

RECREATIONALLY SPEAKING

by Al Carriere

RENOVATIONS

Under the Recreation Department banner, a new well was put in at the Walsh Hall and plans are afoot to have the LIP program carry out some painting in the more needed areas of the building. If possible, stacking tables will be obtained and placed in both the St. Williams Hall and work is underway in renovating the north wing above the library, courtesy of students under Bill Laverty and Russ Male-olm, Fanshawe College.

ST. WILLIAMS HALL

The St. Williams Hall is without a caretaker at this time and in view of the heavy bookings, it is requested that each group leave the facility as they found it. For key access please call the Recreation Director at 582-2100 ext. 5.

TEETERVILLE

Teeterville Museum has its base poured for a storage addition, and it is planned that the barn extension building will get under way.

VANDALISM

Vandalism at St. Williams Community Hall cannot be curbed unless evidence is presented, such as license plate numbers, type of car, name of those involved. It must be immediately reported to police to get action. Washroom, window and stonework damages goes unnoticed, and no one appears to be responsible. Hall privileges will be removed by those using the halls if they cannot be accountable. A heavy fine goes with the warning if the parties are caught.

FOLK ARTS

The Ontario Folk Arts Council is encouraging choral music, dancing, instrumental music and rhythmic gymnastics particularly with an ethnic flavor to participate in Olympic year themes. For additional support or interest contact the Ontario Folk Arts

Council, 263 Adelaide St. West, Toronto, M5H 1Y2 or phone 416-363-4713.

For additional recreational information keep an eye out for my counterpart's column in the Waterford Star edition in the Simcoe newspaper.

NEW COMMUNITY CENTRE - EMBRO

Embro is building a new Community Centre to house an 85 x 185 ft. ice pad plus a 450 person banquet hall to cost \$565,654. A provincial grant of 20,000 from the Agricultural Society, a \$150,000 provincial grant; a possible 60,000 Wintario grant, \$2500 Molson Brewery grant and a debenture of \$268,154 over 20 years are the financial components.

HAMILTON'S NEW ARENA

Hamilton is discussing the possibility of leasing ice for the public from a new arena to be built in that area. At today's prices this may be the better way to obtain ice accommodation, particularly with operating costs soaring. Plans for a bus service for the outlying areas for public skating is being considered, with no set date arranged.

Rockets vs Leafs

The girls are not to be outdone as they locked sticks and put on a determined display of checking and shooting at the arena last Friday. The newly-formed Delhi Rockets bombed the Delhi Leafs 5 to 1 despite the strong effort of Tammy Tait in goal. Mary Dempsey led the Rocket attack with two goals and three assists, with Debbie DeSmedt notching two and Cindy Voigt, one. Rita Van Sevenant got the lone market for the Leafs, spoiling their shutout. Players for the Leafs were Keri Lynn Howe, Patti Murphy, Marie Van Hamme, Chris Kerckaert, Rita Van Sevenant, Carol Roy, Tammy Tait, Sheri Gardner. Delhi Rocket players were Nicole Roy, Denise More, Debbie De Smedt, Cindy Voigt, Judy Stefan, Mary Dempsey.

Sandra Kusch, Ingrid Kerckaert, Lori Tollenaar, Linda Van Sevenant and Debbie Devos, goalie. Fans, drop down and see the girls play any Tuesday or Friday 4-5 p.m.

An exhibition game is scheduled against the up-and-coming Vittoria team coached by Mike Miller and managed by Harold Stewart. This is in preparation for a one-day tournament planned for the Christmas Holidays.

LEADERSHIP COURSE

The Recreation Leadership Course is offered again this year at the Delhi High School on Wednesdays beginning January 14. Registration takes place at the school January 7 at 7:30 p.m. The course is offered at no cost

and is sponsored jointly by Fanshawe College and the Delhi Recreation Department. It is open to anyone in the Township and prepares the successful candidates for summer recreation employment. For details please call the Recreation Director at 582-2100; ext. 5 or plan to register on the above date.

ROTARACT AND INTERACT

Rotary Clubs initiates youth groups entitled Rotaract and Interact. The former works with young people in the 18-28 year old area. Interact, deals with youth under 18 years of age. Youth interested in such organizations are urged to contact members of Rotary to obtain information, or yours truly, chairman of youth activities.

Minor Hockey House League

Vandenbusche beats Hanselman

In Bantam House League play Vandenbusche Irrigation, squeezed past John Hanselman's team 4 to 3. Frank Dovsch lead the way with two goals, followed by one from Ron Lazou and Fred Terryberry.

The following day the Vandenbusche tied the Balsos blubbers two all, with Terry Stevens notching both goals for the Irrigation crew. Bruce Saunders and Kevin Kusch handled referee chores.

Only the Vandenbusche Irrigation team lineup was available at press time. They are Mark Verspeeten, Fred Terryberry, Wayne

Pettit, Ron Laxou, Larry Hill, Terry Stevens, Chris Thompson, Bert Bodnar, Doug Thompson, Frank Dovsch, Al Wippel.

GIRLS HOCKEY AT THE DELHI ARENA

Last Friday, Delhi Rockets and Delhi Leafs combined in ladies hockey to play the Vittoria girls club, coached by Mike Miller. Players for Vittoria were Kathryn Ryse, Pam Bezzo, Geraldine Taylor, Dianne Van Dan Eken, Mary Vepbakel, Sue Telfer, Kathy Janowski, Jane Verbakel, Sandy Eades Brenda Cooper, Cheryl Pineo, Linda Johnstone, Donna Reid, Karen West, Carol Smith and goalie Vicky Sypher.

Players for the combined Delhi Team were Ingrid and Chris Kerckaert (goalie), Lori Tollenaar, Mary Dempsey, Debbie De Smedt, Cindy Voigt, Denise More, Nicole Roy, Linda and Rita Van Sevenant, Marie Van Hamme, Larry Hill, Doug Thompson and standout goalie Chris Thompson. Chris notched his first shutout the next day in a game against Langton, blanking the opposition 4 to 2.

A girls' tournament is planned for Boxing Day beginning 8 a.m. Four teams, the Leafs, Rockets and an expected two teams for Vittoria will be the first entries. Outside areas will be contacted.

One team must wear tie-ons to identify its club from the other during play if sufficient sweaters are not available. Offsides and icing will be called as well as the necessary penalties.

A trophy will be presented to the winners and kept on display in the arena trophy case for one month.

For the first time this year in Bantam House League play the Vandenbusche Irrigation sponsored team edged the Balsos Flyers 6-4. Scoring for the winners were Ron Laxou - a hat trick, Mark Verspeete, Wayne Pettie and Frank Dovsch - a goal apiece. Fred Terryberry picked up three assists. Other players on the team who contributed to a winning effort were Al Wippel, Bert Bodnar, Terry Stevens, Larry Hill, Doug Thompson and standout goalie Chris Thompson. Chris notched his first shutout the next day in a game against Langton, blanking the opposition 4 to 2.

PRACTISE

With back-to-back games one week and one game the following week during the house league schedule, care must be taken to ensure the players are in reasonable condition for hockey. This required mid-week ice sessions or off-ice workouts to be an effective club. Facility limitations result in placing the conditioning role on the school phys-ed department. Frequently, floor hockey which simulates the game of hockey with team play, passing, shooting, and stickhandling can do much to minimize sport injuries on the ice.



CROSS-COUNTRY CANADA

How many cross-country skiers are there in Canada?

"A sight more than there used to be," mused a Canadian Ski Marathon official last winter, as a seemingly endless line of gliders whisked by to disappear beyond the crest of a distant hill.

The annual Canadian Ski Marathon is a 100-mile, two-day tour for both competitors and recreational skiers between Lachute and Hull, Quebec. The tour attracted more than 2,000 skiers in 1975 and hundreds more were unable to participate as overnight accommodation in the area limited the number of entrants.

Nordic, cross-country or trail skiing continues to attract new devotees, not only from the book and boot-tube brigade, but new converts are being won from snowmobilers, snowshoers and even the sneers of the die-hard downhillers, particularly on slope-crowded weekends, have turned to cheers.

More resorts than ever are offering either complete cross-country ski package vacations or at least a one-day ski touring option with their regular alpine ski weeks. Airlines such as CP Air and Air Canada now include full package vacation offers to the Nordic set.

Air Canada's initial cross-country Skifari package to Banff, Lake Louise and Jasper, Alberta offers the splendour of the Canadian Rockies as a backdrop for their trail-seeking clientele. Included are six nights and seven days, two half-days (5 hours) of guiding and instruction, maps and trail briefings by certified mountain guides. A Tilden rented car with 450 free miles (gas extra) is available at Calgary's Airport. Such a package with accommodation

at Chateau Lake Louise and return airfare to Toronto, for example, costs \$304 per person, double occupancy.

Air Canada's Quebec program lists cross-country ski options at such well known Laurentian resorts as Parker's Lodge, Sun Valley Hotel Suisse, Hotel L'Estrel Le Pinet and Cuttle's Tremblant Club.

In the Outaouais region near Ottawa, cross-country options are offered at the Swiss Alpine Motel at Mont-Saint-Marie and Sheraton Le Marquis in Hull, Quebec.

Quebec City is already known for fine restaurants, its winter carnival (Feb. 5-15) and of course, the big downhill runs at Mont-Sainte Anne. What may be news to many, including Nordic skiers, is the 200-mile network of cross-country trails in the surrounding mountains that make Quebec City one of the most active trail-skiing areas in Canada.

CP Air and Pacific Western Airlines list 10 miles of cross-country trails for their Ski Bird guests at Fairmont Hot Springs in British Columbia. If you are planning to trail-ski among the tall peaks of B.C.'s Kootenay country, remember the dates for Wintertest (Feb. 8-14) at nearby Kimberley; ski touring is enjoyable but dry work.

For further information about cross-country skiing in Canada contact the Canadian Government Office of Tourism, 150 Kent St., Ottawa, K1A 0H6.

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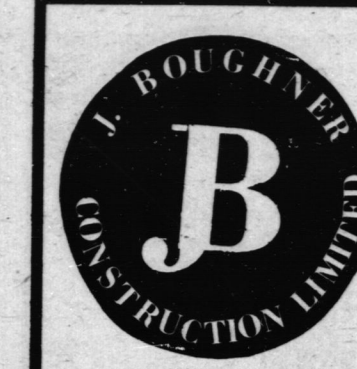
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Coming Events

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