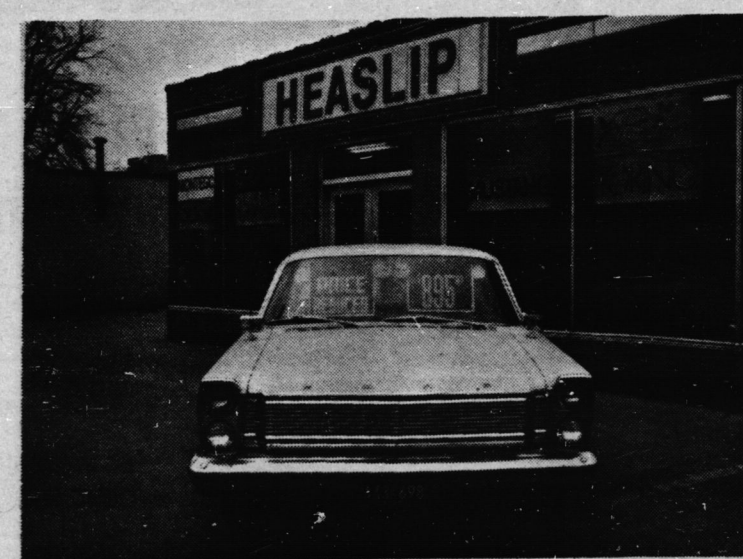
Universal peace might yet be achieved, but it is doubtful that it will ever come through a war to end all wars, unless there are too few left to do any further fighting, or through "Justifiable" murder in the name of a political cause. A single moral standard for all people and all occasions appears to be the only answer to enduring peace. We have the formula for that standard in the teachings of Jesus Christ, if we ever get around to taking them seriously as individuals and nations. - Stanstead (Que.) Journal

A SURPRISE

It will come as a surprise to many to learn that automobiles are responsible for 60 percent of the pollutants emitted into the air in the United States. Industry accounts for 17 percent, space heating for six percent and refuse disposal account for four percent. - Fort Frances (Ont.) Times

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