

Alcohol And Drugs In H-N

(continued from page 1) H-N from Toronto, Hamilton, Niagara Falls and London. There is more polydrug use (such as a combination of pot and beer) now, he explained. And people using hard drugs are more sophisticated than a few years back when crisis cases were commonly ending up in hospital.

The street drug practice involves mainly young people while young married couples and professionals use marijuana and hashish. There have been some incidences where drugs have been discovered in public schools, but this scene is predominantly at the high school level.

All people are taken in confidence. Mr. Phillips said the centre sees a fair number of people who are addicted to alcohol also addicted to prescribed drugs.

We help them to see why they need chemical comfort, he said.

Parents, family and friends can do very positive things for the alcohol or chemical addict.

They can quit protecting, covering up and force the individual to face the reality of his situation, Mr. Phillips said.

Parents of young people "can keep open or reopen the lines of communication by listening, really listening to what young people say and show trust and confidence."

If more parents stopped trying to be police and doctors and started being parents, we'd have less problems, Mr. Phillips continued.

They are here. The amount, quality and quantity varies almost weekly depending on the lines of supply and time of year, Mr. Phillips said.

A smorgasbord of varieties are available but not to the same extent and as readily as in larger urban centres. They are fed into

programmed to other people around him.

It's the same with people on alcohol who say they can't dance till they have a few drinks, he said.

The Addiction Research Centre will help people by giving the facts, but ultimately the choice is theirs.

Mr. Phillips does not feel a tightening of laws would have much affect because our society has adopted a chemical way of life — the solution to all our problems. Until there is a change or society realizes the health and social cost is so great, it is going to continue, he said.

Long Range Plans
The Addiction Research Foundation has a projected five year plan which looks at programming, budget needs, staff requirements and together with all health and social services units, attempts to identify gaps in services.

By the end of five years, they expect to have two more staff members.

There will probably be more drug use, certainly more alcohol use and as pressures develop in people living here as well as newcomers, there will be a corresponding increase in the use of chemicals, Mr. Phillips said. "We've seen it happen everywhere else and there is no reason why this area should be different".

Psychological
Scene 1: A young lady is given two tablets and told they are acid. She gets an acid reaction. In reality they are aspirins.
Scene 2: A man grinds up his wife's birth control pills and sell the powder on the streets to make extra money. Kids buying them say they experience a trip. (Both of the above are true).

There are several factors affecting people who take drugs, Mr. Phillips says. The setting, the mood the drug taker is in (are you depressed), the psychological expectations (what do you expect to get?) and how the user is

programmed to other people around him.

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Foundation
The Addiction Research Foundation is a charitable non-profit crown organization established by provincial legislation in 1948 to look into the problem of growing use and abuse of alcohol. In 1958 their mandate was expanded to cover all drugs.

The Foundation receives a small percentage of bequests and private donations but it primarily funded through the Ministry of Health.

Its role in H-N is to assist the Community to deal with any problem concerning alcohol and other drugs.

They do so by conducting seminars, staff training at institutions, public speaking, literature and on an individual basis.

Lesser projects but nevertheless important were:

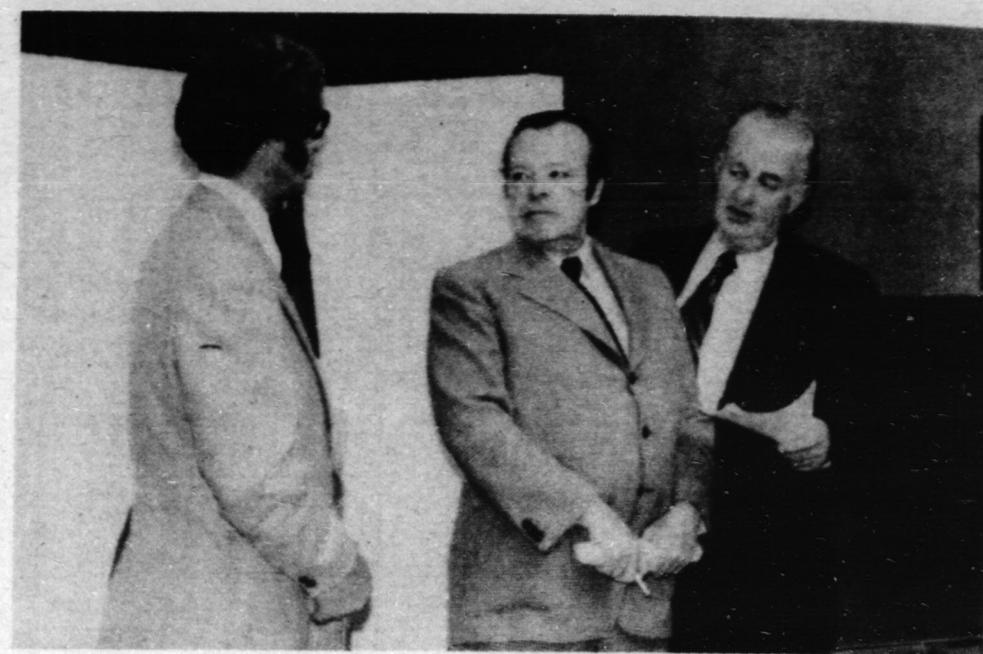
- * Hand puppets, thirty-five from each unit to be made and given to patients 4-14 years in the Pediatric Ward.
- * One volunteer from

each unit to help decorate for Christmas. (December 11 at 1:30 p.m.)

* Fisherville unit will be in charge of the Christmas Party for the Chronic patients (each lady will be given a fresh hairdo).

* Tray favours will be made at the school for the Retarded.

Volunteer note:
Read the new signs and duties.
Put your cost price on any donated article for the cupboard.
Find the cooked ham in the freezer section of the refrigerator.
Coffee Shop will be closed December 24, 25, 26 and 31st., also January 1st.
There will be no Executive meeting in January. Next meeting February 5, 1975.



Nanticoke councillor John Roxburgh, Provincial Treasurer John White and H-N Chairman John McCombs talk after Friday's meeting in Cayuga. (Staff Photo)

Region Has Choice Of City Sites

(continued from page 1) And it could even be Ontario's contribution to the United Nations Habitat Conference to be held in Vancouver in 1976.

Regional council is to let him know its decision.

Regional councillors also have to decide on how thynew town is going to be developed by the Ontario Land Corporation in cooperation with the region.

Regional Planner Roger Roberts suggested a combination of the minister's recommendations two and three would give regional members greater input and control over the city's planning. And six councillors would be representing the region. Mr. White took the proposal back to Toronto with him.

Councillor Smale explained to the minister Bill 226 (establishment of H-N) gave the region plenty of control over planning.

She said she is disturbed because very important planning decisions are being made without any consultation with the region. "Yet on paper we're supposed to have more say."

The legislation gave the region the task of doing an official plan. "Can you give us assurance there won't be another satellite city popping out of the blue?" Mrs. Smale questioned. Because "it's impossible to go ahead when there are so many unknowns."

"I promise not to," Mr. White replied.

Ghetto
The Treasurer would like

to see houses in the new town site within 30 months. He feels a macro plan of major pipes and streets can be drawn up by the Project Planners, a division of the Land Development Corp.

Blocks of land could then be auctioned off to the builders to put on a micro plan of houses, streets and pipes, Mr. White said.

He felt this kind of competition between neighbourhoods could avoid sterility.

Simcoe Mayor Alfred Judd expressed some fear of bringing homes on stream so fast to accommodate industry that a wartime housing or ghetto image is created.

He felt the interest of the community would be served better if more time was taken to do the job properly.

Keith Shay reminded

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councillors there's a serious housing shortage in the area. To get the city going "the best way to do it is the fastest way and the fastest way is the best way," he said.

Haldimand-Norfolk MPP James Allan (PC) told councillors his concern is that the city be a good city — "something you could be proud of."

He suggested a greater effort should be made to help existing municipalities build up and more time should be spent on planning the cities.

Thirty months is being pretty optimistic, Mr. Allan said. Water lines haven't even been decided yet.

His choice would be to concentrate on existing municipalities and take a longer period of time to plan the city.

W.H.G.H. Auxiliary Executive Meets

"I do not know what your destiny will be, but one thing I know: the only ones among you who will be happy are those who have sought and found how to serve" (Albert Schweitzer).

Mrs. Leone Slack chaired the December 4th meeting of the W.H.G.H. Executive. Each unit was represented by its Chairman.

The chief project to be considered was an X-Ray Film Processor. The original was purchased by the auxiliary six years ago.

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Doug Campbell sold articles at the H.S.S. Band Bazaar Saturday. (Staff Photo)



Selkirk Scene

Mr. and Mrs. Freeman Field and Miss Joan Hoover attended the wedding of Miss Lorraine Hoover and Mr. Scott Anderson, in Toronto on Saturday. Lorraine Hoover is the eldest daughter of Mr. and Mrs. Rhys Hoover.

Thanks to Dave Rodgers, Selkirk was represented by a snowmobile display at the H.S.S. Band Bazaar on Saturday. We are grateful to him and all the other area citizens like Georgina Smuck who represented us also with her beautiful Artex display. Hats off to everyone who helped in any way. It was a great success.

Visitors this week to the Gerald McKenzie's were Mr. and Mrs. Harvey Diebel of Guelph and also Mr. and Mrs. Ivan McKenzie of Port Dover.

A wish for extreme happiness goes out from all of us to Brenda and John Hoover, who were married in the Church of Christ at Selkirk on Saturday. The happy young couple held their reception in the Nanticoke Hall and plan to reside near Selkirk for the time being.

The community was saddened to hear of the passing of Bert Anderson better known as Matey. Sincere sympathy from all goes to the family in the loss of their loved one.

Lisa McKenzie, daughter of Mr. and Mrs. Raymond McKenzie, is a patient in Haldimand War Memorial Hospital, Dunnville.

A Christmas party is

Mr. And Mrs. R. Dennis Celebrate 65th

Mr. and Mrs. Roger Dennis, R.R. 2, Nanticoke will be celebrating their 65th wedding anniversary on December 15th with a quiet family gathering.

Both Mr. and Mrs. Dennis are life-long residents of Walpole Township. Mrs. Dennis is a daughter of the late Mr. and Mrs. Joseph Wedrick and Mr. Dennis is a son of the late Mr. and Mrs. George Dennis, both of Walpole Township.

They were married at the home of the bride's parents by the late Rev. Henry Monsinger, and have continued to live in Walpole Township since their marriage. They have three sons, Howard, Wray, and Russell and one daughter, Mrs. Gerald Donaldson (Joyce) all residing in Nanticoke. They also have twelve grandchildren and fourteen great-grandchildren.

Mr. and Mrs. Dennis have taken an active part in the life of Nanticoke United Church since their marriage. They were members of the choir for over fifty years and Mr. Dennis has served in all offices of the church. He was also made an honorary elder. Mr. Dennis has also been active in civic affairs, having served on the Walpole Council and later advanced to the Deputy-Reeveship, and later to Reeve of Walpole Township 1941-1943. He served as warden of the County of Haldimand in 1943.

Mr. Dennis was President of Federation of Agriculture when it was organized, also past President of the Board of Directors of the Haldimand Co-op at Cayuga. In appreciation for his services he received a certificate in recognition of his contribution to the development of Haldimand Farmers Co-op.

Mr. and Mrs. Dennis are both enjoying reasonably good health.



Mr. and Mrs. R. Dennis

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On The Green

By Ruth Hagan

The Hagersville Lawn Bowling Club held their second winter get-together at the home of Mrs. Marg Gushart of Jarvis on November 30th. There were 22 members present.

We played nine games of Hoss. The winners were: Ladies' high, Betty Vanni; low, Ada Parsons. Men's high, Roy Hagan and low, Charles Parsons. Our next winter get-together will be the last Saturday in January which will be at the home of Mrs. Marg Lougheed of Hagersville.

being held for senior citizens at the Cedar Bray Retirement Home. Goodie bags are being made up and any one wishing to donate should phone Mrs. Raymond McKenzie at 776-2162 before Saturday morning. The party is being held on December 14th, 1974.

The Church of Christ in Selkirk celebrated its 76th Anniversary with a series of five services between November 14 and November 17.

Reverend Charles Littell, minister in Selkirk from 1954 to 1956 was special guest speaker.

He is now serving in the Philippines as a missionary. Special music was also enjoyed.

On November 13, the Selkirk Kinsmen hosted government officials to a dinner and question and answer period in Selkirk.

Regional Chairman John McCombs, City of Nanticoke Mayor John Pow, Town of Haldimand Mayor Dave Peirson, Regional councillors Jack Young and Gordon Miller attended.

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