

Modern Hospital - Pivot Of Health Services

So many people still think of a hospital as a place to go when you are sick. They think of a hospital as a building, and only a building staffed with people oriented toward getting you well when you need it. Neither belief is entirely true any more. The hospital is much, much more than that. It is becoming increasingly a centre of health services in the community, and why not? It is by far the most expensive health installation in most communities.

Increasing numbers of hospitals reach out to the community today. They are not bounded by their walls. They supply, for instance, home nursing care, so that patients can go home earlier and still be looked after in their own communities.

Some are operating ambulances, so that they can reach right to your home or to the highway if you have an accident. Many hospitals offer social service and rehabilitation work so that patients who need help after they leave the hospital will get it - help like jobs, special home facilities and aids. In these cases the hospital doesn't supply the jobs or appliances, but it keeps in touch with the community agencies that do, and works with them, sometimes for months, to make sure you get the most effective possible help.

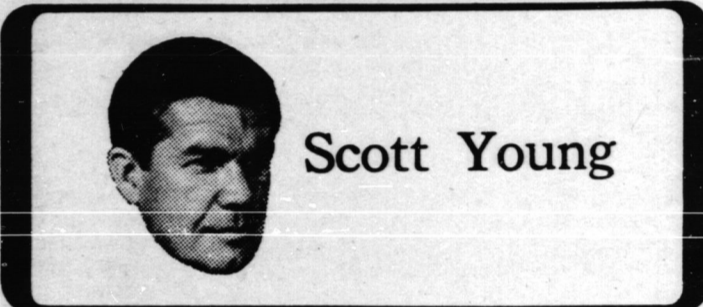
Hospitals are centres for research, too. In this respect they co-operate with universities. The hospitals that do this work require very costly and

sophisticated equipment to carry out studies and they need extra personnel to carry out this work and to follow up patients after they leave the hospital so that they know the results of treatment in detail.

There are ways, too, in which the community reaches into the hospital and forges a link. Chief of these, of course, is through the board of trustees who govern the hospital's affairs. Once, only women used to work as volunteers, and they did an excellent job. Today, there are teenage volunteers as well, and many hospitals have invited men to take part in the volunteer organizations. Going to the hospital as a volunteer is just about the best way to go to the hospital when you think about it. You give a great deal to help your friends, neighbors, and perhaps your own family. You learn how a hospital functions, and why it is truly the pivot of health services in the community.

Hospital administrators today are university trained and, like doctors, carry out a "residency" period in some hospitals, in which they work on the job as part of their education.

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Scott Young

So who needs notes?

In a lifetime of getting come-uppances from children, I suppose I developed a bit of armor.

Anyway, I was an interested observer early on Easter Sunday morning when my wife was busy with an elaborate plan to keep The Kid (she's 8) busy when she got up.

I had noticed during the late stages of the Midnight Movie that my wife was writing a series of little notes. I was afraid to ask what they were, in case they might be for me. However, when the last shot was fired and the last body dropped on the screen, I found out all about it. I even tiptoed around after her to see how she did it.

First she put one on The Kid's bed table beside her wristwatch. "(1) Wash your face and brush your teeth," this note said. "You need to be wide awake to follow the clues."

Under a towel in the bathroom sink she left this one: "(2) Brush your teeth! Look on mummy's typewriter. You must be quiet. Bunnies do not like noisy people..." (As you might have guessed, we were planning to sleep in, we hoped).

The one on her typewriter (down the upstairs hall) read: "(3) Go down three steps and turn right five steps. Turn left two steps. Now down the stairs quietly!"

At the bottom on the steps: "(4) Four steps forward. Turn right. Seven steps forward. Turn right. Seven steps forward."

I should tell you that by now The Kid should be in the kitchen. By now also, having been up about five minutes without anything to eat, her stomach will be sending up alarm signals.

However, my wife knows that, too. So hidden under a mixing-machine cover there was a chocolate Easter egg - just a small one, to interrupt the search rather than stall it entirely. But also there was another note: "(5) Be sure to cut the egg with a knife."

In the knife drawer, buried

beneath knives, forks, spoons, old corks, bottle openers, screw drivers, road maps, pencils, pipe cleaners, outdated sweepstake receipts, and a farm buildings catalogue, was another note: "(6) Go where you aren't supposed to go."

That meant the downstairs powder room, which is always hard to keep clean with kids running in and out. There, the next note was under a pile of newspapers. My wife giggled as she thought of all the other places The Kid would hunt before she reached the note saying: "Look under the place where you spend so much time eating cookies and dreaming sweet dreams."

Then my wife tiptoed in and showed me, under The Kid's bed, a big box of chocolate hens, rabbits stuffed with jelly beans, fudge stuffed into an ice cream cone to look like chocolate ice cream, and other non-cal deals of similar nature.

"When we were back in bed, I said nothing."

She looked at me and said, "What do you think?"

"Well..." I said.

"Come on!" she said. She was annoyed. "I put a lot of thought into this! What's the matter with it?"

I said, "I think that when The Kid wakes up she will just stick her head down over the side of the bed and look underneath, before she does another thing. She'll have eaten half a pound of chocolate before she even sees your first note."

Well, it didn't happen quite that way. Or at least The Kid said it didn't. I was partly right, in that she didn't see any of the notes at all, ever. But she claims that the reason she looked under her bed and saw the candies first thing was because she was looking for her slippers.

"You always tell me to put on my slippers first," she said piously.

"What did I do wrong?" my wife wailed, later.

"The first thing to remember," I said, "is that a kid in the same house with a lot of candy doesn't need any clues."

Toronto Telegram Syndicate

Erie Personals

Mr. and Mrs. Alfred Wakers and Mr. Malen Wilkins of Jarvis also Mr. and Mrs. Claude Nie of Hagersville were guests on the weekend of Mrs. J. W. McBurney.

Mr. and Mrs. William McGillvary and Mr. and Mrs. Thomas Fugler of Hamilton visited at the home of Mr. and Mrs. William Campbell on Saturday.

Re-Alignment Of SOSSA Affects Haldimand High Schools

SOSSA (Southern Ontario Secondary School Association) was re-aligned at a recent executive meeting held at Niagara Falls. It was necessitated by the Halton County Schools (Burlington) in 1970 and also by the fact that counties wish to compete within the county unit.

The new alignment is as follows: Zone I, Wentworth County (seven schools); Zone II, Haldimand County (four schools plus Sprucedale and South Lincoln High School); Zone III, Niagara South (Welland, Port Colborne; 13 schools); Zone IV, Lincoln County (St. Catharines; 17 schools).

SOSSA is the competitive unit in which all secondary schools in the Niagara Peninsula area compete. Until this year, Zone II was composed of the four Haldimand schools - Sprucedale School, South Lincoln High School; three schools from Wentworth County ie. Orchard Park, Winona and Saltfleet; Grimsby and Beamsville from Lincoln County.

Due to the fact that schools will be competing as county units, the three Wentworth schools will join Zone I; Grimsby and Beamsville will join Zone IV, leaving Zone II with six schools. This will mean that Zone II will have the smallest representation in SOSSA. To rectify this situation, Haldimand County has made overtures to Norfolk County to form a competitive union.

The executive for Zone II for the school year 1971-72 is as follows: President, Howard Bassindale (Hagersville SS); Vice-president, Pete Gowden (Dunnville HS); Secretary-treasurer, Gerry Rumball (Caledonia HS); Head-masters' representative, Derek Bishop (Hagersville SS).

Mrs. Bertly Brown attended the 23rd Federated Women's Institute of Ontario Officers' conference at the University of Guelph.

Mr. and Mrs. Shabluk and Gregory Hamilton spent Sunday afternoon they visited log cabin of Mr. and Mrs. Hugh Clark at Gull.

Mr. and Mrs. Rynsover spent Sunday with friends at Guelph. Miss Hennie Rynsover had spent the weekend at her parents here, returning to her place of employment in Toronto.

Mr. and Mrs. Lewis and family moved from Springville to their new home in Balmoral.

Mr. and Mrs. Kopecny have moved to their apartment in the home, to Hamilton, Ontario, after graduating from Mohawk college, and secured employment.

On Thursday night Barry Tounson gave a shower for April Louise, infant daughter of Mr. and Mrs. John Lightfoot.

Mr. and Mrs. Booth of Chesapeake Sunday with Mr. and Mrs. Stanley Lint in Hagersville. Mrs. Roy McKeen returned to her home spending some time at Chedoke Hospital in Hamilton.

Mr. and Mrs. Orin of Kitchener visited at home of Mr. and Mrs. William Lint on Thursday.

Mr. and Mrs. Tounson are moving to apartment in Jarvis.

Christian Family Day will be observed at the Church on Sunday morning at 10 a.m. The Sunday School pupils are asked to attend the service at regular church time. There will be no Sunday School 11 a.m. Parents are asked to try to attend.

Mr. MENDENHALL
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WHISTLE AS NEAT AS
A PIN, FOLKS ALL
TELL WHOVE
CALLED US IN

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A portable cycle track has been installed in the Delhi Community Arena. It is a first in the area. Races will be run once a week. A six day race is scheduled for next week. The newly formed Can-Am Cycling Limited of Delhi is sponsoring the meet. (Staff photo)

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Faraways Foods

It's springtime, and a young man's fancy usually turns to thoughts of food - not quite the way the old saying goes!

Foods that we now take for granted started out in other lands hundreds of years ago.

Recipes have made their way across oceans to become naturalized citizens of Canada.

The years have seen many changes in these original recipes as many adaptations and substitutions had to be made.

This recipe for Cantonese Beef has a definite Chinese flavor. You can capture the flavor of one of the world's oldest and most interesting cuisines.

Beef In The Orient - The Chinese regard food as pleasurable, but also they regard it as symbols of health and good things, such as luck and prosperity.

Beef is used in many Chinese dishes. Chinese cooking is basically simple but easily adaptable to the tastes of other countries, and it can be prepared by anyone.

You can make up many beef dishes at one time and freeze them. When making Cantonese Beef for freezing, leave out the sauted onions and green peppers and add them when you are reheating the meat and sauce.

* Heat oil in large frying pan, saute onions and green peppers until tender, add meat, cook until it loses its red color.
* Stir in the next 7 ingredients, simmer covered 1 1/2 hours, stir occasionally until meat is tender.
* Serve with cooked rice and a crisp green salad.

Cantonese Beef - 1/2 cup salad oil; 1 cup sliced onions; 2 cups green pepper, cut in strips; 1 pound stewing beef, cut in 1" chunks; 2 cups sliced apples (peeled); 1 1/2 cups water; 1 tablespoon Worcestershire sauce; 1 tablespoon soy sauce; 1 teaspoon vinegar; 1 teaspoon salt; 1/4 teaspoon pepper; cooked rice with raisins.

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Poison From The Skies

A three man commission of the American Association for the Advancement of Science reports that the U.S. crop-spraying program in South Vietnam was not only devastating but quite ineffective.

The commission reported that the defoliants and herbicides had destroyed food, home sites and livestock of thousands of non-Communists in South Vietnam.

The spraying of forests and crops has had a severe impact on the South Vietnamese economy, destroying enough food to feed about 600,000 persons for a year. Prime Hardwood worth \$500 million was lost.

Most of the civilians affected by the spraying were Montagnards, non-Communist mountain dwellers who were forced to kill their water buffaloes because they believed them to be affected by the defoliants. The commission also said it had found some striking increases in birth defects in some South Vietnamese hospitals.

The White House has since announced that the United States is phasing out its defoliation program in South Vietnam. And yet the damage already has been done.

Countless thousands who have been deprived of their normal livelihood will blame the Americans and the poison they sprayed down upon them from the skies. Many diplomats and specialists were against the program right from the start, arguing that this was no way to win hearts in South Vietnam. Their advice was ignored - until

just recently. The scientific report just issued in the United States is further proof why the Americans

have not been more successful in Vietnam. What a man sows that shall he also reap. (St. Paul).

Balmoral LA

The monthly meeting of the Community Baptist Balmoral Ladies Auxiliary was held at the home of Mrs. Elgin Latimer.

The first part of the evening was spent in making rubber sheets for the Crystal Spring Camp.

The Box Convener, Mrs. W. Nauman reported articles needed by the Crystal Spring Camp, and the Jewels for Jesus Organization in Toronto.

It was moved by Mrs. Nauman seconded by Mrs.

Lee that the auxiliary have a day meeting, on the first Tuesday of every month, for work projects.

There is a need for worn out cotton sheets.

A letter was read from Marguerite Hill of the Christian Service Center.

Mrs. R. Moss gave the devotions.

An all day quilting bee was held in the church basement in March with a large group of ladies in attendance.

Flagarama Project

Boost Haldimand, Ontario and Canada, by buying and flying a Canadian flag.

The Women's Institute have as their motto "For Home and Country," and with the International Flowing Match coming to our county in '71, we are trying to make our county as attractive as possible for our many visitors.

The East Haldimand District WI have a project going to have every home in Haldimand flying a Canadian flag, be it large, medium or small.

Orders for your flags (any size) will be received by any WI member or Mrs. Craig Schwyer RR 2, Hagersville, Ont. These are Canadian made nylon flags and will be available from May to October.

An added feature will be a smorgasbord supper featuring international foods as well as our own favorites. This will be held on June 2.

ONTARIO PLACE

When Ontario Place opens May 22 on Toronto's waterfront, it will show the biggest movies in the world, a spokesman for the provincial showplace announced.

The 96-acre island in Lake Ontario off Exhibition Park includes a dome-shaped theatre six storeys high with a seating capacity of 800 and a screen 60 feet wide and 80 feet high.

The theatre will show five films of different parts of the province.

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