

Mike Hourigan (back) and John Miller (front) work on sandals in their shop. (staff

Know Your Heart

smoking and a high cholestral level are hard on your body plumbing.

In fact, a person with all three faces an 11 times greater risk of having a heart attack than those who don't, Dr. Colin Schwartz told Hagersville and area residents at St. Mary's Church Monday night.

February is Heart Month. And concerned local people are planning to canvass for the Heart Fund, under the direction of the Catholic Women's League.

Dr. Schwartz, a professor of Pathology at McMaster University, is actively involved in cardiovascular diseases research. He talked to the audience about heart problems, risk factors, material (fat) collect. Excess preventative measures and

cholestral causes the walls

The heart is a terribly Studies have shown that important muscualr pump, certain areas of population he said. If the plumbing suffer more attacks than (arteries) are not adequate, others, Dr. Schwartz said. it will get in trouble. A People who eat large heart attack is caused by a amounts of fat in their diet blockage of the pipes, are more susceptible to cutting the blood supply. heart problems than those Big healthy arteries slowly who have less animal fat. narrow down as deposits of (continued on page 5)

Serving Jarvis, Hagersville and Rural Areas

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10с а сору

Port Dover's Sandalmaker

sandalmakers.

in the rustic setting, crafting sandalmakers opened a footwear for walking. A custom-made leather second shop in Brantford. sandalmaker traces where articles.

Hourigan, Nathan Udang, the shanty provides more All brass cobbling nails round designing and making the spot in the city. sandals, hand bags, tiffany all in leather.

business.

The shop developed from the individual's feet.

down by the waterfront, is Guelph. Three years ago cutting straps, the sandal the home of Port Dover's they decided to move to starts to take shape. The Five fine tradesmen work And one year later the another fitting and tries the John Miller, Mike down by the wharf because trimmed.

lamp shades, hats, vases, styles of sandals to choose glued together and straps belts and travel cases from and there will be more are fastened down. by summertime, John said. It's been going since Many have been developed that's pretty traditional and April, 1972, John told the and tested by the have been developed over

every year The Sandalmaker It takes two weeks and at And they are designed so has almost doubled its least one fitting to create they can be taken apart if the hand-crafted sandals for one does happen to need

The customer's foot is working with a sandalmaker traced on a rectangular in the heel to keep it from in Greenwich Village, New piece of cardboard. One of wearing down, edges are York. She had learned her the sandalmakers puts the dyed and buffed and sandals 30-year-old trade from well pattern to it, marking strap are oiled. established Provincetown, holes according to the shape Most sandals last quite a closed a shop in Brantford. leather, brought in from will put a new one on for \$5

graduate, went into the After soaking, punching (continued on page 5)

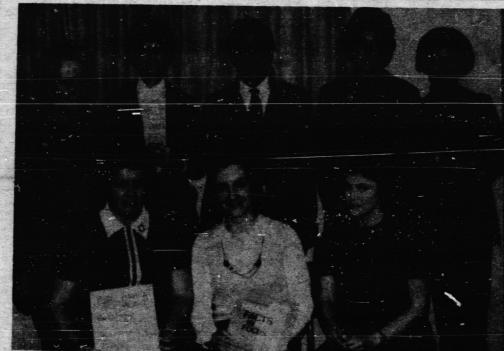
A weathered fish shanty, wholesale business in holes, molding arches and Dover, John's hometown. customer returns for Most of the work is done the leather needs to be

Brent MacDonald and room and houses a better are used so there is no Kathleen Allan work year variety of equipment than corrosion, John said. As the There are presently 35 brass. Tops and bottoms are

They are built in a way Record last week. And sandalmakers themselves. 100 years, John explained.

Steel circlets are placed

Mass. craftsmen. John and size of the foot. The long time. If the bottom subsequently opened and form is roughly cut out of soles wear out the craftsmen Later he and Mike, a tanneries all across Ontario, and recondition the sandals
University of Guelph Winnipeg and New York. so they are just like new.



Hagersville and area organizers of the local Heart Fund Campaign are pictured here with Dr. Colin Schwartz, Professor of Pathology at McMaster University (centre back). They are (front) C.W.L. President Audrey Montague, Karen King, Patty Huschilt (back) Agnes Coyne, Elsie Crone, Marlene Skraba and Jesette Vielavarayan. (staff photo)

Stelco Preserves Showplace

wooden shutters and beautiful piece of history, used primarily for antique furnishings will mix the Steel Company of Community Relation with 20th century Canada has made plans to functions. construction models in an restore to the original Since it will be accessible old Nanticoke estate home. Colonel Lowes home on the from both the inside of the

appearance.

property just west of the (continued on page 5)

Brass chandeliers, In an effort to preserve a hamlet of Nanticoke, will be

old Chambers Road its 1870 plant and the New Scenic Drive, tours of the The refurnished construction site will residence, sitting on eight emanate and return to this acres of beautifully treed location, Stelco Public

Record Publisher Announces Change

Brown announced today.

The paper, established in 1878, will now be a combination subscriptioncontrolled circulation publication in order to serve better readers and advertisers.

years, and we have will be announced shortly.

The circulation of the examined every possibility Jarvis Record has been of expanding our service in trebled, Publisher Jeremy this thriving area," he said.

The new combined circulation will be 4,500 copies per week with a total readership of 13,500.

Effective the issue of February 6, advertising rates will be raised to reflect this new level of circulation.

The publisher said this is "Many weekly only one of a number of newspapers have taken this changes planned for the course over the past few paper. The other changes



The Walpole North Elementary School boys' volleyball team won the Haldimend Public School Championship for A Schools in a tournament last week. Members are (front) Principal Sydney Francis, Roger Campbell, Donald Carpenter, Dave Slack, Bill Cowen, Ken Slack, Randy Moffatt, Eric Winger. (Back) Gerry Greenfield, Jim Crone, Brian Krauskopf, Richard Storms and Mark Burgess. (staff photo)