

## Dollars And Good Sense

With the general poor state of the economy recently and continued rising inflation, you've probably had to trim some of your spending and adjust your personal spending plans. Many people have found that they can get by on some cheaper cuts of meat, for instance, and many extras have been dropped from the weekly shopping list.

But there's one group that's eating better than ever, recession or not. In fact, life for dogs and cats today is better than ever.

The total food bill for our household pets is soaring — not so much because of increased costs — but of increased luxury in the product. Standard "maintenance" foods have not risen more than 10 percent during the last five years, according to the Pet Food Institute.

Despite this, last year's dog and cat food bill in the U.S. topped \$1.16 billion, about double the amount spent five years ago!

Most of this boost is due to new all-meat or all-poultry foods, and a variety of specialty preparations designed for a pet's every mood.

Other pet costs continue to rise as more affluent owners lavish attention on their pets. Everything from planned puppyhood to elaborate funerals are now available.

Pet services for those with the money and inclination are also rising rapidly. Boarding schools and obedience training can

cost hundreds of dollars for just a few weeks. In parts of New York City, dog walkers now earn \$21 for two hours of walking!

Add to these costs, the price of such services as grooming and the more traditional veterinary charges and you get a picture of record breaking dog and cat bills in North America.

So while many of us wonder what we can do to make ends meet, many dogs and cats have never had it so good.

## Around And About Cayuga

Mr. and Mrs. Bruce Marsland spent Sunday in Guelph with Mr. and Mrs. Keith Marsland.

Mr. and Mrs. E. Nablo, Kohler Road, accompanied by Mr. and Mrs. Bruce Marsland, Cayuga, attended the Wybenga-Meidema wedding last Friday in Jarvis.

Mrs. Myrtle McLaughlin was entertained by some of her friends at a dinner in the Cayuga Hotel, April 26. The occasion was the birthday of Mr. and Mrs. McMullen of Sarnia the weekend in town.

## Cayuga Senior Citizens Club

Wednesday May 12 was chosen as the date for the spring rally from Zone Three, hosted by The Senior Citizens Club of Paris Ont. The rally will be held in the Paris Agriculture Building. It is not definite who will attend from our club. Some Red Cross work was turned in (swabs and gauze dressings). The business part then adjourned.

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hour. A delicious lunch was then served by Mrs. Jennie Wilson and Mrs. Eliza Belzner. Mr. Kee said grace. Over lunch, Doug Murray recalled many of the fun happenings along the Grand in years gone by, which was much enjoyed by all.

Mrs. Winnie Oxley thanked the ladies for the lovely lunch. The next meeting will be May 11 at 2.30 p.m., same place. Mrs. F. Brooks and Mrs. H. Hobbs will provide lunch.

### St. Stephen's CWL

St. Stephen's Parish Council met on Monday, April 19 at 7 p.m. at the parish hall for the annual pot luck supper. A delicious meal was enjoyed by all.

There was a retreat held at Mount Cenacle on Fri., April 23 to Sun., April 25 inclusive. A mass in honor of Our Lady of Good Counsel was held Mon., April 26.

The business meeting was then called to order, opening with the League prayer. Roll call showed 18 members present. The minutes of the previous meeting were read. The treasurer gave her report.

Mrs. Joseph Long, elections chairman, reported the new officers for the coming term: President, Mrs. Eugene Baird, 1st Vice President, Mrs. Gordyn; 2nd Vice-president, Mrs. Ray Porpealia; 3rd Vice-president, Mrs. A. Huitema; Secretary, Mrs. Joseph Long; Treasurer, Miss Alice Murphy. Councillors: Mrs. M. Blum; Miss Margaret Connelly; Mrs. Joseph Meyer; Mrs. L. Longtin; Mrs. Leo Robinson; Mrs. Sam Neill; Mrs. C. Rays.

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## The 'Shot' That Saves

The injection that this serious ten-year-old is about to administer to herself is, in a true sense, a life saving shot. For she is filling up the syringe with synthesized insulin.



Insulin, a hormone that the pancreas gland produces naturally, is needed to change sugary and starchy foods, the body's main sources of energy, into a form of sugar for the body to burn as fuel. Human energy, essentially, derives from these foods.

As part of an education and information program during 1971, the World Health Organization is highlighting the theme "A Full Life Despite Diabetes."

But when the body no longer does so, diabetes, a condition of too much sugar in the blood and in the urine, results. As with the child here, in approximately five per cent of all diabetes cases, the condition occurs before age 15.

Just 50 years ago, a diabetic lived, at most, not more than 10 years from the start of his affliction. Today, he lives practically as long as anyone else does — and as usefully too — provided he follows a regimen prescribed especially for his condition by a physician.

## Past Noble Grands' Club

The election of officers of the club for the new term 1971-72 was held at the April meeting. All officers were re-elected as follows: President, Mrs. Nellie Miller; 1st. Vice President, Mrs. Flora Dossier; 2nd. Vice President, Mrs. Mary Keen; Secretary, Mrs. Eileen Durant; Treasurer, Mrs. Gladys Slater; Press, Mrs. Evelyn Brown; Sick and Gift, Mrs. Eileen Munro and Mrs. Bertie Belbeck; Auditors, Mrs. Edna Church and Mrs. Nellie Stallwood.

A donation was given to the Community Chest Fund. A number of new ribbon badges were made by the members. Material and the pattern was chosen for the Installation Team for next term under the supervision of the in-coming District Deputy President, Mrs. Dorothy Walker.

Eighteen members paid their dues as members for the next term. The mystery prize was won by Mrs. Dorothy Walker. The meeting was conducted in the usual manner with the president presiding, opening with a suitable poem. The devotion was taken by Mrs. Gladys Slater. Mrs. Eileen Durant dealt with minutes and Mrs. Gladys Slater reported on the finances stating that she had purchased the two new dish drainers for the lodge kitchen.

**SIMCOE DRIVE-IN**  
 SUN. 2, MON. 3, TUES. 4  
 A story of two sisters  
**CINDY & DONNA**  
 I a Lover  
 WED. 5, THURS. 6, FRI. 7, SAT. 8  
 Nominated for 10 academy awards  
 Richard Burton and Genevieve Bujold in  
**Anne of the Thousand Days**  
 Adult Entertainment  
 and  
**Colossus** Adult Entertainment  
**The Forbin Project**

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**Mr. IGA gives you MEAT VARIETY**

Someone once said, "Variety is the spice of life". Mr. IGA sure agrees with that philosophy, that's why he always displays a wide variety of your meat favourites. This week and every week IGA meat counters are just brimming with beef, pork, lamb, poultry and prepared meats at budget stretching prices. Want to put a little spice in your family's life? Get to know Mr. IGA.

**IGA SPECIALS**

**IGA FANCY WHOLE**  
**Kernel Corn** 2 12-OZ TINS **33¢**

**IGA SWEETENED - FROM CONCENTRATE**  
**Fruit Juices** BLEND, GRAPEFRUIT OR ORANGE 3 48-OZ TINS **\$1**

**BLUE BONNET COLOURED** 2-LB. PKG. **Margarine** **69¢**

**IGA ROYAL GUEST** WHOLE BEAN **Coffee** 1-LB. BAG **77¢** 2-LB. BAG **\$1.49**  
 "YOU GRIND IT FRESH AT THE TIME OF PURCHASE"

**REMEMBER Mother's Day** SUNDAY MAY 9th  
 LADY BETH ASSORTED **CHOCOLATES** 14-OZ. BOX **89¢** 28-OZ. BOX **\$1.69**  
 MILD BRAND POPULAR SHADES ALL OTHER OR SUPER STREET PAKE **PANTY HOSE** **59¢**

FOOD PRICES EFFECTIVE WED. THRU SAT., MAY 5, 6, 7, 8 ONLY  
 WE RESERVE THE RIGHT TO LIMIT QUANTITIES

**Tabletite: RED OR BLUE BRAND BEEF**  
**PRIME RIB ROAST** "THE KING OF ROASTS" (ANY CUT) **89¢ LB.**

**Fresh! PORK ROASTS**  
 SHOULDER PORTION **33¢ LB.** BUTT PORTION **43¢ LB.**

**ONLY GAL HALIFAX (CP) - Fraser of Halifax is the only female among the architecture students graduating this year from the Nova Scotia Technical College.**

**LESS THAN HALF CAMPBELLTON, N.S. (CP) - This year's pulpwood cut of 70,000 cords is less than half the cut for 1970, officials of the New Brunswick International Paper Co. say. The cutback was attributed to poor paper market conditions which have resulted in the mill operating five days a week. Last year the pulpwood cut totalled 150,000 cords.**

**CHOICE IMPORTED WHOLE OR HALF LAMB LEGS** **59¢**

**FRESH CHICKEN LEGS or BREASTS** **49¢ LB.**

**MEATY BEEF STEAKETTES** STORE PACKAGED **55¢ LB.**

**FRESH BUTT PORK CHOPS** **55¢**

**LEAN & TENDER TABLETITE PRIME RIB STEAKS** **99¢**

**NUTRITIOUS PORK LIVER** EVENLY SLICED **25¢ LB.**

**Florida SWEET AND JUICY** **ORANGES** 3 DOZ. SIZE 125 **\$1**

**PRODUCE OF U.S.A. No. 1 GRADE FLORIDA CRISP SIZE 24** **CELERY STALKS** **25¢** **ONTARIO No. 1 GRADE LOCAL GROWN COOKING ONIONS** 3-LB. BAG **25¢**

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**KING STREET HAGERSVILLE**

**DANCE**  
 SPONSORED BY JARVIS LIONS CLUB  
 ON SAT., MAY 8 AT JARVIS COMMUNITY HALL  
 MUSIC BY DON LEATHERDALE  
 9 - 12:30